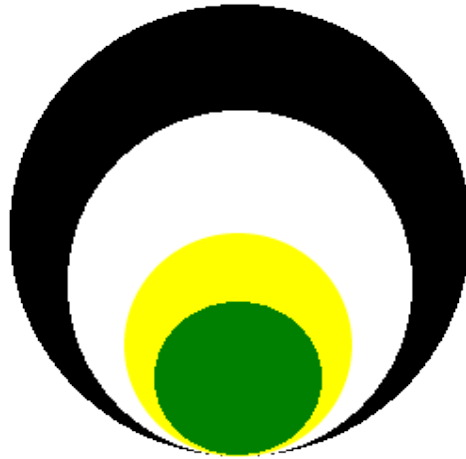


The Great Work

To Restore the Wholeness of Life

The Supreme Design



Cosmic Science

Cosmic Mother
HEALING the PLANET
Initiative

The Great Turning Point
New World Community

WereldWijde Campagne

The Supreme Design

In Holland a "hermit" called "SermeS" (new wisdom teacher, medical doctor integral/cosmic medicine sinds 1972) has come forward, claiming that he has been **Beyond the Beyond** of space and time. He says: "In these most critical of times the Healing of the Planet depends on whether (wo)mankind is willing to give up the ego ("Ego-Catastrophe").

His teaching is called "**We Are Cosmos**". It consists of returning to the Origin to be reborn as a True Self, subsequently becoming part of "Heaven, Earth and the (New) Community" (once again), thus Restoring the Wholeness of Life ("Healing yourself, Healing each other, Healing the world"). Everything in the Name of the Cosmic Mother, the Origin of both God and the universe.

In the last couple of years he wrote down his Great Cosmic Experiences, calling it the "**Sacred Book Origin**" consisting of 7 volumes. In order to give you some impression of this epoch-making work (also called "Cosmic Bible") volumes 1- 6 are now available: 1. The Origin (G. 808 p.) 2. Commentary (G. 344 p.) 3. The Original Tradition (E. 773 p.) 4. Heaven on Earth (Photo-Autobiography E, G, D, 113 p.) 5. Handbook Integral Medicine (D. 472 p.) 6. The Turning Point (D. 654 p.) A free summary (Manifesto "We Are Cosmos" in English, German and Dutch) is available in the internet. Book orders through our e-mail.

The SermeS is living a simple life in unity with the Cosmos. People from all "corners, professions and positions" come to his "Hermitage" for personal **Cosmic Advice and Guidance**, time and again amazing people with "his" deep Wisdom. Visits to the Hermitage by appointment, only.

Hermitage "Cosmic Mother Healing the Planet", near Utrecht, The Netherlands.
www.healingtheplanet.info www.vitalworld.org [info\(at\)healingtheplanet.info](mailto:info(at)healingtheplanet.info)
+31.30.6590178

Naast het Sakraalboek "Origin" in 7 delen, zijn er bovendien 2 brochures verschenen en 3 in voorbereiding:

"We are Cosmos", "Cosmic Healing", "Cosmic Science", "Cosmic META-Religion" en "Cosmocracy"

Iedereen spreekt erover:

Thuis, op het werk, op straat, in de kerk, op school, in de tram, in de sportvereniging, in de yoga-les, in de cursus, bij de psycholoog, in de supermarkt, op de universiteit, in het internet, in de sociale media...

„De Kosmische Mens“, „Kosmische harmonie“, „Kosmos onze laatste Redding?“ „Kosmische intelligentie“, „Ego of Kosmos“, „Kosmische Ervaring“, „Kosmische Moeder-Genezers van de wereld“, „Kosmische wetenschap“, „Kosmische META-Religie“, „Kosmische Healing cq Geneeskunde“, „de Kosmo-Politieke samenleving“ („Kosmokratie“), „onze toekomst is Kosmisch“, „Kosmische Evolutie

Zegt het voort!

CONTENT

The Origin of the Cosmos: A WOMB!

Chapter 1: Threefold Cosmic Realization

Chapter 2: The Cosmic Womb and Her two
Dimensions of “Creation” and Destruction

Chapter 3: The Balanced Universe

Chapter 4: New Physics and its hypotheses

Chapter 5: Lady Wisdom and the scholar
Naar Goethe’s Faust

Chapter 6: Integral Model of Cosmic Consciousness
“Wij zijn Kosmos”

Chapter 7: Cosmic Science about
Death & Rebirth

Epilogue

Chapter 1

Threefold Cosmic Realization

Beyond the Beyond of Space and Time

** The Sermes is one of the very few, who "attained" the Ultimate Realization: the unity of the Absolute (Emptiness beyond Emptiness), Full Enlightenment and the Great Death.

Being Nothing, you are Everything

India, 7th of October 1977

Han Marie's Quest found its culmination in October 1977, when he was with Bhagwan Shree Rajneesh in Poona, India. After three days, he suddenly and totally unexpected (he had come to Bhagwan, because of great attraction to the latter, with no further ambitions of his own), out of "total innocence", a transcendental Lightning destroyed his entire Being, leaving only Absolute Blackness behind. Within a second or so after, he found "himself" dissolved into the Eternal Divine Light. There wasn't any watcher, no any consciousness left, just limitless and timeless Oneness. Only THAT was (is) all that existed (exists). The whole day its intensity was undiminished. Han Marie just laughed and laughed. "How stupid he had been", "how simple this is", indeed how "absurd" everything is. There wasn't any inner or outer. "The whole world", Han Marie says, "appeared as the content of infinite and timeless Space, the Space which I AM. I AM the All-Embracing One".....Through that Space "everything was interconnected, everything had the glance of ITS beauty e.g. uniqueness"....Oneness being filled with transcendental joy, overflowing. As "a prisoner of the Eternal" he enjoyed unlimited freedom. At last his gratefulness towards the Cosmos was indescribable.

In his own words

It happened in that garden. I found myself in an extraordinary condition; which had been going on already for some days. It was a state of being lifted out above ordinary things. People and events did not have the usual appeal anymore. The pattern of acting and reacting had become irrelevant. Something special happened to me. I was totally overflowed with it. Thoughts had lost their grip on me.

My body and its environment were very much alive and I was experiencing an extraordinary contact with them. Paralleling a spontaneous growth of increasing inner clarity, my body gradually became lighter and more transparent. It first started in the feet. There the energy was cleared away like a blanket of fog, leaving behind a bright transparency. While the pureness rose up, any heaviness simultaneously

disappeared out of my body, till finally my head was filled with a crystal clear clarity. A circle of energy remained on the crown of my skull.

This circle appeared to be the centre of my actual Consciousness. I, as well as my surroundings, were perceived from there. However, very little was left of myself. Neither the body nor thoughts were able to influence my inner awareness. It was the very quality of Self, enjoying Itself blissfully. I realised that I had found myself in the margin of my actual existence; just one fraction away from the Great Unknown. Intuitively I realised the invitation to the great leap and the consequential necessity of utter surrender.

ABSOLUTE NOTHINGNESS

Essence of the Cosmic Mother
Beyond the Beyond

Suddenly I was struck by a terrible supernatural Lightning and in less than a fraction of a second my existence was wiped out: no body, no mind, no Being. It was a moment of Absolute Darkness. As my memory has failed to reproduce it, the duration of this terrible moment is unknown to me. But I know, it was the Realm of Absolute Nothingness.

FULL ENLIGHTENMENT

Creation Body of the Cosmic Mother

That which followed transcends all attempts of description. A very alive, brightly transparent clarity appeared to be the Only Reality. I was totally absorbed by this Utmost Purity. The whole world radiated and was exalted and totally transformed. Everything was pervaded by Divine Bliss and incorporated into a fresh, pure and ecstatic Light. Nothing was left of my common identity. It was unwavering and expressed life in its sublimest quality. Everything was dancing. Eternity looked into Eternity; timeless and without boundaries. I AM THAT, the All-Pervading Oneness. All was joy, benediction, a celebration of unity, the inexpressible and the dance. As I was possessed by a divine intoxication, I laughed continuously for no reason.

Infinity is Bottomless

Everything happened suddenly, totally unexpected. I myself had in no way contributed to IT. I had no previous ambition to “achieve” something. It was like an “immaculate conception”. I AM Eternity, timeless with no limits. The Essence of the universe, that’s what I AM. Eternal Consciousness, that’s all that exists. An inexpressible Joy – a Bliss without senses – had overpowered me. Divine drunkenness the whole day long. Everything was part of Eternity, embedded in supernatural

Light. Nothing excluded. The grass, the birds, the flowers, the stones, people, nothing stood apart. They were all permeated with the same Light, everything content of "my" undivided Divine Space. Everything radiated eternal beauty.

My oneness with everything around me lasted all day. Everything had eternal quality: the grass, the flowers and the birds. Nothing existed on its own. Nothing fell apart. Without any exception, everything was part of the Whole. Absorbed by the same Suchness, everything had its own unique beauty. There was not any difference between me, the grass, the flowers and the birds. I realised I was no better or even different from them. Since then I have known reality to be the unity and interdependence of things, in which everything is equally unique.

THE GREAT DEATH

Destruction Body of the Cosmic Mother

That Same Night

What was really unique though, was the "Trinity", that eventually constituted what would become his "Threefold Cosmic Realization". Because that night after, he suddenly found himself in an Ocean of Horror, once again happening "out of the blue". Not an anxiety within, but all around, extending itself to all corners of the room (and beyond). It immediately sucked in all faculties of his body- mind: his energy, his "aura", his bodily feelings, his thinking, his emotions, just limitless Angst, the awareness of the acuteness of the situation, close to death or psychosis. He smelled odour of death within, a flash e.g. image of worms eating his flesh, feeling deep electrical waves of extreme cold. Intuitively he understood, that only sitting in an exact upright position could "save his life". Even the slightest deviation from the vertical caused an acute danger of "being sucked in". In this position he sat for many hours, until dawn. The more extended his awareness became, the more the Horror lessened. In the morning, the fear had totally subsided. His realization: "I have returned from the Underworld, I resurrected from death!" Only after having been less than a week in Poona (and without having been a sannyasin), Han Marie was home again. He and his wife separated, ending a very troublesome relationship. It would become the beginning of his 10 years of ongoing Bliss, including some more Great Experiences. Peculiar was, that one night, out of total Nothingness, he ("It") spontaneously and without thinking, wrote "The Ultimate Sutra", with Maitreya Buddha as its subject, something that puzzled him for many years.

In his own words

This had nothing to do with usual anguish. However frightening, common agony is being afraid and tight. Suddenly I woke up in the middle

of the night because I was thrown in a totally different state. Suddenly I was aware of being in the midst of the greatest fear. I was absorbed by an Ocean of frightening agony. Anguish poured in and spread through and around me. The Sea had no limits, very threatening dark Waves were constantly moving toward me and back, everything happened with enormous intensity. It was very immediate, direct and timeless. It was The Ultimate Terror.

In less than a moment I felt my body decomposing. It went incredibly fast. A terrible smell of decay penetrated me. Immediately after worms consumed my body, and there were waves of deepest ice-cold electricity. The vital energy which normally surrounded me, then dissolved into the terrifying Darkness. All that was before had gone. I had nothing left to cling to. I was totally overpowered by this dark, horrifying terror. All my emotions and thoughts, all my sense of identity had disappeared into the dark Suchness. The only thing left was my clarity mirroring the darkness, my awareness in the middle of the Ocean of Terror. In the midst of this very real and hyperactive Grey-Black Ocean, my awareness was constantly on the verge of dissolving. Keeping my alertness was a terrible struggle, as I was continuously overwhelmed by terror and despair. It was a matter of life and death.

This acute awareness lasted for many hours as I could not afford one moment of weakness. As the intensity of the terror increased, so my alertness strengthened. Spurred on by the agony of the terror, my awareness was forced to become as intense, timeless and limitless as the Black Ocean of Horror. Consequently, my awareness grew gradually and eventually became an ocean as well. From that moment on, Angst slowly weakened and finally disappeared.

Dawn arrived as I looked out of the window. For the first time I realised how long the ordeal had lasted. I also realised that this was the ultimate dying process. I had suffered the Great Death. Yes, it was really true that with this death I am a "delog" according to the Tibetan tradition. What had taken place was indeed the real meaning of the Christian resurrection. I was exhausted, but very calm and clear. I felt great benediction and I went out full of gratefulness, enjoying the early brightness of that wonderful Indian morning.

AMSTERDAM

August 1980

That morning everything was flowing. I felt so strong, bright and clear. I did everything spontaneously without thinking. I continuously gave in to something, without knowing what it was. Feeling very free, I left the house without any goal or plan. I felt absorbed by joy. Like a child I skipped

through the streets. I enjoyed a blissful overflowing feeling of being at home in the world. I sat down on a terrace.

As I was reading: 'the sound of a stone against the bamboo', suddenly Something penetrated me and my surroundings. I was immediately absorbed by It. My awareness became one with the Ocean of Being. It was limitless and undisturbable. Perception was unable to penetrate or create any ripples in it. An entire Other Reality had replaced everything else. This was something "in between", an inner connectedness of things. Everything remained as it was before, but without any meaning of itself. It was stripped of any 'apartheid'.

It was everywhere, eternally peaceful, tranquil, crystal clear and fresh. Thoughts were rare and had become insignificant. They had no power anymore and were unable to stir other thoughts. They were like empty particles emerging and then disappearing. There were neither emotions, nor concerns. It was replaced by blissful ecstasy, where body and mind ceased any activity of their own. I was absorbed in total Other-Worldliness. There was just That, the Suchness which replaced everything else. The entire visible world is both in It and outside It'. But the 'outside' is meaningless. I could see a clock, but time did not make sense. My brain had stopped functioning and my state was timeless.

There was no urge to do anything. I just laughed like a madman, since I was so full of joy. There was realisation of 'this is It'; 'this is so simple!'; 'how blissful This is' and 'what a fool I am'. Nothing was separate. However, things and events remained unchanged and went on as usual. The waiter still served on the terrace and the traffic still went by.

