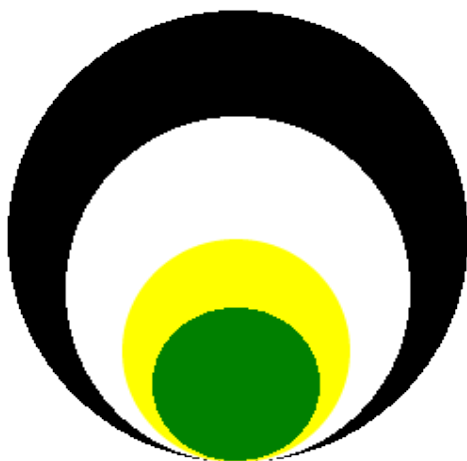


The Great Work

To Restore the Wholeness of Life

Manifesto



We are Cosmos!

Cosmic Mother

HEALING the PLANET

Initiative

*Healing yourself * Healing each other *
Healing the world*

**The Great Turning Point
New World Community**

WorldWide Campaign

New Universal Teaching

"We Are Cosmos!"

In Holland a "hermit" called "SermeS" (new wisdom teacher, medical doctor integral/cosmic medicine since 1972) has come forward, claiming that he has been **Beyond the Beyond** of space and time. He says: "In these most critical of times ("Ego-Catastrophe") the Healing of the Planet depends on whether (wo)mankind is willing to give up the ego.

His teaching is called **"We Are Cosmos"**. It consists of returning to the Origin to be reborn as a True Self, subsequently becoming part of "Heaven, Earth and the (New) Community" (once again), thus Restoring the Wholeness of Life ("Healing yourself, Healing each other, Healing the world"). Everything in the Name of the Cosmic Mother, the Origin of both God and the universe.

In the last couple of years he wrote down his Great Cosmic Experiences, calling it the **"Sacred Book Origin"** consisting of 7 volumes. In order to give you some impression of this epoch-making work (also called "Cosmic Bible") volumes 1- 6 are now available: 1. The Origin (G. 808 p.) 2. Commentary (G. 344 p.) 3. The Original Tradition (E. 773 p.) 4. Heaven on Earth (Photo-Autobiography E, G, D, 113 p.) 5. Handbook Integral Medicine (D. 472 p.) 6. The Turning Point (D. 654 p.) A free summary (Manifesto "We Are Cosmos" in English, German and Dutch) is available in the internet. Book orders through our e-mail.

The SermeS is living a simple life in unity with the Cosmos. People from all "corners, professions and positions" come to his "Hermitage" for personal **Cosmic Advice and Guidance**, time and again amazing people with "his" deep Wisdom. Visits to the Hermitage by appointment, only.

Hermitage "Cosmic Mother Healing the Planet", near Utrecht, The Netherlands.
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Jai Mata Di! Spread the Message!

„The current system – more, more and (still) more – destroys itself.
No need to add anything to it. What is urgent though is the development of
THE ALTERNATIVE

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(as a True Self)
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("Cosmocracy")
Cosmic * Religious * Spiritual * Cultural
Social * Politics * Ethical * "Gender" * Educational *
Scientific * Medical * Economical * Ecological
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Everyone talks about it:

At home, at work, on the street, in the church, at school, in the tram, in the sports club,
in the yoga class, in the course, at the psychologist, in the supermarket,
at the university, in the Internet, in the social media.....

New World Community

"Cosmic (Wo)Man", "Cosmic Harmony", "Cosmos Our Last Refuge?" "Cosmic Intelligence", "Ego or
Cosmos", "Cosmic Experience", "Cosmic Mother-Healer of the World", "Cosmic Science", "Cosmic
META Religion", "Cosmic Medicine e.g. Healing", "Cosmo-Political Society" ("Cosmocracy"), "Our
future is Cosmic", "Cosmic Evolution"

Spread the Word!

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The „Hermitage“ near Utrecht. The Netherlands.

1.

Introduction

Humanity is in the greatest cosmic, religious, spiritual, cultural, social, political, ethical, educational, scientific, medical, economic and ecological crisis ever.

Our answer should therefore be similar: cosmic, religious, spiritual, cultural, social, political, ethical, educational, scientific, medical, economic and ecological.

2.

The Shattered West

If we imagine the "movement of culture" as going from central to periphery, then we have now arrived at the outermost shell. Measured by our starting point * "(Wo)Man rooted in Heaven, Earth and the Community": in unity with himself, his body and nature, his fellow human beings, in constant surrender to the Ultimate, then we find virtually nothing back in our modern times. (Wo)Man is completely alienated from him/herself, his/her body and nature, his/her fellow human beings and the Divine. Because of this, he/she goes along unquestioningly with inner and outer impulses. He does not have a recognizable inner self (Self) as the center of consciousness, which makes him feel empty, chaotic and disoriented within himself. He is at the mercy of any distraction, impulse and manipulation. Continually taken in tow by his own thoughts, conceptions, emotions and desires, he has lost contact with reality. In the absence of the HereNow, he lives in the illusions of past and future. He is determined by events. His artificial self (self-image) has "no leg to stand on" and must constantly protect itself against loss of identity, hence the never-ending desire for self-indulgence, violence, oppression, control and conquest.

* See Chap. 6 "We are Cosmos!"

In this way he created modern science, technology and capitalism, which then keeps him under their spell. His feelings are scanty and what "you do not feel, does not touch you" Subtleness, beauty and balance are hard to find, love seems reduced to superficiality, selfishness and relational problems, while compassion towards others seems to have dried up. Self-indulgence and indifference reign supreme, everything is unreal, one big virtual reality, a fake world where nothing matters anymore, a world full of surrogate experience, in which no one is really involved anymore. "I am online, thus I am". The people are thrown back on themselves, walking in the street absent, as in a trance. Reduced to consumption slaves they do their daily duty: working and shopping. "Having" has fully replaced "Being", the saddest "human level" history has ever known. (Wo)Man feels uprooted, few people feel real involvement in the place, neighborhood, or region where they live. Many live in fear and insecurity and ... poverty, in great DISRUPTION, stress and disease are dramatically on the rise, while "the problems in the outside world" can not be overseen anymore. They are a reflection of our inner state.

Downfall or Renewal, that is the Big Question

My thesis is that the conditions that led to our DISCONTINUATION were all present in history. Modern (wo)man is presented with the bill of many centuries. Everything from the past has culminated in the present time. Society is the accumulation of collective addiction, one in which man has even lost his urge for survival. There must be very deep causes for this. In one word, it is the loss of contact with r(R)eality. Christianity can be designated as the main responsible one. To the benefit of its "mediator" - the church - roots: the direct contact with" Heaven, Earth and the (traditional) Community were violently cut through. Instead of self-regeneration - by constantly returning to the inner Source - the people were massively oppressed. Instead of living in Reality, the church offered (wo)man a surrogate reality - a whole of images, stories, fantasies, dogma's, myths and rituals. Robbed of his True (Cosmic) Nature (wo)man was (is) then (weak-willed) left to the machinations of state and big business. The church did the "preliminary work.". This trias ("devil's pact") - of monotheistic religion, authoritarian state and big business - is the true hegemon of the world. It leads to a world of oppression, manipulation, corruption, falsehood, deceit, violence, war and the destruction of nature with Truth as a fading shadow.) Truth is (wo)man as Part of the Great Whole. The materialistic world may be doomed. A new Cosmic-inspired world will emerge from its "ashes".

The ego-man: a "mistake". Becoming aware of it is the chance of your life

First of all there was the definitive breach with the earth and nature. Nature embodied almost everything that is bad and reprehensible. Everywhere, pagan places were destroyed, trees cut down, forests set on fire, and springs drained or poisoned. With horror the church preached and wrote about "the sins of nature", the customs of the "heathens", evil and the devil, about women and their despicable physical conditions, while love was reduced to "love of Christ" and the "neighbour". Eroticism and sexuality were tolerated in the most favorable case, but were usually equated with fornication. They were reduced to "instruments" of procreation, something that is still officially "held up" by the church. The disappearance of every spirituality from erotic love, the degradation of the own principle "God is Love", the

coarsening and banalization of sexuality, can almost entirely be written into her account. It deprived Western people from the earth and love who therefore were condemned to a distorted, fragmented, immature and psychologically ill person, cut off from him(her)self and his/her immediate surroundings.

The empty churches of today are the result of 2000 years of oppression

With regard to the vertical dimension people were cut off from the Source too. Instead of Self-realization e.g. God-experience - the Divine within – one was forced to focus entirely on the "hereafter." The missed Moment was (deliberately) projected into the future. Hope and expectation replaced the original experience of "the Light is in you", cinstead had to wait for "your kingdom come." Life in reality was replaced by a permanent dream state. God was projected as an image instead of being realized as Reality. The latter was thus reduced to a surrogate, a false reality, a "fairy tale." In all later centuries, Christianity suppressed all attempts to return to the Reality of "Heaven and Earth" in favor of her faith, to an extent that in the "Renaissance" (wo)man was permanently uprooted. Once self-addicted the way back was cut off. Ego as complete breach with the (True) Self lost the healing power of being rooted. It remained alienated from the Essence. The regenerative capacity of an entire culture was undermined. The spiritual amputation had far-reaching consequences: history itself became shattered. Instead of having a spiritual context - core history - it was reduced to a superficial (and therefore senseless) succession of events.

What happened later was in proportion of much less importance. Just as with the individual, the "first years of culture" are decisive for its psychological health. The mischief of the first ten (sixteen) centuries could never be reversed in the time that followed. It meant the further degeneration of culture: from self-addiction (emphasis on sensuality, Renaissance), ego-inflation (inflation of the intellect, "Enlightenment") to the great DEPRESSION (consumption slaves) of today. The pretension of the church as "guardian of the truth", suggesting that the "evil of secularization" comes from "outside" is laughable. It has been the church itself (and still is) that – in the course of the centuries - has eroded its own position. It did this by blocking the direct relationship with "Heaven and Earth" in favour of its "mediation". The consequence was ongoing degeneration and degradation, something against which she subsequently went to battle. However, it fought what it had caused itself. Ego-expansion is an over-compensation for the lack of true spirituality. The deep desire for the roots, the restoration of contact with the Reality - with "Heaven and Earth" - yourSelf being connected, to unity in diversity, is therefore the primal scream of Western (wo)man. Against the background of all senselessness, this could now be the "sense" of our Western history of suffering: suffering leading to the Great Turnabout.

In the meantime, the Ego Catastrophe has grown into a worldwide epidemic. The engine behind it is the West. Ego-pathology originated here (Judaism, Christianity). The church "finished the job" through destroying the unity with "Heaven, Earth and the Community" in favor of its "glad tidings". (Wo)Man then fell back on the only thing that had not suffered under the persecution ("inquisition"): the ego. It is Christianity that is the cause of "secularization", individualism and materialism. At the same time, it labeled (wo)man as inherently sinful instead of inherently Divine, thereby oppressing the True Identity of (wo)man. God was replaced by an "image of God". Living in Reality replaced by surrogate reality: identification with images, concepts, a "sacred script" ("the God of the Bible"), sin, guilt, fear, dogmas and rituals, prescribed by the "one church" without which no "salvation" was (is) possible.

Instead of healing (wo)man and society, it forced (wo)man to live with a pseudo-identity: ego instead of the True Self, the uprooted, lonely self, alienated from the Cosmos, weakness that was elevated to virtue, at the same time obsession with a "savior" and our own "soul salvation", the separation of God and the world, demonization of nature, discrimination and oppression of women, aggressive" spreading of the faith with uprooting of non-Western cultures, agreeing with or / and actively promoting of violence. Christianity (but also Judaism and Islam) are intolerant at heart. The religious systems of the three "monos" consider themselves to be "chosen", they deny the equality of all people. They are therefore reprehensible.

The combination of (the impotent) ego and (the artificial) belief as two sides of the same coin (the "Judeo-Christian culture") became the motor of overcompensation, fear became power and violence, impotence to control and oppression, uncertainty hunt for money. This then extended to all other aspects of existence. Everything became an extension of the ego: religion, culture, politics, science, art, medicine ... you name it. All dominated by "masculine values": rationalism, reductionism, one-dimensionality, violence, control, domination, exploitation, "progress", technology At the expense of "soft" values: kindness, patience, beauty, respect, joy, compassion, solidarity, community, justice, peace, inclusiveness, courage, loyalty, love, honesty, truth, trust

Why does the world never come to rest? As a main cause, the ego, along with its overcompensation mechanism, is at the top of the list. The great danger is the West that wants to stop its decay at all costs. It derives its identity exclusively from "having". Due to the decline of the socio-economic system, the MEGA-ego of the globalizing elite threatens to lose all privileges. For the super rich, this is a matter of "life and death". This small group behaves like a wounded wild animal. Through violence it tries to get the world under its control, that what is now called "Big Brother": Big Government, Big Banks, Big Military, Big Business, Big Control and Big Media are the driving forces behind his attempt at world domination. This complex is synonymous with a MEGA EgoBubble. Life is totally commercialized, it is a further degrading of (wo)man to commodity, without inherent human (divine) value. However, due to its ever-increasing expansion ("more, more and more"), bursting of the balloon is only a matter of time.

*"Those who are elected have no power.
Those who have the power are not elected"*
Horst Seehofer, Prime Minister of Bavaria

As a result, it de-stabilizes all those areas that pursue their own development through radicalization, direct armed conflict, civil war and mass migration. At the same time, the gap between rich and poor, the social chaos and the climate crisis grow greater and greater. The more people understand that this is an unsustainable situation, the sooner the Turning Point is near. Deep inside, humanity longs for Wholeness at all levels: cosmic, spiritual, religious, psychological, social, cultural, ethical and ecological. The more you allow this desire to enter into your "soul", the stronger grows your will to commitment to the Whole. You are not alone. The Cosmos is uninterrupted "at your side".

Dream:

Dog in quicksand
People panicking
Before their eyes, he suffocates in the sand
Action when it is too late
Nothing is done about the quicksand

The Corpus Hermeticum (Egypt) describes the decay of our civilization in detail. At the lowest point, it is "the Gods" who herald a new phase. Later in history this is repeated many times. "We need a New Religion" (Teilhard de Chardin); "Only a (New) God can save us" (Martin Heidegger) and "This comes in the Deepest of the Night" (Jakob Boehme). With the Revelation of the Cosmic Mother this was recently fulfilled (1977).

Excursion 1: "Philosophical Outing"

Everything that you identify with becomes a thing. Once an "apple" is named, he is caught in my definition. Was he first a "living being", by my description he is reduced to an object. That's how it is with our ego. Ego is the unconscious identification with our self-image. Unconsciously, because you do not realize that you are identifying yourself. In fact, you do not know the underlying "I" either. Your self-image is an object, delimited from its environment. Identifying yourself with it, you are also delimited from your surroundings. That what you call your "I" has therefore become an isolated entity. It stands out against the "rest" of the world that has become "non-me" (including your repressed shadow). "I" and "not-I" are both categories of mind and as such "objects" fixed by your ego. The Western ego-man has thus made himself and the world a "thing", "verdinglicht" (German). We have become an object in the midst of a collection of other objects. As a "thing", however, Western people feel "at home" among things (inner and outer). After all, it is his own self-created world. That this world is totally artificial does not get through to him. Contrary to people from a different culture who have to stay in the West for a while (such as a number of 19th century Russian intellectuals). Many can hardly endure the chilliness, the alienation and the isolation.

Because the Western object-I thinks, feels and desires, it defines itself as a "subject". His inner being is "alive". However, this "subject-being" is within the limits of his self-limiting definition as an object. His "inner life" is thereby locked up within the (dead) cocoon of his (unconscious) self- "verdinglichung". To put it bluntly: So do not be angry when "one" treats you as a thing. It corresponds to the existential situation of your ego, something that you have created yourself, in contrast to the "Universal Spirit" (your True Self) that is inclusive e.g. all-embracing. One of the consequences: Because of the ego the psyche (thoughts etc.) can not flow freely, there is stagnation, accumulation, stress and thus aggression towards the outside. These are interpreted as "psychological problems". The cause, however, is the ego harness in which you have pressed yourself. (NB: Inconceivable: Ego as core pathology is completely ignored in medicine! Coincidence?). The point is that the "I" as "thing" can make nothing of the Living, Undivided Reality. The world of things and Reality are two separate dimensions. If you look at yourself and the world with the eyes of the object, you only see objects. How can you then lead someone to Wholeness? Faced with the Undivided Existence, the ego promptly (compulsively) begins to divide, reduce, categorize, name and analyze it. It can only see what is in line with its own (limited) perception. "He creates the world according to his image". His "creative activity" is bringing a tsunami of objects into the world. His passion is to "clone" himself (narcissism). So that everything (the living world) gets overwhelmed by it (destruction of biodiversity, plastic oceans, poisoned food chains, electromagnetic radiation, climate crisis, etc.). Thus the human being - as a robot - is the forerunner of the robot world. His inner (unconscious!) motor is, among other things, his repressed complex of primal angst, control obsession, overcompensated impotence, bloatedness, his male envy with regard to the birth potential of women and his hatred of the natural world.

At the same time his inner despair increases. No "me and you" philosophy, no "personal god", no "communication training", no social medium and no smartphone can get him out of his isolation. Here an example of a cornered ego and of its many tricks. Instead of giving himself up (which is the last thing he will do), he adorns his self-image with all possible "spiritual", "holistic", "integral" values, concepts and images. Identification is not given up, but "transformed". He creates in his world of thought a "perfect" system, based on esoteric, speculative, hypothetical ideas. He then clings to it. Not only that: He is firmly convinced of his insights. That is understandable because without this substitute knowledge he is nowhere. His great fear is to fall back into the inner chaos, his existential uncertainty, "nothingness". The underlying identification mechanism is (largely) unconscious. Ask someone: "who are you without your knowing" and it is immediately clear how the fork is on the handle. If someone is embarrassed, then his "insights" are artificial; if, on the other hand, he laughs (or she), without showing a trace of being defensive, showing his free, unencumbered

spirit, then you know that this person is REAL, living in direct contact with the Living Reality. Permanent delusion, an object among the objects or Part of the Whole, will the True (Wo)Man stand up?

The Great Turnabout
Ego * Cosmic Mother * Birth of your True Self *
Being part of the Whole * We are Cosmos! *
Healing the Planet

3.

The Ego Catastrophe

Some quotes from the book "Origin"

Our current crisis: the Ego Catastrophe. This goes much deeper than politics. Our personality is disturbed at the core. That is why the crisis is spiritual/religious /cosmic. To be compared with 2000 years ago. If Western civilization is simultaneously in decline without distinction and with all its components, then it can not be other than that there is a common denominator to it. This common denominator is called "ego". For the people who are not familiar with the concept "ego" the following. With "ego" is not meant so much a moral category. Ego is the (unconscious) identification with your self-image, an isolated entity, alienated from the Whole, separated from the reality of "Heaven, Earth and the Community".

For proper understanding it is important to realize that in Pre-Christian times there was still a realization of the Whole of which one was a part. People lived in "harmony" with "Heaven, Earth and the Community". Not through images, concepts or rationalisations, let alone by dogma, but through direct contact with the Divine world, Nature and the Community. The church misrepresented this as if (wo)man was bound by "cosmic chains" of which only "Christ" could deliver you. In reality it was a strategy to uproot (wo)man from his context, so that he/she would be easy prey for the "new religion". The similarity with 2000 years ago is striking. Now it is neo-liberalism that atomizes e.g. fragments (wo)man. Aim: human beings as willing consumption slaves.

Humanity had a cyclic awareness. One was born from the Cosmic Womb and returned to it: constantly! Bearers of this awareness were the "Vegetation Gods". It is the tradition of Inanna and Tammuz, Isis and Osiris, Cybele and Attis, Yahweh and Asherah (Astarte) and the Virgin Mary and Jesus. This was broken when the God Marduk (Babylon 1000 BCE) destroyed the Mother-Goddess Tiamat. The ego was born. Judaism projected its ego ("being chosen") into the god Yahweh. In reality, by the cessation of the existential context, man was at the mercy of his "I" as an isolated entity. The sense of "Eternal Return" disappeared to make way for existential fear. The "Golden Age" was over. The final cut-off of the Cosmic Context took place during the Inquisition. From that moment on, the ego became the foundation of the "Judeo-Christian culture".

