

THE ORIGINAL TRADITION of the UNIVERSAL COSMIC MOTHER

THE BEGINNING

of

A NEW ERA

*Our century is probably more religious
than any other*

*How could it fail to be
with such problems to be solved*

*The only trouble is that it has not yet found
a God it can adore*

Teilhard de Chardin

At the low point of a cultural development that has led us into the deadlock of scientific materialism, technological destructiveness, religious nihilism and spiritual impoverishment, a most astounding phenomenon has occurred. A new mythology is arising in our midst and asks to be integrated into our modern frame of reference. It is the myth of the ancient Goddess who once ruled earth and heaven before the advent of the patriarchy and of the patriarchal religions.

The Goddess is now returning. Denied and suppressed for thousands of years of masculine domination, she comes at a time of dire need. For we walk through the valley of the shadow of nuclear annihilation, and we do fear evil. We long for love, security and protection, but there is little to comfort us. Violence within our own society threatens to overwhelm us. Mother Earth herself has been pressed to the limits of her endurance. How much longer can she withstand the assaults of our rapacious industrial and economic policies? The patriarchy's time is running out. What new cultural pattern will secure for humanity a new lease on life on earth?

Edward C. Whitmont

The very thing that is now called the Christian religion was not wanting among the ancients from the beginning of the human race, until Christ came in the flesh, after which **the true religion, which had already existed**, began to be called "Christian".

St. Augustine

Universal Principles

The Ultimate Reality is a Vacuum, a Bottomless Cosmic Womb,
also called "Great Mother".

Since ancient times She is called the Great Mother and Her Son/Lover.
Later, Christianity had its own version of the "Mother of God".

In Buddhism She is called "Emptiness beyond Emptiness".

We all live in Her all-embracing security.

From eternity She is giving birth to the Divine Light ("God"/"BuddhaNature")
and the universe, both continuously returning to Her fathomless Abyss.

Life is ruled by Her Law of the Universe: the dynamic balance between
death, rebirth and "permanence".

Optimal living reflects this Law: continuous inner renewal, while being part
of the Whole – "Heaven, Earth and the (new) Community".

Darkness and Light are two sides of the same coin.

The Divine Body of the Mother - Her first Emanation - is penetrating the
universe without exception.

That's why, by going within e.g. by surrendering to the Mother we realize our Divine Inner Core e.g. She grants us Her Light Body.

She is bestowing Her treasures to every woman and man. It depends on our devotion, resolve and faith whether we realize this our most precious Self.

Male fear of relapsing into the Dark Womb has led to denial of the Primordial Mother as the Origin of life.

Instead of being the birth giver, Darkness became the opposite of the Light, indeed "the devil" itself, something that had to be fought at all costs ("the forces of light and darkness").

That's how evil came into this world.

In the past teachers, masters, prophets or messengers derived their authority from their patriarchal God, promoting masculine values, like ego, ambition, etc.

In the Original Tradition leaders act on behalf of e.g. are representatives of the Eternal Feminine. They are called Green Men and Wise Women.

Nowadays, our suffering is caused by our alienation from life. We are cut off from reality in manifold ways: from our bodies on the one hand, to our True Selves, on the other.

Restoring our Wholeness means re-claiming our Selves, our bodies and nature, our love, our hidden creativity, our suppressed emotions, while surrendering to the Ultimate.

One of the most impressive priestesses of the Mother was Mary Magdalene. She managed to continue the Old Tradition despite the all-present Judaic oppression.

She did so by anointing Jesus as the latest chain in the millennia-old (Mother) tradition of "dying and resurrecting" Gods: Osiris, Tammuz, Baal, Attis, Dionysos, Adonis....

They were the "role-models" for spiritual regeneration, something that was available to all in the various mystery religions.

However, the Church denied its roots, while instead monopolizing salvation, excluding e.g. crushing all those who did not comply with its doctrine.

Nowadays, 2000 years of lies, deceit and oppression have come to an end.

Once again, everybody has access to realizing his/her innermost Divine Core. By doing so we won't be followers, but successors to Jesus (and Mary Magdalene!)....

Most other religions have their roots in the Great Mother, as well. That's why Mother devotees from all over the world have more in common with each other than with their own religious background.

See: **"Mother & Sons", Book "Origin" 3, chapter 14.**

Let's join, while creating a New World based on "feminine" (holistic) values: wholeness, joy, connectedness, love, care, cooperation, justice and harmony with nature.

"Evolutionary Spiral"

Since 1893 when the "Parliament of World Religions" declared its aim, namely a "World Religion", interfaith efforts have been developed at an increasing pace. In almost all big cities of the Western world representatives of various faiths try to define common denominators. The results are meagre. Why? Because - as the members themselves admit - of lack of SPIRIT. The great religions face a problem that can hardly be solved. They are

caught in their own definitions. Definitions are excluding each other. **In order to unite existing belief systems you have to go beyond God:** spiritually, mythological, historically....That is exactly what happened just recently....The new "World Religion" has to go back to its roots, redefining its subsequent developments until recent times. The surprise is this: the evolution of religion proves to be cyclic. After many millennia of patriarchal dominance, we are once again back to the Origin of God and the universe: the Cosmic Womb or Great Mother. She is the Bottomless Vacuum to which everything returns and from which everything evolves.

Palaeolithic

The Great Mother

Originally, (wo)mankind lived in a Cosmic Universe, dominated by the Universal Feminine. Spiritually, it is the Realm of the Cosmic Womb, Absolute Nothingness e.g. Emptiness beyond Emptiness. Fortunately, we have spectacular Mother statues (Hohle Fels, Laussel, Willendorf) of 40.000 years ago and younger at our disposal.