For one and a half hours nothing provoked any reaction in me whatsoever. It did not respond. It remained undisturbable in Itself. Then, on its own accord It subsided. Slowly leaving behind great wonder in me. Everything was new, refreshed and every footstep was my first. I as well as my entire environment were equally dear and precious. We were part of the same Whole. It was the fourth Great Experience in my life*.

*For my Tantra and Kundalini-Experiences, see Sacred Book "Origin".

THE CYCLE COMPLETED

15th of May 1983, about 3.30 pm. On the river Spaarne, Haarlem, NL.

It was so subtle, so delicate and hardly noticeable, that I do not remember the exact moment. I was suddenly absorbed by an omnipresent tranquil Clarity. Immediately this tranquillity took away every urge to do anything, whatsoever. A completely otherworldly Presence appeared to be there; a silent equanimity. I remained lying on the same spot and I felt deeply tired. It was special, because I felt heavy and light at

the same time. While falling asleep, I remained aware with sleep and alertness fusing together. My body was heavy and my mind transparent and without thoughts.

After one hour I finished sleeping and the brightness of my awareness had grown remarkably. My body was not an entity of its own anymore. It was light and felt very easy. There was no resistance, no obstacles, no special sensations and no weight. It had simply dropped off and was absorbed in the lightness of Limitless Being; in Oneness. In this One Space neither inner nor outer existed.

The acts 'I did' were entirely spontaneous, straightforward and direct. Walking, sitting, making tea and rearranging the room was totally effortless. There was no me in the doing. Discrimination of the brain had fallen off. The world had ceased to be an accumulation of things-on-their-own. Now it existed and appeared as a unity: a limitless Space; a continuum of interdependent events. Since all obstructions of the mind, such as discrimination, commentaries, associations, concepts, interpretations and conclusions had passed away, the world appeared as it is: direct and simple. Everything 'around me' was part of the Original Freshness, which is a state of awareness, where breathing almost disappears completely. This state is the highest possible simplicity.

This is the Original Homeland. It is all-embracing. Everything is as it is, perceptions are no longer able to leave any impression on the mind. There is not anything to impress on. Consciousness is empty and has no content and no sense of identity either. It is a nonexistence, utterly unmoved by what 'it sees'. Emptiness is the seeing.

The usual stress in one's head is totally absent. There is just an omnipresent lively Silence. Although events continue to happen as usual, their charge, their life and their attraction has disappeared. They are like shadows. Existence is just One Eternal Moment. Thinking of the next moments is impossible, it does not occur to you. You have been switched on into timelessness. You cannot 'look outside'. You are a prisoner of The Eternal.

How sweet this is. How pure and fresh! Yes, you are a prisoner, yet your freedom is absolute. You are not concerned at all with the world 'around you', there is no urge whatsoever to interfere. There are no worries and no emotions. It is a move into a very subtle equanimity, where you are in the world but not of it. No special events occur. There is neither excitement nor bliss, joy nor ecstasy. No special 'spiritual experience'. With awareness insensitive to whatever there is, it totally transcends here and there. It is inclusive.

The mind has disappeared. You are no more there. There are no thoughts, no energy, no identity, no self-awareness and no awareness. There is just this All Pervading Void. A Valley of Divine Calm e.g. Utter Peace. In this Eternal Moment, I am all that was, is and will be. I am the All-Embracing One, the Buddha of all Buddha's.

This was the most 'common' of my first five Great Experiences. It showed me the Bottomless Ground of existence in its simple perfection and directness, nothing special, nothing holy. With it the Cycle of Enlightenment and Unity has been completed. The highest Self-Realisation thus brought me back to everyday life. A life in which I am equal to the grass, the trees, the lily and the pond.

Chapter 2

The Cosmic Womb and Her two Cosmic Dimensions of “Creation” & Destruction

My Realization is a direct Experience of the Cosmos: Absolute Nothingness (Cosmic Womb), together with “Her” Creation Body and Destruction Body

The Ultimate Reality consists of Absolute Nothingness, the Eternal Light and the Great Death. It is the result of immediate insight. I Am that Reality without my "I" sitting in between. In Absolute Nothingness, even my Essence is "destroyed." In the Great Enlightenment I am One with the Divine while in the "Underworld" my body-mind is gone, with only my True Self left. In all those cases there is no ego, no thought, no comment, no interpretation and no memory to document the "Experience". Yet, Ultimate Reality is "1000x" more real than everyday reality. The more real Reality, the more impossible it is to define it. This I know because "I AM" is the Knowing Self. If you are Cosmic Reality - Cosmic Intelligence - the world of thought is superfluous. The mind is powerless (constricted) to grasp it. That is why the writing-down of Truth is doomed to fail right from the start. However I do my "best", I will never be able to communicate exactly what IT is. That is not a lack, but a proof of the authenticity of "my" Reality. I can only give a "taste" and that only to those who are open to it. You come closer to it, when you have contact with your "own" deepest Self.

You do not need thinking for Knowing

All this does not seem very conducive to a scientific argument. After all, science strives for the opposite. It wants to define everything. It is comparable with quantum research. The quantum are free and undetermined, as long as there is no "observer". Subjected to observation, when they are pressed into a definition, the quantum loses its aliveness. It gets fixed, hence the research cutting its own throat. Precisely because one wants to "investigate" your "object" will never be known. So it is with everything that is made into "thing". If I pick a flower to examine her, the chance to really know her is over. Real knowing is when you give up yourself. Like the drop that dissolves into the ocean. Like in Love. This does not seem to be a good message for physics. However, there is a reassuring thought. The "great successes" it has achieved apply to those areas that are least affected by the "verdinglichung": the (rude) material world. Contrary to the living world this world is in itself already "fixed", so physics can give a reasonable picture of it. With the underlying quantum world it is becoming a lot more difficult. To date, "man" has failed to integrate them into the existing concepts. What about those dimensions then that are "on the other side" of the quantum world?

We have come to the point where the boundaries of physical research are visible. The Ultimate Reality cannot be defined. All propaganda that "science can explain everything" (E. Laszlo) is based on ignorance, arrogance or deliberate deception. Science wants to play for God. It is like a religion with followers. Every time it is suggested that "now ("finally") we can unveil reality." This propaganda serves exclusively to keep the followers happy. With all the associated benefits: power, control, influence, status, career, money. Although this has to be said once, it is not a condemnation of physics as such. If it knows its boundaries, it will know with whom it is best to work together. For instance, with a discipline that can fill this "vacuum". And that is Cosmic Science. Not the "materialistic" cosmology that studies only the physical universe, but the Integral Cosmic, the AI-Inclusive, which also includes the Origin, Eternity, the Divine and Absolute Nothingness as well. In which the "methodology" consists of giving up all methods. To know that you can only REALLY know something, when you are ONE with it, that is where it is all about. And that again is only possible when you give up your ego.

What insights arise from that Unity? Knowing that I will always be mistaken... at the same time I cannot resist giving it a try. So here it goes: The Ultimate is Absolute Nothingness. If you come into direct contact with it, you will be destroyed. That is why not only my "I" (ego) disappeared, but also my Being. I could describe it as Absolute Blackness (e.g. Black Stone from mythology). It is impenetrable and bottomless at the same time. Absolute Nothingness is everywhere, it includes the entire Cosmos. As Origin it is universal and at the same time absolutely unknowable. Everything - both God (the Eternal Light, Great Consciousness) and the universe - come forth from it. At the same time (everything takes place in timelessness) both "God" and the universe return uninterrupted to the Origin. Therefore Nothingness also being called "Cosmic Womb". She does not create but gives birth and (eventually) takes everything back again. Two dimensions, both originating from Her, are responsible for this: "Birth Force and Death Force". The Divine is the "birth" aspect, while the Death Force represents returning to the Source. These forces (dimensions) are equal, opposite to each other and at the same time complementary. They form a dynamic equilibrium that moves within very subtle and narrow boundaries (the various "cosmological constants"). Within these boundaries ("fluctuations") our (living) world moves ("Web of Life"). The fluctuations lead to either expansion or, in turn, contraction of the universe. It is good to realize that both Cosmic Forces (as "aspects of the Womb") are eternally present and active. They lead to an unstable-stable Cosmos, subjected to the Eternal Law of "Growth and Destruction" to which all living (quantum and matter) belong.

Two findings support this fundamental insight. Firstly, the Californian Institute for Astrophysics published its (theoretical) findings in 1999. Conclusion: The cosmological vacuum (more extensive elaboration in Sacred Book "Origin" 3) was there before the galaxies. When I read that, I really got tears on my cheeks. Although the (physical) "vacuum" is a derivative of the Womb (and not the Womb itself), it confirms Absolute Nothingness as the Origin of the universe. The second finding is in line with this. Just as in my Threefold Cosmic Realization, the Black Holes consist of three dimensions: the Black Hole itself, its deadly attraction ("destruction") and its "birth force", the spewing of primeval energy e.g. new matter. This whole corresponds "perfectly" with "my" Absolute Nothingness, the Eternal Light and the "Underworld" ("The Great Death", see Book 3). It is safe to extend the parallels at this point. The Cosmos is ruled by the Cosmic Womb in unity with Her two Cosmic Dimensions of Birth and Death. Birth is synonymous with the Divine, it makes the universe expand (centrifugal), while the Death Force is synonymous with Super-gravity, the centripetal Power of the Womb that "sucks in" Dark Matter.

Now everything makes sense. The Light, Being, the Divine appears not to be a "dimension on its own", but has been born out of the Void, Absolute Emptiness...There thus appears to be a "Mother and Son" relationship between the two. Both the Great Light as the Great Death ("Endarkenment") are aspects of the Vacuum Beyond, of the Cosmic Womb. Absolute Nothingness is the Essence of the Great Mother, Enlightenment (Her Light Body) is Her Creative Aspect, while the Great Death is Her Destruction Body*. It corresponds fully with the archaic notion of permanent destruction and rebirth. Everything without exception - including the Divine - is born out of and returns to the Great Mother. As the Uground of Life, She embraces all existence. Through Her everything is interrelated, hence the whole of humanity (including animals, plants, rocks, clouds, rivers) are of one family. She is the true Context of life, the Source of Ekayana, the common denominator of all religions.

**The Ultimate Realization is thus threefold: Absolute Nothingness, Enlightenment (God) and the Great Death ("Endarkenment"). "I" have been Beyond (Absolute Nothingness, Nirvana) the Beyond (Full Enlightenment) of Time and Space.....*

Chapter 3

The Balanced Universe

From the merging ("Cosmic Triad") of Womb, Birth and Death Force the universe is continuously being born. This Whole is called "Cosmos". Physics ("Vacuum physics") confirms that there is a "physical vacuum" that gives birth to "virtual particles" (waves). These particles arise and disappear in the vacuum. The so-called Higgsfield converts these virtual particles into material particles. They are polar structured: matter and anti-matter. My proposition is that matter is linked to the Cosmic Birth Force (building up) and anti-matter to the Cosmic Death Force (destruction). Since the latter fluctuate, the particles also fluctuate. It is therefore not surprising that a surplus of particles is found in "measurements" (if not caused by the method!). The whole of the underlying virtual particles (waves) is called the quantum field. They are potential particles in the vacuum. The vacuum is therefore not empty, but a continuous "birth-death-graveyard". If there is a surplus of matter, then (due to the mechanism of "spin") protons, electrons, photons, atoms (elementary matter) arise, through the combination of atoms, molecules, macromolecules, cells, plants, animals and humans emerge. At the level of matter there is (indeed) an evolution from simple to complex taking place. Everything within the context of "vertical evolution" in which forms disappear into and appear from the Void. It is good to realize that even in our current creative phase of the universe the Death Force (destruction) is constantly in the background. Although birth (structure) predominates, there is "Death and Rebirth" from the beginning. The former only increasing in the course of "evolution". As mentioned above* I assume a "vertical evolution", where everything (Dark Matter) - under the guidance of Super-gravity (Destruction) - continually dies into/returns to the Cosmic Vacuum (Womb) in order to - in the Bottomlessness of the Abyss – the Ultimate Singularity - to be transformed into new Light and Life.

* See Manual "Cosmic Medicine".

Now there are scholars (E.Laszlo) who postulate the virtual quantum vacuum field as the "ultimate". To them, the Cosmos consists of the quantum world and the material world only, in continuous interaction with each other. The question of where the quantum field and its coherence are coming from is not asked. Reality is different. Information (formative power) of a certain field comes from "something" that is "higher" e.g. from beyond the field. (The psyche comes from Great Consciousness and not the other way around). The materialistic standpoint is therefore untenable. My later Realizations (see Book 3: 1980 "Amsterdam") say something very different. First I was ONE with Great Consciousness, then I was "reborn" as a "virtual" (non-material) entity, only to return (totally renewed) to a "material" self. The miracle: in my Realization I saw this process all around me. From Great Consciousness (the Eternal Transcendence which – ultimately I AM mySelf) I saw "virtual energy complexes" originating from the Great Whole "materializing" bit by bit: The process of "morphogenetic fields" (R.Sheldrake) as a self and world experience! It means that the quantum field originates from Great Consciousness (physics: vacuum) and does NOT generate itself. The materialistic view of the Cosmos is untenable. The Vacuum as the Origin of All cannot be whisked away but is a dimension of its own, a Void with the quantum field as content! Quantum physics can only be understood through Vacuum physics. Instead of "evolution" focusing on quantum only, the vacuum is the gateway to what lies beyond it: Great Consciousness followed by the Absolute Nothingness (Cosmic Womb).

