

THE ETERNAL COSMOS

Cosmic (Wo)Man-Cosmic META Religion-Cosmocracy

There is only One Cosmos. Everything is IN it. Only man can chose whether he/she wants to be in it or outside of it. This is the Cosmic Drama of (Wo)Mankind.

The Eternal Cosmos consists of the Cosmic Womb (The Eternal Feminine, Abyss, Origin, Bottomlessness, Vacuum, Absolute Nothingness, the Void) giving birth (without giving birth: Wu-Wei) to the Eternal Light (Her Light Body, Great Consciousness, Cosmic Intelligence, The Divine, "God") as Her First Emanation. Birth from Bottomlessness without active involvement of the "Mother" is THE Mystery of Life. In its turn the Light is "giving birth" to the remaining layers of the Cosmos: intelligent ideas, the "world soul" and the visible world. Cosmic Consciousness includes both awe, surrender and worship (towards the Origin) while becoming part of the remaining dimensions of the Cosmos ("Heaven, Earth and the Community"). The outcome: humanity as part of the Whole, once again. It is our inherent heritage. It is what we ARE. "Creation through the Word" (the Bible), by the way, is a patriarchal invention. It serves the power obsession of the priestly class. With Reality it has nothing in common.

Light is born out of Darkness

The Original Tradition

In this paragraph I show that The Eternal Cosmos is part of the very beginning of (Western) Tradition. It starts with prehistoric times. People considered Darkness/ Nothingness as the Origin of All. Because everything - the Eternal Light and the Universe - is born out of it while continuously returning to the Origin - the Ultimate, also called Great Night was experienced as the Cosmic Womb. Examples are the Egyptian Mother Nut, the Black Isis, the Black Stone, the Black Madonna, Bhavacakra (India), Primordial Mother (China) devouring the "Wheel of Life"). Archetypes of the Mother are the Cave, the Crypt, the Grail. In the Christian tradition Pseudo-Dionysios Areopagita spoke of the "Divine Darkness". Later to be repeated by e.g. Meister Eckhart, Jacob Boehme ("IT will come in the Depth of the Night") and John of the Cross. In Islam both the Ka'aba ("House of Allah") and the Great Night Celebration (Egypt) are reminders of the Original Mother.

The Inner Process (Spirit)

The Divine (Mother's Light Body) manifests itself as Full Enlightenment, the latter "descends" as Satori (Small Enlightenment). In its turn Satori emanates itself as awareness, "mindfulness", the conscious inner observer, the True Self. At this crossroad man has a choice. **Does he/she remain in his/her Essence as his/her True Identity or does he/she identify him/herself with the content (thoughts, emotions, images, ideas, concepts) of his/her Inner Space? Do you identify with your inner Space or with the objects in your Space, that's the crucial question. We are like an aquarium. Our Essence is the water, our thoughts are the fishes.** It is the difference between a spiritual and a worldly person. The latter identifies him/herself (unconsciously) with his self-image. This is called "ego". The ego is a isolated entity cut off from the Whole. **In a spiritual person, on the other hand, "his" True Self is part of The Eternal Light and the Cosmic Womb respectively, the former is uninterruptedly**

nourished from within. The Cosmos provides him/her with ongoing intelligence, wisdom, clarity, unity, interconnectedness, compassion, joy of life, ethics, justice, peace, balance, regeneration, vitality. Identification with the ego - an entity separated from the Whole - on the other hand, blocks Cosmic support. **The crucial question: "Am I part of the Cosmos or not?" Western civilization has chosen the path of the ego. In order to Live (the Great Life) you have to give up your ego though, something only a few are willing to do.**

Ego: the path of (slow) degeneration

The outer process (body/soul/mind)

The outer process runs parallel to the inner. It means that every level of Consciousness has its corresponding worldly level. Thoughts (psyche) corresponds with the inner observer, the quanten world with Satori, the universe with the Eternal Light, the Eternal Light with the Vacuum. The birth-process of the world takes place along the line of Cosmic Womb-Eternal Light-the universe-the earth-society and (wo)man – a hierarchy of “most High” to the visible world - and vice versa. The Cosmos is a Living “Body” of Eternal Return. What you experience depends on the level of individual consciousness. Crucial for understanding the Cosmos is the "trinity" of the Cosmic Womb and Her two Cosmic Forces of "Creation" and "Destruction". Both are keeping Cosmic Balance, consisting of continuous death and rebirth. Give up your ego and your True Self will be granted to you. In ancient times this was symbolized by the Great Mother as the Origin of birth and death. This principle was reflected by "the Mother with Her dying and resurrecting Son/Lovers".

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*The latter symbolizing the "eternal" change of the seasons. Hence the "Vegetation Gods" (Osiris, Tammuz, Attis, Baal, Dionysos) dying in autumn and being reborn in spring. It is based on the experience of cyclic time and the Eternal Return. Jesus is in line with the same tradition. Hence by some he was called "Green Man" (Hildegard of Bingen). In Islam Al-Khidr ("Green Man") is the successor to the ancient Vegetation Gods. In the ninth century John Scotus Eriugena revived the idea of the Eternal Return. He postulated man as the unity of body, soul and Spirit, the latter being the Divine Spark (M.Eckhart) within, the Holy Ghost (my definition) renewing itself eternally. Nietzsche called this the "Eternal Return of the Same". At the Council of Constantinople (869) the idea of the Spirit as the True Identity (Self) of (Wo)Man was condemned. According to the Church (wo)man consisted of body and soul only. **Human existence was brought down to the level of animals (nothing negative about animals!). Without Spirit the Church deprived (wo)mankind of its inherent Divine Nature. With devastating consequences for the entire culture (Ego-Catastrophe). The Church thus responsible for (wo)man as a de-spirited being, depending only on the Church for its "redemption". To cut (wo)man's inner connection with the Divine is a (THE) major crime, the former helplessly left to the self-centered instincts of the ego. Until this very day there is confusion about what is "soul" and what is "Spirit". Not to speak about humans as Cosmic Beings. Eriugena, who dared to emphasize the True Nature of (wo)man. was condemned as a heretic.***

The early Mother times were remembered as "The Golden Age" (E.g. LaoTze's "Tao Te Ching"). The Mother as Origin of Eternal Return is memorized in all cultures (India, China, Russia, Latin America, Indigenous). In the West She was worshipped as the Queen of Heaven (Isis, Asherah), the Mother of the Gods (Cybele), the Cauldron of Eternal Renewal (Cerridwin), the Black Stone (later implanted into the Ka'aba) and the Black Madonna's.

Ego-Dämmerung

Through discovery of man's role in procreation the Sacred Feminine lost Her "charisma". The first report is from the Gilgamesh Epos. G. refused to serve the MotherGoddess Ishtar anymore. Instead of dying for the sake of the Whole he set for his personal ambition of "immortality". It was the moment of the budding ego. (the ego as the driving force behind all later patriarchal religions). Followed by the killing of the MotherGoddess Tiamat by the God Marduk (1000 BCE, Babylon).

The Original Tradition

The Dying and Resurrecting Vegetation Gods symbolized the "eternal" Renewal/Regeneration of the Cosmos. It runs parallel with the continuous death of one's ego. Only "Stirb und Werde" (J.W. von Goethe) guarantees the birth of the True Self. The Hellenistic Mysteries still had a memory of it. Its "Metanoia" consisted of death of the ego by going into the Darkness of the Cosmic Womb in order to be reborn in the Eternal Light. See e.g. "The Golden Ass" (Apuleius).

Step by step Cosmic Consciousness ("Eternal Return") was replaced by an ego-centered, historical and time-linear concept of life. Death wasn't the transition to a New Life, but the end of life. Existential Angst started to dominate. A development very much welcomed by the priestly and political "elite". This revealed itself in a most extreme way among the Hebrews. Their Holy Scriptures exploited the insecurity of the people, creating the concept of the "chosen people" and guided by a warrior God (YHWH).

This idea of being exclusive, while all others being inferior was carried on by Christianity. It made the ego THE foundation of the "judeo-christian civilization". In order to convert people to the Christian "Glad Tidings" the Church systematically (e.g. Inquisition) started to persecute e.g. eradicate Gnostics, "Heretics", "Pagans", Mystics, Women, Jews and Muslims. The Cosmic Foundation of Life - Wo)Man rooted in Heaven, Earth and the Community - was destroyed. People had no other choice but to fall back on the only faculty that was spared: the ego.

The sin of the Church is unforgivable

A practical example out of innumerable cases: "Church "father" Lactantius (250-330 CE) talks about Christ who descends from Heaven with great power, destroying the entire population of non-believers, causing big streams of blood.until all heathens have disappeared from the earth.

Apocalypse

The ego-God didn't tolerate competitors. "I am the only God and besides me there is no-one" (Bible). To infuse permanent Angst into the population rabbi's, priests and monks invented the "Apocalypse" ("the wrath of God"). Actually it was a distortion of the original Cosmic Law of permanent "Death and Rebirth". The patriarchs changed it into the so-called Last Judgement, in which believers were saved while unbelievers were destined to eternal destruction/hell. The ego had definitely identified itself with the aggressive nature of its

patriarchal God.