Neolithic/Bronze Age

The Mother/Goddesses/Gods

The Great Mother subsequently got a face: Nuth, Isis in Egypt; Inanna, Ishtar in Mesopotamia, Kali in India, and later the Black Madonna in Europe. She is the Source of Death, Rebirth and Permanence. Later Her Son/Lovers took over the role of "Vegetation Deity", the dying and resurrecting Gods, like Osiris and Tammuz. Spiritually, "death and rebirth" is the foundation of inner renewal, while "permanence" invites to (once again) becoming part of Mother's Web of Life.

Iron Age

Goddesses/Gods

Fragmentation of the Mother resulted into separate Goddesses symbolizing limited aspects of the Original Mother, e.g. the ""Goddesses of fertility", "love", "war" etc. Sometimes they still have the aura of Wholeness, like Asherah/Astarte of Canaan. Increasingly, they were forced to compete with male "colleagues". It culminated in myths like the Babylonian Enuma Elish in which the God Marduk destroys the Mother Goddess Tiamat, announcing a new patriarchal era. Patriarchy is a reaction to the original dominance of the Mother. Men refused to be part of "birth and death" anymore. Hence they departed for "immortality" (Echnaton, Gilgamesh, the Buddha). They projected the Divine as being opposite to the Cosmic Mother. "Light" started fighting Darkness.

Historical time

The One God

Political "necessities" - authoritarian, centralized regimes (Joshua 600 BCE) - were leading to a monotheistic religion: "One God, One Nation, One Ruler". The first attempt took place in Israel, where Yahweh "distanced himself" from his consort Asherah (he started his career as Her Son/Lover....). Patriarchal society managed to dominate the culture at the expense of Mother-oriented groups and societies. The Bible is an account of how ruthless "Yahweh" initiated massacres and wars in order to crush his enemies. "I am a jealous God, and apart from me, no other God exists". Ever since, the three "great" religions deny any relationship with this their infamous past.

The Son of God

A Substitute

Hellenistic mystery religions and Gnosis tried to revive and extend the Old Mother Religion, together with the "dying and resurrecting" God. The latter is the role model for personal renewal. Jesus was the last chain of thousands of years of Near Eastern tradition. The Church, however, monopolized inner regeneration, by making Christ the "Only Begotten Son of God". (Buddhism is centred on Sakyamuni Buddha as The Fully Enlightened One). Islam declared Mohammed God's last Prophet. Christians were thus deprived of their inner Divine Spark as their True Identity. From then on their only hope for redemption came from outside: "salvation" through Jesus' death and resurrection.

Decay

The Church

In order to extend its monopoly the Church did not shy away from every thinkable crime. From oppression, lies, deceit, manipulation, falsification of texts, burning of books, torture, murder and wars. Once again, political ambition (Constantine "the Great") concentrated power, this time into the hands of the Pope. From then on Christianity became the state religion. With state power on its side it did everything to crush all its "enemies":

pagans, women, heretics, Jews, philosophers..The greatest sin of the Church, however, was that it monopolized (spiritual) regeneration. While in reality every woman and man is part of the regenerative Power of the Mother, the Church claimed that only Jesus "died and resurrected". After many centuries of terror ("Inquisition") the resistance of the people was broken. They fell back on their egos, the beginning of the self-centred Western society. Its alienation from "Heaven, Earth and the Community" ultimately caused disaster after disaster, culminating in the current global (Ego) Catastrophe.

Modernity Disintegration

Nietzsche's "God is dead" reflected the "definitive" degeneration of religious (Christian) life in Europe. In fact, this was part of a process of general decay: spiritually, culturally, socially, economically...It culminated in the current global crisis with climate change as ultimate threat. Nowadays, our survival is at stake. This unprecedented situation requires a total "Umdenken" - a total new way of thinking - as a prerequisite for a "new Cosmo-Political Order"*. According to Toynbee this can only be achieved through radical new values, norms and way of life. To be able to do so we have to first return to the Origin in order to become renewed. A New Spirit as a prerequisite for a New World!

*"Cosmo-Political" has to be taken literally: human society reflecting Cosmic Order. It has nothing to do with the common meaning.

Return of The Great Mother

Our traditional concept of "God" proves to be incapable of renewing the culture. Hence, in order to receive new insights, love and strength, we have to go beyond it. There a big surprise is waiting for us. God isn't the Ultimate but originates from "something" Beyond. This "Something" is Absolute Nothingness, or as Buddhists say: "Emptiness beyond Emptiness". At the same time people say: "We are all heading towards nothingness". Without deeper meaning this is rather frightening. What if "Nothingness" isn't the end of all things, though, but proves to be a Cosmic Vessel in which everything old, sick, ugly is dying, while continuously giving birth to the new, the fresh and the young? In ancient times this All-Embracing Dimension was called "Great Mother". Our evolution isn't linear, but proves to be an Eternal Return, indeed, an ongoing spiral. What is crucial: Darkness and the Light aren't opposites. The (Christian) dualism of the battle of Light against Darkness proves to be a lie. In Reality the Light is the Son being born out of the (Dark, Bottomless Womb) Mother. It is the ultimate reconciliation....

A New Era The Original Tradition *Universal/All-Inclusive/METAreligious*

I have called this evolutionary spiral "The Original Tradition". It includes the various stages of Consciousness: the Cosmic Vacuum as the Origin, followed by the Divine Light (God/God-Realization), the harmony with "Heaven, Earth and the Community" (birth, growth, flowering), to subsequently entering stages of decay (ego-centeredness/ greed/ accumulation/ misbalance/ disintegration). Nowadays, we are at a cross road: the culture either dies or regenerates. Renewal means, that we have to cooperate with the "Law of the Universe" - death, rebirth and permanence - only then "Divine Grace" will be regenerating us. The first prerequisite is to continuously dying to the old, while subsequently becoming part of the Whole, once again. Being part of the "Web of Life" implies cherishing a world view based on "feminine" (holistic) values: interconnectedness, love, respect, peace, tolerance, cooperation, community, justice and harmony with nature. Existing religions could take the lead here by emphasizing the "Maternal Dimension of God", everything according to their own tradition (Great Mother, Madonna, Kuan Yin, Matri Devi, Sophia, Shekinah etc.). Moreover, worldly balance should reflect cosmic balance, e.g. we should create balance on all levels of society. That's why The Original Tradition advocates a Community Democracy, an Economy of Balance and a Sustainable Earth.