Back to the macro-dimension. Due to the current fluctuation situation with its accent on expansion, the universe continues to swell. However, the destructive dimension (see above) is not included in the "observations". Therefore, in physics, there is a great ignorance about continuing "death and rebirth" of the Cosmos. How the Birth Force relates to the Death Force is completely unknown territory! An example of how relative expressions of physics are in matters of "Ultimate Reality". We had already concluded that the uninterrupted birth of God and the

universe takes place in the Bottomlessness of the Womb. Her "Absolute Void" ("Great Yin") is responsible for the recurring Dark Matter being concentrated as a singular primeval Ur-substance. At the "same time" (in Reality there is a total absence of space and time at this level) the transformation of Dark Matter into the Light takes place (think of fire mythology from different traditions). No BigBang (BB) but a Big DeathBirth (BDB)! Through the Birth Force (Great Consciousness, Cosmic Intelligence, the Divine) "vertical evolution" develops. Note that there is no one-way traffic, but a dynamic balance between "Death and Rebirth". The "goal" of that evolution is not "progress" but Cosmic Balance! On the macro-level expansion is losing more and more energy. Until it is exhausted: alive matter becoming dead "Dark" Matter. In this Great Turning Point it comes under the protection of the Destructive Force (Super-gravity), the Cosmic Force "leading" Dark Matter on its way back to the Mother's Womb. This is an uninterrupted process. Contrary to my concept of a "Universe in Balance", the "cyclic" universe f.i. according to P.Steinhardt and N.Turok assumes a linear period of time between the death of the old universe and the birth of a new one. Although it is based on forces of contraction and expansion, and thus has a kinship with my model, this linear-cyclic model is nevertheless wrong. The cause: it does not know the Womb with Her two Cosmic Forces of "Birth and Death" that uninterruptedly rules existence. If only they had read J.W. von Goethe! He speaks of "Stirb und Werde" which takes place in the Lap of the "Ewig-Weibliche" (Eternal Feminine).

Evolution is vertical: New forms are like bubbles coming up from
and disappear again into a (volcanic) geyser

Chapter 4

New Physics and its hypothesis

Physics 1)

...the idea of a First Cause sounds somewhat fishy in the light of modern theory of quantum mechanics. According to the most commonly accepted interpretation of quantum mechanics, individual subatomic particles can behave in unpredictable ways and there are numerous random, uncaused events (Morris, 1997, 19).

There is still more remarkable possibility, which is the creation of matter from a state of zero energy. This possibility arises because energy can be both positive and negative. The energy of motion or the energy of mass is always positive, but the energy of attraction, such as that due to certain types of gravitational or electro-magnetic field is negative.

Matter appears spontaneously out of empty space. The question then arises, did the primeval bang possess energy, or is the entire universe a state of zero energy, with the energy of all the material offset by negative energy of the gravitational attraction?

My physics 1)

This is another way of saying that the universe is ruled by the Cosmic Forces of "Creation and Destruction".

Physics 2)

Once our minds accept the mutability of matter and the new idea of the vacuum, we can speculate on the origin of the biggest thing we know - the universe. Maybe the universe itself sprang into existence out of nothingness - a gigantic vacuum fluctuation which we know today as the big bang. Remarkably, the laws of modern physics allow for this possibility. (Pagels, 1982, 247).

Where did all the matter and radiation in the universe come from in the first place? Recent intriguing theoretical research by physicists such as Steven Weinberg of Harvard and Ya. B. Zel'dovich in Moscow suggests that the universe began as a perfect vacuum and that all the particles of the material world were created from the expansion of space...

Decisive is that the Vacuum is the context of a fluctuating mass (energy), that continuously emerges and disappears from and into that selfsame Vacuum (J.Wheeler).

Because there is such a law like gravity, the universe can and will create itself from nothing (S.Hawking "The Grand Design).

"Before my birth I had no problem with my non-existence, that's why after my death I won't have them either" (Mark Twain)

My Physics 2)

What Hawking doesn't say or know.....is that gravity runs parallel to the centripetal ("death") Cosmic Force of the Vacuum, the latter returning matter to the Cosmic Womb (2010 Han Marie Stiekema).

The Vacuum has three different Dimensions. First of all Her Bottomless Abyss or Absolute Nothingness. From there the two Cosmic Dimensions originate: Her Light Body (the Divine, Great Consciousness) – containing all energy, and Her Destruction Body, also called Super-Gravity, containing "Dark Matter" (2010 Han Marie Stiekema).

I'll do my best to describe it as clear as possible. Ultimately, there is the Cosmic Vacuum. This Vacuum includes all that exists. The latter is the content of the former. It thus goes far beyond any imagination. It is a Cosmic Abyss, in which everything continuously disappears, while at the same time being born out of it. This process is parthenogenetic, which means that no other principle is involved. The Vacuum is giving birth through a "turning point" - where death changes into birth - in the Depth of its unfathomable Bottomlessness. Its major Cosmic Forces are centrifugal ("birth") and centripetal ("death")(experienced by me in the Great Horror). Both constitute a Cosmic Balance between creation, destruction and permanence, the former only allowing tiny (but important) fluctuations.

Excursion: Paleo-endocrinology

Is oestrogen an evolutionary recent hormone? The opposite appears to be the case. Recently, dr. Thornton could determine with the help of genetics that 450 million years the first and oldest steroid receptor was an oestrogen receptor. This primordial mother receptor preceded the androgen receptor, which binds the male hormone, by 50 million years. That Eve originated from Adams' material is thus scientifically highly improbable. To the contrary, Eve's material proves to be (much) older than Adam's (Prof.dr.J.C. Netelenbos).

There are several Realms coming out of this "Cosmic Womb". They can be best described as emanations. The first Body is the Eternal Light (the Divine, God, BuddhaNature). Its Essence is so subtle - transparent - that it is invisible. (However, physics has managed to somehow confirm its existence). Because "death and rebirth" of the Divine Dimension is taking place in timelessness....Divine Substance continuously disappears into the Womb, while **"at the SAME time"** "an equal amount" is being born..... giving us the impression..... of God Unchanging, of the Absolute. However, not the Divine is Absolute, but the (Non)Reality Beyond - the Cosmic Vacuum - is. "God" proves to be the Son of His (Its) Mother..... uninterruptedly renewing "Himself" through Her Bottomlessness.

Physics 3)

The sum total of all energy in the universe is zero. (Hawking, 1988, 129).

It is possible to settle the issue by a simple calculation. Astronomers can measure the masses of galaxies, their average separation, and their speeds of recession. Putting these numbers into a formula yields a quantity which some physicists have interpreted as the total energy of the universe. The answer does indeed come out to be zero within the observational accuracy. The reason for this distinctive result has long been a source of puzzlement to cosmologists. Some have suggested that there is a deep cosmic principle at work which requires the universe to have exactly zero energy. If that is so the Cosmos can follow the path of least resistance, coming into existence without requiring any input of matter or energy at all. (Davies, 1983, 31-32).

Because it exists in a vacuum, ZPE (Zero Point Energy) is homogeneous (uniform) and isotropic (identical in all directions) as well as ubiquitous (exists everywhere). In addition, the intensity of the energy at any frequency is proportional to the cube of that frequency. Consequently, the intensity of the energy field increases without limit as the frequency increases resulting in an infinite energy density for the radiation spectrum. With the introduction of the ZPE into the classical electron theory, a vacuum at a temperature of absolute zero is no longer considered empty of all electromagnetic fields. Instead, the vacuum is now considered as filled with randomly fluctuating fields having the ZPE spectrum. (<http://www.zpower.net/zpe.htm>).

To a number of physicists (L. de Brogli, M. Planck, Heisenberg i.e.) the Vacuum is considered to be (to give birth to) Cosmic Intelligence – indeed, Ultimate Consciousness.

Materialization

Crucial for the understanding of life and how it comes into being is the process of materialization. Physicists tell us the following:

At the base of all and everything is the Vacuum. Its content is the "Skalar-field" or "Vacuum-potential". It is equal to the above-mentioned "Zero Point Energy", which is ubiquitous. Through import of energy ("spin") the field is producing "probability waves", which are still "virtual". Together they form "interference fields". The potentiality of these electromagnetic waves may fertilize existent matter. It depends on if the latter contain structures that can resonate. If so, the wave collapses in the process, while photons/quantum particles are formed. Virtuality has become reality! It is this way how power/energy is being transmitted all the way from the Origin to materialization (after Dr.U.Warnke).

How this all works in daily life can't be better illustrated, but through my own experience. At a particular moment I got the "idea" of starting my work in Japan. (I have lived in Japan for one year). This desire caused a "spin" in the "Vacuum-field" through which "virtual electromagnetic waves" were created. The "spin" gave these waves a certain "direction". Since it came from existing desires (even connected to deep unfulfilled longing) these waves could easily resonate with my emotional complex. So, they became reality, leading to concrete enthusiasm, ideas, plans and actions.

The night after I got a dream. I was part of a group. The last day there would be an excursion (Japan!). I met a woman whom I didn't know. Just nice, I didn't even know her name. I invited her to go with me. Just before leaving I unexpectedly met B., a girl I was in love with when I was young. She appeared to be blind. We immediately had a deep and enjoyable contact. I explained the situation to the woman and said I felt sorry. B. subsequently joyfully showed her new dress to the woman, the latter genuinely admiring it. I had found B. and had totally forgotten the day excursion.

The energy for the "spin" first came from my ego-desire. The latter alienated me from the Whole, reason for the "Mother" to send me a "corrective" dream. The first woman is my ego-choice (equal to go to Japan). It proved to be superficial. To go to the day excursion with her didn't have real meaning. That changed immediately after I met B. This energy of joy and love re-connected me with the Whole of existence, subsequently changing the direction of the "spin". This time the waves originating from it didn't resonate with my unprocessed desires, but with the

waves of my entire Being. That's why "I forgot everything else". The lesson: the Vacuum doesn't tolerate individual impulses that disturb Cosmic Balance. That's why "it sent B. to me" ("spin" caused by the centrifugal Force of the Vacuum, from Eternity, aiming at maintaining Wholeness). It made me aware of the value of listening to my deepest intuitions. The function of the Vacuum (Cosmic Mother) is thus to bring you "back home" i.e. to become part of Her Web of Life, once again.

Dreams come out of the "virtual world". Because they originate from a virtual-field, content of the Origin, the Vacuum, (synonymous to C.G.Jung's "collective unconscious"), they are also more real. That's why we are able to remember them. The more real, the greater the meaning they have to your life. Once understood, we may give our life a totally new direction. Once having received the desire to become Whole, this inner force is changing the direction of the previously self-centred "spin" i.e. electromagnetic waves. In their turn the latter now start resonating with the ubiquitous field of the Whole of Creation. Through this contact the Whole will reveal to you the specific gap you have to fill in, a space through which you have to realize your unique contribution to re-creating the world. It immediately brings you back to a recognition of "what to be or/and to do on this Earth". This will subsequently materialize in reality. The Mother Vacuum not only corrects but also guides! One hour after my dream She "whispered" Her "instructions" for a next step into my innermost Core: to add "Cosmic Mother Cancer Healing"* (before never thought of) to my work.....

Black Holes Revisited

Through the centrifugal Cosmic Forces the Light - God - "in its turn" is giving birth to the Material Body (emanation) of the Cosmic Womb. First as "morphogenetic fields" (R.Sheldrake) or intertwined invisible quantum energy patterns (also called: "vacuum potential"), consisting of highly intensive electromagnetic fields, subsequently manifesting themselves in the visible dynamic interaction of structures and events. Depending on the character of the fluctuations - universes, worlds, the Earth or people - the emphasis is either on decay or bloom. Nowadays it is clearly a time of decay. Human accumulations have disturbed Cosmic Balance, therefore it responds with destruction!

It is still unknown, if there is only one universe or several. If the latter is true, then there will be several layers of them, all with an opening to one or more Black Holes. According to modern research Black Holes are the outcome of the death of a star. From here speculations start. But isn't the central question: why do stars die? Is it simply because their thermal potentiality exhausts? But why do they exhaust? Spiritual Insight about the Great Mother gives the answer. The answer is: because beyond our visible universe there exists a Cosmic Vacuum. It is this "Womb" that draws everything (matter) in, while at the same time shooting energy out. The Holes - as Her manifestations - are a "local" Centre of destruction and creation. It sheds a totally new light on what Black Holes really are. Indeed, they are Gates to the Primordial Ground of Regeneration - the UrMutter - relentlessly renewing the universe.

Physics 4)

BREAKING BBC NEWS 09.01.2009

Black Holes "preceded galaxies"

The evidence was unveiled at the 213th American Astronomical Society meeting in Long Beach, California. How incredibly exciting. What was previously known is that there is a link between the masses of Black Holes and the central "bulges" of stars and gas in galaxies. The news is, that "scientists have been able to measure black-hole and bulge masses in several galaxies seen as they were in the first billion years after the Big Bang (Fabian Walter, Max-Planck Institute for Radio astronomy, Bonn, Germany). The conclusion: "The constant ratio may not hold in the early universe", therefore, "Black Holes started growing first". (Dr. Chr.Carilli, US National Radio Astronomy Observatory, Socorro, New Mexico). They are the "channels" along which the centrifugal and centripetal cosmic forces operate! It complies fully with my Threefold Cosmic Realization, having granted me insight into Cosmic Hierarchy with Absolute

Nothingness as the Origin of all, the Power of Nothingness uninterruptedly destroying and creating the universe. I cannot get over it!!! Tears.....

In the everyday world, energy is always unalterably fixed; the law of energy conservation is a cornerstone of classical physics. But in the quantum micro world, energy can appear and disappear out of nowhere in a spontaneous and unpredictable fashion. (Davies, 1983, 162).

The uncertainty principle implies that particles can come into existence for short periods of time even when there is not enough energy to create them. In effect, they are created from uncertainties in energy. One could say that they briefly "borrow" the energy required for their creation, and then, a short time later, they pay the "debt" back and disappear again. Since these particles do not have a permanent existence, they are called virtual particles. (Morris, 1990, 24).

Even though we can't see them, we know that these virtual particles are "really there" in empty space because they leave a detectable trace of their activities. One effect of virtual photons, e.g., is to produce a tiny shift in the energy levels of atoms. They also cause an equally tiny change in the magnetic moment of electrons. These minute but significant alterations have been very accurately measured using spectroscopic techniques. (Davies, 1994, 32).