Not everyone was intimidated. Look at this moving passage from the Bible: "As for the word you spoke to us in the name of the LORD, we will not listen to you! Instead, we will do everything we said: We will burn incense to the Queen of Heaven and offer drink offerings to Her, just as we, our fathers, our kings, and our officials did in the cities of Judah and in the streets of Jerusalem. At that time we had plenty of food and good things, and we saw no disaster. But from the time we stopped burning incense to the Queen of Heaven and pouring out drink offerings to Her, we have lacked everything and have been perishing by sword and famine." (Jeremiah 44:17.)

In the "Revelation of John"(biblical Apokalypse) the author shows that even he could not separate himself from the Power of the Divine Feminine:

"And then a great sign appeared in heaven: a woman clothed with the sun, and the moon was under her feet. She had a crown of twelve stars on her head. She was pregnant and cried out with pain because she was about to give birth".

"Then another wonder appeared in heaven: There was a giant red dragon there. The dragon had seven heads with a crown on each head. It also had ten horns. Its tail swept a third of the stars out of the sky and threw them down to the earth. It stood in front of the woman who was ready to give birth to the baby. It wanted to eat the woman's baby as soon as it was born".

"The woman gave birth to a son, who would rule all the nations with an iron rod. And her child was taken up to God and to his throne. The woman ran away into the desert to a place that God had prepared for her. There she would be taken care of for 1260 days. (Revelation: 12)

"Who is this who shines like the dawn, as fair as the moon, as bright as the sun, as majestic as the stars in procession?"(Song of Solomon 6:10)

Cosmos Revisited

Once reduced to a separate entity cut off from the Whole (wo)mankind has desperately searched for redemption. The Church offered the path of individual salvation. The "solution": to get rid of our "sins". Only a purified soul enjoys God's grace. The Cosmic Way is different. It considers our individuality as THE problem. The (isolated) ego doesn't HAVE problems (sins), it IS the problem. Its identity is false, artificial. We are NOT an isolated entity, but part of the Greater Whole. Are you IN or are you OUT, that is the key question. Redemption is to fit in (once again) into the Eternal Cosmos, the Unity of the Cosmic Mother, the Eternal Light, the universe, the earth, society and the Self. It is the Ultimate Healing. "Liberating yourself" on the other hand, is a self-centered ego-project. **It is practiced by all kinds of esoteric groups, sects. While talking about "microcosm is macrocosm" their approach is entirely "intellectual". As a compensation for the loss of REALITY, the mind creates a substitute world of its own: thoughts, concepts, ideas. Its thinking is "limitless", unhindered by Cosmic Space. It is the source of all ego-hubris. As an isolated entity the ego desperately searches for Wholeness. The ego doesn't understand that "he" himself is the problem. So it is searching for something "out there". Unable/unwilling to give itself up the ego tries to attain, achieve and possess Transcendental Wisdom (greed/"spiritual materialism"). It stuffs itself with "knowledge". (By the way: these people think of themselves that they are very**

spiritual!). However, the Divine can never be realized through the mind - thoughts, concepts, ideas, images, hypothesis, speculations, mythology, "philosophy", theology. In order to nevertheless "achieve" this (usually there is a great ambition driven by desperation behind), the ego blows itself up more and more. However, the drop can never contain the ocean! The esoteric "drama" always takes a similar course. In order to reach the "highest wisdom" the mind blows itself up to a point that (the balloon) bursts. Bigger, bigger and bigger and then the collapse. Just before one thought to have reached the "highest wisdom" one "tumbles down" from "heaven". It is the fall of the arrogant mind. This fall from "heaven" into the depth of one's abyss is horrifying. It is like hell, an ongoing ordeal of deepest depression, desperation, emptiness, darkness and desolation. Many people will never recover from it. One reason is that - despite their ordeal - they still cling to their "esoteric principles". In fact they refuse to give up their ego. It is the proof of their stubborn mind, refusing to become humble. To be One with the Cosmos, on the other hand - our Eternal Homeland - can only be "achieved" by giving up your ego, including all your "spiritual" ideas, "knowledge" and "wisdom". Isn't it stupid to try to "reach" that which you already ARE? The solution is simple: Ego, as an isolated entity, only has to fit into the Whole from which it had alienated itself. Many have no other choice - if they REALLY want to save their "soul" - but to leave the entire esoteric scene altogether. This in order to return to innocence, unknowing, the Ultimate, the Origin. Because as we all know: "only if you will be like children, you will enter the Kingdom".

**Three levels of thinking
corresponding with three levels of (experienced!) Consciousness**

*Ego-conditioned "daily" thinking (taken in tow)

*Inner observer-free flow creative thinking

*The Divine-transcendental wisdom thinking

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"Christianity has freed man of the cosmos" (N.Berdyayev). The "Glad Tidings" liberated (wo)man from the yoke of "Heaven, Earth and the Community". To find "freedom in Christ" became the new slogan. Actually, life was reduced to ego on the one hand and God (the Church) on the other. Instead of being part of the Whole, people were obsessed by personal liberation (only). "Religious ego-centrism". It lasted about a millennium before some "enlightened souls" picked up the Original Tradition, once again. The "School of Chartres" (12th century) was one of them. Based on inspiration from Plato and Neoplatonism two teachers - Thierry of Chartres and Guillaume of Conches - started spreading a "new" philosophy in which God, Man and the World were part of an undivided Whole. Peter Ellard ("The Sacred Cosmos", 2007 University of Scranton Press) has written a wonderful book about them. To be clear at the start: the Chartriens did not include all essential Dimensions of the Cosmos, as we know it today. They bypassed the Eternal Feminine, Absolute Nothingness, the Cosmos based on "Birth and Death" and the idea of Eternal Return. There is enough left though. Their contribution to the revival of the Cosmos as an inclusive Whole is based on "God the Creator", the intelligent Ideas (Plato) as part of the "Mind of God", all that exists participating in God, which leads to the insight of A Sacred Cosmos. A surprise is their concept of the "world soul" as the vitalizing energy layer of the universe (the quantum world). Finally humanity is perceived as microcosm in the context of macrocosm. Cosmos' inherent sacred nature leads humanity to God.

The Ego-Catastrophe

In the beginning humankind lived
as part of the Web of Life
this Whole was understood as a Cosmic Womb
everything was born out of it
while continuously returning

Then women initiated the agrarian revolution
food production created a surplus
wealth and personal property created division
between people
and with it the sense of mine and thine

However, for a long time there
was still a balance between ego and community
like in traditional societies today
in case of conflict
the individual's interests are always subordinate

The less one has to rely on each other
the more "independent" one becomes though and
with it the identification with a separate self
while women still represented the living Web of Life
men strived for control

Through physical, political and religious power
they dominated the whole of society
violence and war became part of everyday life
self-interest became the highest "value"
elites exploiting common people

Psychologically, the "independent personality"
became the ideal of Western society
its formation based on the pain-pleasure principle
confirming "me"
while rejecting "the other"

Already in hellenistic times
people (men) became increasingly aware of
the necessity of getting rid of their ego's
in the mystery religions surrender to the Eternal Feminine
guaranteed renewal and rebirth

Then Christianity came
and with it the idea that "Jesus died for us all"
although initially creating a surge of enthusiasm

soon the implications became clear:
people became dependent on a "savior"

One God, one Church and one King
all power in the hands of a few
and the Church doing everything to destroy the
traditional foundation of life:
Heaven, Earth and the Community

Through "the word and the sword"
people were forced to convert themselves
to the new religion
those who refused were persecuted
exiled, confiscated, tortured and murdered

Especially women as representatives of the Old Mother Religion
and all those who strived for God-Realization
"witches", "pagans" and "heretics"
were the target of centuries of terror
the Divine Spark within eventually got extinguished

With nothing to rely on anymore
people lost the power to regenerate themselves
moreover, because "Jesus" had redeemed them all
everybody got a licence to turn to "business as usual"
it was the beginning of capitalism

In the Middle Ages a last attempt was made to revive
The Original Tradition
people massively turned within
to find their lost Divinity through mystical union:
Hadewych, Eckhart, Margarete Porete, the Cathars

People dedicated themselves to serving the Whole
through reverence for the Eternal Feminine
in the name of Notre Dame
Lady Courts, Troubadours, Templars, Grail seekers stood up
the Church, however, brutally crushing them all

At last the people turned to the only area left
that hadn't been affected by persecution: their ego's
it was the beginning of "modernity"
not the Goddess, not God, not nature, not the community but
the ego became the "center of the universe"

The Church thus being responsible
for "secularization", materialism and individualism
its hypocrisy knows no limits
one the one hand destroying people's inherent Divinity
on the other pretending to "save" you

People lost their spirit in exchange for
the superficiality of the mind
God as Reality was replaced by the "image of God"
however, slogans, empty words, meaningless rituals
don't give the fulfillment the soul is longing for

In the course of time people increasingly
took refuge in all kinds of surrogate satisfactions
"to have is the inability to Be"
while perishing within
they accumulated all kinds of useless things

Today we can observe the culmination of all this
the ego has become the main pillar
of a society that has lost all contact with its Source
it is based on collective addiction
unable to help itself out of the mess it itself created

Lacking feedback from within
people started to construct their own kind of "religiosity"
however, they did the same as with material things
extending their ego's rather than
giving up the latter

Nowadays the ego dominates our society as a whole
it is a crime against the earth
our accumulations are threatening its vulnerable balance
disasters of various kinds
lie constantly in wait

This criminal ego-activity knows no limits
culminating in the exploitation of the Third World
exposing mankind to irresponsible risks
a great remorse is needed
followed by immediate action

Today we see the consequences of a worldwide
Ego-Catastrophy
the whole of society being in the grip of evil

exceeding the limits of tolerance
we are hoping for a way out, but how?