Leadership Green Men/Wise Women

To be part of the Whole: spiritually, culturally and socially puts an end to loneliness, emptiness and angst. Instead, an all-inclusive security will take possession of you. From then on you live in the Here and Now. Neither prisoner of the past nor of the future you have managed to replace "having" by "Being". This is the background of your commitment to Life. You are the one who has discovered that "from the moment that you commit yourself to Life, Life commits itself to you". You will fly on the wings of the Ultimate. Supported by the knowledge that you are part of the most ancient tradition on Earth, Wise Women and Green Men relentlessly commit themselves to A New World. They do this through Spiritual Service, Health Service, Community Service and Earth Service.

First Steps

Healing Communities

With increasing disintegration of society, the necessity of creating new communities only becomes more acute. It can be compared with the Dark Ages. At that time Irish monks went to the continent in order to start monasteries. This monasterial movement was very successful. It saved the culture from disappearing. Nowadays, the survival of the planet is at stake. Individualism and materialism are the two major undermining factors. They are the cause of alienation, loneliness, fragmentation, meaninglessness, angst and degeneration. The answer is to establish New Communities. It is one of our main concerns. Hence, our commitment to support you wherever we can.

International Training Centre

Transformatorium

Do you want to become part of the New World right now? It is possible. We are working hard to start an educational curriculum in short notice. It will be an "International School of Cosmic Healing" previously called (spiritual) "University for Culture Renewal", based on a daily "monastic" rule - with an ashram-like structure - aiming at teaching you the 10 Steps of the Healing the Planet Initiative. It will train you as Cosmic Healers (Green Man e.g. Wise Woman), volunteers, who's passion it is to go into the world practising Spiritual, Health, Community and Earth Service. This consists of guiding people on The Integral (Universal) Way, offering them Mother Healing, while initiating "Healing the Planet" Programs. Together you will be the hopefuls to the world, new leaders, who will take the lead in making new steps on the Evolutionary Spiral.

Joy, gratitude!

MOTHER for MOTHERS

Introduction

Mothers are the most discriminated group in society. At the same time (wo)mankind is depending on their unreserved dedication. Mothers determine the spiritual, psychological and physical wellbeing of future generations. And exactly THEY face almost insurmountable problems. So isn't it time to focus on Mother Empowerment? Symptomatic approaches are tried everywhere. Without too much result. Therefore, we have to start with the Source of All (Mother) Power: the Universal Cosmic Mother. It is a program with many different steps!

SermeS' Universal Mission

Of all people claiming to be reborn (hardly) anyone relates this to a (the) Mother, but always identify with a male person/deity. Isn't that strange? In archaic times this was different. Dionysos is said to have been "twice mothered". My life is comparable. Only a Mother can give birth! She "lifted Her veil to me" by granting me the incredible privilege of being "born twice". First as a human being through my biological mother, later as an Enlightened One through the Cosmic Womb. This explains why my knowledge about Her isn't based on concepts, ideas, images or even experience, but on direct Revelation of Her Reality. **From that moment on my Mission was to tell people** about Her True Nature and the meaning it has for our times. It is like the Grail Legend. There the matriarchal Hero - Parsifal - restores the Divine Feminine as Ultimate Reality. It is also my life story. The personal part is my worldly mother, who couldn't cope with the burden of motherhood. She therefore kept me under a very rigid regime, against which I had to revolt, in order to make my development as a person possible. This struggle lasted for more than 50 years! Therefore, I feel myself indebted to my mother to do everything to ease the burden of mothers, worldwide. **The cultural part is patriarchy under which women** have suffered for millennia. Despite my battles with my mother I have been always very sensitive to this issue. Later, the Cosmic Mother gave me definitive insight into the matter. That's why I am a warrior, a teacher, a healer and a prophet to the benefit of everyone - women and men - who suffers from oppression and injustice. Mothers are the key, (matriarchal) women are the guides and men are the executives. All three are equally important. Only if men accept and support the Cosmic Mother, life on Earth will change for the better. Contrary to the Goddess, who is a role-model for women-only, which of course is very favourable with regard to female identity, to the Mother Her sons and daughters are equally dear! **As a man I feel connected** to the Tradition of those Gods - "Green Men" like Tammuz, Osiris, Baal, Attis, Dionysos and....Jesus - who, in archaic times, were servants to the Mother i.e. the Whole. In Buddhism this is Maitreya Buddha, in Taoism Lao-Tze, accompanied by countless other Heroes from other Traditions worldwide.

See: "Green Man Pilgrim Network", chapter 18.