In modern physics, there is no such thing as "nothing." Even in a perfect vacuum, pairs of virtual particles are constantly being created and destroyed. The existence of these particles is no mathematical fiction. Though they cannot be directly observed, the effects they create are quite real. The assumption that they exist leads to predictions that have been confirmed by experiment to a high degree of accuracy. (Morris, 1990, 25).

Physics 5)

Electromagnetic fields determine the functions of our body. However, these forces don't exist "on their own". They constitute the content of space and only a little bit of it. We and all other living creatures consist mainly of a Vacuum (99,99%!). Therefore, it is the Vacuum that is the foundation of life and not matter. Matter provides resonance between the energies, everything in the context of "Emptiness", though. (after Dr. U.Warnke, 1997).

My Physics 6)

Lisa Randall, a physicist from Harvard postulates "a fifth dimension", beyond space and time. Her observations may sound "revolutionary" in the ears of the uninitiated. However, if you only go within "a little", you will discover that Reality is much more spectacular. The entire universe is embedded in a Cosmic Vacuum or Womb. She is the Ultimate Emptiness that is giving birth to several emanations to start with Consciousness (the Divine, the Light), the latter containing "morphogenetic patterns" or the "blueprints of matter". Both the Mother and Her Light Body incessantly permeate all "lower" dimensions e.g. matter, taking care of continuous "birth and death" i.e. regeneration. Her cosmic forces of creation* (centrifugal) and death* (centripetal) are maintaining the gravitational equilibrium, the "balance between the gravitational binding energy and the internal energy opposing gravity" (M.Begelman). Everything "added up" results not in five but in seven (or ten) dimensions (i.e. Womb, the Divine, blueprints (together called "skalar-field" or "vacuum-potential"), the four dimensions of space and time).....in which Essence and matter are intimately merged (2010 Han Marie Stiekema).

* Kinetic, creation or "Birth matter" is centrifugal, vital energy renewing the universe, while "Dark matter" is centripetal, "death matter", i.e. on its way back to the Womb.

Summarizing

Much of the research in physics I don't understand. It is partly because its language isn't familiar to me; the mathematical calculations are much too technical, while the details are much too specific. The more surprising is that the underlying Reality - the general concepts - I understand

very well, I even knew it before I read about any research in physics. Cosmic Realization and physics are complementary: different approaches to the same Reality.

The foundation of all life, and therefore of healing is the Vacuum or Cosmic Womb. Its Mystery is Her Bottomlessness. Absolute Emptiness or Nothingness goes beyond any imagination. It probably has been there "from Eternity". Absolute Emptiness is the Origin of energy. That means that somehow deep in Her unfathomable Abyss "Dark Matter" turns into an extreme e.g. acute accumulation of matter, so incredibly concentrated, that it ignites. This is the "birth" aspect of the Womb. Its direction is "centrifugal", that means that it moves toward "materialization" i.e. from the "Centre" to the "periphery". On the other hand, knowing that Creation and Destruction are cancelling each other out, with the universe as "zero-energy", future physics may reject the Big Bang theory altogether. Imagine for a moment the Cosmic Vacuum, in which "virtual waves" appear and disappear, without interruption. Through fluctuations these waves materialize. No Big Bang needed to explain the birth of the universe!

Miraculously, where physics needs to do much effort to approach the Origin form without, Cosmic or God-Experience effortlessly realizes it from within. Like in my Threefold Cosmic Realization, where my entire Being was suddenly wiped out by a (supernatural) Lightning, only leaving Total Blackness behind. It is the situation, where humans are directly confronted with the Absolute Emptiness of the Cosmic Womb. This happens to only a few people. On the other hand, to dissolve into the Light occurs in many more men and women. It is a condition called "Enlightenment". With me, it happened immediately after my Annihilation. First the Darkness, then the Light. Conclusion: Light is born out of Darkness. It confirms the Vacuum as being the primordial Ground of all life. It is the Ultimate Healing, meaning that deep within you ARE the limitless and timeless Light. On that level there is only Light, everything else: your ego, your body-awareness, your thinking, your energy, yes, even your surroundings: the grass, the trees, the flowers, the birds, the house, the people....everything has become One with the Eternal Light. In my case this lasted the whole day. But this wasn't all. The same night I was confronted with an Ocean of Horror.

Right now we have gone through the Vacuum and Its/Her Creative i.e. Destructive Cosmic Powers, with the Eternal Light as the firstborn Plane of Existence. From here a Cycle is determining the process. Through the Womb's (Mother's) Centrifugal Force the Divine (Intelligent) Virtual Field is "activated" in such way that electrons are coming into (material) reality, which transfers power to manifestation, which is the birth of the physical world. Or: resonance is taking place with already existing energy, through which the latter is transformed. This is how the world is (continuously) coming into existence. More specific is the interference with us humans. By focusing on something - anything - the electrons of this "anything" are streamlined according to the direction of our goal. This is called "spin". Again, virtual waves will turn into "real" electrons, which means that human interference indeed "co-creates" (on the subatomic level!) the world. Because the virtual waves constitute a limitless and timeless field, changes happen everywhere. That means, that when I concentrate on the healing of somebody thousands of miles away, my healing energy will reach that person not only without effort, but also immediate, since it happens in a timeless and limitless realm.....

Creation goes from the "Centre" to the "periphery". Its Force is Centrifugal. If it would be the only force, then creation would go on unlimited. Obviously, this isn't the case. By going to the periphery the Creational Force becomes weaker and weaker. Until it becomes exhausted. This coincides with another turning point (the first one is in the Bottomlessness of the Vacuum) in which Creation turns into Destruction. Matter comes under the spell of the Centripetal Force of the Womb. This Death Force has a name: it is called "Super-Gravity". Existence is possible because of the dynamic equilibrium between the "Birth Force" and the "Death Force". The kind of matter that is returning to its Origin is "death matter" also called "dark matter". Gravity is independent of every "content" - it has no electromagnetic waves - yet it makes itself known through contact with matter. It is an indication that - like the Divine Light - it is a Primordial Force of the universe, thus directly related to the Womb HerSelf. The fluctuations between the two determine in what state energy i.e. matter is. If the Birth Force is dominating, then matter (nature, us) is in a stage of growth, if they match, then we are in a state of "permanence" - adult life - while when the Death Force is stronger, then everything is in decay.

With other words: while the Creation Force of the Womb is giving birth to the new, young, fresh and whole, Her Death Force is breaking down the old, sick, ugly and evil. These two Forces are two sides of the same coin. No birth of the new without breakdown of the old. They constitute Cosmic Balance. This is particular enlightening in a time that is suffering from the too much. Haven't we (in the West) accumulated too much wealth, property, profits, luxuries, and suffer therefore from too much stress, noise, pollution, fear, worries, loneliness, meaninglessness? Spiritually, one could say, our accumulations have derailed the Cosmic Balance. Therefore, the latter responds with emphasizing decay. This is reflected by the fact that many diseases are caused by a too much: too much stress, too much egoism, too much eating, too many toxins, too much radiation, too much fear, too many things on our heads..... Our body-mind becomes exhausted, with immune-deficiency on the one hand and self-poisoning on the other. It leads to diseases like cancer. Instead of more, more...the emphasis should be laying on less, less. It is here, that the Destructive Force of the Mother comes into play. For healing cancer is synonymous with **breaking it down**. Thus, in those cases you may pray to the Mother: "please, break down my tumour", knowing that 50% of Her Cosmic Force is supporting you!*

* Usually, spiritual and religious systems of healing emphasize "light" only, while fighting the "forces of darkness". It probably dawns to you now, that this is based on ignorance, prejudice and.... fear.

In the previous, the factors that work on an illness were elaborated. The mechanisms described have their effect on the sub-atomic - the quantum - level (only). That means that their effect on the person as a whole is (very) unpredictable. Changes on quantum-levels don't necessarily manifest themselves on the physical level. However, miracles happen and continue to happen in many cases, so, there still must be factors involved which we haven't elaborated here. The key is: all factors in play have to be optimally geared to one another. First, the trust in the Womb (Cosmic Mother) and Her Forces should be unconditional. Surrender to Her accordingly. Secondly, the mind of the healer should be Empty, a prerequisite for the Mother to work through him or her. While making contact with the client, the healer should be very conscious - watching and feeling - of his or her arm and hand contact. This can be done through conscious breathing. While breathing-out you tune in to Mother's Death Force, while during breathing-in Her Birth Force is felt. This guarantees an optimal healing transformation in the affected area, indeed, a reflection of the processes in a Black Hole. In case of a tumour and many other diseases, the diseased tissue is solid, toxic and full of accumulated waste. It therefore resists absorption of Mother Energy. It is here, that self-effort of the client comes in. In order to support resonance he or she should work along the same line as the healer: surrender to the Mother, being Empty and with "feeling awareness" of the spot involved. Working on all levels simultaneously - Mother's Emptiness, Her Cosmic Powers, a passionate desire to become healed, the feeling contact with the spot of the disorder – together they GREATLY improve the chance of being healed.

Appendix

Physics 7)

The Vacuum is carrier of fluctuating "virtual" mass that appears and disappears. For a short while enormous amounts of energy can emerge and again dissolve into Nothingness, without hurting the energy conservation law (U.Warnke).

From my Threefold Cosmic Realization I know that The Light (the Divine, Great Consciousness) is continuously disappearing into the Vacuum, while at the SAME time being reborn.

Everything that is part of (human) awareness will become reality (Heisenberg, Bohr). It is all about energy that resonates with virtual electro-magnetic waves in the Vacuum. Who thus can influence Vacuum energy, has influence on matter i.e. can create reality (U.Warnke).

My Physics 7)

By the way: atheists (like S. Hawking) believe....in Nothingness, Intelligence and the World. That's *exactly* what I also do....We only use different words.....like "Nothingness is the Mother of All Things...." (2010 Han Marie Stiekema).

Chapter 5

Lady Wisdom and the scholar

(Naar Goethe's Faust)

Dialogue between scholar "Lo" and Lady Wisdom

Parts still to be translated

("Lo" is een fictief samengesteld persoon uit verschillende bronnen, o.a. Victor J. Stenger, physicist; Deepak Chopra, New Age goeroe, Lawrence Krauss, physicist, Lynne McTaggart, Science philosopher, Ervin Laszlo, wetenschapsfilosoof en Steven Hawking, physicist)

Hun gemeenschappelijke noemer: een materialistisch wereldbeeld gebaseerd op het quantenveld als het uiteindelijke + de pretentie „alles“ wetenschappelijk te kunnen verklaren. Alles verpakt in pseudo-spiritual concepts.

On the cover van E.Laszlo "Science and the Akashi Field":
"The most brilliant, comprehensive, and intellectually satisfying integral theory of everything that I have ever read.....transcends the vision of Darwin, Newton, Einstein, the quantum pioneers, and many other scientific giants of history" Deepak Chopra, M.D.

De vraag:

Wie is er nu gek. De Lady of Lo?

Lo: Science explains everything

Lady Wisdom: Science explains very little

Lo: De mens heeft alles zelf in de hand

Lady Wisdom: Heb je soms zelf je hart, nieren, hersenen gemaakt?

Lo: The Origin of everything is the quantum field.

Lady Wisdom: The Origin of everything is the Cosmic Womb
(Absolute Nothingness)

Lo: Evolution is bottom-up: from the physical to the biological to the psychological to the spiritual, eventually including God.

Lady Wisdom: Evolution is top down:: Absolute Nothingness, the Great Consciousness, the quanten field to the psyche and the body.

Lo: Evolution is from simple to complexity.

Lady Wisdom: Evolution is horizontal (matter) and vertical (the Cosmos)

Lo: Het quantumveld is niet-materiel

Lady Wisdom: Het quantumveld is de inhoud van het vacuum en bestaat uit een veld van virtuele deeltjes.

Lo: We don't need God to explain the world.

Lady Wisdom: We don't need the judeo-christian-islamic "God" concept to explain the world

Lo: Komplexe systemen kunnen nooit uit de chaos van een "primordial vacuum" zijn ontstaan

Lady Wisdom: Het Primordiale Kosmische Vacuum is geen chaos, het is de Oergrond van het Grote Bewustzijn (Kosmische Intelligentie) dat geboorte geeft aan het quantumveld

Lo: life depends on interaction with the quantum field

Lady Wisdom: Both God and the universe originate from the Cosmic Vacuum

Lo: iets kan nooit uit het niets zijn ontstaan.

Lady Wisdom: het universum kan niet uit een voorgaand universum („metaversum“) zijn ontstaan.

Lo: Het "metaversum" heeft de informatie aan ons universum doorgegeven.

Lady Wisdom: Waar heeft het "metaversum" op zijn beurt zijn informatie vandaan?

Lo: Dat weet niemand.

Lady Wisdom: Fullness reflects the perfection of Nothingness

Lady Wisdom: Alleen uit "iets" dat van „hogere", principieel geheel andere orde is. Het iets komt uit het Niets.

Lo: the quantum field is intelligent

Lady Wisdom: the quantum field is a dynamic coherence that receives its order from Great Consciousness

Lo: Alles komt uit het quantum-vacuum

Lady Wisdom: het vacuum geeft geboorte en vernietigt

Lo: everything is connected

Lady Wisdom: Through its ego (wo)mankind is alienated from Reality

Lo: we are all connected on the “transpersonal” level (thoughts and images)

Lady Wisdom: to be connected through thoughts and images is not really being connected

Lo: Quantum field gives information to matter

Lady Wisdom: The Vacuum gives information to the quantum field

Lo: Quantum field is beyond matter

Lady Wisdom: Quantum field is a proto-matter energy field and content of the non-material Vacuum

Lo: Science is liberating people

Lady Wisdom: Science hooks people with unrealistic promises

Lo: Only scientific methods are reliable

Lady Wisdom: Science is based on observation, mathematics, theory, hypothesis, speculation, imagery and phantasy

Lo: the quantum field is the essence of life

Lady Wisdom: Hilarious!