"What you think, you are not"

How does the ego arise? As a child you identify yourself with things that are "pleasurable", to the exclusion of what "does not suit you". Your personality is like a medieval city: your I (within the walls) and your non-I (outside the walls). All this takes place in your imaginary world. For example with the remark "I am Jan" you add a image about yourself to your I-structure. In doing so, you do not realize that 1. It is an identification with an image 2. That your "self" is an image. When I ask "who are you" a few descriptions of your being-Jan are produced. However, this complex remains part of your imagination. It has nothing to do with the existential Reality.

"You are by what you exclude"

While we are proud of our "I", our ego in reality has us in its grasp. Without us realizing this! The (modern) person is an (ignorant, pathetic, gaudy, dangerous) caricature of himself. It is addicted to a self-created image of itself. Our "I" is an arbitrary entity that we can manipulate (and is manipulated!) ourselves, in accordance with our own ideas, vagaries and ambitions. Instead of being an authentic Self, our ego is rather a chameleon. The height of I-addiction is the unconscious identification with the "digital" world. Your "I" is completely absorbed by images. With a simple push of a button, "the entire universe" is at your disposal. Something that even "God" cannot give you.

Everything revolves exclusively and solely around your own self. Narcissism is the fundamental characteristic of the ego. While you experience yourself as "the center of the universe," you are actually alienated from the Whole. You are "thrown back upon yourself". Ego as the core of Western man is pathological. Our True Core is the True Self, the Divine Spark within us. The ego, on the other hand, is cut off from its existential context: "Heaven, Earth and the Community". Ego has no problems, it IS the problem. It is a painful discovery that we are living with a "false I". So how can a complex estranged from the Whole (ego) save the world? The first step towards Wholeness is to see that our "trusted" I stands in the way of Wholeness. It is about acknowledging our impotence. P.S. The AA is a good example*. Only a Dimension that is bigger than ourselves can pull us out of the swamp.

* Alcohol Anonymus. Acknowledgement of one's own impotence. Invoking the help of the Transcendent.

Because this "I" has no roots in the Reality, it is taken in tow by every thought, emotion and desire. The thoughts are stronger than yourself. "We are IN thought" we say. You are constantly being overwhelmed by problems. In fact, everyone is an ego junkie. This culminates in the current addiction to your "virtual me".

Since this ego identity is artificial or arbitrary, you are (subconsciously) dominated by uncertainty, fear, vulnerability, impotence, fear of failure, inferiority complex. However, it is impossible to be constantly anxious, insecure and vulnerable. (Think of the growing group of "ego-weak" people who need psychological/psychiatric help, they form a separate chapter). That is why the ego seeks its "salvation" in overcompensation: it blows itself up. Life is governed by obsession with "security", control, power, violence, money. Without bounding context of "the Whole" - "Heaven, Earth and the Community" - it has no limits. It is the engine behind the most virulent forms of ego ambition, destroying everything that stands in its way. Inside is outside: ego and capitalism as the other sides of the same coin. It has led us to the edge of the abyss.

Example of an ego profile

Hunted by existential (death) fear
Alienated from Reality
(An isolated entity)
An artificial construction, a surrogate self
(Without being aware of this)
Addicted to the self-image
Narcissistic, unreliable, cowardly, irresponsible
Prisoner of his own deceitful illusions
Hiding itself behind "normality"
Corrupt, confused, meaningless, lying, unethical
Inferiority complex
Overcompensated, inflated, megalomaniacal
Power obsession, ruthless, suicidal, sociopaths
Have as the inability to Be
Driven by own advantage, desire, expansion, exploitation
Prisoner of his own thoughts
Tormented by worries, problems, stress, burnout
Does not know True Fulfillment
It lacks wisdom, depth, empathy,
self-sacrifice, joy
Its ambitions are always at the expense of others
Etc .. etc.

Are these the people you f.i. want as leaders?

Identification with your self-image excludes everything else. Your sense of "exclusivity" exists thanks to the creation of a "not-me". Exclusivity is well considered synonymous with a sense of superiority. Provocative expressed: In the eyes of the ego, everyone else is an "untermensch". You divide the world in "civilized and uncivilized", "good and evil", "believers" and non-believers. Ultimately, this leads to the person being labeled as "non-me" as inferior, a-social, disbeliever, loser, scum, subhuman, yes in extreme cases (...) to animals, which you then eradicate without a pang of conscience. The myth of being "chosen" (Judaism, Christian fundamentalism, Islamism, Anglo-Americanism, the global elite) is an overcompensation for inner impotence. Every person is unique, but nobody is superior. The latter is the cause of all discrimination, racism, intolerance, violence, persecution and genocide. Of course, injustice must be fought at all times (e.g. in the form of "anti-exceptionalism"). However, the root of evil - the underlying ego dynamics - remains unaffected. Hitler was defeated, but now the "Endlösung" of the whole earth is at our door. Einstein: "Problems are never solved at the level at which they were created".

In these most critical of times
A NEW WISDOM TEACHER
has come forward
His Universal Teaching:
"WE ARE COSMOS!"
www.healingtheplanet.info

Thus the core problem is the ego. "To have as the inability to Be". This definition makes clear what it is about. At the core, our crisis is spiritual, religious, cosmic. Due to lack of True Fulfillment (Being) the ego seeks its overcompensation in "more, more and more". Because this does not really satisfy, it becomes a lifelong obsession. You stuff yourself with luxury, ambitions, wealth, money, shopping, distraction, success, "happiness", sex, "information" ("you are drowned in it"), work, relationships, "spirituality", politics and power, everything you can get. The West is trying to tell (wo)mankind that indulgence to materialism is "freedom." In reality, it has immersed (wo)mankind in a gigantic ego-addiction, an unprecedented lack of freedom.

Everything with which you identify yourself becomes "thing", dead material. Once you have what you longed for, your interest has suddenly disappeared. To have works dispelling. If you pick a flower, the enchantment is immediately broken. Your inner self is a warehouse full of meaningless clutter (thoughts, emotions, desires). This accumulates in such a way that you eventually suffocate. It is equivalent to the (too early) decay of your mental and physical abilities:

This is the degeneration of Western civilization ("mental Alzheimer"). On the other hand, constantly emptying yourself creates new space. This is how the Spirit continuously regenerates you.

(PS Western intellectualism (with the Dutch at the "head") is a form of ego-impotence, it is based on argument and counter-argument. If someone brings something forward, one compulsively reacts to the contrary. a "game" of "who is the smartest in the country." Instead of "Thesis" and "Anti-thesis" leading to a "Synthesis" (Hegel), the outcome of the polemic is to neutralize the positions. In practice, the latter have no further consequences, let alone working together for the Whole. As a result of which one never lifts oneself above oneself, can never jump over one's own shadow, that life never reach a "Higher" plane, that no new step in evolution is made. This may not be a problem in quieter times, in our current MEGA-Crisis this is disastrous. Instead of ego-games ("we had a very lively conversation"), it is NOW about giving it up: It's about re-integrating the ego into the Whole of Mother's Cosmic Order. That this is a fundamental change everybody will understand. Not in the least those who have identified themselves with their idealized self-image! It is the choice between dying of the ego or death of the world. It is about the collective effort - one in which we constantly complement and support each other - for the restoration of Wholeness. Urgent is getting together a core group of kindred spirits. The planet needs people with a calling. In more moderate circumstances, it is simply sufficient to "embrace" the ego so that it becomes part of the Whole again. In the present time in which the ego has the whole planet in its grip, this does not work anymore. Only "outside help" can still save us.

The more you allow the pain of ego, the stronger your desire for Healing

Explanation

The ego plays a central role in the current humanity crisis. Therefore, an extra explanation will now be given. I hesitated for a long time whether I would include my own biography. Because we are all part of a big problem, the fairness requires that I reveal my own part in it. Because of its great relevance, the notion of "powerlessness" is placed in the center. With me it started because I was delivered 14 days too late and was finally "taken" with the Caesarean section. The first moment of impotence. The first two years I enjoyed (as far as I can draw) a very happy baby time surrounded with love and care. Yet every baby has an underlying awareness of dependence and vulnerability (second moment of impotence). Then (1944) through profound events (in which the war also played a role) a large part of mother's attention fell away from me. I suddenly felt totally abandoned. Over the years, this situation hardly changed, so that for the rest of my life I had the feeling of being excluded. It was the third and most radical feeling of impotence. Not surprisingly, therefore, that from that moment on the "leitmotif" of my life was: "I want my kingdom back". My whole further life would be colored by this.

The second decisive period is that of the ego formation. The child begins to define himself as "I". This "I" is the (unconscious) identification with the self-image. Everything you "like" gets a place in your self-image, everything else is excluded ("not-me"). It is a form of self-protection: what you can not handle you do not allow to enter your being. In this way, a powerless moment is built into your system again. Since this is a fairly random process - situation-determined - there is (unconsciously) a sense of uncertainty, vulnerability and powerlessness with regard to your I-identity.

What is decisive here is that in Western culture individualism is the basis of personality. From the very beginning, your I-formation is taking exclusively place between you and your self-image. The result is an I as an isolated entity. This is different for other cultures. In China, for instance, people are defined as part of a larger Whole. Instead of an isolated I, the existential experience of "Heaven, Earth and the Community" is central. It is the example of how culture forms (or deforms) (wo)man. The "I" (ego) as the sole reference point to existence is the ultimate moment of (existential!) impotence. It is the core of our Western ego pathology. In most people (less and less, by the way), this impotence is unconscious. This is because from the beginning the ego seeks refuge in compensation mechanisms.

The common way of compensation is your identification with a socially accepted role. Finding refuge in "normality" dampens your fear of existence, your inner insecurity and your vulnerability. So you decide to become a bus driver, doctor, yoga teacher, baker, scientist, coach or politician. Civil values protect your life from major crises. It is an honorable form of self-protection ... as long as it goes "well" with society. The big disadvantage: you have made yourself totally dependent on external certainties. If things go wrong in society, then you are in big trouble. You have never learned to build an inner footing. It typifies the current time. The uncertainty, impotence and fear regarding "survival" has never been so great. If the (big) crisis breaks out, then "you are nowhere".

Just back to myself: Measured by the "civil standard" my adjustment did not work out very well. The advantage was that I was looking for certainty in my inner self at a very young age. This also had a disadvantage: an inability to deal with daily, worldly problems. Because of my sense of being excluded, my contact with the civil culture was limited to a minimum. This would be "compensated" by my later Great (Cosmic) Experiences. I sought the solution of my inability in creating a New Society ("idealistic overcompensation"), based on justice, peace, self-government, interconnectedness and harmony with nature. With the inevitable consequence that I rejected current society (as a God-, (wo)man- and nature-hostile system). My whole commitment circled around the acknowledgement of my new ideal. What I did not see at that time was that instead of forcing the world to "acknowledge me", it is all about recognizing my own vulnerable inner child. Only when I embrace/love my own vulnerable child can I embrace the vulnerability of the world. This works vice-versa. Generally, the (male) ego does not recognize its own inner vulnerability ("child"), therefore it does not recognize itself to be "child of the (Cosmic) Mother", the Source of universal compassion. Consequence: ego has no (real) empathy.

Ego: the preliminary stage of the robot

If the integration into the civil system ("compensation") does not work, the ego goes into "over-compensation". Then impotence becomes a desire for power, uncertainty the hunt for the big money and vulnerability insensitivity to the suffering of others, the inferiority complex the cause of "superiority", bloatedness and ambition. Your inner being is dominated by obsessions, problems, conflicts, addiction patterns of all kinds. Since you know no limitations, the ego blows itself up further and further. This form of ego-overcompensation threatens to become the prevailing "norm". After all, the whole society is built on ego-addiction. The chance that a child can identify with humane, loving, altruistic values is getting smaller every day. As a result, the impotence that was previously covered by "values and norms" is now emerging in all its starkness ("neo-liberal globalism"). Raw profit, competition, aggression, hatred, violence, cynicism, intolerance, jealousy - you name it - govern daily life. Crucial is the insight that this all originates from powerlessness. If you have problems, the cause is not (so much) the problem, but first of all your inner impotence. Your impotence creates the over-compensation, the latter in turn creates the problems. Since both your impotence and its over-compensation are aspects of the ego, you are trapped in a vicious circle. Your problems are increasing, so your impotence continues to increase.

We used to dance in the pastures
together with the butterflies: whites, blues, yellows
Now there is a thick gray veil over our lives
Vultures circling above our dying culture
And we do not even notice it!

Evil has the world in its grip
Where has our innocence gone?
Find refuge in the Cosmic Mother
And you will be eternally reborn

If the "I" is powerless with regard to your inner impotence, who can take you out of it? You can not pull yourself by your own hair out of the swamp. Projecting your impotence into society - "politics" - can at most bring some (minor) "improvements". The fundamental problem is not solved. The collective powerlessness of (wo)man will thus time and again cause major problems. The first step is to recognize that your problems emerge from inner impotence. Insight into the cause is already taking away much of its sharpness. Next step: the vicious ego-spiral can only resolve in a dimension that is Greater. Indeed, as we have seen, in Absolute Nothingness (the "Cosmic Womb") every identification is impossible. Instead, your True Self, your inherent Power, is born: Mother's Void as the Eternal Source of Renewal and Regeneration. Subsequently the New (Wo)Man creates a New (cosmic-ecological-communitarian) World. It also becomes clear that a patriarchal God - "as a projection screen for the male ego" - can not solve the problem of our impotence. Only the Eternal-Motherly - the All-Embracing One - can transform our ego.

For me it was a miracle to see my personal biography reflecting by society. By embracing my own suffering, I can embrace the suffering of the world. Moreover: Have not we all become "outsiders"? Has not (wo)mankind as a whole (the West) "lost its kingdom"? Our powerlessness - think of politics, the economy, the media - is dire. However, it goes deeper. I call the loss of the "Kingdom" (Cosmos) the core problem of humanity. It is rooted in "Heaven, Earth and the (new) Community". It is the realization of your deepest possible inner fulfillment, the joy of being in harmony with nature and the restoration of peace between all people. Hence our "leitmotiv" "We are Cosmos". With that, my personal mission has coincided with that of humanity. The Reality appears to be more miraculous than my "wildest dreams".

We live in a God-, nature-, and human-hostile system.

"It is dramatic that man at the time of his greatest powerlessness,
imagines himself to be omnipotent thanks to his scientific and technical progress".

Erich Fromm

Nothingness is Eternal
All "something" is perishable
See the "something" with the eyes of Nothingness
The Paradise

Conclusion

It is clear that we are on the eve of a New Era. For centuries, "God" was the projection screen for the (male) ego. Christianity is therefore part of the problem. The ego has led us to the edge of the abyss. The current crisis makes it clear that all existing options have been used up. We stand with our back against the wall. A. Toynbee (famous British historian) was right. If all values are degenerating, only a New (Cosmic!) META-Religion can (still) save the world.

4.

Revelation of the Cosmic Mother

"Not God created the world out of nothingness, but Nothingness gives birth to God and the universe, the latter continuously returning to their Origin "

Our spiritual history is that of Original Wholeness to the current one-dimensional society. The shocking thing is that this was not a "natural law" but the result of deliberate destruction. To get an idea of what the Christian church has done to European culture, here is a (very incomplete) list: Falsification of the person of Jesus ("God" instead of prophet), destruction of the feminine (Mary Magdalene), destruction of the Gnosis (Self-realization, the Divine in yourself), destruction of the sacredness of the world, ("God" vs. World), destruction of innocence ((wo)man as a sinful being), destruction of self-respect e.g.dignity (the guilty person), demonization of women, the body, eroticism and nature, instillation of existential fear (Satan, the final judgment, hell), the powerless man ("God" is everything, you are nothing), hatred of non-believers, extermination of "barbarians" , incitement to wars, collaboration with the rich and powerful (oppression of the people) not a single institute has had such a destructive effect as the Christian church. The result was (is) the death of the Spirit, the degradation of the soul and the decline of culture. The European (American) man has himself become barbaric, one who violently destroys traditional communities. After many centuries of oppression (inquisition, witch-hunt) the European spirit was broken in such a way that they fell back on the only thing that had been spared: the ego. As an isolated entity without an integrating context, it blew itself up further and further, resulting in the current Ego-Catastrophe. Now that even the survival of (wo)mankind is at stake, and the existing (Christian) religion has come to an end, the Ultimate (the "MOTHER") was "forced" into an unheard New Step: it revealed its (Her) True Being, its (Her) Void ("Emptiness beyond Emptiness") beyond God (1977).

"The European soul is dead"
Pope benedict XVI
(He "forgot" to mention the cause....)

3000 years of patriarchal religions have failed miserably in overcoming the ego. The latter simply used God for its dirty work. Most wars are religiously "inspired". That is why the existing religions - sorry to say - are not suitable to lead (wo)mankind to world peace. With the Absolute Nothingness of the Cosmic Womb, however, the ego can no longer identify itself. It does not stand the confrontation with Her Void. "Her Womb is his Tomb". Without Her interference, humanity will be handed over to its own demise. That is why the Mother HAD to make herself known. We owe this to Her boundless compassion. Jai Mata Di! (Long live the Mother).

She is Absolute Nothingness, the Ultimate "behind Everything" that gives continuous BIRTH to the Eternal Light ("The Divine") and the universe. The former is therefore called "Cosmic Womb". "God" is thus not the "Father", but the Son (of the Mother). The world is not a creation, but a birth. The statement in Genesis: "Before God there was Nothing" appears in a completely new light: God born out of the Cosmic Womb. A text on the altar of the Cathedral of Salerno confirms this: "Darkness precedes the Light". The joke: believer said: "Behind God there is "(N)nothing". Me: "I completely agree".

The Mother Principle is the (No)Ground of existence. The Cosmic Womb gives birth to the Eternal Light (God). All religions have a memory of Her. Estrogen receptors (female) were 50 million years before the androgen variant (male). The Prehistory was dominated by the Great Mother. Adam was born from Eva and not vice versa. In the first 6 weeks, all fetuses are female. The mother is the bonding force for the growing child. Mother love is all-embracing, unconditional and selfless, greater than that of all "gods" together. The Cosmic Mother as the Ultimate is the only One who can take the world out of his ego-anesthesia.

The Miracle began in 1973 with Zen and Karl Graf Dürckheim. (My first Satori). Then I (1974) received an authentic (transcendental) Vision (of the Grail) with St. John's Wort, the Tree of Life and the blood-pouring Golden Chalice. Its meaning: "Strive for Enlightenment, restructure your life and serve others". Then in 1977, completely unexpectedly and through extraordinary Grace, the Cosmic Mother revealed Her Essence to me. It is the Realization of the Triple Cosmic Reality: Mother's Bottomlessness (Vacuum) together with Her two Cosmic Forces (Dimensions): the Eternal Light (the Divine) and the "Great Death (" Cosmic Destruction "). I AM THAT, I am the Cosmos. Mother's Revelation is absolutely unique. She reveals the Ultimate Mystery of the Cosmos: The Dimension on the Other Side of God. "Nothingness as the Mother (Womb) of God and the universe". It is the Revelation of Revelations, a new step in evolution. This was followed by 10 years of uninterrupted Bliss as "prisoner" of the Eternal Moment ", yes, as a" lily in the field ". The next 20 years were the most difficult of my life: integrating old unprocessed contents of my psyche into my New Identity ("Dark Night of the Soul"), culminating in the Unity with the Cosmos. (See further: Book "Origin" 3). Some time after my Great Experiences I took the name "SermeS" (Servant/Messenger).