Universal Mother Teaching

In modern times, many of us hoped for an end to discrimination and exploitation of mothers. Especially the waning of patriarchal religions with their open misogynist strategies gave rise to optimism. "Reason" we thought, will certainly give mothers more justice and chances. The opposite happened. Increasing greed for more created a socio-economic system that is putting so much strain on its members that the latter are on the verge of breakdown. Mothers are worst off; they are trapped between inner growth, motherhood, partnership and the desire i.e. the necessity of taking a job. Many have neither enough money nor a job. Additional problem: Others are using mothers as their refuge, but the mothers themselves have nothing to fall back on. Generally, to become a mother isn't "popular". Nowadays, women are realizing their (masculine) egos, while looking down on motherhood. **In times of decay like ours - where nothing is really helping us anymore** - we have to go back to the Source for renewal. Mothers worldwide, I have wonderful news for you. This Source proves to be a Cosmic Womb. A long time ago people called it "Great Mother" because it was (is) She who is giving birth to the Light (the Divine, God, BuddhaNature, Consciousness) and the universe. The Cosmos appears to be maternal! This puts emphasis on the birth givers: Cosmic and earthly. Conclusion: For the first time the universe serves the Empowerment of mothers! So mothers, rejoice, you have got a limitless All-Embracing Cosmic Womb to take refuge in! No obedience to a "Father God" anymore. **With the Cosmic Womb as Ultimate Reality the perception of the human womb** changes dramatically. Rather than being just a "muscle with a specific function", it becomes women's sacred mystery. Cosmic Womb and women's wombs are like macrocosmos and microcosmos (with the Cosmic Womb giving birth parthenogenetically, e.g. without the interference of the masculine principle). That's why "Womb Worship" is the foundation of a new spirituality. **The Cosmic Womb itself is empty, just like the human womb. It is hidden**, dark and inaccessible, even for mothers (except during menstruation and pregnancy). It is therefore difficult to visualize. How fortunately I was to receive an inner Vision about how to express the Cosmic Womb. It resulted in the Universal Mother Mandala (image on the cover). Never before a truer picture has been made of the Cosmos' Essence. It is really a great gift, for without a sacred image, taking refuge is difficult. You need it for yourself, for your family and your community. It serves as a Power Centre. So I took the consequences and with the help of the Mother I started the "Cosmic Mother Healing Shrine" initiative.*

*See website "Agenda".

Once your innermost Core is touched by the Cosmic Mother - what some call a calling - then take action immediately. Meant are mothers. They constitute the foundation of the Healing Project. The first step is to invite the SermeS to talk about it to your family, your friends, your neighbours, colleagues and other community members. The second step is to assess your commitment, your abilities and your possibilities. Together we have to go through deep meditation in order to know how authentic your calling is. It would be optimal, when the Mother Herself would give us a sign of approval. If not, mutual trust will also do. If agreed upon, two things have to be done first: to find a space at a favourable location, while starting to create (children are welcome to participate!) the images of the Cosmic Womb and Her manifestation as Black Madonna, subsequently to be installed at the Healing Shrine. Mothers then determine how much time they want to be available. Shrines may be open all day to a few hours every week.

See: the Refuge ("Cosmic Mother Healing Shrine"), also called "Eco-Temple" (see website, Agenda page).

Instructions for Worship (Day Course)

In the Healing Shrine (also called "Eco-Temple") we directly connect to Reality, not to our own projections, concepts, images or ideas. The Revelation of the Cosmic Mother (in 1977) guarantees that*. The secret is that the Womb is a Cosmic Vacuum. It destroys everything old, sick, accumulated, ugly and evil, while at the same time giving birth to the new, fresh, healthy, beautiful and Whole. Surrendering to the Mother means you put yourself in Her context i.e. let Her do Her work which She is doing from Eternity: continuously regenerating the Whole of "creation". Putting it in a personal context: She destroys your ego, while giving birth to your True Self! Everything with the aim to become part of Mother's "Web of Life", once again. You once again become part of Cosmic Balance, something that no other "Deity" can do for you. Therefore, praise the Mother as Ultimate Reality. In order for this to "work", a couple of guidelines are a "conditio sine qua non". These guidelines will be valid for all Shrines worldwide, because people worldwide should find the same kind of surroundings in which they can feel at home. Our greatest goal should be to create an atmosphere in which healing of as many people as possible, is facilitated. Mothers become the main healers/ mediators guiding the searchers, supported by non-mother women and men (see below).

* See chapter 34 (SermeS): "[Threefold Cosmic Realization](#)"

It is a common fact that "faith" is a superior foundation upon which healing can take place. "Faith Alone" the Buddhist JodoShinShu sect claims, can perform miracles. Equally, "healing ministries" in the USA stress that relying on the "word of God" or Jesus is enough to get healed. Their testimonies about prayer healing are very impressive, indeed. The South Indian Amma - a woman - heals in the name of Allah....It thus seems that it doesn't matter so much to whom or what you surrender, the only thing that counts is the degree of your (own) belief. That's why followers of various religions claim the same successes. With the Cosmic Mother this is put totally upside down, though. What turns the scales is twofold. The closer your "object of reverence" is to Ultimate

Reality, the greater the Healing Power that is bestowed upon you! Anything that is in between blocks the communication, including religious "truths", "creeds" and "scriptures". If healers rely on "the word" or a "sacred book", then they operate with a secondary, rather than with the Source Itself. The "word of God" is not eternal (because written by humans), only God "Himself" is*. What is decisive is the character of that Reality. **The less is in between you and the Ultimate, the greater the guarantee**, that the latter's Full Power will be bestowed upon you. Actually, God is longing for us just as we are - naked - without any accumulated (religious) mind-stuff in between. It means that, if we surrender directly to the Source, the expected benefits are multiplied by many times. Secondly, the character of the Vacuum - destroying all old, sick and evil, while giving (simultaneously) birth to the new, healthy and good. Something I call "Cosmic Regeneration". That explains why the Mother "is making a difference". Contrary to God, where you hope that He will hear i.e. answer your prayers.....the Mother will automatically take back your burden, because it is Her True Nature to do so. Her Bottomlessness is taking everything - your burden, sorrow, pain, illness, and problems in before you even have given them back to Her - through Her centripetal Force, which is there from Eternity. This Force is everywhere: beyond the galaxies as well penetrating your own body-mind! So knowing about the Vacuum will already liberate i.e. heal you! A favourite time to give back your anguish to Her is the evening, when you are in the bed. A simple "please take my.....back", visualizing (while clearly watching!) that it will disappear into Her unfathomable Darkness is enough to feel immediately relieved!