Lo: we can explain it, hence it exists

Lady Wisdom: can you explain yourself?

Lo: the quantum field is the womb from which particles, atoms, stars, planets, animals and humans arise

Lady Wisdom: Don't insult the Real Womb!

Lo: science explains why we are here

Lady Wisdom: When you are HERE you don't feel the need to ask “why”

Lo: the quantum field was there before the Big Bang

Lady Wisdom: what was there before the quantum field?

Lo: Quantum science has found the answer to all cosmological problems

Lady Wisdom: All quantum giants (M.Planck, E.Schrödinger, N.Bohr, W.Heisenberg, A.Einstein) emphasize the Divine as the cause of the universe

Lo: the universe emerges from previous universes (“metaverse”)

Lady Wisdom: Lo moves in vicious circles

Lo: Everything can be explained through our “Integral Theory of Everything”

Lady Wisdom: explaining something and finding the Truth are two different things

Lo: The New Physics confirms that the quantum field is the most fundamental reality of the universe

Lady Wisdom: O, really?

Lo: More information leads to more empathy, solidarity and justice

Lady Wisdom: I give up!

Lo: Our model comes closest to the truth

Lady Wisdom: Man doesn't define Reality

Lo: evolution never starts from scratch (nothingness), but from the quantum-vacuum energy field

Lady Wisdom: Absolute Cosmic Nothingness contains the Highest Possible Wisdom

Lo: the visible world is non-local

Lady Wisdom: the non-visible world is non-local

Lo: We are part of the world; the world is part of us.

Lady Wisdom: Correct. More important though “We are part of the Divine and “the Divine is part of us”

Lo: Consciousness is equal to mind (thoughts, emotions, sensations, ideas, concepts, images....).

Lady Wisdom: Consciousness is the dimension beyond the mind.

Lo: The vacuum is a plenum

Lady Wisdom: the Vacuum is plenum in Emptiness (“Vol-Ledigheid”)

Lo: The quantum field explains everything

Lady Wisdom: What about vacuum physics, the ego, black holes, awareness, the Great Consciousness, Love, Cosmic Destruction, The Divine Realm, Absolute Nothingness, the Mother?

Lo: Ik ben geen materialist

Lady Wisdom: Ken jezelf voor je probeert de wereld te kennen

Chapter 6

Integral Model of Cosmic Consciousness

“Wij zijn Kosmos!”

Still to be translated

**For continuation of the English text go below
this chapter**

Ook materialistische wetenschappers spreken over “het bewustzijn”. Opzet of niet: zij verstaan hier niet datgene onder wat hedentendage wijd en zijd geaccepteerd is. Terwijl „mindfulness“ cursussen de pan uitvliegen, definiëren fysici „bewustzijn“ als het geheel van door de mind voortgebrachte gedachten en gevoelens. Over het „Echte Bewustzijn“ (bewuste gewaarzijn, het Ware Zelf) geen woord! Terwijl zij de mond vol hebben van coherentie, subtiele verbindingen tussen mensen, wordt al het „hogere“ gereduceerd tot de quantumwereld. Reden: het moet hanteerbaar, controleerbaar en manipuleerbaar zijn. Het is hetzelfde wat C.G. Jung deed: hij reduceerde de metafysische werkelijkheid tot handzame psychologische categorieën. Het is het verborgen reductionistische, materialistische gezicht van de (vele) hogepriesters van de wetenschap. Een ieder die slechts een boekje over Zen gelezen heeft, over de meer gecompliceerde leer van Eckhart of zelfs een populair New Age tijdschrift, die weet dat „bewustzijn“ je gedachtenwereld overstijgt. Bewustzijn staat gelijk met de „innerlijke waarnemer“ een innerlijke positie die een innerlijke afstand heeft ten opzichte van gedachten, emoties en verlangens. Heel gangbaar is bovendien het inzicht dat het „bewustzijn“ in Wezen leeg is. Zo heette een artikel in een blad „Lekker leeg-zijn“. Het spreekt vanzelf dat wanneer (vele) wetenschappers niet weten wat het „gewone volk“ allang weet, er behoorlijke stoornissen in de communicatie optreden. Terwijl de eersten de mond vol hebben van het „wonder van coherentie“ en het „transpersoonlijk“ contact, dat laatste ook juist tussen mensen, wordt dit geheel en al beperkt tot de uitwisseling van gedachten, beelden en gevoelens. Ook hier weer een mate van onbegrijpelijke begripsmanipulatie. „Transpersoonlijk“ betekent die dimensie die boven het persoonlijke – de gedachtenwereld - uitsteekt. En dat is het Bewustzijn. „Bewuste intentie“ is nog een ander voorbeeld van al of niet opzettelijke verwarring. Het suggereert de aanwezigheid van bewust gewaarzijn. In feite wordt ermee bedoeld: “overdracht van informatie door gedachtekracht“. Het staat gelijk met „telepathische overdracht“, mentale beïnvloeding en paranormale gaven. Het moge duidelijk zijn dat we op deze manier geen steek verder komen. Tijd voor een intensieve clean-up“.

The most important concern is the further degeneration of our culture. Je ziet het op alle gebieden: religious, politiek, ethisch, medisch, ecologisch. In deze surrogaatwereld is de eerste opdracht het terugvinden van het Ware, het Echte en het Oorspronkelijke. Wat we dringend nodig hebben zijn authentieke mensen. Diep in mijn „ziel“ weet ik dat onze Kosmos impuls universeel is. De Kosmos is geen object dat zich buiten je bevindt. Geen zoveelste New Age speeltje om je onbetekenende leven op te vrolijken. Het is daarentegen datgene wat je Zelf ten diepste Bent. Ik hoop daarom met heel mijn Hart dat ons initiatief „Wij zijn Kosmos“ de „juiste“ mensen aantrekt. Het zijn al diegenen, die de pijn van het ego, zijn zinloosheid, isolatie, vervreemding, corruptie, (zelf)bedrog, egoïsme, gewetenloosheid diep van binnen voelen. Die daardoor de kracht ontvangen om los te breken uit het leven van betekenisloze conventies, eigen voordeel, gemakzucht, lafheid en illusies. Kortom: mijn roep gaat uit naar mensen met een roeping, diegenen die zich onvoorwaardelijk in dienst willen stellen van het Geheel.

Wil je je in dienst stellen van de Kosmos, moet je eerst weten wat het is. „Kosmos“ is een krachtig concept, maar velen hebben er (logischerwijze) een eigen uitleg van. De meest gangbare is de gelijkstelling met „universum“ zoals het door de klassieke fysika wordt gedefinieerd. Het slaat op de materiële wereld „buiten ons“. Ofschoon belangrijke voorvechters reeds grondige twijfels demonstreerden, kwam de echte doorbraak pas in 1977 met „mijn“ Drievoudige Kosmische Realisatie. Het kwam onverwachts en geheel zonder mijn eigen toedoen, uitsluitend – zo ben ik overtuigd – vanwege de diepe crisis waarin de (Westerse) mensheid zichzelf heeft gestort. De kern van het nieuwe „paradigma“ is de Kosmos als een hiërarchische Orde, te beginnen bij de Oorsprong. Dit laatste is niet zoals religie ons wil doen geloven „God“, maar een Dimensie aan gene zijde (META) van „God“. Het is het diepst-mogelijke „kosmische“ inzicht, iets dat bestaande religie (judeo-christelijk-islamitisch) irrelevant maakt. Vele „groten“ uit het verleden wisten dit: Pelagius, Scotus Eriugena, Meester Eckhart, Nikolaus Cusanus, Giordano Bruno, Baruch de Spinoza, Johann Wolfgang von Goethe en vele anderen. Zij verwierpen het Christendom, niet omdat zij a-religieus waren, maar omdat zij META-religieus waren en zo de verwrongenheid van het Christendom onderkenden. Inzicht in de „opbouw“ van de Kosmische Orde waarvan wij deel zijn, is bepalend voor je deelname eraan. In de voorgaande hoofdstukken is alles eigenlijk al gezegd. Wat hier benadrukt wordt is je eigen positie in het Grote Geheel. Wie ben ik? en wat is mijn unieke plaats/rol?

Kosmische Ervaring wijst uit dat wij allen in Essentie deel van het Grote Geheel zijn. De tragiek (of de grap...) is dat slechts weinigen dit beseffen. Daar kun je heel droevig van worden (onverschilligheid is veel erger) of in lachen uitbarsten. Deden de mensen dat laatste maar. Het ego heeft ze

echter zo geblokkeerd, dat bevrijdende inzichten (tot nu toe) nog veel te zelden doorbreken. Om te vermijden dat ze hun ego op moeten geven, hebben sommige mensen een „clevere“ uitweg gevonden. Ze sieren hun zelfbeeld op met alle mogelijke „spirituele“ ideeën, concepten en voorstellingen. Daar identificeren zij zich vervolgens mee, zodat zij denken „heel spiritueel“ te zijn. In essentie is er echter niets veranderd. Het ego heeft alleen een ander jasje aangetrokken. De eerste opgave voor een ieder is te onderzoeken hoe dit bij hem of haar in elkaar steekt. Het moeilijkste moment is te moeten erkennen dat je hele zelf- en wereldbeeld op zand gebouwd is. Het is een ware identiteitscrisis: wie ben ik werkelijk achter mijn (met veel moeite) opgetrokken facade? Waarom dit zo belangrijk is? Niet alleen voor je persoonlijke authenticiteit, integriteit en geloofwaardigheid, maar in ons geval, dat je met een valse (pseudo) identiteit nooit je eigen plaats in de Kosmos zult vinden.

Integraal Kosmisch Levensplan

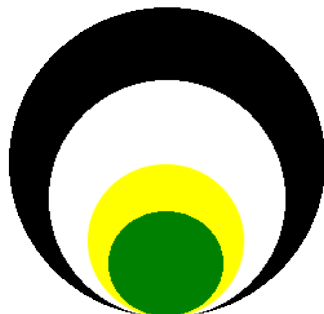
Eigenlijk zou er geen plan moeten zijn, alleen invoegen in dat wat je van Eeuwigheid al bent. Het probleem is dat je je hele huidige leven met je ego als middelpunt hebt gefunctioneerd. Daarom is het startpunt je ego. Dat wil niet zeggen dat Kosmische Heelwording een „doel“ of „project“ is. Zoals in de spiritualiteit vaker het geval is. Daar zoek je de oplossing van je problemen in het bereiken van iets – iets wat „buiten“ je ligt - wat je daarvan moet verlossen: verlichting bijvoorbeeld. Bij de Kosmos geldt echter: je bent het Al. Het gaat dus om de Weg terug naar Huis. Immers je probleem is dat je door met je ego geïdentificeerd te zijn van je eigen diepste Werkelijkheid bent afgesneden. Dit is dus HET criterium om te weten of je WERKELIJK verlangt (opnieuw) deel van de Kosmos te zijn. Een diep innerlijk verlangen vanuit je verscheurdheid naar Heelheid, daar gaat het om. In plaats van iets te willen bereiken doe je „een stapje terug“. In plaats van een (rechtlijnig) stappenplan gaat het eerder om stukjes van een legpuzzel. Elke keer wordt er een nieuw „stukje“ ingepast, zodat je Heelheid stukje bij beetje volkomener wordt. Dit idee komt overeen met de structuur van je persoonlijkheid. Deze bestaat uit het ego, het Ware Zelf en een „waaier“ aan verschillende subpersoonlijkheden. Elke mens heeft een eigen compositie, vandaar dat alleen een flexibel „model“ je verder kan helpen. .

Eerst is het noodzakelijk dat je de idee van „Wij zijn Kosmos!“ verstandelijk begrijpt. Hier treedt de subpersoonlijkheid van de „denker“ op de voorgrond. Verstandelijk begrijpen is belangrijk. Het legt de basis voor diepere intuïties. Hier komt het eerste stukje van de legpuzzel:

WIJ ZIJN KOSMOS!

Wij zijn deel van de samenleving
De samenleving is deel van de aarde
De aarde is deel van het universum
Het universum is deel van het Eeuwige Licht
Het Eeuwige Licht is deel van het Absolute Niets
(Cosmic Womb)

Als je deze logica begrijpt, ook al is het een eerste vermoeden, dan heb je een belangrijke stap gezet. Het opent de poort naar dieper inzicht. Daarbij kan de Kosmische Moeder Mandala je verder helpen. (NB. In de loop van het “proces” heeft ieder zijn/haar eigen volgorde, overeenkomstig de eigen dominante subpersoonlijkheden). Hier gaat het om visueel inzicht cq verbeelding gekoppeld aan een diepere intuïtie, alles in toenemende mate vanuit je bewuste gewaarzijn. De Mandala heeft de dynamische structuur van de Cosmic Womb. Het leent zich voortreffelijk voor meditatieve beschouwing. Dat wil zeggen je dusdanig openen dat zij steeds dieper in je in kan werken. Heeft het (ook voor jou) een „archetypische“ lading, dan weet je dat je bij een diepere laag bent aangekomen. De Womb werkt zowel top-down (TD) alsook bottom-up (BU) en wel TEGELIJKERTIJD. TD begint met het Absolute Niets (Cosmic Womb) als de Ultieme Oorsprong van Alles (zwart). De Womb geeft ononderbroken geboorte aan het Eeuwige Licht (het Goddelijke) (wit/geel) en het universum (groen). De laatste dimensie (groen) omvat ook de aarde, de mensengemeenschap en jezelf. TEGELIJKERTIJD werkt dit in omgekeerde richting: Het universum (groen) keert voortdurend terug tot het Eeuwige Licht (geel/wit), terwijl deze op zijn beurt oplost („sterft“) in de Oorsprong (zwart). Omdat deze laatste Dimensies geen tijd en ruimte kennen, heffen TD en BU elkaar op. Als iets TEGELIJKERTIJD geboren wordt en sterft, dan is het net alsof er „niets“ heeft plaatsgevonden. Daarom zeggen de religies „God is Absoluut“ en „Onveranderlijk“. Wij begrijpen nu dat het Ware Absolute Zich aan gene zijde van „God“ bevindt: het is de Cosmic Womb!



