

# **COSMIC ARCHETYPES**

Picture Gallery + Mother  
Healing

**BY THE SERMES**

Servant/Messenger of the  
Cosmic Mother

Whole World Publications

# Content

Introduction

Chapter 1

Cosmic Womb

Chapter 2

SermeS

His Great Experiences

Chapter 3

We are Cosmos!

Chapter 4

Creation & Destruction

Chapter 5

Twelve Mother Traditions

Chapter 6

The Inclusive Mind

Chapter 7

Steps towards Wholeness

Chapter 8  
Celebration

Chapter 9  
Basic Exercises

Chapter 10  
“Gender”  
Rooted or Uprooted

Chapter 11  
Mother Healing

Chapter 12  
Cosmocracy

Chapter 13  
She is Everywhere



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(Book8 of the Sacred Book „Origin“, cosmo-political initiative for the Renewal of religion & culture, society, science, economy, ethics, health care, gender relationship, youth and the Earth, to begin with Europe)

Departure is the integral (wo)man: spiritual, psychological and physical, in harmony with the Cosmos, nature and society

Mission

„Healing the Planet“

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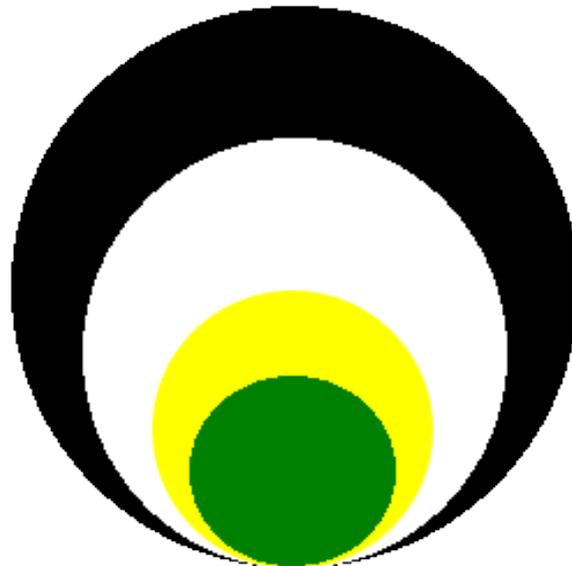
# INTRODUCTION

Authentic Cosmic Experience cannot be expressed. It is infinitely bigger than our mind. How can the mind contain the ocean? It is impossible. Right from the start you know your work will never be perfect. The God-Experience, on the other hand, is SO overwhelming that one HAS to share it with others. Apart from oral Teaching, there are three (or more) ways to express it: Art, Symbolism and Archetypes. Art is the most “liberal” way. The artist has all the freedom to express him/herself. Symbolism on the other hand, is more limited in its expression. It is bound to certain rules. The symbol has to be an image of the Original Experience. Through the symbol one has to gain insight into underlying Reality. The deepest expression is that of the Archetype. In contrast to the former, the Archetype is not a creation of our mind. It is part of Supernatural Space. They are the virtual forms (“energy-complexes”) in Her Void. They come to you through the deeper layers of Consciousness. Hence, its energy, power and meaning are much stronger than the other ways of expression. In this site the Archetypes are most prominent. They have emerged from the Original Experience with a minimum interference of the mind. They are therefore quite unique.

## Chapter 1

# COSMIC WOMB

## The Ultimate Reality



The Cosmic Womb (black) gives birth to the Divine (white, yellow) and the universe (green), the latter continuously returning to their Origin

The Turning Point: God is NOT the Ultimate Reality. On the contrary, the Eternal Light is born out of Darkness. Genesis: "In the Beginning there was the Void". Darkness is the Cosmic Womb giving birth to God and the universe. The Cosmic Womb is Emptiness beyond Emptiness containing everything and all. (P.S. "If you want to contain all, you have to be empty"). Nothingness, the Void, the Abyss is the True Mystery of Mysteries. It is the Cauldron of Eternal Return. Science comes close to it: the universe being born out of a Cosmic Vacuum. Everything returns in the selfsame Eternal Moment. Matter and anti-matter are complementary. Therefore, under the surface of time there is "Deep Time", Cyclic Time. It depends on the quality of your Consciousness. If it is narrow, then there is (common) time. When it expands Reality is perceived as timeless and limitless. We are all part of it. Therefore, though simply surrendering to the Reality which you Are Already, you reclaim your True Identity.