This Threefold Cosmic Realization shines a new light on the scientific explanations regarding the origin of the universe. Especially the question "What was there before the beginning" has (understandably) fascinated mankind since ancient times. Because science can only determine that which is measurable (and the rest derives from mathematical speculations), the Cosmic Experience as Source of deepest insight is indispensable for understanding the world in which we live. It is then particularly fulfilling to be able to find that science (on details) confirms the experiences of mystics and others. I can only take my "own" experiences as the starting point in this. The first Great Surprise: everything: both "God" and the universe are born from Absolute Nothingness. This Absolute Nothingness is the Great Mystery, the True Bottomless Primordial Ground. By nature it can never have been produced by anything else. The "something" comes from Nothingness, never the other way around. This immediately means that Great

Nothingness has been "around" since all eternity. It corresponds to my Experience of Total Annihilation, a Moment of Absolute Blackness, in which not only my body-mind, but also my consciousness was gone. However, this only lasted a fraction of a moment. Immediately thereafter I was imbued in the Eternal Divine Light. The second additional insight implies, therefore, that the Vacuum is not an isolated Dimension, but gives uninterrupted birth to the Divine. It confirms the "axiom" of the religions that "God is eternal". Their miscalculation, however, is that "God thus is the Ultimate". The Cosmic Experience contradicts this. Absolute Nothingness precedes the Eternal Light. God is (constantly) born out of the Mother.

Thus, "God" is not absolute. This insight comes from the third Great Experience. In the night after the Great Light I was suddenly overwhelmed by "Cosmic Horror", in which (again) in a fraction of a second my entire body-mind was destroyed to the bottom. The only (life-saving!) thing left was my clear-conscious Presence, who "perceived" all this. The Eternal Light (see above) thus provoked its opposite: the Eternal Destruction. It leads to the conclusion that the universe is ruled by an "Eternal Triad", the "Trinity" of Absolute Vacuum ("Cosmic Mother") and Her two Cosmic Dimensions of "Birth and Death". These last two are equal, opposite and complementary. The Eternal Light therefore has its counterpart in the Eternal Destruction (physics: SuperGravity). They cancel each other out, their "sumtotal" is zero. That is why physics speaks of a Zero Point Universe. Because their sum is zero, the universe can exist. Physics speaks of "cosmological constants". It still brings scientists into riddles. Why? Because the phenomena described here are Transcendental Dimensions, on the other side of what is measurable. What is visible is picked up by physics, which causes these phenomena remains in the dark. The two Cosmic Forces have a central function: Structure and Demolition. That way they keep the universe in balance. All forms/energies arise from the Void while returning to the Origin uninterruptedly ("Destruction"). It is the poverty of Western thinking (and religion) that it has never acknowledged the existence (and the positive function) of the Cosmic Destructiveness. It is physics! who received a glimpse of its reality ("Black Holes"). The visible reality eventually reflects Cosmic Order. Death and Rebirth is reflected by "vacuum fluctuations". It is the phenomenon that incessantly "virtual particles" are born from the Vacuum while at the same time disappearing into it. It is logical that in the context of this manifesto only a foretaste of this new insight into the Cosmos can be given. A more extensive report can be found in my books "Origin" (especially part 1, 2 & 3).

The Ur-Age was the time of "the people of the Mother Realm", the consciousness of the Mother as the Ultimate ("Paradise"). Followed by the patriarchal Ego-Age ("Paradise lost"). This is now coming to an end. In this most critical of times (courageous) forerunners announce the return to the "Original State" ("Paradise regained"). They are called "Originals". This is phylogenesis. The miracle: this same process is reflected by my own life (ontogenesis). They are the same process. Jai Mata Di!

Because of that my life has reached a completely new level. It is rooted in Eternity, while infinite joy and gratitude are constantly overflowing. However, this New Life also has unexpected consequences: you are One with the Cosmos, but lonely among the people. No one sees your "New Identity", let alone acknowledging it. Comes to it the realization of "inner obligation". Being part of the Whole, you live in service to that Whole. In these critical times, that means to make people known to the Mother. Not that I was dying to do this! For 40 years I have tried to get out of my "mission". In vain.....

ODE TO THE MOTHER

Our Cosmic Mother,
Bottomless Ground of Existence.
Womb of the All.

Not God created the world from nothingness, but Nothingness
gives birth to God and the universe.

Mystery of the Mysteries.

The Light comes out of Darkness!

Mother of God, of the Light and of the BuddhaNature,
of the universe and the green Earth,
the grass, the trees, the animals and people,
of the rivers, the rocks and the clouds.

In the same Eternal Moment
taking everything back into your Lap.

Conquerer of the ego.

Birth-Giver of the True Self,

to become part of the Whole again:

"Heaven, Earth and the (New) Community".

We are Cosmos!

Green Men and Wise Women beg You:

Universal Mother, Eternal Wisdom,

Law of the Universe, Queen of Heaven,

Refuge of the lost,

Liberator of the oppressed.

Comforter of those who suffer.

Destroyer of evil, Healer of the world.

Loving, All-embracing Mother,
we are eagerly awaiting Renewal,
Healing and Wholeness.

My mission is to guide you on your Way Back to the Origin, your True Home. It is the Experience of Surrender to Ultimate Reality. By giving up your ego, giving it back to Her Bottomless Primal Ground, She lets Her Divine Light be born into you. You can not achieve, own or claim this. It is a Grace, a Gift. Only through surrender (of your ego) to the Mother you can become a part of it. It results in a totally new attitude to life. Instead of self-centered ambition, your existence is permeated by gratitude, wonder and worship. The starting point is the insight that the whole universe - nothing excluded - lives in the Light Body of the Mother ("God"). Because this Divine is Omnipresent, everything - rocks, rivers, plants, animals, (wo)man, the clouds, the sky - is the content of Her Divine Space. "God" can therefore reveal itself every moment in every (wo)man - of all times and cultures. Many revelations have been recorded in the course of time. They all testify of breaking through of the Divine Light, including the memory of very ancient times, where the Mother was acknowledged as the Origin of All.

*Queen of Heaven (Judaism), Mother of God (Christianity), House of Allah (Islam), Mother of the Gods (Hinduism),
Cosmic Womb (Taoism), Emptiness beyond Emptiness/Nirvana (Buddhism)*

I can now say in full: You are in trouble because you do not know the Cosmic Mother. It is that simple. "Believing in God" is not the same. The latter is the identification with an idealized image. An image - however "exalted" - is just an image. This also applies to the so-called "New Age". This is based on the ego's refusal to give itself up for the sake of the True Self. Instead, it fills up its self-image with "spiritual" speculations, theories, concepts, ideas, visualizations, "experiences." In this way it creates a pseudo-world of "positivity", "harmony", (its own) opinionated "wisdom" and "love". The issue here is "Reality or illusion". Unfortunately, our culture did not develop in accordance with the "Divine Law". On the contrary. It was the church that for the sake of his "Glad Tidings" (reli-myth) destroyed Reality, the direct contact with "Heaven, Earth and the Community".

Cosmic (Mother) Healing

More and more people become familiar with "spiritual" or "energetic" healing. This form of healing is based on the axiom that "everything is energy". The therapy consists of "passing on", "leading" or "mediating" this "universal energy" to the benefit of the client. Apart from the problem of (esoteric, New Age) popularization with (more often) dramatic consequences for the quality of healing, this starting point is only half a truth. The dogma "everything is energy" is not correct. If the starting point is incorrect, then the result is correspondingly. Contrary to what is assumed, "energy" is the MATERIAL aspect of the Cosmos. You read it correctly: the material NOT the spiritual. Energy does not stand alone. It is part of the Cosmos. The Cosmos again consists of several "parallel" Dimensions. The Primal Ground - the Origin from which everything emerges - is the Cosmic Vacuum, also called "Cosmic Womb". Since the outcoming dimensions are BORN, the Cosmos is maternal. It is a gigantic Cosmic Womb. From Her Absolute Nothingness the Eternal Light (Great Consciousness, Cosmic Intelligence, "God", Divine Space) is born (uninterruptedly), while the latter constantly returns to the "Mother's Womb". Through her underlying birth-power, the Divine Space "in turn" gives birth to the universe, the "sumtotal" of all energies. Thus "not energy, but the Divine Void is everything. Energy appears to be the content of it. Hence, energy is subjected to the Eternal Law of "Death & Rebirth (Regeneration). This is the starting point of Cosmic Healing. You only have to fit in the Cosmic Order and the healing takes place spontaneously. Life (and therefore HEALING) is thus determined by 1. Absolute Nothingness 2. Great Consciousness 3. Destruction and thus 4. Continuous Regeneration. It goes clearly (much) further than what is normally understood by "healing". You could better call it "Cosmic Order Therapy". Not "energy" but the ego is the starting point. By "giving back" to the Mother She lets the True Self be born in you. This True Self then joins ("incarnates") in the Great Whole of the Cosmos. Outer healing then cooperates with inner healing.

When Mother's Vacuum continuously regenerates God and the entire universe, She must possess unimaginable Powers. Since we are part of that same universe, Her Power is "at our disposal" too. We have to put ourselves in the concept of "vertical evolution". Everything - all energy (quanten) complexes of the universe - is constantly born from the Motherly Origin and returns to It: viruses, single-cell organisms, plants, animals, people, rocks and clouds. In the Absolute Void everything is broken down and transformed into new forms. These forms are then "returned" to the visible world. Dying and being reborn are the two underlying Cosmic Forces. It is the central depth mechanism behind evolution. It is responsible for the uninterrupted transformation of all living and "non-living beings". This process is vertical, deep and takes place in the Here and Now, the Eternal Void. It is cyclical, not linear. This for good puts an end to (economical/technological) progress and growth thinking. On the other hand, it promotes a dynamic balance on all levels of existence*.

*Ask for our unique Healing initiative: "We are Cosmos!"

It is clear: Cosmic Healing is a unique step, a whole New Dimension. An example. When in "Mother's" Emptiness all the old DNA is broken down into smallest parts, to be reborn in new combinations, then in the same way our morbid DNA (eg cancer) can be transformed. Without even claiming anything, this insight alone is a breakthrough for quite a few. It carries the promise of a Cosmic Medicine, one that will increase our healing possibilities "a hundred times". For further explanation about chronic illness (including Alzheimer's) see later and also Book "Origin" 3. All of this sheds a completely new light on "Destruction". Thanks to the latter, we are being renewed by the Cosmos. By returning what has to die, we regenerate ourselves. As mentioned, it was J.W. von Goethe who saw this. He emphasized "Stirb und

Werde" which is only made possible by the "Ewig-Weibliche". In practice, "Mother Healing" includes different stages. What they have in common is a deep trust in the healing power of the Mother. Through Her Bottomless Emptiness, this Power is unrivaled! First it is about giving up our ego, upon which She "gives back our True Self". It is impressive to experience how much suffering is connected to the ego. If we give up our ego, the secondary complexes also disappear like angst, powerlessness, loneliness, meaninglessness, thought obsessions, addictions, stress and many other negative emotions. If we have experienced this and our faith in the Mother is unwavering, we can also beg Her to "take over" our bodily suffering (chronic illnesses) from us. Her motherly compassion is limitless! She breaks down the old/sick, while the new/healthy is born. "Cosmic Mother Healing" (see also website) says it all: only She - the Source of all Regeneration - heals. We are only Her helpers. Cosmic Healing: breakdown of the old & creating the new ("Regeneration").

Some explanation is appropriate with regard to the "negative" emotional complexes. They are all directly related to the suppressing activity of the ego. Once you give up your ego, the complexes are open to integration into your conscious Self. The clue is that these complexes are all linked to each other. This can best be demonstrated by an example from my psychotherapeutic practice. A firstborn child enjoyed unlimited love from its parents (mother). At the age of two a little brother was born. Both the new child and mother were very weak. Hence, the attention of the mother shifted totally/abruptly to the second child. Through this, firstborn felt totally abandoned. Intuitively the new brother experienced his older brother as a threat to its own survival: a competitor in engaging mother's attention. Unconsciously he started using his weakness as a weapon, developing all kinds of strategies of claiming his mother. Simultaneously he kept his brother away from mother's care. He did it by verbal/emotional war (full of tricks, sharp tongue/a big mouth ("clevere babbel") and constantly distorting the truth) to which the elderly brother felt completely powerless. Cleverly hiding behind the role of the "victim", he put the blame of everything going wrong on his bigger brother. He did everything to put elderly brother down e.g. humiliating e.g. cornering him. Over the years a fixed symbiotic relationship (pattern) between little brother and his mother established itself, so incredible tight, that very little attention (of the mother) was left for elderly brother. (NB. The latter's life-long fight for love (and the truth) was finally rewarded (only a few years before her death) when his mother admitted her chronic neglect for older brother's (emotional) needs). Unable to find an entry to mother's love, elderly brother retired into his "inner self". He became introverted, depressed e.g. melancholic. Within his soul he boiled over though. It resulted in desperate moments of total powerlessness ("onmacht") against little brother's (vicious) verbal superiority, resulting in eruptions of beating his brother up. It was the only way he (elderly brother) could compensate for its chronic feeling of being oppressed. (NB. Younger brother turned this upside down, making "oppression by his "stronger" elderly brother" an effective propaganda tool). In reality little brother fully "dominated the scene" by his ongoing psychological intimidations. His early inferiority feelings were overcompensated by an obsessive tendency to "knowing everything better" ("superiority complex"). He was always right, innocent and superior, his failures always being the fault of others.

Now, the point is that the development of inner negativity form a chain-reaction. With elderly brother it started with an overwhelming feeling of powerlessness/pain **(1)**, subsequently blaming his little brother for blocking his life-line to his mother. That's the reason why firstborn started hating his younger brother **(2)**. Over the years – increasingly realizing that his hatred goes against "morals" - an (unconscious) guilt feeling **(3)** emerged. Finally this guilt feeling resulted in fear **(4)** of society "being after him", trying to punish elderly brother for his "sins". Conclusion: "negative" emotions always form a chain reaction: one is creating the other. In this case it was the spiral of Powerlessness/Pain, Hatred, Guilt and Fear. And this goes on. For Fear causes a new cycle of Powerlessness etc. etc. You are in the grip of a negative spiral. Summarizing: For therapy three things are essential. **First** you have to unlock (give up) your ego. You have to free the emotions from ego's grip. **Secondly**, this cannot be done by ego-activity (vicious circle). Ego only dissolves into a dimension where it cannot identify itself anymore. Everything else leads to new fixations. The only dimension that can do this is Emptiness, inner Space, the Void, ultimately the Cosmic Womb. Cosmic Healing being the ultimate solution to all ego-problems. **Thirdly** you have to forgive - in this case the little brother (AND yourself for your hatred), for having caused the bulk of your suffering (let's say 75%). Why to forgive? Because he (the little baby/brother) only acted according to its survival instinct, for which he cannot be blamed. Fighting for your own survival is inherent to every creature. It is your "birth right". Hence, all troubles/pain caused by it should be forgiven. Forgiveness proves to be essential. It takes your hatred away, something that no psychotherapy can achieve. Once this major part of the spiral is removed the whole complex collapses. You are freed of your "negative karma". The remaining 25%, however, was little brother's own responsibility, because he continued to consciously cultivating its verbal "terror" (narcissistic intellectual self-indulgence) further, far into his mature age, spreading negative propaganda about his elderly brother, making the latter the "black sheep" of the family.

Finally, I call on mothers (see Book "Origin 3, chapter" Mothers for Mother") to set up a "Healing Shrine" in their own habitat. So that the Healing Power of the Mother may spread throughout the world ("Cosmic Mother Healing the Planet"). Her Motherly Love is unsurpassed. She is the Healer of the World. Seek refuge in Her and She will heal you. Her Emptiness destroys all the old, sick, accumulated, ugly and evil while simultaneously giving birth to all good, healthy, fair and good. This is reflected in our body. 25% of all cells are permanently in a dying phase, 50% are relatively permanent, while 25% are in a stage of birth/growth. The miracle: Dying cells secrete a substance that stimulates the growth of new cells. Death as a condition for life.

Mothers for Mother

The starting point of this Manifesto is the necessity of The Alternative. Everyone knows the great dangers that humanity has called upon itself. Politics largely ignore this. It only has short-term interests in mind. That is why the citizens - you and us - are forced to design their own survival strategies, based not only on their own interests, but

also on the interests of future generations. The future of the planet depends on people working together on a new world, one that is based on existential values: human being rooted in "Heaven, Earth and the (New) Community".

We start close to home. The capitalist system has deliberately atomized society. Especially women (mothers) are victims. They were (are) forced to give up their "power base" - the extended family, the community - in exchange for the individual "nuclear family". The next step was (is) giving up basic security for a "job". The result is the disintegration of the family. The (big) tragedy is that at the end of the journey, when the system (further) falls apart, the people (especially the mothers/women) are left empty-handed. No more family, no more community, away job. NB. Incidentally, the "more modern" (fragmented) the country (the US, for example), the harder the blow will arrive. That's why I sound the alarm clock NOW. "(Wo)Man, reorganize!" Organize YOURSELF in your own neighborhood, spread the philosophy of "Heaven, Earth and the (new) Community", take the first steps towards a Community Democracy. An important step is that mothers solidarize themselves. She and the children are the most vulnerable group. They are therefore encouraged to initiate modern "clans", in which they themselves are central. Then other women, partners and friends join the clan, all according to the principle of Community Democracy: the "organic" construction of individuals, groups, streets, neighborhoods, municipalities, provinces up to and including Autonomous Regions and a New Europe. It is the basis for the New Society under construction ("subsidiarity"). Mothers and women take the lead. With the community as a "power-base" they expand their activity "concentrically". In the new community they can develop all their talents: spiritual, health care, cultural, social, "political", financial, economic and ecological, as described in Book "Origin" 3 in detail.

While mothers are most discriminated against in society, they are cosmically closest to the Origin: the Cosmic Mother. For most mothers, this is an incredible discovery. Their womb is a reflection of the Cosmic Womb! They are intimately connected with the Cosmic Birth of both God and the universe (new is the term "Womb Worship"). From the first moment that you recognize the Great Mother as being the Birthgiver of the All, deep joy and wisdom descend into your "soul". As a mother you are the first among the people who can experience the Maternal Mystery from within. (That does not exclude all others, men and women equally) Every person (plant, animal) is "child of the Mother" and as such has access to Her). At the same time the promise of "Womb Wisdom" also implies an obligation. In practice, every mother who has been touched by the Mother will spontaneously want to be her "priestess". This can be expressed in many ways. The Essence of the Mother is that she embraces everything, She is universal. So we only do right to Her when we "bring" Her into the world in Her True Being. The miracle is that She has already indicated in what way She wants this. Her instructions include "Healing Cosmic Mother Shrines" as centers of Cosmic Healing. These are set up, cared for and brought to fruition by mothers, everything to the benefit of the suffering fellow (human) beings. I was able to work this out after Her Revelation (1977). You can find her mandala on the cover of this manifesto. Further elaboration in my website and especially in Book "Origin" 3. In that book an entire chapter is devoted to the further development of "Mothers for Mother". In the near future a special essay about the (African) Black Mother of Civilization will be written. Much inspiration!

What the world needs is Cosmic Healing

Excursion 2: Mother of Taoism

For many people, the Mother as the Origin of God and the universe is a new idea. They are not aware that all existing religions carry the memory of Her within them. The latter is logical since She was everywhere present in prehistoric times. The Chinese Shennong emperor (himself a mythical prehistoric figure) confirms that "in ancient times" people only knew the names of their mother and not those of their father. It is becoming increasingly clear (Prof. Dr. Zhang Hong, Dr. E.Knauer) that the Taoist Primal Mother - Xiwangmu - from the West (hence her title "Queen Mother of the West") has traveled to the East. Her "predecessor" was Cybele, Mother of the Gods ("Magna Mater") known to us from Phrygia, Greece and Rome. In our own village! (Vechten / Bunnik) Her statue was excavated, she dates from the time of the Roman legion. Prof. dr. K.Schipper reminds us that the original name of Lao Tze was "Li Er", which means "tigress". Lions, tigers and leopards were the symbols ("Son/Lovers") of both Cybele and also Xiwangmu. According to legend, Lao Tze was not conceived by a father, which reminds us of the parthenogenesis of the Mother Age. In any case, Schipper confirms the "female" character of the Tao Te Ching.