Ik denk op dit punt aan “de spelende mens” of beter nog kind. Het heeft zijn/haar speelkamer vol met interessante voorwerpen. Nu speelt het weer met dit; een ander moment met dat. Het is volledig betrokken bij de dingen die hem interesseren. Zo zie ik de mens in de speelkamer van de

Kosmos (NB. Ik denk uitdrukkelijk niet aan “speeltjes” zoals „video-games! waarbij het kind niet speelt, maar gespeeld wordt). Van de structuur van de Kosmos steken we nu over naar de eerste en meest fundamentele stap naar Heelheid. Het begint met de erkenning dat je in je ego gevangen bent. Waren de eerste stappen nog vrijblijvend, nodigt deze stap je uit tot actieve deelname. Door de pijn (verlatenheid, angst, zinloosheid, lijden, problemen, zorgen) van je ego-bestaan toe te laten in je innerlijk, wordt het verlangen naar Heelwording geboren. Moed als subpersoonlijkheid zal je hierbij zeker ondersteunen. Dit koppelt je nu aan het inzicht (boven verkregen) in de Cosmic Womb die al je ellende onvoorwaardelijk in Haar Leegte terugneemt. Dit stukje van de legpuzzel werpt een kardinale barrière op. Het confronteert je met de noodzaak je ego op te geven. Aangezien je je ego als „kern“ van je persoonlijkheid ervaart, staat dit gelijk met „sterven“. Hetgeen existentiële angst oproepen kan. Je vertrouwen in de Kosmos en met name in zijn belofte van „opnieuw geboren worden“ wordt hier danig op de proef gesteld. Jezelf opgeven zonder dat je weet wat je er voor terugkrijgt. Vergelijk jezelf met een rups die sterven moet om een vlinder te worden. Het eerste hulpmiddel is dat je ten allen tijden „in je bewuste gewaarzijn“ – gekoppeld aan bewust lichaamscontact - blijft. Ben je je innerlijke waarnemer dan is dat het houvast, van waaruit je je ego (gemakkelijk) kunt loslaten. Je Hart als subpersoonlijkheid, dat deel van je dat naar liefde hunkert cq zijn geluk vindt door zichzelf weg te schenken, kan hier een cruciale rol vervullen. Vanuit het principe: „wat je zoekt dat ben je al“ volgt hier de integrale dagelijkse praktijk van eenheid met de Kosmos. Het is een „oefening“ die je „24“ uur per dag doet. Ten eerste voel je bewust het contact van je voetzolen met de grond. Geen concentratie maar openstaan voor de gewaarwordingen. Het tweede is gebaseerd op het Nederlandse gezegde „er achter komen“.* Het heeft een dubbele betekenis: inzicht door innerlijk een „stapje terug te doen“. Het Grote Bewustzijn projecteert zich aan je achterkant! Daarom voel je doorlopend het bewuste contact van je rug (inclusief je achterhoofd) met de kleding, met de stoel en je bed. Door hiervoor open te staan heb je je contact met de Kosmos uitgebreid. Eerst je gedachten (je intentie), dan je bewuste gewaarzijn, je lichaam en nu de uitbreiding naar het Goddelijke. Dit wordt ondersteund door de voorstelling van de Kosmische Womb Mandala. Bij het voelen van je rug „zie“ je voortdurend de Mandala geprojecteerd, als wordt deze van buitenaf op je rug „gebeamd“. Zo loop, sta, lig je voortdurend in de „aura“ van de Kosmos. Door dit ononderbroken te doen, raak je er zo mee verweven, dat je er – met de Werkelijkheid van de Kosmos – uiteindelijk mee samenvalt.

Drie opmerkingen: Ten eerste is overgave aan de Cosmic Womb een intentie, een uitdrukking van je bereidheid. De concrete Ervaring van het Absolute Niets (zoals ik die heb ervaren) is zo zeldzaam, dat je het als mogelijkheid kunt uitsluiten. Geef je je ego op, dan wordt je Ware Zelf

geboren, nooit kom je daarbij in een „vrije val“ (mits je de aanwijzingen volgt). Dit ter geruststelling. Ten tweede: de studie van Grote Ervaringen van degenen „die je hierin voorgingen“. Bijvoorbeeld zoals ik die in mijn eerste hoofdstuk heb beschreven. Door deze teksten meditatief in je op te nemen, ontstaat basisvertrouwen. „Als een normaal mens als Han HET ervaren heeft, staat het open voor alle andere normale mensen“. Niks heiligs, niks buitengewoons. De Ervaring is toegankelijk voor iedereen, om de eenvoudige reden dat wij allen zonder uitzondering deel van de Kosmos zijn. Velen zijn gegrepen door de voorstelling van de Al-Inklusieve Kosmische Moeder, verlengstuk van de Cosmic Womb. Het Moeder-archetype drukt moederlijke liefde, zorg en bescherming uit*. Ten derde: Ook uit de studie van de Mandala weet je, dat door het loslaten van je ego („sterven“) (BU), je (wetmatig) in de fase van het Goddelijke (geel/wit) belandt. Terwijl het ego zijn dominante plaats in je systeem opgeeft, wordt het Ware Zelf, je Wezen, je Essentie geboren.

*In al mijn werken wordt de Kosmische Moeder als Oorsprong van God en het universum, benadrukt.

Tot slot de „Hemel & Aarde Oefeningen“ veelvuldig beschreven en bejubeld. Deze worden Tiendi Qigong of ook de Levensboom genoemd. Ik mag wel vermelden dat ik ze in het Behei park te Beijing, China aan de mensen daar heb voorgesteld. Ze waren zonder uitzondering diep onder de indruk. „Dit is het Oer-Qigong“ riep een man uit en „dat niemand in onze lange traditie dat eerder heeft ontdekt“. De Kosmos als directe ervaring, dat is inderdaad uniek. Daarom is het de bekroning van onze „Wij zijn Kosmos!“ beweging. En....het is ongelooflijk simpel. Dat wil zeggen in principe. Het van binnenuit laten ontstaan is waar het om draait. Bij sommigen gebeurt dat spontaan, anderen moeten veel oefenen, terwijl een minderheid het nooit „onder de knie krijgt“. Dit komt omdat ook hier het om overgave gaat, overgave aan de Kosmische Krachten. Die Krachten zijn er altijd, de kunst is om met ze in harmonie te zijn. Wij zijn zo geconditioneerd op het „zelf-doen“ dat het „spontaan en zonder inspanning laten gebeuren“ inspanning geeft. De subpersoonlijkheid die naar balans en harmonie streeft kan in de eerste fase nuttig zijn. Al heel gauw laat je ook die los. Want alles wat er tussen jou en de Kosmos zit – hoe „positief“ ook – is een belemmering. De oefeningen zijn een test voor je „innerlijke onschuld“. Terwijl jij naakt bent word je door de Kosmos gekleed. De drie grote krachten in dit spel zijn de Aarde, de Hemel en het (je) Hart.

Hoe gaat het in „zijn werk?“

Je staat op de grond met je rug vertikaal maar soepel. Je voeten iets van elkaar (20 cm) en je knieën minimaal gebogen (net dat ze niet op slot zitten). Je ontspant je zo, dat het gewicht van je lichaam in je voeten bemerkbaar wordt. Dit is je uitgangspunt. Is het voet-grondcontact stevig

verankerd, beginnen je armen die langs zij je lichaam "hangen" zich langzaam op te richten. En wel symmetrisch. Eerst je handen en dan de rest van je armen. Cruciaal is dat er vanaf het begin een direct contact ontstaat tussen het in de aarde geworteld-zijn en de oprichtende beweging van je armen. Of anders gezegd. De bewegingen worden niet door jou gestuurd, maar door het grondcontact. Door jezelf voortdurend te ontspannen, wordt het gevoelde gewicht van je lichaam in je voeten steeds intensiever en daardoor het contact met de Aarde. Nu komt het: Door dit zo te laten gebeuren, krijgt de beweging naar boven van de armen een natuurlijke ondersteuning. Hoe intensiever het aardecontact, hoe spontaner de armen naar boven gaan. Door toe te geven aan de zwaartekracht bewegen je armen zich spontaan naar de „hemel“. Jijzelf stuurt niet. Je zit er niet tussen met gedachten, intenties of „push“. Hemel en Aarde sturen de bewegingen, niet jij. Wel volgen de bewegingen vier criteria: links en rechts zijn symmetrisch, ze verlopen HEEL langzaam, er zijn af en toe korte pauzes en jij volgt alles met je bewuste invoelende gewaarzijn. Het gevolg: je laat Hemel en Aarde bepalen „wat zij met jouw armen willen“. Dit laat je 10-20 of meer minuten gebeuren. Wat er ontstaat is een uniek patroon aan „kosmisch-spontane bewegingen, alles puur "van binnenuit". In het optimale geval weet jij niet welke kant de bewegingen opgaan. Elke keer is het weer totaal anders. Net als een toekijkende buitenstaander sta ook jij verwonderd te kijken wat de Kosmos met je doet.

„Een kind kan de was doen“. Een kind wel maar volwassenen vaak niet. Het is iedere keer weer hetzelfde probleem: ons ego zit overal tussen. Nou zit je in het paradijs en het ego verpest het. Dit is het beeld van hoe het met je gesteld is in je verdere leven. Dit is het eerste resultaat: het verschilbewustzijn tussen kosmisch leven en het ego. Een waardevol besef, want heb je dit eenmaal meegemaakt, vergeet je (nooit) niet meer. Als het goed is word je er elke keer weer naar toegetrokken. Het Kosmische houdt echter veel meer in. Door toe te geven aan de zwaartekracht word je sterk met de Aarde verbonden. Je merkt dat de Aarde aan je trekt. Je besef (ook) deel van de Aarde te zijn, wordt hierdoor versterkt. Voordat je uit eigen ervaring kunt zeggen „Ik ben Kosmos!“ daar gaat echter een lange(re) tijd van oefening overheen. Waarschijnlijk de rest van je leven. Maar dit is nog niet alles. Door toe te geven aan de aardekracht gaan niet alleen je armen spontaan bewegen maar wordt het in je hoofd steeds „leger“. Steeds minder gedachten, beelden en emoties komen er in je op. Zodat je beseft puur bewustzijn te zijn. Dit Pure Bewustzijn is synoniem met „Hemel“. En inderdaad door steeds meer te verruimen WORDT het de Hemel (of Grote Bewustzijn). Je bent een Levensboom – een directe verbinding tussen „Hemel en Aarde“ geworden. Het midden is het Hart. De geboorte van je Kosmische Hart gaat gelijk op met het (spontane) verdwijnen van je ego. Wat er over blijft is dit: in plaats van leven vanuit je ego, leef je nu vanuit de (de

verbinding met) Hemel, de Aarde en je Hart. De Hemel is de poort naar het Goddelijke (en uiteindelijk naar de Kosmische Moeder); de Aarde is de poort naar het universum en je Hart is de poort naar de mensengemeenschap, ja, naar alles wat leeft. Je symfonie van spontane bewegingen komt overeen met de „10.000 vormen“, de dans van het overal aanwezige quantum veld. En dan heb ik nog niet eens gesproken over de balans tussen linker en rechter hersenhelft en andere positieve in- en uitwerkingen op „lichaam, ziel en geest“.

Enough for today?

NB. Omdat de oefening „niets om het lijf heeft“, wordt (zeker in het begin) begeleiding door een leraar aanbevolen. Onze retreats zijn daarvoor zeer geschikt. Zie hiervoor mijn webswite.

Chapter 7

Cosmic Science about Death & Rebirth

Book of the Dead
As Revealed to the SermeS

Stages of Dissolution

To die is to retire from this life and to return to the Source. It is a birth into the Ultimate. In this process the layers of personality are peeled off, from the periphery to the centre, one by one. It is similar to what happens in meditation. Those who meditate (the right way!), know that to „die and being reborn“ is an entirely natural process. While consciously watching, layer after layer is dropped off, to such an extent, that finally only pure awareness is left. Dissolving into the Ultimate appears to be identical to Homecoming, the Unity with THAT which you really are. The layers that are subsequently disappearing are:

1. The first layer: thinking

In the first stage of dying thoughts are slowing down with or without an initial intensifying. Very often the film of life - always in reverse direction - appears in front of you. With great clarity and intensity, all memories - from the present to the beginning - reveal themselves for the last time. It is a sign that consciousness has retired itself from the front lobe of the brain, which is a matter of a few seconds only. After that few thoughts are left. They are powerless, like shadows with great space between them.

2. The second layer: emotions

In the general drawback the brain's emotional and unconscious centres come next. It moves from the frontside to the backside, fully corresponding with my early remarks that consciousness is on your backside! Here also a flare-up may manifest itself (but not necessarily!). You may become (very) anxious, fearful or agitated by the feeling of dying. Strong images either ecstatic - celestial music, angels - or horrifying - rats and devils - may appear in your mind. Energies from the collective unconsciousness may come up. It is the stage in which you may try to resist the inevitable. Of course, trying to stay in tune with the natural process - relaxing, trusting and surrendering - is the answer here.

3. The third layer: the body

In this stage the body will be dropped off, which means that it has disappeared as a „separate entity“. You don't feel it anymore. The flare-up symptoms could be e.g. deep cold, stiffness or „dying of the flesh“. At the same time your awareness has retired itself to the beyond, being totally free in itself, unhindered by any „obstruction“. It is similar to the situation where somebody is laying in coma. Although totally aware - more aware than ever before - the control over the body and its functions has been lost. These patients hear everything you say (through direct awareness), but are unable to communicate. What we thus don't realize, is that these people are enjoying the first stage of paradise.

4. The fourth layer: self-identity

Included in the state of total freedom is the loss of sense of ego-identity. All identification with what you thought you were - your old identity - has disappeared. There is nothing left of who you were, your abilities, functions, relationships or worldly situation. You have become pure awareness, your True Self instead.