How strong the ego is nowadays is illustrated by
attempts to go spiritual
once "enlightened" the world "automatically"
would become "a better place"
however, the opposite happened

The ego is obsessed with "making a difference"
it is the only way to give itself a feeling of "value"
So, not surprisingly it took possession of
spiritual realization as well
Enlightenment: a commodity to have

Now we stand here with empty hands
nothing can help us anymore
The miracle: what is causing our deepest despair
proves to be our ultimate redemption:
Absolute Emptiness e.g. Nothingness

In order to find a way out
we first have to understand the structure
and dynamics of the mind
it consists of our self (selves), our reflection ("I")
our self-image and the True Self

Our self includes all spontaneous impulses
which we recognize as "me"
they originate from earliest times
where we still were "innocent" and "whole"
being ourselves this way is liberating

To say what you really feel
was disturbed by mechanisms that had to secure
our survival, though
because we were helpless, we started to meet
the expectations of our environment

Hence a second faculty of the mind
started emerging: that of our self-image
it is the identification with images, ideas and concepts
resulting in an artificial self
its purpose is to facilitate our social roles

The more developed our reflection

the more cunning we became
mind-games started dominating our lives
not realizing that this "me" is a self-created construct
Who you think you are?

Your self is replaced by images about yourself
making you a slave of your roles
the worse thing however is
that it prevents you from knowing your True Self
your Divine Spark within

Ego is to believe that you are your self-image
lucky are those who start suffering from it
because only then longing for Wholeness emerges
what is crucial at this stage is
to find reliable guidance

In our current instrumentalized world
all kinds of tricks are used to exploit "human resource"
one is "how to get rid of your ego"
by painting a picture of "freedom"
one is lured into an even bigger enslavement

The "market" needs "creativity" and "flexibility"
therefore big business is interested in people
who dispose of these qualities
they have to serve the super-ego of the company
"liberated" for profit

Talking about the way how to drop the ego
it is crucial to understand that in most cases it is
the ego who wants to get rid of the ego
every effort is therefore contra-productive
so, there must be another way

Simply "being yourself" proves to be not enough
you have to turn within
in such a way that you find this inner layer
that is incorruptable
only your True Nature will suffice

The first step toward True Realization is
to relax and consciously feeling the body
the effect on the mind is
that it spontaneously! creates a inner distance between
your observing and the inside of your eyelids

Without any ego! effort you dissociate yourself
from the content of the mind
thoughts, images, emotions and desires
you are "here" while they are "there"
in front of you

This is the most crucial step in emancipation
because by watching your thinking, images etc.
you have liberated yourself
from the dominance of your belief-systems
ego-dropping through not-dropping

However, this is not the end of the story
in practice it appears that the ego returns
and that is indeed natural, therefore, very few people
manage to be mindful all the time
it creates a new source of inner stress

Most people simply replace one mind-set
by another
your whole life becomes a concern about
your own functioning and wellbeing
however, is that your new purpose of life?

You are lucky when this creates new suffering
it invites you to go deeper
maybe you find your personal practice
of meditation
in order to conclude that nothing really satisfies....

Instead, deep down True Nothingness
is waiting for you
NOTHING IS is the deepest Realization in life
It is the Cauldron of Abundance
in which everything dies and is continuously reborn

What an irony, that which imbued you
with greatest fear: nothingness
appears to be the Ultimate Liberation
because only Nothingness can free you from the ego
everything else is just a prop

Since ancient times this Ultimate Nothingness
is called the Cosmic Mother
"She" is giving birth to the Light ("God") and the universe

through taking refuge in Her you will be
continuously renewed

The purpose of life is to accept life as it is
that is only possible
if you yourself feels accepted
therefore your attitude shifts from self-effort
to taking refuge in the Greater Whole

Aren't we all part of Mother's Web of Life?
isn't the purpose of life
living this interconnectedness with yourself
and everything (to start with the body) around you?
unhindered by the dominance of the ego?

By surrendering to the Cosmic Mother
She is granting you the Light within
You become the master in your own home again
together with a transformed ego
having changed from tyrant to servant

So, it is longing for the Whole
which makes you drop your ego
Love and ego-addiction are excluding each other!
Everything in praise of the Cosmic Mother
JAI MATA DI
(May the Mother prevail)

Revelation of the Cosmic Mother

The Turning Point/Beginning of A New Era

The Prophecy

Believe it or not. It all started with a wise old man, who came to my consultation hour. Instead of asking help, he said he came to bring me an important message. In short, what he said was nothing less, than that my life would realize the centuries' old Parcival prophecy, leaving me behind in total disbelief*. See: "[Autobiography](#)"

* NB. Critical readers will suspect, that above mentioned believes to be a "re-incarnation of Parcival". We can assure you, that this never has come to his mind. In fact, his insights about "re-incarnation" are different, emphasizing Emptiness containing many forms....and not just one.

Vision of the Grail

St.John's Wort, Menorha (Tree of Life), Grail Chalice

Because of the length of the page, I have put this text elsewhere. Please, click ["Vision of the Grail"](#)

My Great Experiences **Threefold Cosmic** **Realization**

Revelation of the Cosmic Mother
"Twice Mothered (Dimeter) and Thrice Born
(Trigonos)".....

Absolute Nothingness

Essence of the Cosmic Mother

Total Annihilation

India, October 7th, 1977

It happened in that garden. I found myself in an extraordinary condition, which had been going on already for some days. It was a state of being lifted out above ordinary things. People and events did not have the usual appeal anymore. The pattern of acting and reacting had become irrelevant. Something special was happening to me. I was totally overflowing with it. Thoughts had lost their grip on me.

My body and its environment were very much alive and I was experiencing an extraordinary contact with them. Paralleling a spontaneous growth of increased inner clarity, my body gradually became lighter and more transparent. It first started in the feet. There the energy was cleared away like a blanket of fog, leaving behind a bright transparency. While the pureness rose up, any heaviness simultaneously disappeared out of my body till finally my head was filled with a crystal clear clarity. (Note: all this did not happen in my imagination. This is more real than reality.) A circle of energy remained on the crown of my skull.

This circle appeared to be the centre of my actual alertness. I, as well as my surroundings was perceived from here. However, very little was left of myself. Neither the body nor thoughts were able to influence my inner awareness. It was the very quality of Self, enjoying Itself blissfully. I realized that I had found myself in the margin of my actual existence; just one fraction away from the Great Unknown. Intuitively I realized the invitation to the great leap and the consequential necessity of utter surrender.

Suddenly, I was struck by a terrible (supranatural!) Lightning* and in less than a fraction of a second my existence was wiped out. It was a moment of Absolute Darkness. As my memory has failed to reproduce it - in that Moment there wasn't any memory - the duration of this terrible moment was unknown to me, so I have no idea how long this extraordinary moment has lasted. But I know it was the Dimension of Absolute Nothingness.

* In esoteric Christianity symbolized by the Archangel Michael.....

Science

This Lightning as a "tool" of Absolute Nothingness is the complete destruction of consciousness by the Vacuum or Cosmic Womb ("Mother"). Because my consciousness was entirely concentrated in/on the crown of the skull, utterly pure with no obstacles of the mind in between, suddenly there was direct contact between the Vacuum and my very dense Being. This ignited the Lightening. Compare the latter with the big bang: an ontogenetic reflection of the phylogenetic Cosmic Event.* For one split second Absolute Vacuum destroyed my whole existence. Very few people "experience" this. That's why the MotherGoddess Isis says "no one will ever raise my veil". That it happened to me can be interpreted in such a way, that (wo)mankind is in a very critical stage of evolution. Therefore "the Mother had no choice", but revealing Herself in a direct way. Because (wo)mankind has corrupted God, only the Dimension beyond God can still save us. See also: ["Commentary"](#)

* See: ["Universal Teaching!"](#)

The Eternal Light

Divine Body of the Cosmic Mother

Dissolved into the Eternal Light

That which immediately followed transcends all attempts of

description. A very alive, brightly transparent Clarity appeared to be the Only Reality. I was totally absorbed by and dissolved into this Utmost Purity. I Am That, the Eternal Light. Everything else had disappeared into It. Not a trace of my common self had survived. It was Eternity Itself that realized Itself. The whole "outer" world radiated and was exalted and totally transformed. Everything was pervaded by Divine Bliss and incorporated into a fresh, pure and ecstatic Light. It was unwavering and expressed life in its sublimest quality. Everything was "dancing". The Eternity Which I Am is timeless and without boundaries. All was joy, benediction, a celebration of unity, the Inexpressible and the "dance". As I was possessed by a divine intoxication, I laughed continuously for no reason.