The one who caused a breakthrough is Dr. Ellen Marie Chen. She says: "Wu, the dark (Non-Being) aspect of the Tao gave me more and more the awareness of the feminine principle". Its Origin lies in the worship of the Mother Goddess. All symbols of the Great Mother - darkness, night, cave, gorge, abyss, valley, depth, vessel, womb - are used to describe the Tao. Tao is the empty vessel (4), below (5), the dark (1), the unborn, to all gods preceding (4), the mystical-feminine as the gate to heaven and earth (6), the mother (1, 20, 25.52), the hen (10.28, also the name of Xiwangmu), the mare (6,61), the Great Mother (25,34). Tao is also the water that feeds all things, it is the valley, the symbol of fertility. In short, "Wu" is THE archetype "an sich", the Ouroboros, the Eternal Feminine that embraces and produces everything from Her Void. She is the Ur-Tao. See also in my website (www.healingtheplanet.info): "Mother China" and "Great Mother Buddhism".

This adds a new dimension to Taoism. While the Tao can be compared with the BuddhaNature and the Mystical-Divine, the Primordial Tao is on the other side of it. It is synonymous with the Cosmic Mother. A Depth is added to the already existing Depth. Unbelievable, even for "classical" Taoists. It has direct consequences for the practice. In the first place, Taoism represents a Feminine Worldview. The Queen Mother of the West - Xiwangmu, the successor of Cybele - is gaining in significance again. The Taoist emperors and gods are no longer at the top of the list, but are (at their best) Son/Lovers of the Primeval Mother. Guan Yin is one of Mother's manifestations. Breath plays an important role in Taoism. In the Ur-Tao she is a reflection of "dying" (exhalation) and "being reborn" (inhalation) in the Cosmic

Womb. Symbolically and technically, this Ur-Breath is different from the "classic" breath. The Qigong also undergoes a fundamental change. Our Ur-Qigong ("Tiendi") – was received with great enthusiasm in China - arises spontaneously from our inner Emptiness, instead of copying an already existing fixed form (see at the end of this writing). Finally, the Chinese Guasha must certainly be mentioned. This method, dating back to the earliest times, stimulates the brain functions and the immune system, detoxifies, promotes blood circulation, takes away pain ... in short, makes the Taoist Primal Regeneration complete.

MeiMei Yu, Master Chinese Guasha Therapy. See, among other things, www.meihan-guasha.nl & www.guasha-integraletherapie.nl

The outside world is looking rather pityful at our "Mother Initiative". These people do not realize that "mothers" form a huge potential when it comes to healing the planet ("Cosmic Mother Healing the Planet"). In the first place there are many millions of "Mother-worshippers" in the world. In Christianity, it is the Virgin Mary ("Mother of God"), the Black Madonna (Europe) and the Eternal Wisdom (Sophia). The latter is especially honored in Russia (see e.g. Pushkin, Soloviev). Not for nothing the Russians call their country "Mother Russia". In the Far East, China is joining. Few know that China is very mother and woman-oriented. In the chapter on Taoism (see earlier), something has been explained about this. Mother Goddesses like Xiwangmu, Wushenglaomu, Mazu and Kuan Yin have millions of followers. Add to this the local goddesses (of the water, the river, the forest, the village), then you come to unimaginable numbers. A third major mother country is India ("Mother India"). Behind the large numbers of gods and goddesses the Original Cosmic Mother enthrones (with Her Son/Lover Shiva). She reigns over creation, permanence and destruction, qualities later taken over by Brahma, Vishnu and Shiva. The Mother then manifested HerSelf in Kali/Durga. Kali embodies the Great Mother most and is therefore so loved (Sri Ramakrishna!), While the latter is famous for Her victory over the demon Mahishisha (symbol of the patriarchal ego). Just like in China, there are "swarms" of local goddesses in India. The fourth big "Motherland" is Latin America. Highlights are the Pachamama of the Andes and the Virgin de Guadalupe of Mexico. Their range is enormous, not at least among the "Hispanics" in the US. Throughout the world you can find "pockets" of Mother devotion. For instance, think of Africa (Black Mother of Civilization), the Philippines and the "Queen of the South Sees" (Lara Kidul) of Java. The point is that Mother-worshippers from different cultures have more in common than with the patriarchal structure of their own religion. It means nothing less than that a global "Mother Community" is certainly possible. The surprising thing: especially men (among others Russians, Chinese, Indians, Latinos) are fervent devotees of the Mother. It proves Her Universal All-Inclusive Nature. She is the Healer of the World. Seek refuge in Her. Jai Mata Di! ("The Mother prevails").

One of the tragic events is the breakdown of both female and male identities. The aim is to deprive us of our inner power. First the system broke down the extended family, the power centre of the mother(s). Women had to fall back on the nuclear "family" where they had to submit themselves to patriarchal authority. Their role was reduced to "church, children and kitchen" (and bed). Recently, even this structure was broken down. Women had to be like men, competing with them in the workplace. Masses of single mothers were created. They have subordinate roles on the workplace, while their children are put in kindergardens. Nobody cares about them. When they are attacked, harassed or raped nobody really helps them. When society is going to collapse (which is a matter of time) mothers (women) will lose everything: no home, no work, no family, no money, no support.

With regard to men the story is equally gloomy. Apart from being slaves of the system (workslaves, cannon fodder) for a long time already, they lost their position in the extended family too. As "head" of the (nuclear) family they first enjoyed their authoritarian role. Recently, however, he suffered major setbacks. Because of the complexity of society (and high costs) the burden of home, wife, children, work, society becomes too much. Through divorce he loses everything, including his children. Through increasing unemployment he loses his work as well. Suddenly he is confronted with his vulnerability. Because his self-esteem is closely connected to his role in society, he feels increasingly meaningless. Add to it the competition with women, revealing his incompetence, the cleverness of girls in schools, the reduction of male fertility, his powerlessness in politics. Little is left of his original identity. So, drug abuse, homelessness, depression and aggression reign supreme.

Everything deliberately done by a system that reduces us to zombies: willing slaves of the coming Big Brother society. Essential is that both genders recognize the powers at work, breaking down the inherent dignity of both genders. The war between the sexes has to stop. Instead, a new solidarity has to be established. The problem is where a new inspiration can be found. Through the current system all values have evaporated. Everything is part of a Mega-Ego, the same ego that is responsible for breaking down the identities of both women and men. If ego is the problem (it is) then only the dimension beyond the ego can redeem us. Crucial is the insight that on the political level no solution can be found. Our real problem is our ego-identity. Inner and outer suffering are two sides of the same coin. The way to overcome our fake-identity is to recognize our True Nature. Our isolated, individualized, self-centered existence has to be replaced by the One-We-Truly-Are. Only by becoming a Cosmic Man and a Cosmic Woman we can create a New World. The first step is to go back to our Origin ("Cosmic Womb") in order to become renewed.

In Christianity the Mother was silenced for 4 centuries. Until the people of Ephesus (Temple of Artemis) in 431 forced the church to restore the Mother. It would be Mary, the mother of Jesus. That was a masterful move, because without Mary the church would have come to an end much sooner. The function of Mary is to conceal the Truth. She was adorned with big, meaningless titles ("dogmas"), while in fact the Mother was deprived of all real power. By reducing Her to a mortal human, serving her son, the church hoped to erase the memory of the True Mother.

On the other hand, the Reality of the True "Mother of God" is the Primal Mother as She was venerated for thousands of years: the All-Embracing Birth-Giver of God and the entire universe. The parthenogenetical! Birth from Mother's Bottomless Emptiness (in physics "Cosmic Vacuum") is THE Great Mystery. "Birth" comes closest to Cosmic Reality,

hence "Mother" is the most realistic term for the Ultimate. But not just being born. Both God and the universe return to their Motherly Origin, to be renewed continuously there, all in the same Eternal Moment. "Black Madonna's" are the visible manifestations of the Mother. The color black symbolizes the Bottomlessness of the Original Primordial Mother, the Ultimate Void. The human womb is a reflection of this. It was J.W. von Goethe who saw this. He emphasized "Stirb und Werde" which is only possible through the "Ewig-Weibliche".

A marginal note has yet to be made. An increasing number of women are looking for identity, for femininity. They integrate inner balance, the cyclic with daily experience. Some project their desire for personal "empowerment" in the "Goddess". However important, this can only be a first step. After all, the patriarchal system continues to destroy the earth unabatedly. Mutual storytelling is therefore not enough. On the contrary, it is urgent that personal experience be placed in the context of the Origin, the Ultimate. And that is the Cosmic Mother, the Birth-Giver of the whole existence (and of women and men alike). Unimaginable.

Proclamation: "Mother of God and the Universe"

The maternal principle is all-determining. It is the alpha and omega, it determines birth, life and death. Mother's love is unconditional, all-embracing, the source of basic security and trust. (See also: E.Fromm). This is deliberately brought down by the system. An uprooted person is an easy prey for "Big Brother". The impressions in the first days of life continue to play a part in life. Example: is a wild animal (gorilla, lion, wolf, bear, elephant) raised by people and then given back to the wilderness, the animal still remembers his/her "educator/mother" after many years. The reunion is moving. The reunions are happy, playfulness, embraces, "kisses" are exchanged (see YouTube: Wild Animal Reunion). No trace of aggression to be detected. This leads to only one conclusion: the Maternal as the "soothing" of the ego. Warring parties reconcile with each other after being reminded of their mother. So imagine that the Ultimate is a "Mother". Would not that give a completely different sense of life? A Cosmic Mother Religion*: our last chance for a universal Peace? Just as in ordinary life, the mother guarantees a "life in balance", so the health of the culture depends on the Cosmic-Mother. That the Mother includes the whole life proves that She is also at the portal of death. A person in utmost (death) need calls for "mother" (not for "father"). Kamikaze pilot: "The last thing you see is the face of your mother. Then there is "Nothing" anymore ". Dying is being reborn in UrMother's Lap. * "The Original Tradition of the Universal Cosmic Mother".

That (The one) which (that) gives birth is higher than that (the one) that (that) is born

The Cosmic Mother includes all religions. Everything - God including - comes forth from Her and continuously returns to Her. She is all-embracing. She gives security, peace, justice, sustainability, solidarity, joy of life ("feminine world view"). Her Absolute Nothingness is the Bottomless Primordial Ground of the Cosmic Dimensions of Creation ("God") and Destruction. She is the Origin of the dynamic balance between "dying and being reborn" (Healing, Regeneration, Renewal). It is the end of patriarchy. She saves the world by overcoming the ego and solving our existential fear. By being integrated in Her Cosmic Order ("Heaven, Earth and the (new) Community") we become Part of the Whole again. It is a new step in evolution.

*There is no way to Peace
The Mother is the Way*

5.

To Die (ego) to become Reborn again (True Self)

The Ultimate Experience is Triple: The Origin (Cosmic Womb) with Her two Cosmic Dimensions: Destruction (of the old) and Birth (of the new). Everything is born from the Origin and constantly returns to Her. The "Mother" is the "Vessel of uninterrupted REGENERATION". You are in balance by going back to the Origin to be continuously renewed there. Going back and forward are then in balance with each other. Out of fear of the Emptiness of the Origin ("grave" of the ego!), Western culture is obsessed with progress-alone, which makes it hopelessly out of balance. The irony: all True Power originates from the Void. From our personal perspective it could go like this. Ego is suffering. The more you let it down into the depths of your soul, the more intense your longing for Wholeness. So you "decide" to drop your ego, you give it back to the Bottomlessness of the Womb. Provided this is a conscious act, ego makes room for the birth of the True Self. A shift has taken place from your artificial self (ego) to your True Identity. The latter proves to be your centre while the ego appears to be an emperor without clothes. It hasn't any identity of its own. Instead, it proves to be just a bundle of functions, located at the periphery of your Mind. Its role has shifted from "master" to servant, "carrying out orders" from your True Self. In the beginning the new situation might be instable with still shifting identities. After some time the new structure becomes permanent, with the ego as your "happy dog".

Birth as well as Return ("Dying") - in Hinduism "Creation and Destruction" - are two equal, opposite and complementary Cosmic Forces. They cancel each other out so that the energy of the universe (ultimately) is zero. It is because of this that life is made possible. It is the state of (relative) permanence ("Mother's Web of Life") in which everything is connected with everything. The Cosmic Law is a dynamic Balance. (Wo)Man is also part of it.

If you are longing to be Cosmos, you must first get to know Her ("Law"). Two steps: "Dying (to the ego) and being reborn (to the True Self)" while becoming part of Her "Web of Life"

The first step of the Way is to become aware: the Realization of your conscious Self. With further practice, your inner Space will widen. Until you come to a limit, that your old self (ego) loses its strength. Your own effort is no longer possible. By being Empty you are included in the Void of the Mother. The abandonment of the ego is central here. "Normally" you are turned away from the Whole. So that the Mother has no access to you. If you let your ego fall, everything is (again) open. The tragic thing is that this is really the last thing the ego wants. It does not want to drop its caterpillar existence. It has no knowledge of the fact that he is a butterfly in essence. The Reality is this: by being Nothing, you are Everything. Everything is in Empty Space. Mother's Nothingness is not the end, but the Vessel of Abundance. That is why the deepest intuitions or insights come from moments of non-thinking (during dish washing, mowing the grass, etc.). Dutch has a beautiful word for this: *Vol-Ledigheid* (Full-Emptiness). From that moment on, your life will be continuously nurtured, regenerated, renewed.

To clarify: There are 5 great stages of Consciousness, all of which ultimately come from the Mother. It is the 1. Cosmic Mother as the Ultimate Nothingness ("Vacuum"), 2. the Eternal Light ("God", the Great Consciousness, Cosmic Intelligence, which is born out of Her), 3. the one who has realized this Light (the fully Enlightened Human), 4. the conscious person (the one who brings the conscious awareness into practice) and 5. the unconscious ego-(wo)man. Every person lives (in) these 5 Dimensions. He/she is like a flower that opens up and is "going to sleep" again. Ego "dies" in conscious awareness, conscious awareness dies in the Full Enlightenment and Full Enlightenment dies in the Great Vacuum and vice versa: Enlightenment is born out of the Vacuum, conscious awareness out of the Enlightenment, ego out of conscious awareness. A conscious person dies constantly and is reborn. Clinging to (cultivating) one of these "stages" is based on ignorance.

Searching for the Truth is "o.k". But oh woe if you find IT.

The big irony. The only thing that can deliver us from the ego is that for which it has the greatest fear: Absolute Nothingness. (inability to identify itself with something). For the West Nothingness is taboo, contrary to the East. There, for instance, the Goddess Kali (India) destroys the old, sick and evil and is therefore so loved. For Buddhism, Nirvana (Absolute Nothingness) is the same as paradise. In modern physics, the Vacuum is the Birth-Ground of the universe. We therefore (considerably) lag behind with our Western religious performances. Since time immemorial, Nothingness (also: "the Night") was called Mother. Both the Eternal Light ("God") as well as the universe originate from Her and return to Her. One can see this in nature. Vegetation gods ("Green Men") like Tammuz, Osiris, Baal, Attis, Dionysos symbolized death and resurrection of the seasons. In line with the Hellenistic Mysteries (and later with Jesus) "death (o the ego) and rebirth" (of the True Self, the inner Divine Spark) was central.

This leads us to the concept of **Vertical Evolution or Eternal Return**. It was one of Nietzsche's favourite insights. Cosmic Experience reveals the Reality of it. First we have to underline the Birth of Great Consciousness (the Divine, the Eternal Light, God) out of Mother's Womb. God-Realization is equal to Full Enlightenment as advocated by Buddhism (f.i.). This in turn gives birth to "Small Enlightenment" or Satori, the True Self and awareness ("mindfulness") respectively. Crucial to understand is that the latter continuously return to their Origin. Because happening in Eternity they are ultimately One. They are "made of the same stuff". Christianity "copied" this Insight by postulating the Trinity. At this point we agree with Nietzsche who stressed the Eternal Return of the **Same**. However, this is only half of the story. Because in this "process" of "Birth and Death" the content of Divine Space – the universe – is also involved. All energies, virtual particles and visible "material" forms are born out of Eternal Space (Emptiness) while continuously returning to it. Forms "die" in the Absolute Void where they disintegrate. This happens with the whole of the Cosmos, including ourselves. In the Void all forms disintegrate into smallest "pieces". These quantum are transformed into spins, which in turn "give birth" to matter. Birth and death of matter are part of the Big Eternal Return. The Womb is the Power of Regeneration uninterruptedly renewing the universe. Contrary to the Eternal Return of Consciousness no form returns as the same. In the Void all forms are continuously transformed into other forms. Eternal **Unity and eternal diversity** are sides of the same coin: it is equal to Divine Space containing all forms. This insight leads to a revolution in evolution. First: time is not linear, it is cyclical. Evolution is NOT an autarkic development from single cells to humans (Darwin). Evolution without intelligence is unthinkable. Neither is it a continuous process. To the contrary: Existence is intelligent and discontinuous. It is based on continuous Creation and Destruction, two Cosmic Forces originating from the Ultimate. Entities that aren't following this Cosmic Law are alien, disturbing Cosmic Balance. They are like cancer-cells, destroying the wholeness of the body. The most outspoken cause of inner and outer chaos is the ego. Through identification with our self-image the ego has alienated itself from the Whole. The last thing it is willing to do is giving itself up. However: No "death", no rebirth! Instead of being embedded in the Living Cosmos, it is blowing itself up, destroying the planet.

It is either "death of the ego" or death of the planet. Increasingly, critical authors say that Europe is already dying. "Its citizens are so dumb that they even lost all sense of survival". They are caught in a self-created web of narcissism, materialism and addiction to social media e.g. the "virtual world". They have lost all contact with reality, they say. YOU can prove that the opposite is true. True, we have indeed arrived at an end point where the ego can no longer save itself. It has "tried everything" and everything has failed. However, YOU can prove that there is still a seed of LIFE within you. Reading my texts with triple response: cognitive understanding, emotional commitment and spiritual clarity proves that there "is still hope". In that case you have understood that taking refuge in the Ultimate, the Dimension beyond God is the only thing that can save us. The Way consists of giving up your ego to Cosmic "Mother's Womb", along with all its inherent suffering, illnesses, problems, worries and conflicts. The Mother then grants you your True Self, that which you always were, but never realized. Our Cosmic (Mother) Healing is based on

this. To Europeans it means that unavoidably they come to a point where all (ego!)options are exhausted. At the same time outer chaos will become unbearable. In their darkest hour.....

*Join our WorldWide Campaign "We are Cosmos" New World Community
starting with Cosmic Medicine*

It will be clear that spirituality, meditation, self-realization and psychotherapy all beat about the bush. They are all based on self-effort. Self-effort is equal to ego-effort, even the attempts to "get rid of the ego" are. You are caught in a vicious circle. To be aware – in itself a positive thing – creates a feeling of failure, for even the most motivated student cannot become the "observer" by his/her own effort 24 hours a day. "Liberation" thus remains a life-long struggle. Only monks or sannyasins who spend their whole lives cultivating their True Self can have some hope to reach a permanent state of mind. Sri Ramakrishna already said that a "householder" can never reach a long lasting Samadhi. With regard to psychotherapy: they focus on tackling the "problems of the ego". While in Reality EGO is the problem. Of course, people with an instable ego, in such a way that he/she cannot function properly need support. But all others suffer the consequences of the ego as an isolated entity, cut off from the Whole. The problems of the ego are a never ending story. Psychotherapy is a symptomatic approach based on a wrong insight. Think for yourself. Ego is an artificial entity without roots. Hence, it is permanently tormented by existential Angst, fundamental insecurity, vulnerability, powerlessness and an inferiority complex. (Wo)Man's whole life is spent (mostly unconsciously) to battle these inherent weaknesses. All other problems originate from it: meaninglessness, loneliness, worries, depression, aggression, addiction, narcissism, greed, hatred, envy, stress, burn-out, problems of all kinds.