*At this stage you have left your body-mind – your
earthly part - behind*

5. The fifth layer: Satori

Very soon the limitations of awareness will evaporate too. This New Awareness proves to be a timeless and limitless dimension, a Space of great clarity, empty of everything that was there before. It is the Realization of Unity where all contradictions have melted into Oneness. It is cool and ecstatic, empty and full, serene, peaceful and „at the same time“ utterly alive. It is the dimension in which there is only Being.

Satori is so transparent, that it doesn't have any „Substance of Its Own" anymore. It is the Dimension of the Void. No any transcendental quality, no emotion, neither ecstasy, nor joy is left here. Only an utter serene Nothingness, an Ocean of Eternal Calm is left. Consciousness has become so subtle, „all life has gone out of it". It is the State of Absolute Peace.

At this stage your spirit has dissolved into Buddhahood

6. The seventh layer: Full Enlightenment

The „transcendental flare-up" (...) of Being is Enlightenment. It is the triumph of the Divine in its utmost glory. Being imbued in Eternal Light, THAT which you are, is „indescribable". Insight into the Cosmos, KNOWING and transcendental joy fuse. You are Paradise, the All-embracing One Itself.

7. The seventh layer: The Cosmic Mother

Now there is only one step left: that into the Abyss, the Great Unknown, the Dark Cosmic Womb, a step we will never come to know. Because Enlightenment disappears and is being reborn in the SELFSAME Eternal Moment. If something returns in the SAME Moment, it is as if it had never disappeared. I call this Ultimate Non-Dimension the Cosmic Mother – also called Cosmic Vacuum.

Consolation

- * In dying everybody without any exception will become Enlightened
 - * It is the true meaning of "God is Love"
- * Have no fear: To die is a most natural process in which everything goes by itself
 - * By unconditional surrender you will facilitate the initial stages
 - * From the third layer on, nothing can be done anymore:
the Unlimited has taken over
 - * Everything without exception dies and is reborn
in The Cosmic Mother

Rebirth I

There is quite some confusion about being "reborn". E.g. in the US Christians talk about "being born again". It suggests a total renewal of their entire Being. In Reality this isn't the case. What happens is the following. People suffer because of meaninglessness, a VERY authentic feeling. They subsequently blame their worldly life for it. The latter often being a real mess, indeed. Then "they hear about Jesus" and "his promise to redeem them". This promise of "a new life" becomes irresistible, so, they give their life "into the hands of Jesus". From that

moment on they feel "being born again". With respect, because for many it indeed means being saved. However, this shift doesn't go very deep. It is all about changing identification, only. Before, your ego identified itself with material life, after it identifies with "Jesus". Actually, you make a shift from one set of values to the other. The underlying "you" remains the same, though: an ego that deep within is still VERY much afraid. Ask "who are you without Jesus" and the answer will be "nothing". The old fears still appear to be there. That's why these people cling to their savior with all their might. It is the cause of fanaticism and fundamentalism.

Rebirth II

In this case people also suffer because of meaninglessness, the same VERY authentic feeling. They subsequently may also blame their worldly life for it. The latter often being a real mess, indeed. Then "they hear about meditation" and "the promise to become liberated". This promise of "a new life" becomes irresistible, so, they go into some kind of practice, realizing that just changing identification is too superficial. Rather than "buying in to a new identification" ("a new coat") they long for dropping it all. They know you have to tackle the problem in its core: the faculty that is responsible for all identifications: the ego. They feel that you cannot solve a problem by the level from which it originated (A.Einstein), so their aim is to go beyond. Their longing is to become their True Authentic Self. The solution is to firstly become the inner observer. From there an inner distance between your New Self and the ego (thoughts, emotions and desires) is created. Result: "I am not my ego". This is authentic spiritual rebirth, simultaneously having removed the ego, putting it to where it belongs: from the centre to the periphery. Rather than being the boss, it appears to be a bundle of functions in the service of the Whole. The New Self may subsequently expand. Eventually becoming the Eternal Light in which the ego completely disappears.

Rebirth III

“Reincarnation”

We kennen allemaal de verhalen: van populair tot serieus. Mensen die beweren „in een vorig leven de Koningin van Saba“ geweest te zijn. Vooral degenen die een re-incarnatietherapie hebben ondergaan maken indruk. De herinneringen hadden een positief effect op het oplossen van hun probleem. Is dit nu het bewijs dat je vorige levens hebt doorgemaakt? De kernvraag is: „WIE herinnert zich het vorige leven?“ Als het ons eigen persoonlijke geheugen is, dan moet er wel een kern van waarheid in zitten. Vaak zijn het multipele levens die met grote stelligheid worden beschreven: een landheer uit Engeland, een Middeleeuwse monnik etc. Het feit dat deze beelden in je naar boven komen, is dat genoeg bewijs

voor JOUW persoonlijke „vorige leven? Je kunt je alle mogelijke details herinneren, zo helder en nauwkeurig, dat het lijkt alsof het echt is. Afgezien van het feit dat niemand deze details kan controleren....Is er misschien nog een andere verklaringmogelijkheid? Het is deze. Je mind is deel van de Grote Bewustzijnsruimte. In deze ruimte bevinden zich alle ervaringen van alle mensen uit alle tijden. Omdat jouw mind in contact staat met de Ruimte, kunnen er elk moment beelden uit de Grote Ruimte in jou naar boven komen. Omdat die in jouw „bewustzijn“ verschijnen, neem je automatisch aan dat ze „van jou“ zijn. Komt bij de grote helderheid van de beelden wat dit nog eens extra suggereert. Die helderheid is echter het kenmerk van de collectieve Ruimte, niet van jou. Wat er dus in je naar boven komt, zijn alle mogelijke beelden uit het collectief onderbewuste. Omdat je geen benul hebt van de herkomst, denk je dat het „jouw“ vorige levens zijn. De grap is, dat je uiteindelijk de Grote Bewustzijnsruimte BENT, samen met alle („miljarden“) beelden die het bevat. Je bent dus niet alleen die landheer of die monnik, maar ook de marktkoopman uit Brabant, een Japanse geisha, een krolse kat, een hongerige sprinkhaan.....Jouw probleem: je gebrek aan „fantasie!“

Rebirth IV

Interview “Near Death” (In reality a mind flare-up)

Q .: I have been working for some time in a hospice. There the dying were accompanied and prepared for death. Few, however, were able to explain what is actually going on during dying. You claim to have suffered a spiritual death. Would such an experience bring more insight into natural death?

A .: Certainly. Death is the rebirth into Eternity. The process takes place according to a fixed pattern. Those who died before they died know this process from personal experience.

Q .: What is this process all about?

A .: Crucial is to take your own experience seriously. E.g. in meditation. What strikes is that already in the first stage, thinking disappears. Together with the birth of your inner observer. What does this teach us? That thoughts are the outer shell of personality. Dying feels the same way. It is the same as peeling an onion. A second crucial phenomenon in meditation is that sooner or later consciousness transcends the body. The latter is then no longer perceived as a separate entity. The same in dying. Bodily feelings disappear in boundless and timeless consciousness. Also the ego - usually identified with thoughts and body - disappears. You are one with Oneness, in spirituality called Enlightenment.

Q.: This sounds very different compared to “near death” stories.

A .: Near death and actual death are two different processes. The former isn't a foretaste of what has yet to come. On the contrary, they are opposed to each other. Death is natural, it follows a natural, "preprogrammed sequence, very different from "near death" that always arises from an (unnatural) shock. Such a shock (operation, accident, etc.) causes the mind to separate from the body. Suddenly the "mind" "flies" in space. Its functions are thereby "blown up" to "infinity". While thoughts, images, experiences in natural dying are the first to disappear, in near death it is the opposite: they are "intensified", "more-dimensional", "supernatural", "ecstatic".

Q .: Wouldn't that be the proof of its transcendental nature?

A: One could describe the NDE best as a boundless ego, which is no longer held in check by the body. It is a mind flare-up. That is the nature of its experiences of a "supernatural" world. It is simply absorbed by all kinds of "energies" that are part of the "collective unconsciousness". While these experiences can be truly impressive ("Divine Light") you, the common mind, remains the same. Your personal identity hasn't changed, You "see God" but you won't become God. While true Enlightenment is to BE Eternal Space, in NDE you are IN Space. In Death the core of self is transformed, in NDE the core – your identity - remains the same. What returns to life is essentially the same person, enriched for sure with exceptional experiences, while in natural death the common mind has disappeared. Instead of (artificial) excitement of the ego, real Death goes beyond it. You have become ONE with Divine Bliss with the ONE Itself, of Divine Emptiness.

Q .: What happens next after being united with Oneness?

A .: To "you" nothing happens anymore, because you are no longer there. The Infinite-Eternal – in which you have dissolved - "carries on" with "business as usual though. That same Eternal Moment in which you die, Eternity goes on with giving birth to the infinite diversity of the universe. "You" as Divine Oneness have become the Source of "Unity in Diversity". So after death your beloved have more "direct contact with you" than before. You have become the Divine Space that is everywhere. The same Space of which your beloved is a part. So, direct communication with the "dead" is a reality. This is not the whole story. That same Space is the Birthgiver of all living forms in the universe. It is the way the Divine expresses itself. Since your beloved and the Divine are One, the grass, the trees, the birds, the river and the clouds is "his" expression as well. Something you even can experience in "normal" life. In Enlightenment You are the Eternal Space which includes everything. A comparison: "From inner stillness, you're viewing a Japanese Garden". The emptier

your silence, the more the garden appears to be a part of it. That's the wonder of it.

What you do NOT experience in the process of dying is the "Beyond the Beyond": Absolute Nothingness, the Birthground of the Eternal Light. "The infinitely compassionate Cosmos" doesn't allow it. Only in very rare cases people "are hit by it". My guess is that only in extreme times of crisis the Mother (the Cosmos) "lifts Her veil".

"No mortal man has ever lifted my veil"
(Mother Goddess Isis).

Advice
When being involved in a talk about "rebirth" you better ask
"which rebirth" is meant.....

Epilogue

Albert Einstein

"Everyone who is seriously involved in the pursuit of science becomes convinced that a spirit is manifest in the laws of the universe - a spirit vastly superior to that of man.... In this way the pursuit of science leads to a religious feeling of a special sort, which is indeed quite different from the religiosity of someone more naive".

Max Planck

"There can never be any real opposition between religion and science; for the one is the complement of the other. Every serious and reflective person realizes, I think, that the religious element in his nature must be recognized and cultivated if all the powers of the human soul are to act together in perfect balance and harmony. And indeed it was not by accident that the greatest thinkers of all ages were deeply religious souls."

"As a physicist, that is, a man who had devoted his whole life to a wholly prosaic science, the exploration of matter, no one would surely suspect me of being a fantast. And so, having studied the atom, I am telling you that there is no matter as such! All matter arises and persists only due to a force that causes the atomic particles to vibrate, holding them together in the tiniest of solar systems, the atom".

"Yet in the whole of the universe there is no force that is either intelligent or eternal, and we must therefore assume that behind this force there is a conscious, intelligent Mind or Spirit. This is the very origin of all matter."

"I regard consciousness as fundamental. I regard matter as derivative from consciousness. We cannot get behind consciousness. Everything

that we talk about, everything that we regard as existing, postulates consciousness.”

Werner Heisenberg

“Not only is the Universe stranger than we think, it is stranger than we can think.”

“The first gulp from the glass of natural sciences will turn you into an atheist, but at the bottom of the glass God is waiting for you.”

“What we observe is not nature itself, but nature exposed to our method of questioning.”

Dutch Text/Nederlandse tekst

The Cosmic Womb and Her two Cosmic Dimensions of “Creation” & Destruction

My Realization is a direct Experience of the Cosmos: Absolute Nothingness (Cosmic Womb), together with “Her” Creation Body and Destruction Body

De Ultieme Werkelijkheid bestaat uit het Absolute Niets, het Eeuwige Licht en de Het Grote Sterven, (zie chapter 1). Het is het gevolg van onmiddellijk inzicht. Ik ben die Werkelijkheid zonder dat mijn „ik“ ertussen zit. In het Absolute Niets is zelfs mijn Essentie „vernietigd“. In de Grote Verlichting ben ik één met het Goddelijke en in de „Onderwereld“ is mijn bodymind verdwenen, terwijl alleen mijn Ware Zelf Is. In alle gevallen is er geen ego, geen gedachte, geen commentaar, geen interpretatie en geen geheugen om de „Ervaring“ te dokumenteren. Toch is de Uiteindelijke Werkelijkheid „1000x“ meer werkelijk dan de alledaagse werkelijkheid. Hoe werkelijker de Werkelijkheid, des te onmogelijker deze te definiëren. Dit Weet ik omdat „ik“ het Weten Zelf Ben. Als je de Kosmische Werkelijkheid – de Kosmische Intelligentie – Bent, is de gedachtenwereld overbodig. De mind is onmachtig (vernauwd) deze te vatten. Daarom is het opschrijven van de Waarheid bij voorbaat tot mislukken gedoemd. Hoe ik hier ook mijn „best doe“, nooit zal ik precies kunnen overbrengen wat HET is. Dat is geen gebrek, maar een bewijs van de echtheid van „mijn“ Werkelijkheid zoals deze is. Ik kan alleen een „voorproefje geven“ en dat alleen maar aan diegenen die ervoor openstaan. Je komt het nader, wanneer je contact hebt met je diepste Zelf.