* Religions say "they are preaching God". In reality they preach the Bible, the Koran or the Upanishads. Ultimately, it is (often) all about self-promotion of the clergy.

If we do so faith turns into knowing. Faith is still something that comes from "without". An arduous mind (!) process is needed to identify with passages of the Bible e.g., in order to "make them your own". However, the inner reference - ego - remains the same, only the content changes. Contrary to that, through direct surrender to the Ultimate Itself, the latter let you share its Divine Nature. Faith turns into knowing, unshakable insight, the New Self being part of the Living Truth. This happens when you "give yourself back" to where you came from: to the Cosmic Mother. It is easy, for deep down we all have the memory of the Mother in our innermost Core. We all have an umbilical cord to the Ultimate. Moreover, your earthly mother has carried you for nine months, loved you, cared for you, nurtured and protected you. Everything ultimately taking place in the "Lap" of the Cosmic Mother! Both these our memories are resonating with each other. It is the deepest possible imprint on our lives. Hence, we neither have to do effort to identify with any "word", "creed" or with "scriptures", nor do we have to rely on accompanying religious authorities i.e. mediators, for our wisdom is inherent. The only guides we need are those who preceded us in direct and immediate knowledge of the Divine Mother*.

* There is thus a crucial difference between those who guide you directly toward God Realization and those who are merely conveying the "Word of God".

The Healing Power of the Cosmic Mother is Supreme. "Mother of God, by Your Void, please, take "Ellen's migraine" away" or"take the world's violence away" touches the core of the matter. "Her Void" is what we ultimately find when we go within. Therefore, Her Essence is your Essence....Deep down you are Divine. If you rely on that, the Mother will mobilize Her Power to once again include your body-mind into Her Reality. "I take refuge in the All-Embracing Cosmic Mother: my Origin, Saviour and Healer" is another example. By the way: because God is the Light Body (Son!) of the Cosmic Mother (therefore, "Mother of God" should be taken literally!) and Jesus part of our ancient Tradition of "dying and resurrecting Gods", I very much respect and am grateful to the healing work, done by Christians. The "Maternal Dimension of God" - something many Christians are cherishing nowadays - is on their side, as well. Healing through the Mother has the following pre-requisites: 1) Realizing that we all live in the absolute security of the Cosmic Womb 2) That through Her bottomless Void regeneration of all life - of which you are a part - is taking place without interruption 3) That through going back to the Darkness of Her Womb Eternal Light is born.

Cosmic Mother Healing Shrines

The "principles" I further elaborated on, they resulted in the guidelines to the Cosmic Mother Healing Shrines. The emphasis lies on "Mothers for Mother", the Refuge/Shrine (Eco-Temple) as the spiritual centre of the local community, its function as a place of contemplation and silence, a sanctuary and refuge for everyone, with multiple purposes like "praying for the world", individual salvation i.e. liberation (from the ego) and yes, a place of regeneration and healing. The latter is focussing mainly on stress, pain, angst, depression, fatigue, deprivation and burn-out (although other more physical afflictions are not excluded), having put the quest for the meaning of life in the forefront of its endeavours, this in stark contrast to Christian Faith Healing, where one is almost exclusively praying for people with all kinds of physical diseases. However, our practice still has to begin and I am looking forward to it with great expectation.

Mothers are the leaders of the Shrine. They identify with the Cosmic Mother by being Her priestesses*. They are NOT "Divine Mothers" themselves (like some guru's in India claim e.g.). I am very confident, that most of the mothers don't feel any need to bringing their ego's into play. What helps is the insight, that the Mother is neither a Goddess nor an "energy": She is beyond everything and all. She is the Cosmic Vacuum, the Bottomless Emptiness, what archaic people have called the Cosmic Womb. She is a Mystery, Cosmic and Universal,

embracing the Whole of existence, giving birth to the Divine and the entire universe. No human can ever become equal to Her.

* A very inspiring example is Enheduanna, priestess of Cosmic Mother Inanna (Sumer, 2000 BCE).

At the same time She is All-Embracing, including all living and non-living beings. Therefore She is closer to you "than your own skin". That's why Her motherly Love can be felt in your innermost Core.

The "Cosmic Mother Healing Shrines" are first of all meant for mothers. It is a place, where the Cosmic Mother heals their wounds, takes away their concerns, while empowering them. It is in the nature of mothers that they spontaneously feel themselves part of a larger Whole. So, slowly the Shrines may become open to people of the larger community and beyond. For being healed unconditional surrender is the gate. The Mother knows you better than you know yourself. Total honesty about your weaknesses, your problems, your desires and hopes is crucial. You have to convince the Mother of your sincerity. It is a matter of resonance. You have to be on Mother's wavelength, only then She can respond. To facilitate this, a brochure will be available with recommendations for healing worship i.e. trust, surrender, contemplation, prayer (pleading), mantra and celebration*

* See Book "Origin 3" chapter 39, The Integral Way, furthermore 37.

In principle, people with all kinds of problems can come to the Mother Healing Shrine. The limiting factor is the ability of the mothers who are taking care. Not everybody is trained or has enough experience. Despite that, truly motivated mothers who have put their lives in the hands ("Lap") of the Cosmic Mother should not hesitate to just starting a Shrine. It is the Cosmic Mother after all, Who heals. Maybe in the beginning exceptions should be made for people with all kinds of chronic i.e. severe physical and psychological disorders, while burn-out - a problem with which mothers themselves often struggle - and pain syndromes could be allowed right from the start. Anyway, in the course of time mothers have the possibility to receive further training (see below), through which they can broaden their views and experience. They may support Mother Healing by additional practices like Mandala Healing, Purification (through Chinese Guasha therapy), Mamma Drainage for breast cancer prevention and more....

See: "Mother Healing", chapter 37.