With regard to religion, its True Mission is to guide (wo)man in his/her longing for God-Experience. The church has always tried to prevent this! Thus the best - Pelagius, Scotus Eriugena, Marguerite Porete, Meister Eckhart, Cusanus, Giordano Bruno and countless other God(wo)men - were denounced and banned (to this day). Instead of the Reality of God, people were brainwashed with an "image of God". It is therefore not surprising that with the decline of Christianity the religion as such disappeared from the lives of the people. They have never been allowed to experience God in their own Being. Instead, their "faith" was forced upon them - a whole of images, stories, concepts, myths, and dogmas. Instead of "God Omnipresent" - so also in one's own soul - the church taught an unbridgeable gap between God ("the Almighty One") and man (sinner). This is responsible for the separation of "Heaven" ("paradise") and the world ("vale of tears"). To "be saved" we had to believe in a savior, of course again only through "mediation" of the church. This whole "building" is now rapidly collapsing. The people have seen through "the whole game". Centuries of faithfulness to the church did not bring them anything. The ego, on the other hand, has grown to monstrous proportions. No "God" or church that (could) prevent it. In this vacuum, (wo)man desperately searches for new meaning. At this point I want to remind you about your past, an era of 2000 years in which you were denied to realize your Divinity within. Two millennia of spiritual amputation. As an ersatz they "offerend" you a life based on a surrogate: the ego. I proclaim from the house tops: this is NOT what you Really Are. Don't be fooled by all those who benefit from your ignorance. Very soon we will be confronted by MEGA-challenges. Never before the survival of (wo)mankind was so unsettled. These challenges require MEGA solutions e.g. steps towards a sustainable Whole. This in turn can only be done by people with a Cosmic Mind. Where to find these people? Well, you know the answer. It is each of us who inherit the Cosmos as his/her True Nature.

*At the lowest point of our Ego-Culture
We seek our refuge in the Cosmos*

Excursion 3: The Wrath of the Mother

We have seen that both God and the universe are "governed" by "dying and being reborn". Two Cosmic "Forces" are responsible for this: Creation and Destruction. Both stem from the Bottomlessness of the Mother. Her "task" is to maintain the Cosmic Balance. If on the one hand too much is accumulated, then She responds with increasing degradation. This is the core of the current crisis. Age-long accumulation of ego activities at various levels is responsible for the current decline. The Mother as "protector" of the "Cosmic Balance" is also known as one of Her manifestations: the Goddess Nemesis. She is irreconcilable with regard to the inflated ego, both of individuals and of civilizations *. Currently people underestimate the depth of the crisis. It is NOT political, but Cosmic. Therefore, all (goodwilling) attempts to seek solutions on the political/social/intellectual level, yes, even on the cultural plane, doesn't touch the core of things. Only a deep transformation involving our total Being can do the job.

*The Mother as the destroyer of the old, sick, evil (hubris, ego) is a universal fact. Durga kills the demon Mahishasura (which Shiva and Vishnu did not dare!); Mahakala is the patriarchal version of Kali, the Goddess of Destruction; the "Woman" of the Apocalypse overcomes the 7-member hubris; the Xibalba (the Cosmic Womb of Mayan mythology) devours the old Light-god and "Sheela-Na-Gig" (Celtic) is a symbol of the "swallowing up" Cosmic Womb. Modern

variant: the Black Holes!

In the earliest times, the Cosmic Forces were "defined" as the "Good Mother" and the "Terrible Mother". It indicates that everything is born of the Mother and returns to Her. In patriarchal times this was forgotten (except in Hinduism). Especially in the West the "negative" aspect of the Mother was oppressed. This was called "Satan". Then the "light" and the "devil" (darkness) were placed opposite to each other. The eternal struggle between light and darkness, good and evil, was ignited. In fact, this was a struggle between the (emerging) ego and its maternal Primeval ground. The ego has great fear of "falling back" into the "chaos" of the Womb. Denial of the Reality of the (Cosmic) Mother and an inflated ego are two sides of patriarchy. In order to "survive" the ego has to fight "eternally". It is absolutely not aware that it is a struggle against its own Origin. The cause is the ego as an isolated entity. It clings to its "little me" thinking that this is his true identity. Loss of the ego is therefore equivalent to "dying". It is the source of existential fear.

Ego and existential angst are two sides of the same coin. Our whole existence is pervaded by it. It is the ultimate problem. All other problems are secondary. No (wo)man can live with this fear continuously. He responds in two ways: repression and overcompensation. On the one hand, this leads to the formation of its shadow; on the other hand to the blowing up of his ego. In both cases the ego is frightened by being overwhelmed by its inner fear. Making it blow up more and more. The point is that this battle is a lost one in advance. The Cosmic Background of Birth and Death is the Eternal-Constant Factor, for which the ego (ultimately) has no answer. While his psyche is increasingly torn apart or undermined or exhausted, his resistance to the Numinous-Terrible Aspect is increasingly being overturned. His bloating has so weakened him that he is caught up by the Mother. The "bubble" snaps and collapses. This is the hallmark of our current crisis. I did not call this the "Ego Catastrophe" for nothing (Nothing). Does this mean the end? It will be clear that those with the largest inflated egos are the first candidates. It is the reverse "apocalypse". The rich and powerful try to save themselves from their self-created ruin. Many of them consider themselves the "chosen ones." It will not benefit them. Because the core of the problem is spiritual.

The Mother is the Source and the Keeper of Cosmic Balance at all levels. She responds to our (extreme) accumulations with destruction.

The cardinal point is this: we are not our ego! Ego is a function, not an identity. It is executive, not a director, a substitute, not a Reality. Our Western culture has (wrongly) elevated it to being "god". The liberating moment is the discovery of our True I (True Self). In Dutch we say "er achter komen". It has a twofold meaning: 1. Having insight 2. Taking a step backward. And so it "works". When we "sit in the back of the hall, we see everything before us". This is the first step of awareness. The ego is no longer the center, the conscious awareness has taken its place. It is crucial to recognize that self-effort is not enough to give the ego a sustainable role. In spite of all our efforts, the ego comes back again and again. We must "humbly acknowledge" that it will not go without the help of the Cosmic Mother. Only in Her Bottomlessness the ego "forever" disappear. Suddenly a light comes upon us. Mother's destruction (Her Terrible Aspect) has a monumental function: the breakdown of our ego. This leads to a totally new insight. Those who give up their egos are reborn; those who blow up their egos will perish. Jai Mata Di! (The Mother Prevails).

It is the conflict between interests and Truth. If you are bound to the system, you can no longer think freely. You can not act on what your Heart (your conscience) tells you. It gives you all kinds of benefits that you do not want to lose. So you can be blackmailed at all times. You have to swallow all kinds of rules that, if you had been free, you would never accept. So the question is: "what are you prepared to give up to be free". Is this so important that you can refrain from a number of material benefits, yes or no? Fortunately are those who have ever experienced a Moment of Inner Freedom. Those who know from their own experience that giving up the ego (with all its delusions) will be "a hundredfold rewarded". What you "get back" is the freedom to act on the promptings of your inner Divine Spark. Immediately you turn from a collaborator into a sovereign person.

6.

We are Cosmos!

"Being rooted in Heaven, Earth and the (new) Community"
Breakthrough to a New Era

New World Community

This consists of the Experience of That which You are of Eternity Already: Part of the Cosmos, ultimately the Cosmos ItSelf. This is in contrast to current (Western) religions, in which only talk about the "image of God". True Religion is the longing of (wo)man for Cosmic Experience. People who go back to the Origin to be renewed there are therefore called "Originals". The conscious person is part of the Whole, he/she joins (again) the Living Reality. Your life then runs synchronously with the Cosmic Purpose: Restoring the Wholeness of Life. You are the Whole that includes everything - plants, animals, clouds, rocks and rivers - including yourself. It is the state of unbroken inner joy, even in the midst of the greatest misery. Your Being IS joy, together with overflowing gratitude. Everything is ultimately embedded in the same Great Consciousness, everything is content of the One Divine Space. That is why "you love everything as yourself".

The Divine - as Mother's first emanation - permeates everything without exception. Thus the whole existence is sanctified, sacred. The separation between God and the world is thus lifted. Everything is connected to everything.

That is why the community is the foundation of life. Individualism and materialism are in violation of this Cosmic Law. Contrary to this, everyone is part of "the Whole". It is existential. Whether you are Hindu, Muslim, Jew, Christian, Buddhist, Taoist, Indigenous, Atheist or Agnostic, you are with your Spirit part of the Great Spirit, with your body part of the Earth and with your "soul" part of the Community. This Existential Consciousness is the new connecting factor that makes the necessary "Unity in Diversity" possible.

Cosmic (Wo)Man: the next step in Evolution!

Great Consciousness (Eternal Light, "God") - Mother's First Emanation: Her Lightbody - equals Cosmic Intelligence. The whole existence shares in this. The manifestation of this Intelligence is determined by the individual forms, each with its own unique characteristics. An ant is just like us humans embedded (simultaneously outside of) in the same Cosmic Intelligence. Its "concrete" possibilities – just like ours - are determined by the "instruments" it has received. Everything is a manifestation of the Divine, each in its own way: the Unity in Diversity.

We are now faced with the Revelation of Reality-As-It-Is. We are Cosmos! This can only become Reality when it is based on an Authentic-Cosmic Experience. The existing religions ("Reli-Myths") are only partially suitable to this purpose. The Original Inspiration is covered with a thick layer of distortions, manipulations, yes, with lies and deceit. Only the various mystics (including Lao-tze, Hadewych, Scotus Eriugena, Meister Eckhart, Cusanus, Ibn Arabi, Rumi, Teresa of Avila, Giordano Bruno, Sri Ramakrishna, Bede Griffiths) testify to their direct experience of God. However, even these are incomplete. The reason: they distill God from his Cosmic Context. In Reality God is part of the Cosmos and not the other way around. This is only understandable when the "Cosmos" is redefined. To this day only the physical universe is emphasized. By combining Cosmic Experience and Science, however, a fundamental breakthrough has taken place. The new definition is:

We are part of society
Society is part of the earth
The earth is part of the universe
The universe is part of the Eternal Light
The Eternal Light is part of Absolute Nothingness
(The Cosmic Womb)

Thus, the Divine is constantly born out of Her Vacuum, while the visible world (through Her underlying Birth Power) emerges from the Eternal Light. Both - God and the universe - in the same Eternal Moment – uninterruptedly return to the Womb, also called "Eternal Return". In practice, this means that when you have identified yourself with your ego (isolated entity), you have placed yourself outside the Eternal Regeneration of the Cosmos. As an isolated "thrown upon yourself" entity you are deprived of Cosmic feed. Because of your fixation on your self-image, you have condemned yourself to slow decay: mentally and physically. It is the cause of the degeneration of Western "civilization".

*The world is not created, but is uninterruptedly
BORN from the Cosmic Vacuum*

God as a "separate entity" as is customary in the existing religions is an inadmissible reduction. It is a forgery of Reality. The existing religions represent only a part of the Cosmic Reality. Their dominance is now coming to an end. Only the Cosmos is inclusive. This is the same for all people, regardless of their "local" religion. That is why the existing religions have to give up their universal claims. Humanity is ready to take Reality-itSelf and not an interpretation of Reality as the starting point. And that is "(Wo)Man is rooted in Heaven, Earth and the (new) Community". It is the Universal Cosmic Principle, the foundation of the Coming World Peace. Because everyone is part of it, "Heaven, Earth and the Community" is THE connection to our broken world. Everyone who recognizes this is therefore invited to join our Global Campaign "We Are Cosmos!"

"Man is determined by his relationship to God, Nature and Society"
N. Berdjajev

Through your surrender to the Cosmic Mother you become part of Her Cosmic Order. Your Being is part of Her Divine Light Body while your body/mind is part of Her Material Body (the universe). Your life moves between the Infinity on the one hand and the ego on the other and all levels that are in between. Your existence is governed by Cosmic Balance, Regeneration and Eternal Return. It leads to a new definition of you being human. In contrast to the one-dimensional identification with your self-image (ego) you experience True Being Human, the Cosmic (Wo)Man that you are in Being. Priority is no longer what you do, but whether or not you are in contact with the Divine. Living in harmony with the Cosmos is the experience of Untold Beauty. You realize that you are part of a meaningful Whole, with everything subtly tuned to each other. Compare it to Taoist landscape prints. The right proportion of "Heaven and Earth", of mountains, a river, the pavilion, the trees and the human being, harmonically embedded in this Whole, makes clear what I mean.

Ego as an isolated entity is pathological. Because it is set no limits, it blows itself up in all directions. If, on the other hand, you are part of the Cosmos, you have sacrificed your self-indulgent existence to the Whole. If you are part of "Heaven, Earth and the Community" then you will spontaneously move within their limits. In that Whole the ego has acquired a new function: that of service. It only carries out what the Whole tells him to do. Your expanded Consciousness includes your beloved one(s), your neighbour, the children on the street, the trees and the grass. It is

the Essence of Cosmic Ethics. What you are a part of (Cosmos) you do not inflict damage upon. Ethical actions originate ("spontaneously") from your True Self instead of from the ego. Because everything is in "Your" Space, you love everything as yourself. This experience gives you the realization of Cosmic Obligation: to reintegrate very consciously with your new I (True Self) to "incarnate" into the earthly reality, this in order to become optimally fruitful. In practice it leads to a life of constant surrender to the Mother. Without it, there is indeed the danger that the old fixation will re-emerge.

Everything is in the Infinite Void of the Primordial Mother. From "God", the universe, the earth to society and (wo)man. All dimensions of existence mutually interpenetrate each other. They form what we call the Whole. Life in the bosom of the Cosmic Mother - you have never been outside Her Womb - is that of "Prisoner of Eternity". The paradox: Only in Eternity can you find Absolute Freedom. A interconnectedness freedom, together with all other beings in the ONE Divine Space.

Let the world know you are there!

To make this a concrete possibility I have started a Foundation.

Foundation

THE ORIGINAL TRADITION

International Organisation with the aim "To Restore the Wholeness of Life"

In particular the

Cultural/Religious/Medical/Scientific/Social/Ethical and Ecological Heritage of (Wo)Mankind

The Foundation in its turn is the initiator of the

"We are Cosmos"

NEW WORLD COMMUNITY

"(Wo)Man rooted in Heaven, Earth and the New Community"

Joining the Community is open to everyone who wants to be member of
a worldwide network of **True Friends**

There is no formal structure. You subscribe through sending me an e-mail with your

Name, Surname(s), Address, Code, City/Town, Country

Telephone, website, and e-mail

As proof of your commitment we ask you to send us a (free) donation

In short notice I will start sending you the details, including a WhatsApp through which
we will be able to communicate with each other.

info@healingtheplanet.info

„New World Order“ or „Eternal Cosmic Order“

That's the question

Excursion 4: Cosmic META Religion ("The Original Tradition")

Nothingness is the Mother of God and the universe

More and more you come across the idea of "a New World Religion". This has led to all kinds of initiatives that emphasize the common value in all religions. Religions should drop their differences and promote what connects them. This sounds sympathetic. Who does not want "fraternization" now? Is World Peace is being served with it?" I say: also in this area one should have no preliminary conclusions. Because what leads to World Peace? Exactly: there is only one way, namely through giving up the ego. By contrast, religions are based on identification with a god image. It is the result of an ego clinging to an image/concept, for fear of Absolute Nothingness (...). Religion is therefore the collective attempt to circumvent the Living God. In contact with the Living God (in fact the Mother) the ego does not stay and that must be avoided at all costs. Patriarchal religions have not overcome the ego. On the contrary. As we see today, it is "stronger" than ever before, blowing itself up as the "new world religion". Its goal is religious hegemony.

Cosmic META Religion, on the other hand, is beyond all existing religions. It is NOT a religion in the common sense. The Ultimate is not God but the Dimension beyond God: Absolute Nothingness (the "Cosmic Womb"). In Her Void every identification with a god-image has disappeared. At the same time God and the universe are born out of the Womb, while continuously returning to Her. This Whole: Cosmic Womb as the Birth-Giver together with Her emanations (God as Her Light-Body; the universe as Her Material Body) is the new definition of COSMOS. So, instead of calling it a "religion" the preference is for calling it a tradition: The Original Tradition. In order to avoid

misunderstandings “tradition” in our sense has little to do with “traditionalists”. We don NOT identify with any worldly tradition. Our Tradition is Cosmic. It is the only Tradition that has its roots in Cosmic Reality. Therefore it is universal. Some prefer to call it a science, Cosmic Science. This indeed comes much closer to the Truth compared to common religion (“reli-myth”) with is a belief-system based on identification with a “god-image”, a narrative and dogma’s. Cosmic Science, on the other hand, is about REALITY. Think about the Vacuum, the bipolar universe (“matter and anti-matter”) the Higgs Field, the cosmological constants and the Black Holes. They are all part of our “system”. It is the answer to those who attack us, because they think we are “a new religion”. We are NOT. Because of being beyond existing religions, The Original Tradition doesn’t pose any threat to anyone. Everybody can accept the facts of the Reality in which we live, while simultaneously identifying with his or her traditional beliefs. By going along the Path of our Cosmic META Religion/Science you will be able to experience it yourself. So what are these steps, what is the Way of The Original Tradition?

First of all you are invited to face the core-problem of humanity: to be (unconsciously) identified with your self-image, something that we call “ego”. Together with all the consequences that it brings to individual and collective life: existential angst, alienation from the Whole, meaninglessness, vulnerability, delusion, addiction, a false “I”, powerlessness, isolation, disconnection, stress, depression, burn-out etc. Let this suffering descend into the depth of your soul. Let it resonate in such a way that a deep response comes to your conscious being: that you will never let the ego dominate your life ever. At the same time your longing for Wholeness will grow. This is crucial, for only then your will generate enough motivation to go through all the stages of the Path.

Secondly, you realize (once more) that only Absolute Nothingness can curb the ego. 2000 years of religion has proved that the ego even used “god” for its own purposes. Hence, in order to get healed you have to go beyond common God-concepts. It is enough to simply accept the thesis that everything without exception originates from a Cosmic Void. Discover which “concept” works best for you. Many will find the scientific approach (“Vacuum physics”) attractive. Others find refuge in the Buddhist idea of “Emptiness beyond Emptiness”. In fact, in all mystical systems (Taoism, Hinduism, Judaism, Christianity, yes, even in Islam) there have been Enlightened Ones (in Christian mysticism Pseudo Dionysios, Meister Eckhart, John of the Cross, Jacob Boehme) who talked about Nothingness as the Urground of existence. Closest to the Truth is archaic (wo)man. In those times people perceived the Ultimate as the Great Night, Bottomless Darkness from which the Eternal Light emerges. Their experience of the Ultimate as a “Cosmic Womb” (“Mother”) is unsurpassed. In practice the moment before going to sleep is optimal for giving back your ego. For that to happen you made your room completely dark. It symbolizes the Cosmic Darkness that surrounds you. While remaining mindful! (your conscious observer) you imagine giving your “ego” “back” to the All-Pervading Darkness around you. This you do every day for a couple of minutes.

Thirdly. After some time (days, weeks, months) the identification with your self-image will loosen up. The ego slowly will lose its grip on you. Step by step your self-identity is not dominated by it, anymore. You start perceiving inner space within. While the ego softens up, your conscious observer gets stronger and stronger. Until a (spontaneous) moment in which the latter totally takes over. No trace of ego anymore. It is a moment of “small Satori”. Suddenly something new has taken over your system. You perceive this as your new identity (“True Self”). This new inner quality has a taste of Reality, something your ego never possessed. It is characterized by clarity, insight, inner peace, spaciousness, stability, interconnectedness, inner strength and compassion. The bigger your space the more it will include your direct surroundings as well. You understand that your True Self is all-inclusive. In Reality there is no difference between “inner” and “outer”. Your Essence appears to be the Essence of all and everything.

At this stage you are ready for the next major step. A deep longing for stabilizing your new extended Consciousness will dominate your mind. You want to be the One you Really Are. You want to make a definitive end to an instable, insecure, self-centered life. You have experienced the world as part of yourself. Compassion with all “sentient and non-sentient” beings has given your life a totally new quality. How to give your new Consciousness an “ever-lasting” foundation? The (last) breakthrough on your Path is the realization that Reality is a hierarchical interrelated Whole, called Cosmos (Cosmic Order). You are part of this Whole, nay, even this Whole itself. So your quest is to become the One you already Are. Your deepest desire is to make it a Reality. So every day, every hour, every minute you realize to be part of society (see the people on the street), society being part of the earth (see, feel the nature around you), full of awe for the sky (watch the darkness, the stars and the planets), realize the Divine within and around you (cherish the moments of clarity, stillness) and worship the mystery of the Cosmic Womb beyond (moments of awe, gratefulness and joy), proudly exclaiming: “We are Cosmos!”. Your God, world and self-image has undergone a fundamental transformation. Only then are you truly human.