Voor Weten heb je geen denken nodig

Dit alles lijkt niet erg bevorderlijk voor een wetenschappelijk betoog. De wetenschap streeft immers het tegengestelde na. Het wil alles definiëren. Het is te vergelijken met het quantum onderzoek. De quanten zijn vrij en onbepaald, zolang er geen „waarnemer“ is. Onderwerpt men ze aan observatie, wil men ze in een definitie persen, dan verliest het quantum zijn leven(digheid). Het raakt gefixeerd, waardoor het onderzoek zijn eigen glazen ingooit. Juist doordat men het wil „onderzoeken“ zal men het nooit kennen. Zo is het met alles wat tot „ding“ gemaakt wordt. Pluk ik een bloem om haar te onderzoeken, is de kans haar werkelijk te kennen definitief voorbij. Werkelijk kennen is wanneer men zichzelf opgeeft. Zoals de druppel die in de ocean oplost. Zoals in de Liefde. Het lijkt geen goed bericht voor de fysika te zijn. Er is echter een geruststelling. De „grote successen“ die het heeft geboekt gelden voor die gebieden, die het minst te lijden hebben onder de „verdinglichung“: de materiele wereld. Deze wereld is op zichzelf al „gefixeerd“ tot deeltjes, dus daarvan kan de fysika een redelijk beeld geven. Met de onderliggende quantumwereld wordt het al een stuk moeilijker. Tot op heden is „men“ er niet in geslaagd deze te integreren in de bestaande concepten. Hoe staat het dan met die dimensies die zich „aan gene zijde“ van de quantumwereld bevinden?

Wij zijn op het punt gekomen, dat de grenzen van fysisch onderzoek zich aftekenen. De Uiteindelijke Werkelijkheid is niet te definiëren. Alle propaganda dat „de wetenschap alles verklaren kan“ (E. Laszlo) berust op onwetendheid, arrogantie of bewuste misleiding. De wetenschap wil voor God spelen. Het is een religie met volgelingen. Elke keer weer wordt gesuggereerd dat „wij nu („eindelijk“) de werkelijkheid definitief kunnen ontsluiten“. Deze propaganda dient uitsluitend en alleen om de volgelingen tevreden te houden. Met alle daarmee verbonden voordelen: macht, controle, invloed, status, carrière, geld. Hoewel dit een keer gezegd moet worden is het geen veroordeling van de fysika als zodanig. Als het zijn grenzen (er)kent, dan wordt het tevens helder met wie hij het best kan samenwerken. Bij voorbeeld met een „discipline“ die dit „vacuum“ kan opvullen. En dat is de Kosmische Wetenschap. Niet de „materialistische“ kosmologie die alleen het fysieke universum bestudeert, maar het Integraal-Kosmische, het Al-Inklusieve, dat ook de Oorsprong, de Eeuwigheid, het Goddelijke en het Absolute Niets insluit. Bij wie de „methodologie“ bestaat uit het opgeven van alle methoden. Die weet dat je iets alleen ECHT kunt kennen wanneer je er EEN mee bent. En dat wederom is alleen mogelijk als je je ego opgeeft.

Welke inzichten komen nu voort uit die Eenheid? Wetende dat ik er altijd naast zal zitten....kan ik het tegelijkertijd niet laten een poging te doen. Het Ultieme is het Absolute Niets. Kom je in direct contact ermee, word je vernietigd. Vandaar dat niet alleen mijn „ik“ verdween, maar ook mijn Zijn. Ik zou het kunnen omschrijven als Absolute Zwartheid (vgl Zwarte Steen uit de mythologie). Het is ondoordringbaar en bodemloos tegelijk. Het

Absolute Niets is overal, het omvat de gehele Kosmos. Als Oorsprong is het universeel en tegelijkertijd absoluut onkenbaar. Alles – zowel God (het Eeuwige Licht, het Grote Bewustzijn) als het universum – komen eruit voort. Tegelijkertijd (alles speelt zich af in tijdeloosheid) keren zowel „God“ als het universum ononderbroken terug naar de Oorsprong. Het Niets wordt daarom ook „Cosmic Womb“ genoemd. Zij creëert niet maar geeft geboorte en neemt (uiteindelijk) alles weer terug. Twee Dimensies, die beide uit Haar voortkomen zijn hiervoor verantwoordelijk: „Geboortekracht en Doodskracht“. Het Goddelijke is het „geboorte“ aspect, terwijl de (bovenbeschreven) „onderwereld“ („Het Grote Sterven“) de destructiekracht vertegenwoordigt. Deze krachten (dimensies) zijn gelijk, tegengesteld aan elkaar en tegelijkertijd complementair. Zij vormen een dynamisch evenwicht, dat zich binnen zeer subtiële en nauwe grenzen beweegt (A.Einstein: „kosmologische constante“). Binnen deze grenzen („fluctuaties“) beweegt zich onze (levende) wereld („web of life“). De fluctuaties leiden ertoe dat in het universum de expansie cq dan weer de inkrimping overweegt. Goed is te beseffen dat beide Kosmische Krachten (als „aspecten van de Womb“) eeuwig aanwezig en werkzaam zijn. Zij leiden tot een instabiele-stabiele Kosmos, een eeuwige Wet van „Geboorte en Destructie“ waaraan al het levende (quanten en materie) onderworpen is.

Twee bevindingen ondersteunen dit fundamentele inzicht. Ten eerste het Californische Instituut voor Astrofysika publiceerde in 1999 zijn (theoretische) bevindingen. Conclusie: Het kosmologische vacuum (waarover later uitgebreider) was er eerder dan de galaxieën. Toen ik dat las kreeg ik echt tranen op mijn wangen. Hoewel het „vacuum“ een afgeleide is van de Womb (en niet de Womb zelf) bevestigt het het Absolute Niets als de Oorsprong van het universum. De tweede bevinding sluit daarbij aan. Net als in mijn Drievoudige Kosmische Realisatie bestaan de Zwarte Gatzen uit drie dimensies: het Zwarte Gat-zelf, zijn dodelijke aantrekkingskracht („destructie“) en zijn „geboortekracht“, het uitspuwen van oer-energie als vormkracht voor/van nieuwe materie. Dit geheel correspondeert „perfect“ met „mijn“ Absolute Niets, het Eeuwige Licht en de „Onderwereld“ („Het Grote Sterven“, zie Chapter 1). Het is veilig om op dit punt de parallellen door te trekken. De Kosmos wordt geregeerd door de Cosmic Womb in eenheid met Haar twee Kosmische Dimensies van geboorte en sterven. Geboorte is synoniem met het Goddelijke, het doet het universum expanderen (centrifugaal), terwijl de Doodskracht synoniem is met de Superzwaartekracht, de centripetale Kracht van de Womb die de Donkere Materie in zich terugzuigt“.

Now everything makes sense. The Light, Being, the Divine appear not to be a "dimension on their own", but has been born out of the Void, Absolute Emptiness...There thus appears to be a "Mother and Son"

relationship between the two. Both the Great Light as the Great Death ("Endarkenment") are aspects of the Vacuum Beyond, of the Womb. Thus Absolute Nothingness is the Essence of the Great Mother, Enlightenment (Her Light Body) is Her Creative Aspect, while the Great Death is Her Destruction Body*. It corresponds fully with the archaic notion of permanent destruction and rebirth. Everything without exception - including the Divine - is born out and returns to the Great Mother. As the Urground of Life, She embraces all existence. Through Her everything is interrelated, hence all religions are of one family. She is the true Context of life, the Source of Ekayana, the common denominator of all religions.

**The Ultimate Realization is thus threefold: Absolute Nothingness, Enlightenment (God) and the Underworld ("Endarkenment").*

"I" have been Beyond (Absolute Nothingness, Nirvana) the Beyond (Full Enlightenment) of Time and Space

Chapter 3

The Balanced Universe

Uit het samengaan ("Kosmische Triad") van Womb, Geboorte- en Doodskracht wordt ononderbroken het universum geboren. Deze eenheid wordt „Kosmos“ genoemd. De fysika („Vacuumfysika“) bevestigt dat er een „fysiek vacuum“ bestaat, dat doorlopend geboorte geeft aan „virtuele deeltjes“ (golven). Deze deeltjes („particles“) ontstaan en verdwijnen in het vacuum. Het zgn. Higgsveld zet deze virtuele deeltjes om in materiële deeltjes. Zij zijn polair gestructureerd: materie en anti-materie. Mijn stelling is dat materie gekoppeld is aan de Kosmische Geboortekracht (opbouw) en de anti-materie aan de Kosmische Doodskracht (afbraak). Aangezien deze laatste fluctueren, fluctueren ook de deeltjes. Het is dan ook niet verwonderlijk dat er bij „metingen“ een overschot aan deeltjes wordt gevonden (als het niet door de methode wordt veroorzaakt!). Het geheel aan virtuele deeltjes (golven) wordt het quantumveld genoemd. Zij bevinden zich als potentiële deeltjes in het vacuum. Het vacuum is daarom niet leeg, maar een doorlopende „geboorte-doodsakker“. Is er een surplus aan materie, dan (door het mechanisme van „spin“) ontstaan er protonen, electronen, fotonen, atomen (elementaire materie), door het samengaan van atomen moleculen, macromoleculen, cellen, planten, dieren en mensen. Op het niveau van de materie vindt er (inderdaad) een evolutie van simpel naar complex plaats. Het is hier goed te beseffen dat ook in de creatieve fase van het universum de Doodskracht (afbraak) zich ononderbroken op de achtergrond bevindt. Hoewel geboorte (opbouw) overheerst, is er vanaf het begin sprake van „death and rebirth“. Hetgeen in de loop van de „evolutie“ alleen maar toe zal nemen. Zoals eerder vermeld* neem ik een „vertikale evolutie“ aan, waarbij alles (Donkere Materie) - onder geleide van de Superzwaartekracht (Destructie) -

voortdurend afsterft/terugkeert naar het Kosmische Vacuum (Womb) om daar – in de bodemloosheid van de Afgrond – als singulariteit – tot nieuw licht en leven getransformeerd te worden.

*Zie Manual „Cosmic Healing“.

Nu zijn er scholars (E.Laszlo) die het virtuele quantum-vacuümveld als het „uiteindelijke“ postuleren. Voor hen bestaat de Kosmos uit de quantumwereld en de materiële wereld, in voortdurende interactie met elkaar. De vraag waar het quantum-vacuümveld vandaankomt en waar zijn coherentie vandaankomt wordt niet gesteld. Informatie (vormkracht) van een bepaald veld komt echter wetmatig uit „iets“ dat „hoger“ staat cq uit gene zijde van het betreffende veld. (De psyche komt voort uit het Bewustzijn en niet andersom). Het materialistische standpunt is daarom onhoudbaar (Zie later uitvoeriger in chapter 5). Mijn latere Realisaties (zie boven 1980 „Amsterdam“) zeggen iets heel anders. Eerst was ik EEN met het Grote Bewustzijn, vervolgens werd ik „opnieuw geboren“ als een virtuele entiteit, om pas daarna (totaal vernieuwd) in mijn „stoffelijke“ zelf terug te keren. Het wonder: ditzelfde proces zag ik overal om mij heen. Uit hetzelfde Grote Bewustzijn (de Eeuwige Transcendentie) zag ik „virtuele energiecomplexen“ die uit het Grote Geheel voortkwamen en zich stukje bij beetje „materialiseerden“. Het proces van „morphogenetische velden“ (R.Sheldrake) als zelf- en wereldervaring! Het betekent dat het quantumveld uit het Grote Bewustzijn (fysika: vacuum) voortkomt en niet zichzelf genereert. Het vacuum kan niet weggemoffeld (ibid) worden maar is een „eigen“ dimensie, een Leegte met het quantumveld als inhoud! Quantumfysica kan alleen begrepen worden vanuit de Vacuumfysica. In plaats van dat de „evolutie“ bij de quanten ophoudt (ibid) is het vacuum de poort naar wat daarachter ligt: het Grote Bewustzijn met daarachter het Absolute Niets (Cosmic Womb).

Terug naar de makro-dimensie. Door de huidige fluctuatiesituatie met het accent op expansie, dijt het universum verder uit. De destructieve dimensie wordt echter niet in de „observaties“ opgenomen. Daardoor is er een grote onwetendheid over het voortdurende „sterven en opnieuw geboren“ worden van de Kosmos. Hoe de Geboortekracht zich verhoudt tot de Doodskracht is volledig onbekend terrein! Een voorbeeld ervan hoe betrekkelijk uitspraken van de fysica zijn waar het om „ultieme zaken“ gaat. We hadden reeds vastgesteld dat de ononderbroken geboorte van het universum plaatsvindt in de Bodemloosheid van de Womb. Daar heerst een „Absolute Negativiteit“ („Great Yin“) die ervoor verantwoordelijk is dat de terugkerende Donkere Materie als singuliere Oersubstantie geconcentreerd wordt. Tegelijkertijd (in die Dimensie is er een totale afwezigheid van ruimte en tijd) vindt de transformatie naar het Licht plaats (denk aan vuurmythologie uit verschillende tradities). Geen BigBang (BB) maar een Big DeathBirth (BDB)! Op geleide van de Geboortekracht (het Grote Bewustzijn, de Kosmische Intelligentie, het

Goddelijke) ontwikkelt zich de “vertikale evolutie“. Let wel: geen eenrichtingsverkeer, maar een dynamische balans tussen „sterven en opnieuw geboren worden“. Het „doel“ van die evolutie is niet „voortgang“ maar Kosmische Balans! Op het makro-niveau ontwikkelt zich de uitdijing, daarbij steeds meer energie verliezend. Tot het uitgeput is en in het Grote Omslagpunt onder de hoede van de Destructiekracht komt (Superzwaartekracht), de Kosmische Kracht die de Donkere Materie „leidt“ op zijn weg terug naar de Moederschoot. Dit is een ononderbroken proces. In tegenstelling tot mijn concept van een „Universum in Balans“ veronderstelt het cyclische universum (P.Steinhardt en N.Turok) een lineair tijdsverloop tussen inkrimping en dood van het oude universum en de geboorte van een nieuw. Ofschoon het gebaseerd is op krachten van contractie en expansie, en dus verwantschap met mijn model heeft, zit dit lineair-cyclische model er toch naast. De oorzaak: het kent de Womb niet met Haar twee Kosmische Krachten van „Geboorte en Sterven“. Hadden ze maar J.W. von Goethe gelezen. Hij spreekt van „Stirb und Werde“ hetgeen plaatsvindt in de Schoot van het „Ewig-Weibliche“.