Personal Health Plan

This effort is supported by our Personal Health Plan. It is a three to six weeks program to optimize your health. Health is a major concern nowadays. Despite all medical, pharmaceutical and technological innovations health is further deteriorating. Chronic diseases are increasing with alarming speed, while appearing at an ever earlier moment in life. Young children with diabetes, hypertension, serious allergies, asthma, osteoporosis, migraine, cancer etc. etc. are the rule rather than the exception. On the other hand, a healthy lifestyle can prevent i.e. cure around 60% of all chronic disorders. You have your health in your own hands. Mothers play a crucial role here. Therefore, our aim is to empower you as much as we can. Once you and your family have successfully tried it, the Personal Health Plan* can be shared with the entire community. Do it together once a year!

*Chapter 39, see also www.vitalworld.org

Day Course Regeneration (Burn-Out)

Through unprejudiced observation more and more people recognize the disastrous impact the existing socio-economic system has on personal health, happiness, relationships, families, our youth, work-satisfaction, community life, social welfare, including the wellbeing of entire peoples and nature. Especially mothers and their partners are affected. It seems as if they have to carry the whole burden of society. In many families, members are on the verge of collapse. Therefore, I paid much attention to the problem of burn-out*. First I planned to become a "burn-out coach" myself; however, considering the extension of the problem I decided to transfer my expertise to everyone involved. Self-help is the best method, after all. So, I started with writing an introduction to the problem*. Please, study it. The next step could be to participate in our Day Course. This will focus on the practical aspects i.e. solutions*. Please, let us know when you are ready!

*See website: "Stress, Burn-out & Regeneration".

Retreat "The Integral (Universal) Way"

Once the "Cosmic Mother Healing Shrine" is installed, Her Presence will gradually be felt in the entire Community. She is the Centre of the Cyclone, the Eternal Depth in the midst of your daily tribulations. Gradually, a new level of balance will be realized on all levels: personally, relationally and communally. The response of your people will intensify. The kind of questions will be more Essence-oriented. E.g. "Who am I", "where do I come from" and "where am I going". The mothers at the Shrine will be confronted with those questions. Although they

will redirect those questions to the Cosmic Mother, encouraging people to deepen their surrender and prayer (pleading), some coaching will prove to be inevitable. The requirement, of course is, that you must grow together with your people. To support you in this regard we offer the possibility of a spiritual Retreat. It is based on The Integral (Universal) Way and includes all major steps on the Path*

* See: "The Integral Way", chapter 39.

Special Guasha Healer Course

I love to introduce my dear wife MeiMei to you. She was born in Beijing, China and came to Holland in order to finish her university studies (MA Sociology). Before and during her studies she involved herself in health, TCM and epidemiology. After graduation, she decided to devote herself entirely to health, prevention and therapy. We spent i.e. one year on Madeira to set up a Spa Clinic and half a year in Brazil, working in a hospital for the poor. After the return to our country we restarted our Clinic "Optimaal Vitaal", where she did the nutrition, ear-acupuncture and health education part. In 1997 she visited China and "discovered" Guasha therapy there. Soon afterwards she put it into practice and was overwhelmed by its successes. It encouraged her to develop it further to such an extent, that after 20 years she has treated innumerable patients and professionally trained more than one thousand students.

As a M.D. I have a pretty good idea about Guasha, how it works and its benefits. We call it sometimes "Stone Age therapy for Modern (Wo)Man". The technique is simple and can be learned by everybody. Oil is put on the skin, then the therapist starts "scraping" that area with a Jade Stone. Where red spots appear are blockades, connected to certain inner functions i.e. organs. Through treating these blockades will subsequently disappear and healthy regulatory functions restored. It works miraculously. But there is even more. Guasha is promoting blood circulation, de-acidifies, detoxifies, removes all kinds of pain and is one of the few therapies that is convincingly stimulating the immune-system. In a time where our immune-system is under much strain, this is of utmost importance! Moreover, Guasha causes clarity of mind ("Brain Boost"), releasing emotional blockades, while giving the body-mind an energy boost. This combination of spiritual, psychological and physical regeneration makes Guasha very suitable as an additional method to our Cosmic Mother Healing. MeiMei therefore offers a Basic Guasha Healer Course to all interested mothers and their staff.

www.meihan-guasha.nl & www.guasha-integraaltherapie.nl

Healing Communities Youth for Youth

It is painful to see how young people lost perspective in life. Equally painful is to see how little influence mothers (and fathers) have on their children. Especially the impact of the „virtual“ world - electronics of all kinds - alienate kids from reality. Many of them are addicted to the computer, the smart phone, developing all kinds of modern autisms. Moreover, the incidence of health disorders is developing at an alarming speed. Food-intolerance, allergies, hyperactivity, irritability, fatigue and depression, up to full blown burn-out are on the increase. Not to speak of those who have become involved in drug abuse and/or violence. We have to confess that it were us who neglected our own children. We simple "had no time" for them. Therefore, I am happy to announce a project especially designed to help young people in finding (new) meaning to their life. It is about living in a Healing Community, based on a monastic discipline, including awakening, personal integration and serving others*.

* See in Book "Origin" 3: "Healing Communities".

Mothers initiating Men and Women

The Mother is giving birth to the Divine and the universe. This has the following implications. First of all: She is Birth giver to the Eternal Light. Surrendering to Her may therefore grant you spiritual Enlightenment. This Light is your Divine Spark within, identical with both women and men. Secondly, She is the Birth giver to the Whole of creation. Therefore, both women and men are Her children, without any discrimination. Unfortunately, Western feminists claimed the Feminine for their own purposes, excluding men. As has been said above, this is appropriate as long as it concerns Goddesses. The latter are indeed role-models for women, only. The Mother and Goddesses aren't of the same nature. Insight into the Essence of the Mother has to rectify this grave error. The Mother is no one's possession, She is All-Inclusive. This is crucial, for if men are not going to support the Cosmic Mother, the expected leap in evolution will not take place. In our Shrine, it is therefore important, that men will become part of the staff, as well.