Another exercise is to continuously feel connected, to start with your own body. Realize that on paintings (Buddhist and Christian) saints have their halo’s on the backside of their heads. Dutch say “er achter komen” which has the same meaning: Consciousness projects itself on our backside. Hence, consciously connecting to your backside (head, neck, spine) brings you closer to the Divine Light. In its turn the Eternal Light emanates from the Cosmic Womb. It means that by re-connecting to your back, you made a major step towards re-connecting to the Cosmos. Everyone is Part of the Cosmic Reality (“Heaven, Earth and the Community”). That is what really connects us. This is supported by the insight that our spirit is part of the Great Spirit, our body is part of Nature and our “soul” (psyche) is part of the Community. To contemplate on this jewel of insight brings leaps of understanding to your conscious Mind. Last but not least: to bring all above mentioned aspects together, the Cosmos granted me a unique practice. It is called “Heaven & Earth Exercises” (Tiendi Qigong). In one simple exercise you re-connect yourSelf (your Heart) with Heaven, Earth and the Community. I taught this to Chinese (in Beijing) and they were totally impressed. “This is the Ur-Qigong” they exclaimed. It is the ultimate example of wu-wei, of effort through non-effort. No any school has ever taught it this way, they told me. Practising them every day will greatly support your effortless commitment to being part of the Cosmos. Details you may find in this article and in book “Origin” 3.

Once you ARE Cosmos your commitment to "Healing the Planet" will be spontaneously overflowing.
Cosmos Hail!

The visible is the manifestation of the Invisible

In these most critical of times (O.Spengler "Downfall of the West"), the Apocalypse (Book of Revelation) returns as "popular" writing. And not only with Christians. To immediately get the sting out of it: the idea of a linear history with "the end time" the "return of Christ" is a fable, including the ego-maniacal idea of the "final judgment" whereby only the "believers" will be saved. This "vision" is nothing else than instilling fear to keep the sheep in the church. A lot of people know this. Yet it is undeniable that there is a recurring fascination around the Apocalypse. Indeed: it is not all nonsense that is written there. It is the interpretation, stupid! The Book of Revelation is written by a very patriarchal figure (John) who - also typical of our time - experiences the world as the "battle of the Light against Darkness". Fundamentalists are completely obsessed with this. But others are also so blinded, they do not see the underlying Truth. The focus here is on the WOMAN: "a great sign in the heavens, clothed with the sun, with the moon under Her feet and a wreath of twelve stars on Her head" (John 12: 1). She symbolizes the Cosmic Mother. And the Lady brings forth a child: "And she bore a son" (Her manifestations - Black Madonna, Kali etc. are Her daughters, as Goddesses present in every woman). Gospel of the Ebionites: "I gave birth to you today". This delivery was (is) parthenogenetical, ie. there was no male principle - no "God-Father" - involved. The church interpreted "son" (obviously) as Christ. In Reality, however, this means the Savior in each of us, the one who leads (wo)mankind back to the Mother. This potential is our inner Divine Spark (Meister Eckhart). Then the Lady fled to the desert where she "stayed for a long time". This indicates the end of the "Mother Era" in which the Mother lived underground for millennia, in order to once again revealing HerSelf again in our times! (Sacred Book "Origin" 3) The third factor in the "trinity" is the "dragon", so: Mother, Son and Dragon (a monster with seven heads). The latter symbolizes the hubris of the inflated ego. The Mother knows no conflict between "good and evil". They represent complementary Cosmic Forces of Creation and Destruction. The Great Catastrophe occurred because patriarchy destroyed the Cosmic Mother. It excluded the only Dimension that could (can) neutralize evil through "absorption" (Her Bottomless Abyss). Instead, "light and darkness" were placed opposite to each other in an eternal battle. A legacy that still is going to cost us a lot.

The Cosmic Order in its step-by-step context.

True Healing is Cosmic: Spiritual, psychological, physical, social and ecological ... in this sequence

In this diagram "We are Cosmos" Cosmic Interrelationships (A), complete with the corresponding integral therapies (B) and the corresponding (necessary) social innovations (C), are presented.

A	B	C
Absolute Nothingness Vacuum/Cosmic Womb (Gives birth to 1) and 2)	Surrender to the Whole/Giving up ego/Cosmic Medicine	Cosmic META-Religion/ World Peace
1)The Eternal Light (Great Consciousness/ "God"/Cosmic Intelligence	God-Experience	The Enlightened Society
2) Eternal Destruction („Stirb und Werde“)	Giving up ego/breakdown of the old/Chinese Guasha therapy/fasting- therapy	World- economy in balance
The Web of Life (Universe) (1 + 2)	Being yourSelf in connectedness/ Friendship	Community Democracy
includes the Earth	Body-awareness /In harmony with nature	Saving the Earth/Priority of the ecology
includes Society	Living in community	A „feminine“ world view
includes People	We are Cosmos! Integral Medicine	A Sacred world

includes True Self	Meditation, „Mindfulness“/Inherent intelligence	„Motor“ behind world-renewal
includes the Psyche	Emotional self-integration	Stop the consumption-addiction
(Personal relationships)	On the basis of conscious awareness	New ways of living together samenlevingsvormen
includes the Brain	Balance between passive and aktive/Feeling awareness/Cognitive training	Stop the rat race/ the toxic situation/electromagnetic pollution
Regulation systems Vegetativ/hormonal/ breathing	Living in balance	„Taoist“ way of life
Blood circulation/Lymphe	Exercise/drainage	
The Matrix	Strengthening immune system/ Flowsystem-therapy/Detox	Alternative Medicine/ A Healthy Lifestyle
Cells/Organs	Dynamic pathology (Reckeweg)	Regeneration/ Health-Clinics
Bio-chemistry	Regular Medicine	

We are this all: inclusive, continuously and simultaneously

I have a Vision:

"A world based on Truth, Peace, Justice, Interconnectedness and Compassion"

Excursion 5: Esoteric Speculations

In response to the decline of Christianity, the global elite has turned to the esoteric. One of the trends is called "Luciferism". It defines the Christian God as Satan elevating the Christian Satan to being "God". Lucifer means "Light bearer". He comes from pre-Christian times. There he was the morning aspect of the planet Venus. The symbolism is clear. He represented the Light that is born from the Goddess (Venus). He corresponded with the "Son/Lover" of the Mother, as it was tradition for many millennia. Compare it with the recent Revelation of the Cosmic Mother (see chapter 4). There the Eternal Light is the first emanation of the Cosmic Womb. With some goodwill this Divine Light could therefore also be called "Lucifer". Were it notThe irony is that both Christianity and Luciferism suffer from exactly the same "defects". Both worship a male god, a patriarchal cosmos with a male hierarchy ("masters", angels). Both have cut the direct contact with the Primeval Source - the Eternal Feminine. The goal: "God" as the projection screen for the male ego. Both - Christianity and Esotericism - serve the masculine greed for hegemony. It is not surprising that the mind predominates here. Both systems are based on theological speculation. Both are entangled in a jumble of mind-projections. The Reality of the Divine is submerged in thought systems, concepts, ideas, hypotheses, speculations, fantasies, word magic and occult theories, adorned with visualisations, rituals and "experiences". With the Divine Reality - constantly mouth-prayed in a grand manner - it has nothing to do. It confirms that esotericism (New Age, Luciferism, Satanism) is not the long-awaited breakthrough to the "New World". Only those Revelations coming from beyond (the patriarchal) "God" and his hierarchy are the vehicles of actual Renewal. They can only take place in those who give up their egos (rather than overcompensating or inflating it esoterically). And that is only possible by surrender to the Absolute Nothingness: "Without death no rebirth!". The result is the rebirth in Reality without the intervention of the common mind: pure, empty, direct, full of innocence, "virgin." "Be thou not as a child, thou shalt not enter into the kingdom."

Summarizing

We are Cosmos! is the triumphal exclamation of all who have come to insight into the Truth. Because the story is still going on. If you surrender yourself to the Depth of the Ultimate, then you no longer live as a slave of your little "I" but as a part of the Mother, the Eternal Light, the universe, the earth and society. . You are no longer identified (unconsciously) with your self-image, but live in Reality. The place you occupy in the Whole is unique. You are part of the Cosmic Plan. You are not dominated by your own plans, but follow the "guidelines" of the Mother. For that you need to be constantly open to Her. Your Being has to resonate with the Greater Reality. It requires conscious contact (through your body), listening and surrender. Then you carry out what has been passed to you. Earthly existence appears to be a reflection of "Heaven". This makes an old insight Reality: "As Above, so Below". The spiritual Way: turning in (into your Depth), merging (with the Whole) and returning (to the world). The "goal" of your New Self is to become fruitful in the world. The ego has become a servant instead of a "tyrant". Everything on the basis of a

"Feminine World View": inclusiveness, compassion, peace, solidarity, justice. Our "motto": WE ARE COSMOS!: the unity of (wo)man, society, earth, universe, the Eternal Light and the Cosmic Mother. To make it as concrete as possible, I define this as becoming part of "Heaven, Earth and the (new) Community." With your spirit in the Great Spirit, your body in the Earth and your "soul" as part of the Community.

*Life as a mission: to bring "Heaven to Earth"
("Cosmocracy")*

All this is very, very urgent indeed. The world situation is extremely critical. The inflated ego can blow up the planet at any moment. Everybody who loves world peace gives up his ego NOW. You will be rewarded a "hundredfold" for that. Being (again) part of the Whole is the fulfillment of your deepest desire. Reality is open to everyone. In fact, you Are It without realizing it. And who doesn't want to be the one that you are yourself? Including everything and sharing it spontaneously, that is the sanctified Life. The unique "Heaven & Earth Exercises" (Tiendi Qigong) are one of the many ways through which you accomplish the Unity with the Whole.

From the Bible

The people answered Jeremiah: "As for the word that you have spoken to us in the name of the Lord, we will not hearken to you, but we will surely do all that we have spoken, and make sacrifices for the Queen of Heaven and to bring her libations, as we did, we and our fathers, our kings and our princes, in the cities of Judah and in the streets of Jerusalem, then we had abundant bread and were happy and saw no calamity, but since we have ceased to ignite the Queen of Heaven's sacrifices and bring her libations, we have lacked everything, and we have perished by the sword and famine." Jeremiah 44: 16-19

7.

Cosmic Mother Healing the Planet

Cosmic

We are Cosmos!

Religious

Cosmic META Religion

Spiritual

To give up the ego

Cultural

As Above, so Below

(Cosmocracy)

Social

Being YourSelf in Connectedness

Politics

Community Democracy

Ethics

Being part of "Heaven, Earth and the
(New) Community "

"Gender"

Mothers as leaders of the community

Educational

"Youth first"

Scientific

Based on META Cosmology

Medical

Cosmic / Holistic / Integral / Alternative / Regular

Economic

Economy of the Enough

Ecological

Harmony with Nature

See for detailed discussion of these categories

Book "Origin" 1 to 7

"It is not a sign of mental health to be properly adjusted
to a sick society"

Hans-Joachim Maaz

Western dominance is about 3 millennia old. His hegemony is now running to its end. The cause is the ego with its over-compensations. The core consists of primal fear (angst), isolation, alienation, fundamental uncertainty, impotence, vulnerability and inferiority complex. Western man over-compensated this into a patriarchal religion, a political system based on power and violence, a capitalist economy, a one-dimensional, reductionist science and the dominance of technology. This whole appears to be a cancerous growth. After the colonial era and two devastating world wars, it is the permanent aggression wars, the nuclear threat, the climate crisis, the social disruption, the worldwide economic injustice and the oppression/exploitation of women and children, through which the growth of the cancer is threatening the entire planet. After many centuries - from one disaster to another - the inevitable conclusion is that a society based on the ego is NOT sustainable.

The study of civilizations (A.Toynbee) shows that they are all subject to growth, flowering and decline. They follow a universal pattern. The desire for wealth and riches is almost always the engine behind the rise. In the first stage this works out positively, everyone works together "towards a new future". In the construction phase of the culture, Cosmic Birth and the growth of the ego run synchronically. For the latter "time works in its favour". Everything works out and culture creations jump like mushrooms from the ground. Until the successes go to the ego's head. It starts to blow itself up, accumulating power and wealth. The feedback with the constructive force of the Cosmos is broken. Ego becomes an "alien", an isolated entity, an inflated balloon, destroying itself and its environment. In the flowering period the culture becomes over-saturated. Welfare is no longer a joint project. On the contrary, it leads to individualism and materialism. Including all "side effects". The main cause of the subsequent decay is the fragmentation of society, the "all against all", through the concentration of power and wealth in the hands of the few. Secondary consequences arise from this: greed, lies and deception, corruption, hatred, envy, war, revolution, decadence and environmental destruction.

What has remained underexposed is the fact that all this comes from an blown-up ego. The scale of the current Ego-Catastrophe touches the core of our existence. Therefore it cannot be understood without understanding the Reality in which we live. To understand the dynamics of emergence and decay of cultures helps a great deal. Just like in nature, they know birth, growth, flowering, decay, death and possible rebirth. In the last phase, elites do everything to maintain their privileged position. To put it more strongly, they strive for world domination (imperialism). The masses, on the other hand, lapse - through centuries of materialistic addictions - into superficiality and decadence. Symptoms are the New Age and the chaos in ("integrative") medicine. Both have become a "lucky dip" of random methods. In-depth experience and insight into the Whole are lacking (not to mention a sense of Truth). Yet this is the "mud from which the new lotuses flourish". Precisely because the West has had enough of (senseless) material abundance, it is HERE that inspired individuals and groups return to the Origin to launch a new META Religion and a New Culture.

Both God and the universe originate from a Cosmic Vacuum ("Cosmic Womb") and continuously return to it. Two Cosmic Dimensions – both emerging from the "Mother" - make this possible: Birth (God, Light) and Death (Destruction). They form a dynamic balance that makes life on earth ("Mother's Web of Life") possible. In this way, the "rise, flowering and decline" of the culture are Cosmically determined. All life undergoes the effect of these forces, with nothing excluded. F.i.death is the consequence of the attraction (centripetal) by "Mother's Void". Destruction and "Creation" are the engines behind continuous Regeneration. The more we are in harmony with the Cosmos, the more optimal our existence (Renewal). The biggest "stumbling block for the Cosmos" are those parts that resist transformation. That "part" - you already understand - is the ego.

A Cosmic Vision

Cosmic Mother Healing the Planet

Cosmic META Religion

We are Cosmos!

Cosmocracy

Cosmic Medicine

The result is a MEGA bubble that "vies with God" ("Ikarus"). The ground of existence is affected. The situation is becoming acute. Under such circumstances, an "answer" from the Ultimate - the Mother - cannot stay away. In view of the obstinate nature of the people, She has "no other choice" but to communicate directly to mankind. She confronts the ego with Her Cosmic Destructive Force. The more the Bubble inflates, the sooner its "inner support tissue" breaks down. The balloon snaps. Mother's goal is to restore the Dynamic-Cosmic Balance. It is in the lowest point of the culture ("Ego-Catastrophe") that the Mother has revealed HerSelf. She makes it clear that the ego can not save itself from the MESS that itself caused. "Spirituality" has deteriorated, it serves the capitalist system. Coaches offer companies "spiritual training" to increase effectiveness and thus profit maximalization. Which in turn accelerates the breakdown of our planet. A vicious circle. Therefore: only through the intervention of the Transcendent can a New (Wo)Man and a New World emerge. The core of the world crisis is Cosmic. Ergo: if the world really wants to transform itself, it has to start with the ego. Everything else (transformation of society) originate from it.

For the first time in human history, the Mother took off her veil so that humanity could know Her Essence - glorious ("numinosum") and terrible ("tremendum") at the same time - and thus put itself "on the right track" again. This absolutely unique Revelation took place in 1977. It consisted of the Threefold Cosmic Realization: the Unity of Absolute Nothingness, the Eternal Light and the Great Death (also called the Underworld. They are the direct manifestations of the Cosmic Womb and Her two Cosmic forces of Birth ("Creation") and Death ("Destruction"). The

ego is helpless against the self-inflicted total chaos. It is the end of ego history. Only the breakthrough of Eternity in time - "Cosmic Order" - can save us. We eagerly look forward to the New (Wo)Man.

Through Her Cosmic Bottomlessness ("Abyss"), She is the only One who can curb the ego

As Above, so Below ("Cosmocracy")

Identification with our self-image as the core of our personality is pathological. It results in a one-dimensional existence. With fear and dismay we look at the "wasteland" in ourselves and around us. We urgently need a new (cosmo) anthropology. One in which human identity is redefined. The ultimate ego trick is this: To prevent it from having to give itself up, the ego fills itself with all possible "spiritual" representations. This is called "spiritual growth". Few realize that a bloated ego is at work here. Fearing to fall back on its inner chaos, the ego remains fanatically attached to its "new identity". These are the people (self-styled New Age teachers, coaches, guru's) who know "it". The person who has found his/her True Being, on the other hand, has nothing to lose. He/she already lost everything he/she could lose (ego) and that turned out to be a godsend.

The Reality: God is Omnipresent. We are IN God. In the Deepest of our Being we are Divine. Because we are Cosmic Intelligence, we know. Because the Divine permeates everything, existence is SACRED. The whole world is IN God: the grass, the trees, the animals, the rocks, the clouds. Macrocosmos is Microcosmos. By being part of the Whole we live optimally. Applied to society I introduce the "Cosmocracy".

The surprising thing: Cosmic insights are confirmed by current physics. In an indirect way. The scientists are pushing the limitations of their research. They see that they can only examine measurable objects. Up to now, "what is not measurable does not exist". They have now dropped this. By indirect methods they recognize that the universe arises from Nothingness, from the Vacuum. "Virtual particles" originate from Nothingness, while disappearing in the SAME MOMENT. This leads to the hypothesis that - in addition to the Vacuum - two numinous (supernatural) Cosmic Forces (Dimensions) are active: those of Creation (Eternal Light) and Destruction (Super Gravity). They are opposed to each other while at the same time being complementary. "Added" the sum of positive ("dark energy") and negative energy ("dark matter") in the universe is equal to zero. Existence appears to be a dynamic balance.

"Evidence" for the Vacuum as the Primal Ground of existence was delivered by the Astrophysics Institute in California. Through research of Black Holes it came to the conclusion that "the Vacuum was there BEFORE the galaxies". The Origin of the Cosmos therefore is Eternal. Since the Primeval Function of the Vacuum is "Birth" and "Death" (see above), and these "functions" are carried by the two Cosmic Forces, which in turn cause the universe to arise from Eternity, then there is no other conclusion possible that the entire Cosmos is Eternal. Because everything continually "dies and is reborn", the Cosmos is continuously renewed from within. This Cosmic Regeneration takes place in the Bottomless Depth of the Vacuum. Now it becomes understandable that since the beginning of humanity it has been experienced as the "Cosmic Womb". Above all mind this: "The Power is in the Origin" (think of an egg cell). Regeneration consists of constantly returning to the Source to constantly being renewed ("vertical evolution"). It underlines the cyclical as the underlying "drive" of existence. Is it not surprising that just now 1. The Original Mother has revealed herself? 2. the Cosmos is experienced as a Balance? 3. "Cosmic Healing" as a revolution in medicine gives new healing perspectives. PS. It is already a small miracle that "pre-historical" healing methods like Chinese Guasha ("Stone Age Therapy for Modern Man") prove to be (much) more effective in the treatment of chronic disease than "modern" medicine.