The Oneness THAT I AM including everything "around me" lasted all day. Everything had lost its separate identity, just like me being non-existent, instead possessing eternal quality: the grass, the flowers and the birds. Nothing existed on its own. Nothing fell apart. Without any exception, everything was part of the Whole, everything interconnected, the fabric of life. Absorbed by the same Suchness, everything radiated THAT! Everything being the content of the Eternal, there was not any difference between me, the grass, the flowers and the birds. Their Essence and mine were absolutely identical. I realized I (my body/mind) was no better or even different from them. Since then I have known Reality to be the Essence of the interdependence of all things in which everything is equally unique.

In the Purity of the Beyond everything had disappeared. No memory, since the ego dissolved, just knowing, IT knowing ITself. There is no „outside" anymore, everything has become absorbed - without leaving a trace - by the Ultimate. Everything appears to be IN YOU, the entire universe is the content of („your") Infinite Space. Therefore the paradox is, that by being Nothing, you are everything. Hence, the Ultimate Nondual State is that of inclusiveness. The last delusion is, that the world is somewhere out there (...). Dividing the One into „here" and the world „there" is yet another (subtle) form of dualism. The logic is this: the more "your" Consciousness is open, the more there is in. Hence, I am - and everybody Is - the One Mind, the all-Embracing One containing everything. In the Ultimate State „Emptiness is (containing) form", without any dualism left, beyond any attainment, free even from freedom, a State which is natural, transparent, spontaneous, nothing special. Because everything being part of Me, I love everything like myself.

Science

Immediately after my Annihilation I was One with the Eternal Light, the infinite and timeless Dimension, which we call the Divine or God. Its Reality is overwhelming e.g. innumerable times more real than anything "worldly". It is utterly otherworldly, all connection with one's former self together with one's surroundings have disappeared. Its main characteristic is its transparency. The Oneness into one has dissolved is Omnipresent, everywhere, full and empty at the same time. (In Dutch "Vol-Ledigheid"). This being lifted above all and everything causes heavenly joy. Somehow "one" realizes "this is my (eternal) Home". Actually there is no "me" to realize anything. So, what "one perceives" is perceived by the inherent intelligence of the Cosmos. You are THAT. This "impersonal", transcendental Dimension in its turn is including everything. The whole world is content of its infinite Space. Translated to "physics", this means, that the first Dimension emanating out of the Cosmic Vacuum (see above) is the invisible Divine Light. This Light ("Mother's Light Body") is the birth chamber of the universe. It is very well possible that its first expression is the so-called virtual Higgs Field. It could be the explanation for its rare! stability. The Higgs Field in its turn "gives birth" to virtual waves, subsequently turning into virtual particles and matter.

<p>1. suddenly with a horrible blow it put a stop to me switched on I am to an unknown substance the inexpressible Light</p> <p>being embedded gives unprecedented and incredible ecstasy lifted up in a totally different World I am no more dissolved in That</p> <p>everything is part of the selfsame Divine Fluidum there are no walls between all-that-is life exists in absolute waterproof security</p> <p>2. suddenly I was crushed I See</p>	<p>with Its fragrance of heavenly fresh ozone It granted me Its Body by Its dance I went into raptures in my innermost core It ignited the fire that consumed me that's how It initiated me in Its love play</p> <p>poured out in jelly of nectar dissolved into solidified sweetness movement in limitless rest bliss out of Nothingness tasting without tongue enjoying without tasting inexpressible Condition</p> <p>4. in the silent lust of knowing awe is limitless I have become an Ocean the entire universe imbued in Divine Oil</p>
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with limitless awe
the dance of Light is
everywhere
imbued in superworldly
Revelation
in It
earth, flowers, people, things
everything bathes in clear-
bright ecstasy
joy and tears

I now know that It continuously
Is
resting in Itself It is waiting for
me
any moment it can happen
again

3.
It spoke to me with
the voice of its Silence
I tasted the fluidum of
Its nectar-sweet Power
with Its touch it woke me up
with its Light Rain
It anointed my "skin"

nectar super-natural sweet
I am the Beyond
the Light I Am

5.
as a divine puppet
dissolved in Oneness
a transparent and enlightened
Nothingness
everything is in IT
I am a worm with the worms
a bird with the birds
plant with the plants

empty of everything known
full of inexpressible
Total Otherness
cosmic dance is dancing me
inescapable coercion
prisoner of Eternity
coagulated in fluidum of pure
Jelly
blended into Unity

6.
you are not special or by
yourself
you are given
It is given to you like
everything else
is given
there is nothing outside of
what is given

That same night

Descent into the Underworld

Destruction Body of the Cosmic Mother

Ocean of Horror

The night after I suddenly woke up. Within a split second I was
thrown into a Dark Ocean of Limitless Horror. The very
immediate, direct and timeless anguish was both within and

around me. At the selfsame moment the body was "decomposing". My energy, emotions, feelings and thoughts had all disappeared, together with my sense of identity. Moreover, a terrible smell of decay penetrated me, together with a flash in which worms were consuming my body. Deep within, there were waves of deepest ice-cold electricity. My old self – body/mind - had completely gone.

Usually, fear is "within" you. This, however, was totally different. The Horror was a Sea, in which everything of myself has disappeared. The only thing left in this horrifying dark Suchness was my inner clarity, my awareness. In the midst of this very real and hyperactive grey/black ocean, my awareness was also on the verge of dissolving, though. Keeping my inner presence (observer) was a terrible struggle, while terror and desperation continuously overwhelmed me. It was a matter of life and death.

Keeping up this acute awareness lasted for many hours, as I could not afford one moment of weakness. Although my body (body-identity) was gone, I could only survive through sitting in a vertical zazen position*... I had to sit accurate within a millimeter. The slightest deviation immediately brought me in acute danger of dissolving. Slowly, as the intensity of the terror increased, so my alertness strengthened. Spurred on by the agony of the terror, my awareness was forced to become as intense, timeless and limitless as the grey/black Suchness around me. Consequently my awareness grew gradually and eventually became an ocean as well. From that moment on, the terror slowly weakened and finally disappeared.

* Proof of the correctness of Zen-Philosophy. Upright body position proves to be crucial for optimizing awareness.

Dawn arrived as I looked out of the window. For the first time I realized how long the ordeal had lasted. I also realized that this was the ultimate (spiritual) dying process. I had suffered The Great "Death". It is the Underworld in which the hero descends in order to become reborn. Yes, it was really true, that I am a "son/lover" according to the archaic tradition*, and a "delog" (the ones who suffered "The Great Death") according to the Tibetans. The true meaning of the „resurrection" has been revealed to me. I was exhausted, but very calm and clear. I felt great benediction and I went out full of gratefulness and enjoyed the early brightness of that wonderful morning. As a Reborn I returned to the world.

* Son/lover of the Great Mother of Sumer and Babylon, later followed by initiation rites of hellenistic religions. Subsequently reshaped by Christianity.

Science

So it did not end with Absolute Nothingness and subsequent Full Enlightenment. What I experienced that night was the third main part of Cosmic Realization. Like the previous Realizations everything started in a split second. Suddenly I found myself in an Ocean of Angst. It was all around me. Its main characteristics: it was dark and very threatening, because it sucked me in. Just like a Black Hole. I couldn't prevent it from taking my whole body/mind, the latter disappearing into the vast hyperactive (like "waves") Darkness around me. So my whole sense of thinking, feeling, body-awareness had dropped off. There was one flash of realization: if my inner clarity e.g. my awareness e.g. observer also would go, then I would die or become mad. Intuitively, I kneeled down on the floor in Zen-position. Through keeping my upright position, I managed to stay aware. Although, with the slightest deviation I got acute panic to disappear altogether. The parallel with physics is this. The Cosmic Womb (Vacuum) has two Cosmic Forces (Dimensions), one is born out "centrifugal", the other returning to Her ("centripetal"). It corresponds with the old notion of Creation (Birth) and Destruction (Death/Super-Gravity). That's why I "had" to still experience the last, "in order to make Cosmic Realization complete". It means, that the universe is ruled by Absolute Nothingness, and Her two opposite, complementary, parallel running and symmetrical Dimensions (Uni-Dualism). Because I am part of the universe, the same forces ruling the Whole are also ruling me (you, everything). Inner is outer and vice versa. Therefore, spirituality and science are "two sides of the same coin". For more, see ["The Supreme Design"](#)

"Threefold Cosmic Realization": The Unity of Absolute Nothingness, Full Enlightenment and Descent into Underworld

Ten years of Uninterrupted Bliss 1977-1987

Shouts of praise emerged from a bottomless-deep silence. I continuously celebrated Eternity which I Am mySelf. I knew - not with my mind, but through my Essence - that I was granted the highest-possible Realization. Furthermore: I was totally

carefree. It was the beginning of ten years living like the "birds in the sky". Everything was embedded in just ONE timeless and limitless Moment. So full of joy, that I hardly cared about my daily life. I wasn't able to, because my ego-abilities, so important in order to "survive" in daily life, had totally disappeared. I hadn't any drive to "do something for myself", for I didn't have the abilities, i.e. no ego that "could have done something" and no self. On the other hand my Big Self enjoyed life to the fullest. In particular I spend a lot "of time" in nature, wrote spiritual poetry and often didn't have a home. ""Knowing, wanting and having" (Meister Eckhart) didn't play a role in these times. I was like a child, full of innocence, awe and astonishment, taking life as it is.