Thus, sooner or later mothers will seek people, with whom they can share the work. The latter can be women or/and men. Mothers decide unanimously about their choices. Without consent the candidate cannot be accepted. The first and foremost criterion is the inner attitude toward the Cosmic Womb. All staff should deeply revere Her. The Womb is sacred, that's why all practice "Womb Worship". To mothers the Womb is sacred because she brought children into the world; matriarchal women because their womb is their temple (Grail!), they care for it and

cherish it; men because their mission is to protect and defend it. All worship Her. If this "Unity in Diversity" can be achieved among the staff, miracles will certainly occur!

Mothers: Leaders of the Community

Article: E.Fromm "The Theory of Mother Right and its Relevance for Social Psychology"

The mother has always been the centre of the family, the group and the community. She bears the child in her body, is giving birth, nurtures and raises the child. She is the life-supporting factor in society. Most men can't match with the spontaneous self-sacrificing attitude of mothers. Even if the former are taking part in "education", it is the mothers, who possess the natural talent in dedicating themselves entirely to their offspring. There "seems to be" a shared space between mothers and children. Fathers can learn to participate, but never replace a good mother. The bond between mother and child includes all levels of existence: physical, emotional, intellectual, spiritual, social and cultural. This dependency on the mother - obviously - bears a great danger in it as well. It can easily turn into an obstacle in growing up and becoming independent. With regard to this problem the father's role is crucial. He has to give the child the possibility of identification. Something which unfortunately is less and less the case. In a society like ours harmony has been lost, with terrible consequences. The first step in trying to restore Wholeness is the re-organization of the foundation of life: maternal care and consequently the position of women. This can be achieved through the recognition of the mother as the central figure - the heart - of the family, the group and the community. This implies, that these institutions should be restructured, in such a way, that mothers regain authoritative power in these areas. A matrilinear* system would be only one instrument i.e.. More important is maternal self-organization on all levels of the community. Community understood as the sum-total of social life on the level of the family, the group, the street, the neighbourhood and the commune. In practical terms this would mean, that mothers should join in order to become as self-governing as possible, reclaiming all areas of life that belong under their jurisdiction. They should take the lead in e.g. health care, child raising, education, religion and spirituality, decision-making, financial management, social structure, the environment etc.**

*World view and society based on motherly/feminine/holistic values. See chapter 44.

**See also Kees Boeke "[Sociocracy](#)" (44) and Han Marie Stiekema "[The Self-Sovereign Society](#)" (currently in Dutch only).

The priority is thus the organizing e.g. healing of the community. The latter has been neglected, exploited or purposely broken down. The core of community building is the mother, it is matricentral. It is the expression of the fact, that women are the bearer, while men are (should be...) the servants of life. It is about integral communities, well-organized according to streets, neighbourhoods, communes, districts and regions. The clue is the fact of the increasing number of singles in our (disintegrating) society, among them countless one-parent families, consisting mostly of mothers and children exclusively. In Holland this is called the "Caribbean model", especially because of the children being increasingly begotten by mothers, women and fathers/friends. Instead of seeing this as "negative", this development can also be considered as promising. Once the old is broken down to its basics, the germ of a new social structure - that of matricentrism - becomes visible. Of course this will not be automatically the case. The conditions for such a new direction are manifold. First of all, mothers should be able to see their situation as an opportunity, rather than a failure. A certain spiritual-cultural-"maternist"- social-political awareness is needed. Subsequently, the single mothers of a particular street, neighbourhood etc. should exercise solidarity with each other, both ideologically and practically. This would prove to be badly needed, since social security will quickly crumble (or worse), leaving the mothers alone at the front. Thirdly, these mothers should bring together the various fathers, partners and/or male boyfriends. Through regular meetings, these males should be "educated" in feeling responsible (which for each of them would be different) toward the basic mother-children group. Don't think this isn't possible. Once the significance of a particular situation becomes clear, together with a well defined responsibility, men may develop a surprising sense of commitment! The advantages are clear: restoration of the central position of the mother e.g. the female, better protection of the children, a new solidarity between men (thus less aggression) and a shared responsibility between them (with the advantage of more individual freedom compared to the oppressive burden of monogamous fatherhood!), while there will be also space for "cross-fertilization": men who also "visit" other women (and the other way round). Such interweaving may at a certain moment become structured, leading to the formation of modern-style "clans". The paradox is this: once women have regained their legitimate position in the community, men "automatically" get empowered as well. Being freed of patriarchal oppression they may rediscover their original mission: that of servants to life.

In the course of time the 24 hour's Presence of the Cosmic Mother Healing Shrine will increasingly be felt by everybody involved. Mothers may experience an "upgrading" i.e. become more and more inspiring and compassionate as priestesses, healers and visionaries. It is like in ancient times, where they were the leaders of the Community. Nowadays, this is once again confirmed by Cosmic Insight that says that mothers and women embody Mother's "Web of Life", the interconnectedness of everything and all. Mothers are Community Leaders by nature. **Patriarchy destroyed this natural order. The State claimed all authority at the expense** of the sovereign Community. Mothers were degraded to housewives, subjected beings who had to serve husband and children. It is therefore fully understandable, that nowadays (young) women are taking the chance of developing their abilities. They just should not do this in the realm of the current rat race. It has already been proven that such a career destroys women. Women on the other hand, flower in surroundings that are compatible to their nature. Because the State is losing overall control, initiatives toward a sovereign Community ("Community Democracy")

are on the rise. Within the framework of those Communities women have a new chance i.e. the same opportunities to develop their skills. They can be experts in leadership, management, finance, security, sustainability, care, coaching....this time everything to the benefit of the Whole...**This is not only a matter of "opportunity", but also of necessity.** The near future is looking gloomy. There will be more fragmentation, disorientation, confusion, chaos and violence. Women and children are the vulnerable group here. Neither "God" nor the "State" will come up with sufficient protection. Therefore, mothers of the Mother Shrine (especially those who already entered a "second life", with children who already left their elderly home), take the lead and start actions toward (step by step) promoting the feeling of solidarity in their Community. The support of men is crucial in this regard. How to organize this you can find in the highly inspiring story of the Mosuo, a "matriarchal" tribe in South China*.