Nowadays "Visions" about the future regularly appear (e.g. in Germany "Dialog Zukunfts Vision" 2050). These are heading straight for a world government. Now that may well be inevitable in the future. What matters is WHAT world order is strived for. The ruling elite dreams of a power pyramid from which they control the world. The masses are degraded to slavery. In the Hegelian scheme, this New World Order (NWO) is the thesis. The antithesis consists of a collection of people who want to preserve their current cultural identity: the national state, Christianity and the family. It is clear that both goals are undesirable. The NWO abolishes the cultural identity together with people's own sovereignty. This is replaced by total control of, among other things, freedom of thought, religion, political opinion, health, education, relationships, living, working, consumption pattern, etc.). Wealth and power "for the few" and "socialism" for the masses. Do we want this? I assume (hope) that there are (still) enough people to find this a horror scenario. The antithesis - the reactionary return to old "values" - is also not attractive. The national state and Christianity have greatly contributed to the current crisis. That they can get us out of our current oppression is a big illusion. The state corruption, the party democracy, the power of the banks, the egoism, the impotence of the citizen and the consumption addiction continue to flourish in the national state, while the "God" of Christianity is already dead. Today it is all about something else: Only a New (Cosmic) (Wo)Man and a New Society can stop further decadence, (including the expanding Islam). However: Fear is in the air. People are increasingly nervous. People will not give up the "having" voluntarily. Only when the system collapses will they focus on the "quality of life". The great danger is that at the height of the chaos intervention takes place with the aim of establishing a totalitarian dictatorship. No reasonable person, I think, is waiting for this. Hence my urgent appeal to together look for a liberating alternative. Here again Hegel helps us. He says that the opposition between "thesis" and "antithesis" can only be overcome by a "synthesis". By the way: If the dollar falls, the NWO phantom also falls, unless a secret agenda ("world currency") prevents this. A prediction is always risky. Western people degenerate (e.g. through chronic illness, ageing, debility, Alzheimer's disease), (see later). As a result, society disintegrates. If nothing else happens, Europe is flooded with immigrants. However, these can not keep the complex level of "civilization" afloat. Society can then go two ways: chaos or dictatorship. Civil wars are not inconceivable, religious wars neither. Fortunately, there is a third alternative: the

"Cosmocrazy". This rests "roughly" on 1. A Sacred World: (Wo)Man rooted in "Heaven, Earth and the Community" 2. A new self-sovereign Europe 3. Leaders who act out of Cosmic Insight 4. A CommunityDemocracy in which everyone participates and 5. An Economy based on Balance.

Cosmic Spirituality / Politics / Economy
In this sequence

Starting from the Experience that we are part of the Whole, the only meaningful design for human society is that which resonates with the Whole. It is the definition of Cosmic Sustainability. Only when we are "in harmony" with the Cosmos the regenerative process of "Construction (of the new) and Degradation" (of the old) will take place optimally. This dynamic balance is reflected by a "balanced economy". In a wider sense the current crisis is the transition from destructive social-ego-structures (power and violence) towards a "Cosmocrazy": existence as a reflection of the Cosmos. Unity will never be achieved on a political level. Neither the current EU nor the national state are answers to the crisis. Unity (in diversity) can only be found in the META-physical. Everyone is part of "Heaven, Earth and the Community". Its unifying power goes straight through all the contradictions. It compensates for the totalitarian tendency of today. The financial elite deliberately create chaos with the intention to control the masses. In contrast our initiative "We are Cosmos", emphasizes the interdependence of the living and "non-living". Impulses come from the Cosmos (vertical) and are led to the community (horizontal). It underlines the priority of a "Community Democracy". The Community is the foundation of existence without which no life is possible. The organic structure of society is the reflection of the inner cohesion of the Cosmos ("Cosmocrazy"). That is why the new social model is also called the "Cosmo (above) -Political (lower) Society" (in the literal sense). This is built on the principle of "subsidiarity": bottom-up. It consists of logically built, self-sovereign echelons of individuals, families, groups, streets, neighborhoods, municipalities up to and including cities, provinces, Regions and (in our case) the New Europe (NEU). It is simply a matter to put the current structure - top-bottom - back on its feet. There is no need for a revolution. We leave the society intact, the only thing we do is reorganize it bottom up. "Ego or Cosmos", that is the (big) question. We call on international organizations, governments, universities, churches, communities, political parties, cities, businesses, regions to acknowledge "(Wo)Man rooted in Heaven, Earth and the Community" as the new universal cosmo-anthropological principle with the aim of establishing "Unity in Diversity" in the world. Subsidiarity, a principle adopted by the current EU (and promptly corrupted) means that everything that can be performed by a "lower" echelon, a "higher" echelon may not intervene. So the individual decides what he/she can do for the Whole, what he/she cannot do, is delegated to the family/group. The family decides what it can do, the "rest" is delegated to the street. In turn, the street community decides what it can do, everything else is delegated to the neighborhood etc. etc. Members of families choose a street council, streets choose a neighborhood council, the neighborhoods choose a city council and so on, "up" up to and including the (new!) European Council. The street is a community, it just does not know it yet. The consequence is self-sovereignty on all levels. People decide for themselves about their own living environment, all work together. The focal point of functions and competences has come to lie at the basis: street, neighborhood, municipality, city, province and Region. In such a way that only a few "coordinating" tasks remain for the top. The "umbrella" - the New European Council - has the least power. The real power lies with the CommunityDemocracy, everything according to the principle "As Above, so Below" ("Cosmocrazy"). See books "Origin". The existing religions stay completely out of this. For them, the separation between State and Church (Mosque, Synagogue) remains strictly enforced.

A New Era?

"We are already on the right track" someone said recently. She called this the "new paradigm". Companies distance themselves from "reductionistic, mechanical thinking" and focus themselves on an "organic" organization. And indeed. The websites in question are teeming with New Age-like terminology such as "extension of awareness, value-oriented leadership and cultural transformation". The ideology ("power points") of the "new paradigm" is positive thinking, everything is energy, you create your own world, life is change, realize yourself, organize from the heart, yes even cosmic insight is emphasized as "new value". Hearing this you imagine yourself in a kind of New Age sect instead of in a company.

The decline of spirituality can be properly read from the development of mindfulness. Originally, this practice comes from Buddhism, distributed in the West by Zen master Thich Nhat Hanh. Its purpose was to give up the ego and attain Enlightenment. Until an American psychologist "discovered" it. He copied the term and gave it a (totally) different content. Instead of transforming the core of your personality, "mindfulness" is used to make your existing self feel better. It serves the better functioning of your ego. In this new version it was eagerly taken up by all possible therapeutic organizations. From one of the many leaflets: "By mindfulness you learn to concentrate better and/or focus. It brings peace in your head. It sharpens your memory. It also teaches you to see through your conditionings. Conscious choices are made easier. It reduces stress, it makes you more resilient. Through acceptance you get a better grip on your emotions. **The whole leads to better functioning**". The point is that in itself there is nothing wrong with improving your (existing) self. In the current context of the worldwide Ego-Catastrophe, however, this is a completely different matter. Here an originally spiritual practice (with the aim of giving up your ego) is changed to the opposite. The current "mindfulness" (exceptions excluded) is instrumental in jacking up your existing ego identity.

Because of the above-mentioned utilitarian terminologies, it is clear that the sacred cow of business - profit maximization - remains unmentioned and unaffected. The truth is this. As with healthcare, the current socio-economic system is coming to an end. Desperately, it looks for new impulses. In order to increase effectiveness, people-friendly strategies are introduced. Words like "organic", "integral" and "holistic" work like a magnet on people looking for improvement of their working conditions. The company as the Pied Piper of Hamelin. Just like in medicine regular

science continues to dominate everything, it is the profit that motivates (multinational) companies. Ultimately, "spirituality" (as described above) serves to make the company even more effective, even more competitive and even more growing. It is the old song: capturing the people with idealistic words to be able to exploit them even more in practice. The constant creation of new needs (using the "new creativity") (sic) is a crime against our planet. Dear people, see through this game, do not be fooled. Something is only truly organic, integral and holistic when not the ego but the whole is central. In a truly new paradigm, the economy serves life and not the other way around. It is not based on unlimited growth, but on balance. It is subordinate to the ecology. Limitation of production and consumption, a sober lifestyle in which quality of life exceeds quantity, Being above having, an organic community, one in which mutual aid is of paramount importance, one that knows how to share, so that not more, but less is consumed. Only when the "new" management gurus drop "values" like maximum profit, the economization of life, boundless growth, "progress", cheap labor markets, the GMO and arms industries, unlimited plundering of resources and "financial markets" from their paradigms, only then can be spoken of a "New Era"..

There is a global war going on...The ego destroying Wholeness.

The problem: ego is synonymous with "normality". That is why you do not realize that you are living with a false ego.

In his book "The False Life" the psychiatrist mentions H.J. Maaaz the ego therefore "normopath".

The spectacular decline of Western society is the best proof for the fact,
that a "civilization" based on the ego is not sustainable.

The ego HAS no problems, it IS the problem.

In the middle of the pool of the lie buds
the flower of Truth

Downfall of "the Empire"

While in the US the reports about an early "Downfall of the Empire" are piling up quickly, in our backyard it is (still) remarkably quiet. As good vassals of "Big Brother" we do not want to "unnecessarily" exaggerate the world crisis. Although I am the last person who wants to interfere with party politics, it is inevitable that we in the Netherlands are also dealing with the immediate (and unpleasant) side of world events. Many (mostly) American scientists, authors and journalists (Gore Vidal, Johan Galtung, Howard Zinn, Noam Chomsky, Morris Berman, Ralph Nader, Linh Dinh, Ron Paul, Dennis Kucinich, Chris Hedges, Dmitry Orlov, William Engdahl, Paul Craig Roberts) agree that the days of US world domination are counted. Since we are embedded in the Western system, this is also our problem. The main problem is the inflated financial-economic Bubble. Both the USA and the EU live "from the debts" that they have accumulated. I do not understand economics, but everyone can get information via the (alternative) media. According to Johan Galtung (Professor of Peace Studies), the Empire dominates the world (including us) fourfold: economically, militarily, politically and culturally. In the course of time it has become extremely rich through the exploitation of the entire planet. To this end it had to develop a way to maintain that hegemony. Due to the Bubble mentioned above (which can snap any time) the entire system, however, can collapse "in the blink of an eye". This is promoted by the current "de-dollarization". The Eurasian countries Russia and China are working hard to replace the dollar. If they succeed, the worldwide dollar system collapses. And with that the American power in the world. Even the EU is taking first steps away from Atlantic to Eurasian partners (German President to Putin, where the first one speaks frankly about German-Russian cooperation). This could happen so quickly that it is not advisable for us to do "as if nothing is going on".

“New World Order” or **New World Community**

The problem is that we can not know to what extent we will become involved in a global crisis. The EU is also not really stable. In any case, it is clear that Russia and China are the countries of the (near) future. The Netherlands must actively engage in peace in Europe. We are undeniably (a self-sovereign!) part of the larger Eurasia, which in turn is part of the big World Community. Before any obstacles to cooperation are cleared, some time will certainly pass. In the meantime, we are inevitably confronted with the decline of the West. A real crisis will for us spoiled, rich people come as a "cold shower". We have absolutely no experience with "back to basics". Because society has become infinitely more complicated since World War II, the free fall will be accordingly. F.i. everything depends on electronics: from information channels to water purification plants. The essence of the crisis is that everything comes together. Money devaluation, food supply, unemployment, medical facilities, social chaos through mass immigration, climate change alongside war and violence. Based on the fact that a crisis can also mean an "opportunity" - namely the transformation of our sick society - at the same time it is crucial that as many people as possible orientate themselves towards a new perspective. I have done my best to systematically categorize the conditions required.

The ego can not solve its (age-long) ego problems. Nor do we have a chance to make a new step in evolution if we are internally caught by (existential) fear. Taking this as a starting point, the first step towards a new sovereignty is the development of inner balance, inner peace and inner strength. If we want to become part of the Greater Whole - our birth right - we are forced to give up our ego. It then appears that in the Depth of our Being an Indestructible Dimension resides. The paradox: precisely because this dimension is "empty," he/she cannot be destroyed. How can one destroy Nothingness? The secret is that Absolute Nothingness - which we have already come to know as the Cosmic Mother - is an overflowing Vessel of Abundance. All qualities of existence arise from it. It means that you are provided at all times with what is needed in that situation. Experiencing that gives an enormous sense of Cosmic Confidence. You can always build on Nothingness (the Mother) (...). Because this Nothingness being your True Being, you can never lose it. It is your Foundation, your Source and your Refuge.

The second condition for successful "survival" is a common core value shared by all. In war it is the homeland, in sport it is your own club, in religion it is "God". The point is: the closer the shared value is to the Reality, the stronger the solidarity between people involved. In the past, these were the religions. However, because these were not based on God but on an image of God, projected by humans (in Christianity) the binding power has disappeared. A new orientation was urgently needed. The desire to live in Reality - people want the Truth after so many centuries of lies and deception - was the deciding factor. The painful discovery is that we have lived with a "false ego". We are not an isolated entity, an "I" alienated from the Reality, "thrown upon itself". The New Revelation has given us a new (very old) insight: "(Wo)Man rooted in Heaven, Earth and the (new) Community". In my books I have called this "Existential Consciousness".. For every human being (animal, plant) is part of this threefold Reality. Recognizing this in each other is the foundation of indestructible solidarity. In times of (major) crisis it means "to be or not to be".

Our inner solidarity must subsequently be placed in a structure if it is to provide stability. This is called "Community Democracy". With subsidiarity as a guideline, conscious people take the lead in the neighbourhood. A true wave of democratization goes through the streets. Everyone jumps for joy. Something really innovative is happening here. A fresh wind blows through the neighbourhood. Cheerfulness spreads unchecked. What is the case? How can this suddenly happen? You cannot believe your eyes. Nothing had to happen. Everything that is necessary for a radical turnaround appears to be there already. Thanks to our "good" bureaucrats, society is perfectly organized down to its smallest parts. What then is our fundamental discovery? That these basically useful structures, such as the district and city council, are all turned upside down. If you take a good look at it, you suddenly see how everything is imposed "from above". In the smallest details, you are constantly being ruled over and patronized. The discovery is (...) that these same structures can also work in the opposite direction. Not against the people, but in the interest of the people. The district council, instead of being a lame duck, the plaything of communal and party politics, can of course also be the true democratic representation of the local residents. Just a matter of bringing the world that is now turned upside down back to its feet.

Each Region should strive for as much autarky or self-help as possible. Especially those regions will be able to take the lead, which, due to geographical, historical, social, economical and cultural factors, have a more traditional sense of belonging. That has nothing to do with nationalism. Everyone - irrespective of origin, color or religion - who cares about regionalization and who is committed to the future of the Region is welcome. As is already happening in various places in Europe. It appears that mobilization "against globalization" and its effects on the micro level - the uprooting, the disintegration, the exodus, the frustration and the senselessness - can really get off the ground. For that purpose, a number of pacemakers are usually indispensable. People who are passionately involved and who know how to communicate to others. It is about bringing the substance back into the community. After all, the system sucks all our talents, abilities, creativity and energy out at the expense of the vitality of the community (or what is left of it) and of ourselves. One of the ways to do this is to let the economic activity benefit as much as possible its own region. Companies must be owned by those who have a direct interest: the employees, the consumers and the local community. In this way the relationship between industry, community, well-being, prosperity, spatial planning, region and environment is restored, everything controlled by the community. Everything that can be produced, traded and sold within the region comes in a circuit where everyone serves each other. The promotion of "regional products" is one of the priorities.

The Community Democracy is the next leap in evolution.

SUMMARIZING

The crisis in the world is primarily spiritual/Cosmic: (wo)man cut off from his/her deeper Self, nature and the community. Through the "inability to Be" humanity has fallen into decline, falling back on the small self ("ego"), living in ignorance, self-addiction and indifference to all-what-lives. Overcompensation is "becoming" the main driving force of the entire culture, individually and collectively. "Progress, growth and expansion" are the symptoms of the "alienated I syndrome", an "I" that has made its way back to the Source blocked and thereby self-inflates e.g. over-compensates itself, projected in the PWTKMS complex, namely patriarchy, science, technology, (corporate) capitalism, the media and the state. Our world - where "progress" actually means destruction, "growth" increasing the gap between rich and poor, "wealth" that does not make people happier, "information" that only dulls, where "freedom" is identical with collective addiction and all values are commercialized - is turned upside down.

The consumer society has completely subverted all authenticity, spirit, vitality, creativity, values, joy of life and morality in such a way that man is literally sick of his selfishness, accumulations and futility and therefore in the depth of his misery is prepared to Turn On. "In both the rich and the poor countries, the consequences of the consumer society have become unacceptable" (UNDP Report 1998). Because the crisis goes "rock bottom" (political) partial solutions fail. A fundamental turnaround of the entire culture is necessary: Cosmically, spiritually, socially, politically, ecologically and economically. That is why NOW is the moment for WE ARE COSMOS! to come forward: the search for a society based on "(Wo)Man rooted in Heaven, Earth and the Community". It pursues a natural cosmo-socio-political order ("Cosmococracy"), a Community Democracy with self-sovereignty on all levels of society. The mission of WE ARE COSMOS! includes the elimination of the pressure to perform, ruthless competition, addiction, exploitation, injustice, alienation, loneliness, meaninglessness, dehumanization and the destruction of nature of the current system.

DOES THIS HAVE AN APPEAL TO YOU?

* Realize that you are Self-sovereign * Connect with others on this basis * Build together the vision, the myth and the structure of "WE ARE COSMOS" * Support the community with the resources at your disposal * Goal is the Transformation of (Wo)Man and Society * What is needed is a global "Cosmic Offensive"

8.

Global Campaign/Culture Renewal "WAY OUT OF THE CRISIS"

Program with

Han Marie Stiekema "SermeS"

"In these most critical of times (" Ego-Catastrophe ") in which further decline of the ego society - religion, politics, economy - can no longer be stopped, yes, the survival of humanity is at stake **creative individuals turn back to the Origin to be RENEWED** (A. Toynbee) Han Marie has taken the lead with **THE COSMIC (WO)MAN, the ones rooted in "a New Heaven, a New Earth and a New Community"**. For everyone who shares his concerns Han Marie has opened up his Hermitage to jointly make a "new step in evolution" possible.

His initiative consists of:

1. Study

Self study of the Sacred Book "Origin" 1 to 7 with the core themes: **The Ego Catastrophe, The Shattered West, Revelation of the Cosmic Mother, Birth of the True Self, We Are Cosmos!, Cosmic Medicine, Integral Medicine, The New Health Care, "Cosmic Mother Healing the Planet" ("Cosmocracy")**

2. Deepening/Teaching

These sessions consist of personal guidance (1 to a maximum of 6 people) all based on free, unstructured exchange. The participant determines the frequency and the duration of the contact. (Visit by appointment only).

3. Exercise

Turning knowledge and deepening into conscious experience, that is the goal of Step 3. This can be done in many ways. On the "Origin" books they are frequently described. **The core exercise - one that unites everything in itself - is called "Heaven & Earth Exercise"**. The secret is: The more you have contact with the earth, the more the Spirit opens up. This happens in a completely spontaneous way.

4. Training

For those who want serious commitment, there is the possibility of a Basic Training "Spiritual Service, Health Service, Community Service and Earth Service ". It gives you the possibility to guide other people on their Way to Wholeness.

"Leitmotiv"

WE ARE COSMOS!

We are part of society
Society is part of the earth
The earth is part of the universe
The universe is part of the Eternal Light
The Eternal Light is part of Absolute Nothingness
("Cosmic Womb")

Han Marie Stiekema SermeS

New Wisdom Teacher, Founder (M.D.) Integral / Holistic / Cosmic Medicine (since 1972).

"The One who was Beyond the Beyond of Time and Space" (1977) lives a simple life in Oneness with the Cosmos. **People "from all corners, professions and positions"** come to his "Hermitage" for personal **Cosmic Advice & Guidance**, (in which he constantly surprises with "his" deep Wisdom).

Contact:

Hermitage (Hermitage):

"Cosmic Mother Healing the Planet" at Utrecht.