Moments of deep insight made clear to me how fundamental my Great Experiences were. Through Zen I touched the limits of my True Self - my Essence. Through the Lightning (see above) this also had disappeared for a Moment. Various traditions therefore say, that one cannot "come too close to God" without dying. The special thing about me was, that not only the small self - this had fallen away already much earlier - but the Big Self - Great Consciousness - had dissolved. If it were indeed the Divine that died - although not in its utter quality yet - in WHAT had it died? Is there still something "beyond the Divine?" To be clear: not the image of God disappeared - like in (Christian) mysticism - where the image dies in a short unity with Divine Substance - was destroyed by Absolute Blackness. O, la, la, I had been beyond Enlightenment: Absolute Nothingness. Immediately after - in a split second - "I" - as described above - dissolved into limitless Eternal Light (see above). The Light that wasn't self-generating, but came out of Darkness.

At the same time I had new Great Experiences. A few of them I have mentioned below. "In between" it "rained" "smaller" ecstasies. F.i. the Essence concentrated itself in me in such a way, that the periphery - my body - was totally liberated. While being silent in the center, my outside was dancing. That could increase in such a way, that I danced like Shiva. Everything totally not premeditated, but entirely spontaneous, f.i. in the street among people. Or I was unified with a tree in such a way, that I couldn't hold back, fell on my knees, kissed the grass, while caressing the leaves. Or I went out cycling. Through continuous body and feeling awareness I felt my feet and behind very strongly. At such moments I am one with my body, my bicycle and beyond. Cycling turned out to be a "cosmic orgasm", a force was released through which my bicycle almost collapsed. Or the opposite: I experienced such a heavenly-sweet silence, while completely one with my surroundings, that

I didn't feel the cycling anymore.

The Ultimate Sutra

One night I suddenly woke up, my mind being absorbed in Emptiness. Spontaneously I took a pencil and wrote down - in English - a Sutra consisting of sixteen parts, including Awakening, Acceptance, Friendship, Surrender and Action as the foundation of the Maitreya Mind. See: "[The Ultimate Sutra](#)"

Amsterdam

August 1980

That morning everything flowed. I felt so strong, bright and clear. I did everything spontaneously without thinking. I continuously gave in to something, without knowing what it was. Feeling very free, I left the house without any goal or plan. I felt absorbed by joy. Like a child I skipped through the streets. I enjoyed a blissful overflowing feeling of being at home in the world. I sat down on a terrace.

As I was reading: "the sound of a stone against a bamboo", suddenly Something penetrated my surroundings and me. I was immediately absorbed by It. My awareness had become one with the Ocean of Being. It was limitless and imperturbable. Perception was unable to penetrate or create any ripples in It. An entire Other Reality had replaced everything else. This was something "in between", an inner connectedness of things. Everything, objects and events, remained as it was before, but without any meaning of itself. They were stripped of any "apartheid".

You are always in the middle of IT

It was everywhere, eternally peaceful, tranquil, crystal clear and fresh. Thoughts were rare and had become insignificant. They had no power anymore and were unable to stir other thoughts. They were like empty particles emerging and then disappearing. There were neither emotions or concerns. They were replaced by blissful ecstasy where body and mind ceased any activity of their own. I was absorbed in total Other-Worldliness. There was just THAT, the Suchness which had replaced everything else. The entire visible world was both in IT and outside IT. But the "outside" had become meaningless. I could see a clock, but time did not make sense. My brain had stopped functioning and my state was timeless and limitless.

There was no urge to do anything. I just laughed like a madman because I was so full of joy. There was realization of "this is It"; "this is so simple"; "how blissful This is" and "what a fool I am". Everything fell away. Nothing was separate. However, things and events remained unchanged and went on as usual. The waiter still served on the terrace and the traffic still went by.

For one and a half-hours nothing provoked any reaction in me whatsoever. It did not respond. It remained imperturbable in itself. Then, on its own accord It subsided. Slowly leaving behind great wonder in me. Everything was new, refreshed and every footstep was my first. I as well as my entire surroundings was equally dear and precious. We were part of the same Whole. It was the third Great Experience in my life.

I saw the Essence of the all
in Its limitless timelessness
I saw the core of things and
the things themselves
as one and yet independently

I see what I Am
And I Am what I see
I and seeing are One
And everything is in it

I fathomed the secret
of life and death
I scrutinized the moment of
liberation
into eternal dimensions

I saw Truth by being It
love I was by dissolving into It
I am the Whole
in Me everything comes
together and is connected

I embody all Buddhas of all
times simultaneously
as is the water lily in the
morning sun
I don't know bible nor koran
zen and sufi don't leave any
trace

I am a unwritten record

my tradition is
the smile of the eternal
Moment
life (is) the joy of Its Presence
my existence the tear
on Its besmeared Face

Kundalini

(Purification)

1982-1983

Down here you will find the incredible story about my almost

daily kundalini experiences, which happened to me in the early eighties. They came to me entirely spontaneous, without any effort on my part

Many guru's e.g. authors talk about kundalini. We have never come across one who testifies about his/her own experiences, though. For the first time we publish these very rare pictures of Han Marie Stiekema (1981), giving some idea where it is all about

It usually happened when in sitting meditation: a shiver of both cold and warmth, an erupting delight, trembles, vibrations and shaking emerged from the base of the spine and made their way upward. It is an orgiastic experience, the discharge of a current of energy which provides infinite delight. There is no telling whether it is hot or cold. It is both. The body is burned up and cleansed at the same time. One's awareness is at the border of blissful downfall. It is sooner accompanied by panting, groaning, calling out and orgiastic screaming.

As it rises upward along the spine there is a shaking and shivering and when it reaches the head, which may happen very quickly or even at the same moment, the corners of the mouth and eyes may at first turn completely upward and the latter then open up wide, as much on the left as on the right. The head then joins in waves of violent trembling and shaking, an ecstatic frenzy. Everything has now been turned upside down and nothing remains of the original posture. Once the "typhoon" has passed, complete awareness has usually been re-instated, an awareness which was never entirely gone, a straight back, a relaxed posture with the unfocussed gaze against the back of the eyelids followed by a profound sense of peace and relaxation.

When awareness and the straight posture once again completely coincide and one is above all conscious of the centre of the lowermost part of the spine, there often proves to be additional energy which then contracts in a circle on the crown of the head. In this state a contracted, forceful field of energy is sealed off from the rest of the roof of the skull. It is a centre of aware presence from which everything is viewed. All that was beneath it has now been released and has become completely transparent, open and free.

His attempt to express what happens in his head.....(picture)

Basically, two things may now happen. The complete relaxation of one's body coupled with the intensely clear awareness of the centre of the lowermost part of the spine - the centre of the imaginary axis of the "hollow bamboo" - and the relaxed opening and widening of both eyes whereby the "hollow bamboo" diametrically widens - will once again spark off the fire

reflex. The repeating of this a second, third or numerous times may result in such upward vehemence that there is an eruption extending to even above the head of exploding, lightning and totally dissolving ecstatic orgasms, moments in which one ceases to exist.

Or else the field of contracted energy may gradually dissolve without the generating of new upward-flowing "waves". The ebbing-away – supported by clear awareness - yields an extremely subtle inner bliss. At a certain point the head then starts leaning forward and the mouth and eyes become smaller, contracted and slightly pursed. The head together with the shoulders slowly moves forward and the current of energy flows downward from the mouth, throat and chest to the abdomen. The forceful breathing out through the mouth is often accompanied by hissing sounds like those of a snake or "dragon". The hissing is an overall event of enjoying the force which emerges from the abdomen.

Once it is over, one is clearly aware of the course of breathing in the abdomen which is deep down, completely relaxed, free and minimal. This then is the end of the kundalini-cycle. In most instances I thankfully fall forward or find myself having spontaneously touched the ground with my forehead.