*See chapter 5. For further information:
"The Mosuo Model"
(An answer to increasing violence)
<http://www.healingtheplanet.info/weise-frauen-en.htm>

Worldwide Campaign

Every society is a reflection of its underlying "God concept". If God is a patriarchal male, then authoritarianism, (technological) oppression, exploitation, violence, injustice and the destruction of nature will continue to be the dominant forces of society*. As we all know now, this will be suicidal. Hence, the necessity of a great turning. Religions are urged to go on a search for the "feminine" aspects of their particular faith, those aspects of the Divine that emphasize holistic e.g. life-confirming and enhancing values. These are values like interconnectedness, peace, tolerance, reconciliation, love, joy of life, respect, care, community, justice, solidarity, sharing and sustainability. Every religion has to go on its own search. Each of them has the responsibility to bring more balance in their theories and practices. Their driving force should be compassion with the Earth. The miserable "state of the world", isn't it also the effect of their doings during the centuries?

* Reconciliation of religions will be one of the key issues of the 21st century. See: "Letter to Spiritual and Religious Leaders", chapter 46.

The Worldwide Campaign* includes all those individuals, groups, organizations, centres, churches, religions, sangha's, temples, mosques and synagogues, that acknowledge the necessity of emphasizing the "Maternal Dimension of God". Our mission is to support those groups, congregations, who seek to deepen their religious life, aiming at strengthening the feminine dimension of religion and spirituality. Our function is to inspire, coordinate and encourage. We do so, because we ourselves are deeply convinced of the value of a "Mother-oriented" society. As coordinator we will not impose our insights on others, though, but facilitate faiths to develop their own inherent values. E.g. in Islam, Allah the Merciful (and the Ka'aba) will be emphasized; in Christianity, the position of the "Mother of God" will be further elaborated; in Hinduism, the unifying potentiality of the Original MatriDevi will be stressed; in Buddhism, the position of the Eternal Mother e.g. Kuan Yin will be upgraded; Taoism, the Tao as a (Maternal) Valley is something to pay attention to, in Judaism revival of Asherah and/or Shekinah.... etc. etc.

* See chapter 29.

For individuals, groups and organizations interested in
the Annual "Worldwide Campaign":
INFO & CONTACT
[info\(at\)healingtheplanet.info](mailto:info(at)healingtheplanet.info)

"Mother & Sons"

The "Cosmic Mother Healing Shrine" is a decidedly inter(META)religious initiative. It is open to people who emphasize the "maternal dimension of God" within their own traditions as mentioned above. First of all, the Shrine Images are "neutral" giving everybody the opportunity to project his/her own ideas into "their" Universal Mother. Moreover, we have taken several prayer texts from various religions, making them available to the people who need them. To guide them even better, we offer you a workshop "Mother & Sons"*.

* See: "Mother & Sons", chapter 14.

Healing the Planet

Patriarchal religion has desecrated existence - denial of the inner Divine Light, desecration of nature, contempt for the body, suppression of femininity, love and eroticism, besides disintegration of the Community - in favour of its ersatz-reality. Because people were cut off from their roots, they had no other choice but to fall back on their egos. "To have is the inability to Be". Ever since our culture is an ego-culture, all later developments included. Now, we face the Ego-Catastrophe. Our Mission is thus not an easy one. It is nothing less, but the replacement of the overshot "male/patriarchal" world view - rationalism, unbridled pursuit of profit, violence and exploitation - by a "feminine" (holistic) paradigm: connectedness, cooperation, respect, love, justice, peace and

harmony with nature. Mothers (and fathers) will take the lead here. Aren't they the ones who are most concerned about the (very insecure) future of their children? Everyone else should support their efforts for A New World!

See chapter 44: "Cosmo-Political Society"

Permanent support

As Servant/Messenger ("SermeS" or "Green Man") my passion is to "give the Cosmic Mother back" to mothers and through them to all other people worldwide, without exception. The "Cosmic Mother Healing Shrines" are the ideal way to step by step reaching "the Whole of (wo)mankind". Surrendering to the Mother, while subsequently receiving Her Empowerment is the driving force behind. Additionally, with the help of the Mother, I will do everything to support, guide and encourage you, through the various steps mentioned above. On the other hand, I am very open to your experiences, as well. I am an eager learner! Together we will "launch" the most promising project (wo)mankind has ever seen: the Project of the Cosmic Mother HerSelf, initiating A New Era to the benefit of all and everything. It is nothing less than a New Step in Evolution.

FROM THE HERMITAGE **SermeS extends a hearty WELCOME to** **every sincere seeker:**

He is living a simple life in unity with the Cosmos. People from all "corners, professions and positions"
- Religious people * Teachers * Mothers * Social workers * Officials * Scientists * Artists * Therapists *
Politicians * CEO's * Youth etc. come to his "Hermitage" for personal Cosmic Advice, Teaching,
Healing and Guidance, time and again
being amazed by "his" deep Wisdom

Appointments

1. Individual Cosmic Advice, Teaching, Healing & Guidance
2. Cosmic Healing 3. Small groups (1-6): Introduction to the Teaching "We are Cosmos"
4. Meetings "Mothers for Mother"
(Group max. 6)

Hermitage

"Cosmic Mother Healing the Planet"

Near Utrecht, the Netherlands

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By Appointment

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