Mention your name, address, tel.nr. and e-mail. The book set (6) costs 135 euros. **Participation "Deepening" on donation basis** IBAN: NL16ABNA0562330127 for his universal work. www.healingtheplanet.info
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See also Youtube, his Website and Twitter.

"World Peace through CultureRenewal"

The Universal Cosmic Order:
(Wo)Man rooted in "Heaven, Earth and the (New) Community"

"Cosmo-Vision"

Many people wonder: where are we heading? The future is a part of fundamental uncertainty. At this point we can contribute a few things. We briefly take the role of a "think-tank" and call this our "Cosmo-Vision". "Normally," ordinary "politics does not bother about this. The "big" think tanks often cook up their cases behind closed doors. As a result, the general public remains ignorant. Their permanent uncertainty is caused deliberately. Anxious people are easier to manipulate. On the other hand, openness means that the average citizen must be able to take in setbacks, since the future does not look rosy. We capture this by not only mapping out the future to the best of our ability, but also by providing "solutions" to the extent that they are possible. In our predictions the Western world (and especially Europe) is central. To bring it under a heading, we predict a "Cosmocalypse". The starting point is the rapid decay of our "civilization". You will not be surprised you that we as doctors have chosen the increase of chronic degenerative diseases as a measure of this decay. And this is as you might know explosive (despite our "modern" medicine). The implosion of culture comes primarily from within (I do not yet talk about the all other disasters). The advantage is that the first one can be predicted fairly accurately. Not by regular medicine (because it makes profits from disease!) But from independent scientists. "Cosmocalypse" means that because of the epidemic character of the degeneration (see elsewhere: "Alzheimer's"), society will be disrupted and become ungovernable by the year 2050 (or earlier!). In the meantime, the massive immigrations of "foreigners" only increase. Not only Africans and Muslims, but also Eastern Europeans, Russians, Indians and Chinese. Europe as one big crucible of different cultures. This is also predicted by the neo-elite who, as is known, promotes this process (chaos), in order to establish his "New World Order". A reassurance: it will not come. The NWO is entirely based on the superiority (financial, economic, military, etc.) of the West. And that will not hold (for the above mentioned reasons). Also: Europe will not become an Islamic caliphate. Look at the Islamic world of today, where "a Turk will never enter a Moroccan mosque and vice versa". Islam has a tribal structure, in which people are constantly at odds with each other. This does not alter the fact that they have suffered under Western imperialism, which had genocidal proportions. Yes, the crimes of IS are gruesome. But what about the millions of victims because of illegal Western interference in states like Yugoslavia, Afghanistan, Iraq, Libya and Syria? (plus those from a long time ago: think of Iran and Indonesia).

The European ego-disaster is thus called "Cosmocalypse". Why? In the first place, only those West-Europeans will survive who step out of everyday's (ego) "normality". It is they who realize that the ego, individualism, materialism, greed, the accumulations of many kinds, the totally unbalanced lifestyle, the capitalist-exploitative system and everything that has to do with it, are the main causes of decay. The only way out is to rejoin the Whole: Cosmic, spiritual, psychological and physical. By becoming part of the nourishing Primeval Ground of the Cosmos, groups of conscious people will be able to survive. Sad, but inevitable is that the "masses" will not go along with it. Although everything must be done to get everyone in the boat (....) Is the experience of centuries, that awareness is limited to smaller groups. The question for each of us is therefore: are you going to join a new future or not? This applies (logically) in particular to the youth. It is they who are mature in 2050. What function will they have in Crucible Europe? The point is that every incoming cultural entity tries to push through its own political agenda. The Russians want to realize their "Russian Idea", while the Chinese are already talking about the "Chinese Dream", which will turn the planet into an "economic paradise". It is the ADVANTAGE of a Crucible that nobody gets the upper hand. Yet, it must become a controllable whole.

The answer is that only a Vision ("Cosmo-Vision") above the parties can create the necessary "Unity in Diversity". By definition it can never be subordinate to politics or new imperialist interests. After all, politics is always linked to the self-interest of the parties involved. Political "solutions" are always exclusive. They always run out on manipulation, division, conflict and violence. On the other hand, the Cosmic Dimension is inclusive. And that's how we arrive at the only-realistic approach: A Cosmic META-Vision (META-religion, META-culture, META-politics) in which everyone can recognize themselves. It is no coincidence that the Cosmic has already inspired us for quite some time, preparing the Global Transformation (Book "Origin" part 1 to 7). It has defined our urgent mission. Before the circumstances overtake us, it is our task to have created the framework for a livable Europe. The concept is as follows: "(Wo)Man is rooted in Heaven, Earth and the (new) Community". As mentioned earlier, every human being (animal, plant) is part of it. To society this is translated into what we have called "CommunityDemocracy" with self-sovereignty at all levels: street, neighbourhood, municipality, province, Region. The power lies with the base, while for the top only a few coordinating tasks remain. The leaders come from those groups that have realized "As Above, so Below". The success depends on the quality of the leaders, who motivate the "masses" to participate in the joint project. From the moment I write this, all our efforts are directed towards it.

Leadership

Thinking about the new vanguard, those who have to start the "New Cosmic Order", is the most poignant feeling that of the lack of leaders. Youth, for example, has an urgent need for a new spiritual foundation. Insight into the Whole, of which you are a part, goes beyond any other kind of knowledge. A long time ago, I launched the idea of "Healing Communities". I copied this from Buddhism (for some time I was a Zen teacher in Japan and Hong Kong and saw how a "sabbatical monastery" worked). The core was given to me by "my" Grail Vision (1974). You can read about it in my books. The motto is: "Strive for Enlightenment, restructure your life and serve others". Because of the absence of vision, perspective and ideal, our youth is completely deranged within and without. To build a meaningful life young people look for inner guidance and meaning. Above all they seek inspiration, challenge, perspective and rise above themselves. None of this is given to them. Hence they take "en masse" refuge in the "digital world". The system only hunts money. It is therefore not surprising that young people are frustrated in the depths of their souls. The elderly and

educators are on one's wits' ends. The society totally hypocritically, indeed criminally, has declared youth a "problem area".

A training that encompasses human beings holistically is the greatest urgency of this time. What youth need is self-insight, inner balance, dealing with emotions, a positive relationship with the environment and the development of sympathy with all that lives. Cognitive training, knowledge and social development come second. This should not be mixed up with pseudo-spiritual "trainings" that sprout up everywhere. It is about: "what suits me best", "how to reach my personal goals?", "how to make my career more meaningful?", "Who am I and what do I want to achieve?", "Which are my weak points and how to turn them into strong ones?", "How to get more out of myself".....everything embedded in a system that suggests "self-awareness", "personal growth" and "inner development". "Spiritual trainings" are offered, decorated with all kinds of spiritual ideas and concepts (all stolen), hiding the fact that this is all about the next phase in ego-boosting. It is sad to say, but (almost) all that nowadays is "sold" under the banner of "spirituality" is corrupted. This is the opposite of what we are aiming at! Our training goes straight to the core of truly restoring the Wholeness of Life. **Therefore, the idea of a "Healing Community" (similar to monasteries in the Dark Ages)** is an education (from a month to a year) based on a "monastic discipline", one in which a spiritual foundation is laid, is an excellent one. The core of the training - "Regeneration" - consists of the re-integration of various levels: physical, psychological, relational, spiritual, ecological into Cosmic Reality. Parents can play a decisive role in this. They know their child the best (can you hope). They can grow a germ within their child by "implanting Cosmic Awareness". It is the most precious thing they can give to their child (and also themselves). The **"Healing Communities"** are based on the leitmotive of "We are Cosmos". As explained in many places, our education is "Cosmos-oriented", ie. it is completely separate from the existing religions. The advanced training consists of Spiritual Service, Health Service, Community Service and Earth Service. (See website).

While elaborating this I immediately met the first stumbling block: Who will guide these young people? Who among the adults have a suitable background? People from the New Age certainly not. It is a delicate issue, but absolutely not impossible. In the first place, I think of mothers. Especially those whose children are already "out of the house". This also applies to fathers, of course. An inherent spiritual attitude arising from their own depth is a first condition. One that does not identify with all kinds of esoteric ideas, but can draw from its own authentic wisdom. The same applies to all other people who have educational gifts. In principle, everyone can register. Before leading the **"Healing Communities"**, the aspiring leaders are invited to first do the training themselves.

Save the children

Overloaded mothers
Absent fathers
Overworked teachers
Digital addiction
Culture in decline
Children in big trouble
EVERYTHING MUST TURN ON!
This is not a matter of
a tiny improvement
here or there
It is about opening
a completely new Way
Only when children
grow up as part of the Whole
Is there hope
1. The Cosmic Mother
(META) Religion
2. A new Community:
Mothers and children at the center
Growing up in a modern "clan" context
("Mosuo Model", see book "Origin" 3)
3. Holistic education
4. Return of the youth movement
5. Healing Communities
6. Youth first
Ideals / Vision / Perspective /
Leadership

9.

Epilogue

Sacred Book "Origin" in 7 parts

Created through direct Cosmic Inspiration. It is the new "Cosmic Bible". Contrary to the existing "holy books" the message direct and pure. Its reliability - where it concerns the insight into the Cosmos - is the highest-achievable.

Part 1: The Origin (D) 808 p .. Part 2 Comments (D) 344 p .. Part 3: The Original Tradition (E) 773 p .. Part 4: Photo Autobiography (NL, E, D) 113 p .. Part 5: Handbook Integral Medicine: Whole Life (NL). 472 p. Part 6. The Omme time (NL). 654 p. Part 7: MatriTalks (E). (Free in internet) Furthermore: "Flow System Therapy" (E), "The European Green Man & Wise Women Pilgrim Network" (E with 100th photos). In design (E). The book set 1 to 6 costs 135 euros.

Tiendi (Primal) Qigong / Heaven & Earth Exercises

The "Heaven and Earth Exercises" begin where other roads stop; they bring you to where you already Are (from Eternity).

"This is truly well Being" Marjan exclaimed after one of the exercises. "TRULY WELLBEING". And indeed, it is a nice way to say what these exercises do to you. "They bring me to my deepest Self" says Ingrid. "This place is so dear to me, there is something very special here", is how Mieke expressed it. "That contact with nature can not be described" and "I would like to continue forever" Edith and Brigitte said. "I take it to my home and work," says Sjoerd. All recognize each other in the same thing, each expresses it differently.

Yes, for almost a month and a half now, we come together every day to share something, which is actually inexpressible. What I see as a teacher around me is the symphony of life: deep turning within, great clarity, cautious touching, graceful movements, pure joy, still quiet presence, that touching beauty, subtle contact with the environment, the bursting joy, that spontaneous naturalness, being "ordinary", all qualities of real life appear here.

I started the mornings because I had to "do something." To BE in touch with people, was my deep felt desire. "The exercises were specially" designed "to give people everything they already were themselves. have: being rooted in the earth, the clarity of mind, an open heart and the intense free flowing energy. Although for me they are tried-and-tested exercises, I did not think people would resonate with them in such an exuberant way.

It turns out that the value lies in its added value, a quality of Being, that IS from the very beginning that you do the exercises. Everything is already there. You enjoy the moment - You – while not going anywhere. It is not a search, but the finding a fulfillment that has always been there. The communion between people, who "did not know each other in any way", can be tasted all the time. We are so naturally part of Life in the exercises, we are "beyond communication".

It is therefore not necessary to imitate the teacher in the hope that it will once again come from within. With us you "realize your goal" immediately and at the same moment: it is about "feeling awareness", being in touch while you are aware of it at the same time. In the exercises we do this by constantly connecting to the earth and feeling it. The paradox is this: because of the unity with the earth, "Heaven", your Consciousness, spontaneously expands, and soon you click with your environment, in such a way that you do not move yourself, but IT moves you. From the same root. Everybody finds his or her own way.

For me, but that is very "personal", all participants have become very dear friends without exception. In a short time I felt myself growing into the group, something that is really new to me. To me the mornings are the praises to existence, the way I experience my joy, the gratitude, the openness, the constant renewal and my wonderment. My body is part of the "body of God", the nature around me. I stand, walk, move in the space that I Am. Overcoming myself, nature is part of Me. I am Nothing, so that everything is optimal.

And then thoughts sometimes come to mind that remind me of our common background. When I experience that the Essence of the tree, the grass and the water is my Essence, that we are One in Essence, then I sometimes think of those missionaries from the early Middle Ages, who wandered around to destroy everything that was sacred to the people - their Cosmic Nature. How they cut trees and forests with blind hatred, killed animals, drained and poisoned wells, and destroyed shrines. It is the main cause of the fact that we are now alienated from ourselves and our environment.

Maybe crazy, but if I think of something like that, then I feel responsible for the degradation of nature. All the more because it was introduced and implemented in the name of the sacred, of "God." They were religious, "spiritual" people who did this to the earth and its inhabitants. And they still do this. Still (fanatical) Christian sects are active to destroy everything "which is not in Christ." It used to be the heathen, now it is the indigenous peoples, who are exposed to the combined violence of "missionary, merchant and soldier".

The extra dimension that these exercises give me is that I "by being part of the Whole" by "Being" I feel that nature is (re)sanctified by this. She is of course already, but the exercises activate what IS, it becomes visible, tangible, experienceable reality. This realization, this experience, sometimes fills me with impetuous joy. I would like to keep on walking like this, just like Brigitte, my hands greeting each other, to celebrate life and to give back to nature - together with the people - what was taken away from them.

*I taught my Tiendi Qigong to Chinese people in the Behei Park in Beijing.
"This is the Original Qigong" they exclaimed in surprise.*

Hermitage

It took 40 years before I showed my "Original Face". I am still very reluctant to express my Message in the I-form (as others have done before me). These times requires clear insight instead of religious mystifications. Around the turn of the century I began to write down my Cosmic Experiences and Insights. For instance, I spent many years as a writer-hermit. Now my Hermitage is open to all those who long for Healing, Renewal and a New World. A little surprise. Our Hermitage is a stone's throw from the (Roman) site of the "Mother of the Gods" Cybele and the Roman-Celtic Goddess of Truth ("Veradecdis").

Transformatorium

I hope that in my life it may come to a point that I can give our Tradition - The Original Tradition of the Universal Cosmic Mother - successors. I have developed a number of step-by-step training courses for this purpose: Spiritual Service, Health Service, Community Service and Earth Service. Anyone - man or woman - who feels the calling within is welcome.

Pilgrimages

In 2004, my wife MeiMei, some good friends and myself, treated pilgrims on the Camino de Santiago for their pain complaints. It was an unforgettable experience. A few years later I visited hundreds of places with Black Madonnas, "Green Men" and "Wise Women". First in Europe (from Sweden to Portugal, from Slovakia to Ireland), later also in Asia (See website) .It resulted in the "European Green Man & Wise Women Pilgrim Network". It shows in an impressive way that the pre-Christian era has always remained alive.

The "Mystery of Mysteries" is the "Cosmic Womb" (See image page 1). It is the most faithful image of the Cosmos. From Her (black) the Divine (white/yellow) and the universe (green) are born, the latter uninterruptedly returning to their Origin. In the future "Cosmic Mother Healing Shrines", sacred places of "worship and healing", the "Cosmic Womb", together with Her Manifestation - the Black Madonna - stays central. We are coming to you with our worldwide program "We are Cosmos", starting with a New Health Care. Our motto: "Healing yourself, Healing each other, Healing the world". See www.vitalworld.org for free "Personal Health Plan" in 10 steps.

Short interview

Q. What is in your opinion the core of the current crisis?

A. The core is the ego with its catastrophic consequences for WORLD PEACE, GLOBAL JUSTICE and HARMONY WITH NATURE.

V. Many critics of the system (including Chris Hedges) blame the breakdown of culture on the "multinationals".

A. There is a lot in that, but he too (Mr.H. although a very discerning man) does not penetrate the core.

Q. Why?

A. It is not "the multinationals", but it is their inherent, limitless greed.

Q. With the consequence?

A. Greed is an aspect of the ego.

Q. So nothing is solved

A. The core problem is not political, but spiritual: "To Have as the inability to Be".

Q. Is this the reason for your commitment?

A. It is the TOTAL FAILURE of religion, politics and economy that makes the situation acute.

Q. We live with a false "I," you say.

A. Yes, it is the (unconscious) identification with our self-image (ego). In Reality we are PART of the WHOLE though.

Q. Hence the need for a completely new approach?

A. When "nothing" helps anymore, then only the NOTHINGNESS can help.

V. Waw, that's pretty thoughtful.

A. That's why I could not think of it myself.

V. Yet you are called "Cosmic Teacher"

A. Only by giving up your stubbornness you come to UNIVERSAL INSIGHT.

Q. What was the motivation?

A. I had the luck to be forced (by the Cosmos. This had never been possible through self-effort.

Q. How did that came about?

A. Through REVELATION of the ULTIMATE: the only thing that can redeem us from the grip of the ego.

Q. Can you make that tangible?

A. As I pointed out several times, only the Cosmic Mother can curb the ego.

Q. So again a religion?

A. "Faith", the identification with a god-image, is only a creation of our own mind, it can not save the world.

V. In Europe, the (Christian) religion has already died out.

A. Rightly so. Therefore, only reintegration into the Cosmic Reality, that what I call "Cosmic META Religion" can solve the core problem of humanity.

Q. How does that look like in practice?

A. Acknowledge that you are ego-addicted. Realize that only Absolute Nothingness ("Cosmic Womb") can liberate you. Trust that She then grants you your TRUE SELF. Subsequently inserting your True Self into the Whole: "Heaven, Earth and the (new) Community". Commitment to "Healing the Planet".

Q. That is quite a process. What could be done immediately?

A. On the personal level I offer "Cosmic Advice, Teaching, Healing and Guidance".

Q. And worldwide?

A. It is an established fact: people are searching (desperately) for Wholeness. This is made impossible by the power games of "Big Brother". That is why we extend "healing" to the whole culture.
 Q. That sounds very good. How for instance?
 A. By joining our Global Campaign "We are Cosmos:" Healing yourself, Healing each other, Healing the world ". For training, see our website.

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FROM THE HERMITAGE

**SermeS extends a hearty WELCOME to
 every sincere seeker:**

He is living a simple life in unity with the Cosmos. People from all "corners, professions and positions" -
 Religious people * Teachers * Mothers * Social workers * Officials * Scientists * Artists * Therapists *
 Politicians * CEO's * Youth etc. come to his "Hermitage" for personal Cosmic Advice,
 Teaching, Healing and Guidance, time and again
 being amazed by "his" deep Wisdom

Appointments

1. Individual Cosmic Advice, Teaching, Healing & Guidance
2. Cosmic Healing
3. Small groups (1-6): Introduction to the Teaching "We are Cosmos"
4. Meetings "Mothers for Mother"
 (Group max. 6)

Hermitage

“Cosmic Mother Healing the Planet”

Near Utrecht, the Netherlands

www.healingtheplanet.info [info\(at\)healingtheplanet.info](mailto:info(at)healingtheplanet.info)

By Appointment

+31. (0)30.6590178

Join our
New World Community
“(Wo)Man rooted in Heaven, Earth and the New Community”

Community Fund Drive
SUPPORT THE WHOLENESS OF LIFE!

We all know it: the blown-up ego is going to collapse (soon). It is something to be welcomed. However, the frightening side of it is the lack of any sustainable alternative. To prevent chaos the SermeS has worked feverishly - **inspired by the Ultimate** – to offer humanity **a new start**. It is called "**We Are Cosmos**". This Message has to be urgently spread WorldWide. Until now we have done it through our own modest income. Through platforms like **lectures, consultations, trainings, retreats, our website, YouTube and WhatsApp** we intend to reach people around the globe. Doesn't that feel **GREAT?! More and more friends are asking for information, advice and guidance**. In order to be able to support them we need financial help from the New World Community, dedicated to **Healing the Planet**. Your donation will achieve miracles! Please, contact [info\(at\)healingtheplanet.info](mailto:info(at)healingtheplanet.info)

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The „Hermitage“ near Utrecht, the Netherlands

We are all part of the Whole. When the Whole reveals itself to one of us, it reveals itself to all.
Hence my deep felt necessity to share it. That's ALL.

Our Mission?
Cosmic (Wo)Man