I experience myself from another center of consciousness. In it there is space coupled with freedom, clarity, equanimity and directness. A state transcending happiness and unhappiness with nothing interfering. Neither thoughts nor feelings ripple the surface of the water. Nothing from either within or without can disturb the inner peace. Everything goes without saying. No need to add to this state, to interpret, comment on it nor judge it. Eventually it is a complete peace free of the urge to do anything. There were daily experiences which lasted at least one and a half years.

The Cycle Completed

On the boat. Haarlem Spaarne River. 15th of May 1983,
around 3.30 pm

It was so subtle, so delicate and hardly noticeable that I do not remember the exact moment. I was suddenly absorbed by an omnipresent tranquil Clarity. Immediately this tranquility took away every urge to do anything whatsoever. A completely otherworldly Presence appeared to be there: a silent Equanimity. I remained lying on the same spot and I felt deeply tired. It was special because I felt heavy and light at the same time. While falling asleep, I remained aware with sleep and alertness fusing together. My body was heavy and my mind

transparent and without thoughts.

After one hour I finished sleeping and the brightness of my awareness had grown remarkably. My body was not an entity of its own anymore. It was light and felt very easy. There was no resistance, no obstacles, no special sensations and no weight. They had simply dropped off while I was absorbed by the lightness of Limitless Being: in Oneness. In this One Space neither inner nor outer existed.

The acts "I did" were entirely spontaneous, straightforward and direct. Walking, sitting, making tea and rearranging the room were totally effortless and unbelievably light. There was no me in the doing.

Discrimination of the brain had fallen off. The world had ceased to be an accumulation of things-on-their-own. Now it existed and appeared as a unity: a limitless Space; a continuum of interdependent events. Since all obstructions of the mind, such as discrimination, commentaries, meaning, associations, concepts, interpretations, conclusions and judgements had passed away, the world appeared as it is: direct and simple. Everything "around me" was part of the Original Freshness. It is a state of awareness where breathing almost disappears completely. This state is the highest possible Simplicity.

This is the Original Homeland. It is all embracing. Everything is as it is; perceptions are no longer able to leave any impression on the mind. There is not anything to impress on. Consciousness is not only empty; it has no substance of its own. No sense of identity either. It is a non-existence and is utterly unmoved by what "it sees". Emptiness is the seeing.

The usual stress in one's head is totally absent. There is just an omnipresent lively silent Transparency. Although events continue to happen as usual, their energy, their charge, their life and their attraction has disappeared. They are like shadows. Existence is just One Eternal Moment. Thinking of the next moments is impossible, it does not occur to you. You have been switched on into timelessness. You cannot "look outside". You are a prisoner of The Eternal.

How sweet is this. How pure and fresh! Yes, you are a prisoner, yet your freedom is absolute. You are not concerned at all with the world "around you"; there is no urge whatsoever to interfere. There are no worries and no emotions. It is a move into a very subtle equanimity where you are in the world but not of it. No special events occur. There is neither excitement nor bliss, joy nor ecstasy. No special "spiritual experience". As awareness is insensible to whatever there is, it totally

transcends here and there. It is inclusive.

The mind has disappeared. You are no more there. There are no thoughts, no energy, no identity, no self-awareness and no awareness. There is just this All Pervading Void. A Valley of Divine Calm. In this Eternal Moment, I am all that was, is and will be. I am the All Embracing One; I embody all Buddha's of all times simultaneously.

This was the most "common" of my first Great Experiences. It showed me the Bottomless Ground of existence in its simple perfection, directness and transparency; nothing special, nothing holy. With it the Cycle of Enlightenment has been completed. The highest Self-Realization thus brought me back to everyday life. There is no substance, no "Enlightenment in between" anymore. A life in which I am equal to the grass, the trees, the lily and the pond.

The essence of Enlightenment: a rebirth into the world

1.
still-active rest and clarity
no inner nor outer
absence of any sensation
is this where it was all about

not of this world nor
of the other
have I been tricked

the Way
from something to
Nothingness
into Nowhere

2.
the Eternal
unchangeable Being
only asks for
continuous beginning

Limitlessness
insists on
the boundaries of
every separate moment

the Unrestricted

the most Fruitful
doesn't allow
anybody growing through
Her

those touched by Her
affluence
go the opposite
Way

all those who are
possessed by Her
are stripped of his or her
quality

nobody is allowed to
share
unless he or she
dies into Her

3.
now I walk in the street
unveiled
everything gained something
while I have less

the extra

demands the restriction of what It is before It was born	everything already had the deficit that I never possessed inner emptiness that from face to face lightens up the eye of the world
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PS. The poems have been translated with my limited abilities with regard to the English language.

Working on integration ("Dark Night of the Soul")

After ten years the intensity of my Bliss gradually became weaker, though. Periods of depression, irritability and negativity made themselves known. Only later I grasped, that the Divine "purposely" withdraws itself in order to give one the opportunity of integrating still unprocessed inner residues of the old self. For Wholeness doesn't mean to identify yourself just with Being alone, but one has to include your personality, as well. Something that was (is) fully unknown in the East. The problem at that time: I didn't know about this. Hence, I had to find out everything by myself. I had two choices: to cultivate my Essence in order to attain the "ultimate perfection" (like Eastern Masters do) or to accept the challenge of starting "all over again" i.e. to start working on my unprocessed parts. At the same time it changed my insights about reality. Contrary to what many teachers say - once enlightened, always enlightened - the ego does return, also after Enlightenment. Additionally, the idea "how I could help people, if I didn't accept my own suffering", was decisive.

To face this is the greatest challenge on the spritual Path. First of all, one has to digest one's disappointment of not being that perfect. Especially "teachers" who already built up a clientele are often confronted by great difficulties. "Loss of face" and loss of followers (money!). Not surprisingly, this problem is rarely admitted. Secondly, one should know that great dangers are around the corner. For what is the case? After Consciousness has opened, strong energies come to the surface, cause of not only positive but also negative experiences. When you neglect working on unprocessed emotional complexes, these selfsame complexes will suck these energies, the former blowing themselves up. The consequence: together with the growth of your inner Light your shadow part (fear, anguish, rage, pain, inferiority feelings, frustrated sex etc.) will getting bigger, as well. Until this inner

"counterpart" becomes so strong, that it reaches a limit i.e. is breaking through. Your entire system may then turn from positive to negative. Remedy: also, yes, in particular...after a Great Experience you have to - just like the "simple souls" around you - start working on integration, i.e. go into therapy.

Because my "Dark Night of the Soul" lasted twenty years, it is impossible for me to go into all details. (See for that my **Autobiography**). One thing was rather a burden to me, namely the tendency to use my Enlightenment for my own (ego)purposes. Through the Great Experience one knows that one is the Universe, the entire Cosmos. Thus it isn't that strange that one has the idea of being "the savior to the whole of mankind". However, no one recognizes you as an Enlightened One. Common minds i.e. vibrations are much too rude for noticing your subtle energies.....Hence, it may come to a point where "you embrace all people", while being neglected, denied or worse by those selfsame persons. Nobody who is asking for your wisdom. You are one with the Cosmos, while being lonely among people! This you can "solve" by - too prematurely - announcing yourself as the "great master". To resist this temptation was for me most difficult, indeed. My Enlightenment thus increasingly posed me more and more difficulties, rather than being the ultimate liberation. Ultimately it dawned to me: "Enlightenment cannot be the Ultimate Reality". There should be still "something behind". The solution came from re-assessing my own Great Experiences. Didn't they start with Absolute Nothingness? With the Light coming out of Darkness? Ergo: Darkness rather than Light ("God") is the Ultimate Reality.

The Cosmic Mother

"Light comes out of Darkness" is common wisdom. That nobody until now took the effort of investigating this insight, is certainly due to the dominance of Christianity. Only the Black Madonna's are giving some indications, reason why until this very date they are a thorn in the eye of the Church. Darkness, Nothingness, Emptiness have been always instruments of evil, i.e. the devil, something that started with Aristotle. Only in recent years, where the Church rapidly lost power, one dares to look behind the screens, and break through the taboo. This was the way I came to know the Mother. Since archaic times She is the dark "Cosmic Womb" from Which everything - God and the Universe - is born, the latter continuously returning to their Origin. Only She could destroy my enlightenment obsession, for wasn't it She who already once eradicated my Being altogether? My obsession, literally, disappeared into the (Her) "Black Hole!" Nothing in the world could have done the

same. By the way, in spirituality nobody mentions it: the destructive side of the Ultimate as Ultimate Liberator. Moreover an insight had become confirmed: Enlightenment (the Eternal Light, BuddhaNature, Great Consciousness, the Divine, God) is NOT the Ultimate Reality. Which means: no authority can be built on it (anymore). On the contrary, this would be like building a home without foundations. A great relief to me! At the same time it is the "end" of all patriarchal religions...

With the Great Mother everything fell into place. Only through Her the situation in which we have put ourselves can become clear. Isn't it a period of fast decay? "In itself" this is not making any sense. With the Mother as "Cosmic Vacuum" this all changes. Her Emptiness is the context of a (dynamic) balance between Destruction and Creation. With the shifting of this balance, f.i. through accumulation (brought about in part by (wo)mankind), Emptiness is counteracting by trying to find a new equilibrium through breaking down the too much. In this way a meaningful relationship between "above" and "below" is established. It is an invitation to cooperate intelligently with the cosmic forces. By doing so, the Cosmos once again will act "to our advantage". It consists of the insight, that cooperating with the decay is to break down our own personal and collective accumulations. Nothingness as the only Dimension that can curb the ego. All artificiality, everything infused by greed and self-centeredness isn't worthwhile to pursue! On the contrary, it blocks the possibility of a new start. The latter which is urgently needed. It is like A.Toynbee said: when a culture has come to its end, an increasing number of people will be returning to the Origin in order to become renewed. Only after a New Self has been born people will be able to commit themselves to a New World. The Mother thus not only revealing Herself to people (like She revealed Herself in my Threefold Cosmic Realization), but indeed proves to be THE only Dimension, through which the planet can be saved.

PS. I have written so much about the Mother already, that I refrain from going on here. Instead, I remind you of some **LINKS**, especially **"Turn On"**

Back into the world

What an irony: the outcome of the spiritual Path is the claim to be "Son of the Mother". This is considered to be "very strange". Despite the fact that everybody is son or daughter of a mother! On the highest plane She is the Mother of the Divine and the entire universe. This is also the difference between the Mother and a Goddess. The latter is symbolizing a particular energy, only. Therefore, feminists can surely claim the Goddess, but

not the Cosmic Mother. The Mother cannot be possessed, serving particular (feminist) interests. Obviously, in this new situation I needed some time for re-orientation with regard to my new "world view". What is exactly my Mission and how to put it into practice, that was the question. To accommodate with patriarchal religion wasn't possible, while feminists were also rejecting me.....a man who claims to know the Cosmic Mother.....even more thoroughly than women do....that couldn't be accepted. A special problem was posed by the "New Age". For decades it dominated the spiritual "scene". It laid emphasis on "spirituality", "esotericism", "cosmic wisdom", "transformation" etc. etc. The point is that everything remained part of the small mind. Everything remaining part of the world of thinking, concepts, ideas and images. Instead of the ego dissolving into the Whole, the New Age ego blows itself up by incorporating all kinds of "new experiences". The problem is that they use all kinds of "spiritual" concepts and ideas, suggesting that they really are transforming themselves. In fact everything - experiences, concepts, imagery, rituals, practices - is only part of the small mind, borrowed (stolen) from all kinds of sources. Its purpose is to give the common mind some toys to play with in order to create the illusion of a "meaningful" and "happy" life. It's all based on having, though. While others accumulate money, "New Age" accumulates experiences. In the end this all proves to be self-delusion: "spiritual materialism!", while true spirituality/religion stems from One Source only - from Reality - and not from images, concepts and ideas. The crucial point is about HOW TO GIVE UP the ego. Serving the Whole, rather than serving yourself, that is where it is all about. Thus I was forced to find my own way. "The strong one is most powerful, when alone" is something Nietzsche already said. Well, if nothing else goes! One of my main struggles (until this very day) is how to make clear that I am NOT part of the "New Age". Instead, my Cosmic Realization - the interference of the Eternal Feminine - is the beginning of a truly New Era. In this way I have worked the last 20 years - everything in the Name of the Cosmic Mother - creating A New Tradition: "The Original Tradition of the Universal Cosmic Mother". It is the oldest tradition on earth with the Cosmic Mother giving birth to God (Her First "Emanation": Her Light Body) and the universe (Her Second "Emanation": Her Material Body). In the West She has manifested Herself as the Black Madonna, incarnating herself in "Wise Women", while the Eternal Light incarnates in "Green Men", both hopefuls to a New World. People are invited to take refuge in the Cosmic Mother, give up their ego's, while being reborn as their True Selves. In order to subsequently becoming part of the Whole, once again: "Heaven, Earth and the (new) Community. The latter culminating into the "We are Cosmos" Campaign, our contribution to "Healing yourself", "Healing each other" and

"Healing the World".

THE ETERNAL COSMOS
We are part of society
Society is part of the earth
The earth is part of the universe
The universe is part of the Eternal Light
The Eternal Light is part of Absolute Nothingness
(Cosmic Womb)

PS. I know about the suffering of being uprooted. In the beginning it looks like (ego) freedom. However, sooner or later this turns into total inner confusion. That's why people are longing for a New Home! Do you feel invited? If so, don't hesitate and stand up. Make yourself known!

*"Come ye all unto Me,
I Am the All-Embracing One!"*
Universal Mother

In these Most Critical of Times
THE 7 MAJOR DISTRESSES
an interrelated complex of

Spiritual Distress

Not knowing yourSelf (ignorance), meaninglessness, despair, indifference, despondency, fear of Nothingness, existential Angst, confusion, lack of security, being cut off from the Source, superficiality, pseudo-spirituality, spiritual materialism

Psychological Distress

To be thrown on yourself, egocentrism, identity crisis, loneliness, addiction, to be victim of impulses, (suppressed) fear, anger and pain, inferiority complex, lack of feeling, powerlessness, male superiority complex, self pity, relational problems, stress, inner unrest, depression, burn-out

Physical Distress

Ever more unexplainable complaints, fatigue, sleeping disturbances, allergies, electro-stress, poisonings, medicines, immune deficiency, epidemics, metabolic disorders, chronic disease in children, pain syndromes (RSI), heart and circulatory diseases, dementia, alzheimer, cancer

Cultural Distress

Decay on all levels, cut off from roots, one-dimensionality, dominance of science and technology, suppression of the feminine (patriarchy), loss of norms and values, media manipulation, alienation from reality (virtual world), fragmentation, degeneration, lack of vision, inspiration and courage

Social Distress

Individualism, collective self-addiction (materialism, consumerism), multi-cultural tensions, loss of perspective (youth), lack of education, hardening of society, intolerance, undemocratic structures, abuse of power, corruption, violence, militarism, war, homelessness, social disintegration, chaos

Economic Distress

Gap between rich and poor, greed, profit, exploitation and injustice (GPEJ-complex), (ruthless) competition, unlimited corporate growth, 24/7 society, (wo)man as object, structural unemployment, poverty, hunger, (Third World), displacement, migration

Ecological Distress

Overpopulation, environmental pollution, greenhouse effect (climate change), water shortage, overproduction- and consumption, energy crisis, destruction of nature, loss of bio-diversity, depletion of the soil, gen-manipulated crops/food, bio-industry, application of antibiotics and hormones, animal epidemics

Our distresses aren't incidental. The world problems are universal. If the entire system is sick, it can only mean that there is a common universal cause underlying it. As we have seen this cause is the ego. Because the ego only takes care of itself, the "rest" – the whole world – has to suffer. We have identified with our cancer instead of our bodies. A cancer growth is alienated from the Whole, its only interest is its own growth. It is exploiting the body for its own benefit. In the end the resources of the body are exhausted. We die an agonizing death. The same is true for society. The solution is surprisingly simple. We have to stop identifying ourselves with the ego, and become what we are "from eternity": (part of) the Whole.

Ego and cancer: two sides of the same coin

We Are Cosmos

The Cosmic (Mother) Womb (Eternal-Feminine) together with Her Cosmic Forces of "Creation & Destruction" giving birth to the Unity of the Eternal Light ("God"), the primordial forms/fields (the "ideas", Plato), the universe (world soul, quantum world, energy), the earth, society and me (True Self, body/mind, ego), everything uninterruptedly returning to the Origin.

The ego-pathology is universal. In particular the judeo-christian civilization is built on it. Its ego-exceptionalism is behind the current dominance by the international banking-corporate-intelligence-media oligarchy. The deeper cause is its identification with its self-image – a random construction - and therefore alienation from the Whole. It has no roots in Reality. Hence, ego is an isolated entity characterized by existential Angst, vulnerability, instability, insecurity, powerlessness and inferiority complex. In order not to feel these basic weaknesses, refuge is found in ego-overcompensation. **Most people are totally unaware of this inner process. In a time where the ego is not limited by religious and social restraints, the excesses of ego-overcompensation dominate society. It goes like this:**

Driven by unconscious obsession to overcome inner weakness (Angst) people, groups and nations create a personal/collective sense (narrative) of exclusivity, power, uniqueness, superiority and "moral" rigidity. **"A "strong" personality, an unwavering faith, a position at the top, is created. It has lead to a psychopathic "elite" that try to dominate the world.** Those people consider themselves as gods on earth. In order to boost their (illusionary) identity, all other people who don't belong to the "chosen ones" are degraded, outlawed, excluded. The latter are

considered inferior, non-believers, evil, “untermenschen”, filth, non-humans, or worse. This extremely toxic pathology is responsible for all of the hatred, oppression, violence, persecution, exploitation, torture and genocide in the world. Therefore, to heal the world one has to start with the ego. It is the mission of our “We Are Cosmos” Campaign.

How to be Cosmos? How to be what you already are? It is a matter of “fitting in”. To give up all ego-effort is a *conditio sine qua non*. An example: you sit in meditation. Rather than “trying” to keep your back straight (ego-effort) you FEEL the contact between your back and the space around it. Through conscious awareness you – in an very subtle way – wait (and feel) until you find the “click” between your back and its surroundings. Not YOU are keeping your back straight, but the surrounding space is.

To “fit in” means your whole body/mind/soul/Spirit becomes One with the Cosmos. The Cosmic (Wo)Man's life consists of the Unity of 1. Womb Worship (Cosmic Mother) 2. God-Experience (The Eternal Light) 3. Ongoing Regeneration (Universum) 4. Harmony with Nature (Earth) 5. CommunityDemocracy (Society) 6. To Be your True Self ("Individual" Identity). By “doing” so you will become part of the Whole again, spontaneously realizing wisdom, joy of life, inclusivity, peace, justice, compassion and harmony with nature. The driving force is a deep longing to be Part of the Whole. It is the core teaching of our "We Are Cosmos" Campaign.

Letter to spiritual and religious leaders worldwide

As you know, in these most desperate of times, the crash course humanity has inflicted upon itself is rapidly accelerating. Society you may say is in decay. The cause as I see it is alienation from "Heaven, earth and the community". Being cut off from the Source we are "thrown upon ourselves". Because of our inability to Be we have taken refuge in having. Hence, the forces of the ego - materialism and individualism - have totally overpowered us. Society therefore is in the grip of a collective self-addiction. Because having can never compensate Being, our greed for more is unstoppable. It is resulting in accumulation on the one hand and deprivation on the other. For instance, 5% of the world population (USA) is consuming one third of the total energy available on earth. The interests of science, technology and capitalism (STC-complex: prof.dr. E.Vermeersch)* have become (too) closely intertwined. It has become a cancer growth with science inventing, technology applying and capitalism making profit. The sad thing is, that multinational corporations are deliberately and ruthlessly promoting egoism, greed and addiction, thereby destroying the fabric of life: local communities, cultures, economies, traditions, religions and ("above all") nature, exploiting resources, markets and cheap labor to the benefit of the few, creating huge masses of uprooted, hungry, oppressed, desperate, angry, violent, sick and displaced people.

* E.Vermeersch "Through the Eyes of a Panda", 1994 Brugge

The effects on Mother Nature are devastating. Major threats are loss of biodiversity, pollution, climate change and water shortages. Moreover, environmental scientists warn us for imminent catastrophic events. They talk about a "new extinction wave" putting an end to the world as we know it. Governments - it seems - are not going to help us. They are serving the interests of big business, instead of taking care of the well-being of their people. They increasingly tighten the grip on people through global control, militarism and oppression. "Freedom and democracy" more and more degenerate to hollow rituals. The result is a disintegration on all levels of society. Both individuals as well as society have become burn-out. Hence, we are now confronted with our own helplessness. The only option left is to return to the Source - to die to the old - in order to become reborn as A New Self. Transformation of Self and Society consists of subsequently fitting in into "Heaven, Earth and the (new) Community", once again. I have been working on this for quite some time now. It ran into the ["Healing the Planet"](#) initiative, to begin with A New Spirituality. Many will recognize the elements, that are proposed. That is great. My aim is not to invent the wheel once again, but to bring people together. The sooner this will take place, the better.

One of the painful facts of modern life is that we have become objects. To the political system we are just a repository of votes, while to big business we are only "consumers". Through this, our original subjectivity - our inherent Self-sovereignty - has been destroyed. We have been cut off from our Divine Spark within. The same is true with regard to the Community. The latter is the reflection of the God-given "Web of Life". Both state and economy have been degrading it into a reservoir though, which they can draw from randomly. It has contributed a great deal to the de-humanization of mankind. As said above, "To have is the inability to Be". This includes a special responsibility to all those, who in the name of the Divine are guiding other people. Obviously, this guiding of people has become a total failure. It is the main reason why materialism could have developed in the first place. Too long we have been thinking, that a compromise would be acceptable, often because of our own material self-interests. In the context of a world, that is rapidly deteriorating, this cannot be carried on anymore. The saying of Jesus: "It will be easier for a camel to go through the needle's eye, than for a rich man to enter the Kingdom of Heaven" has indeed to be taken literally. We all have to understand, that unbridled greed and solidarity are excluding each other.

It is of utmost importance to realize what opposes spirituality and religion. The true adversary is not a "competing" religion or sect. What threatens spiritual life is materialism and individualism (Unless you cherish the cynical view, that "at the end of the day" the latter will impoverish life to such an extent, that it will favor religion). Hence, it will be crucial to existing spiritual e.g. religious individuals and groups to define their common denominator. Talking together is certainly an important first step. The next has to truly create a base of action, with which everybody can identify. I call this common base "Existential Consciousness"*. It consists of "(Wo)man being rooted in Heaven, Earth and the Community". Whether you are a Christian, a Muslim, a Hindu, a Buddhist, a Jew, an Agnostic or belonging to an Indigenous Faith or some New Religion, everybody shares the same context of life: our spirit as part of the "Great Spirit" (God, Allah, Cosmos, Consciousness, Intelligence, Nothingness), our body as part of nature and our psyche (soul) as part of the community. It is existential. I therefore want to make an appeal to all spiritual people worldwide to discard differences, accepting this our existential situation as a starting point - Unity in Diversity - in order to cooperate in turning the tide: to reverse having in Being.

* See ["Existential Consciousness"](#)

A surplus value in this regard is the "Maternal Dimension of God". We all know, that our image of God is hopelessly one-sided. It is one of the major reasons, why people become disinterested in organized religion. Patriarchy, like it functions until this very day, still stresses an intellectual approach toward the Ultimate. Something that will prove to be catastrophic. A way out is to start including the "feminine" aspect of the Divine. This doesn't come as a surprise. Aren't the Madonna, Kuan Yin, MatriDevi, Shekinah (and Allah in his Aspect of the Merciful) far more "popular" with the people compared to Her male counterparts? People are longing for "feminine" values like interconnectedness, peace, tolerance, reconciliation, respect, love, joy of life, justice and sustainability. Hence, we are inviting you to support our interreligious and multicultural initiative, consisting of emphasizing the "Maternal Dimension of God" as revered in the various traditions. In order to bring people, groups, centers and organizations together, we initiated the Universal Mother Council. It is an umbrella network. Those who join share their interest in a "feminine" world view, while keeping their own spiritual/religious identity. We kindly invite you to participate. We don't have too much time anymore!

* See: ["Universal Mother Council"](#)

The answer to hatred - for which we ourselves are responsible a great deal - is not increase of State control e.g. violence, but empowerment of the Community. The true cause of chaos lies in the fact, that society has been built on the State on the one hand, and unorganized masses on the other. More State control will not change this. On the contrary, the spiral of violence, both within and without will be unstoppable. Why? Because it is based on a wrong concept of the structure of society. On the other hand, we are part of the universe. Hence, "As Above, so Below". Everything is "organically" interconnected. Translated to society, it means, that the Community is the Living Body of humanity. It constitutes the foundation of society. Hence, the Community should regain its original rights and responsibilities. It should be based on Self-sovereignty e.g. Community Democracy. It should consist of bottom-up organized multi-layered echelons of Self-ruling bodies, to start with the individual, the family (group), the street, the neighborhood, the commune, the city, the county...up to the State and the Commonwealth, all having a close relationship with each other, based on cooperation, consensus, subsidiarity* and solidarity, itself exercising control over major aspects of social life. By bringing back Self-rule to the Community, modern life will "automatically" being steered in the right direction. It is the only way to achieve multi-ethnic integration, tolerance and respect. Self- and mutual help will flourish, "re-inventing" e.g. ways of basic health care, environmental protection, decentralized economic activity, a new educational system, care for the elderly, law and justice, peace, security and last but not least: meaning of life.

*Subsidiarity is the key concept. It was first developed by J. Althusius (17th century), regained popularity in 19th century America, revived by Catholic social doctrine (1931), became the cornerstone of EU law (1992) (however, unfortunately already largely corrupted), valued by regional initiatives, promoted by the UN Development Program (1999), while increasingly favored by socio-ecological thinkers. It is recognized, that through subsidiarity "systemic" collapse can be avoided; people are able to solve problems on basic levels; through greater coherence people start caring about each other and nature, while political involvement is stimulated. Cooperation and mutual help guaranteeing peace, stability, happiness and prosperity. In short, VERY urgent to become introduced by Communities worldwide. Spiritual and religious organizations are invited to take the lead!

New World Community

Whether you are Christian, Jew, Muslim, Hindu, Buddhist, Taoist, Indigenous man/woman, Agnostic or Atheist we are all part of The Whole: "Heaven, Earth and the Community", the Source of Universal Wisdom, Wholeness of Life, Vessel of Abundance, Source of Healing and Regeneration, Ongoing Joy, Guarantee of Peace and

Justice

The Ultimate is All-Embracing.
Mother's Blessings,

SermeS