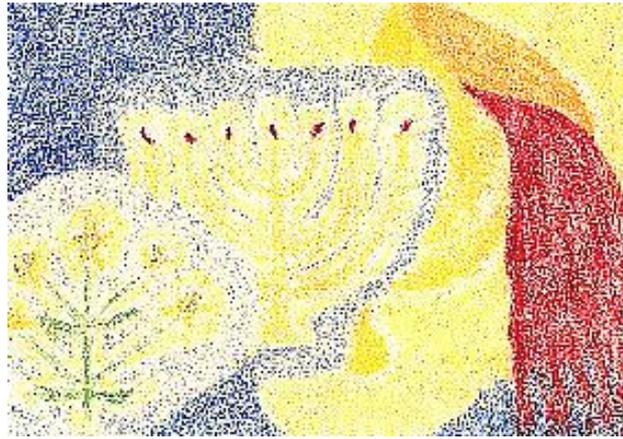
## Chapter 2 SERMES

### His Great Experiences



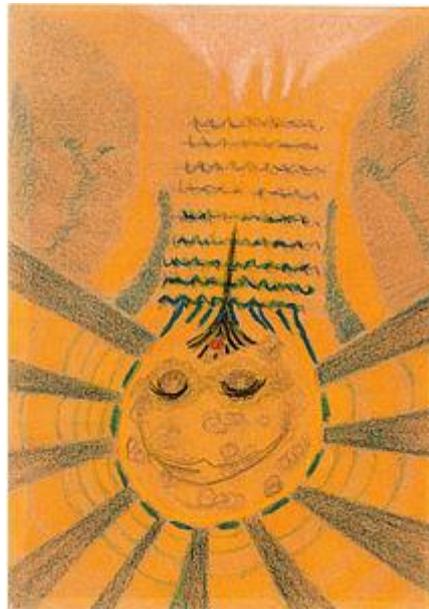
Satori

1973 My first Satori. This image is a rather precise picture of what happens in (Zen)Meditation. It is the dissolution of the ego (upper left). Through various stages the light is breaking through, culminating into limitless Space/Light. It is not the light you see – like in this picture – but you ARE the Light. You are part of the Lightness of Eternal Peace. No thoughts, emotions or desires, just "Space" in and around.



Vision of the Grail

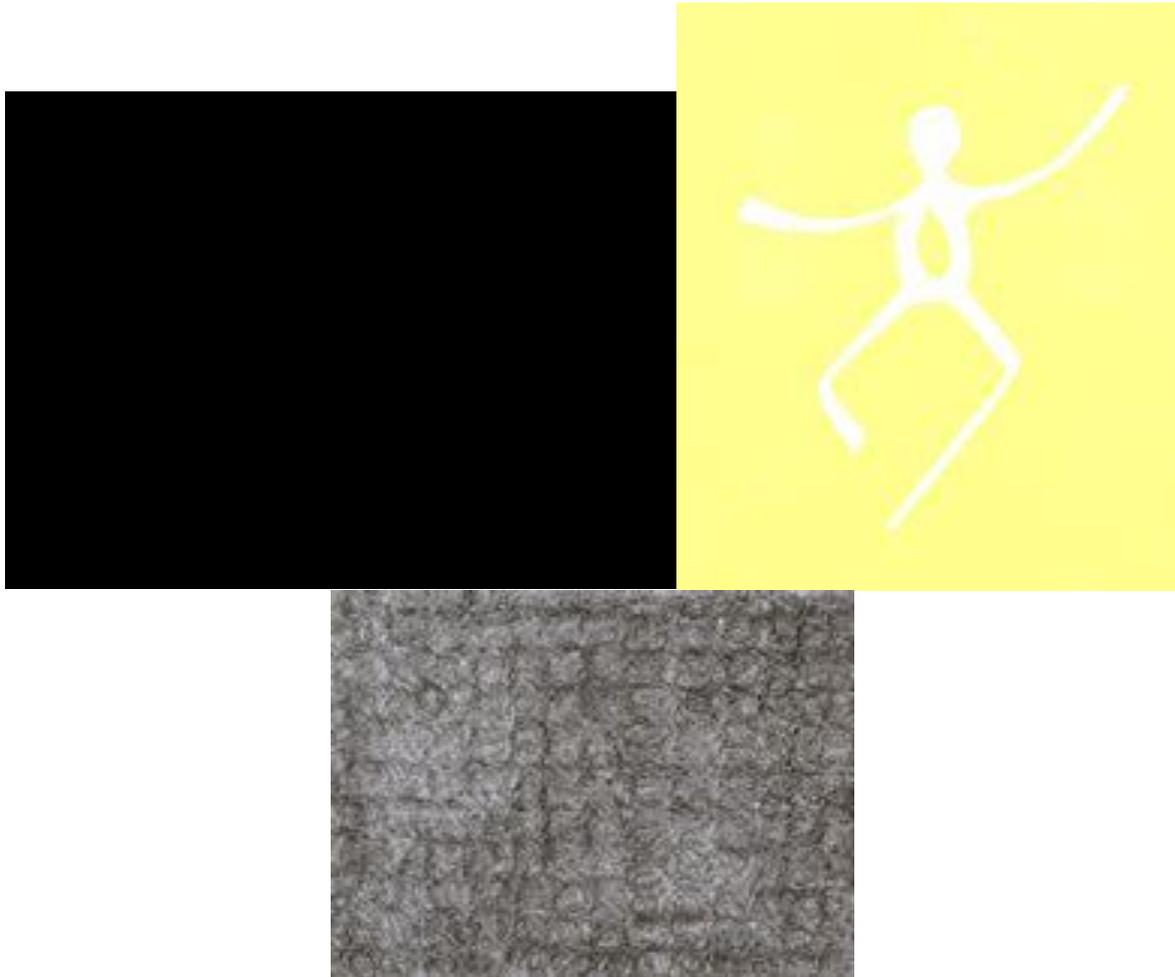
1974 The "Vision of the Grail". Starting with a Divine Presence in the room. Then, on the (white) wall in front of me "something" was there, slowly developing itself. St. John's Wort, golden with little red flames; slowly changing into a Jewish Menorha (Canaanite Tree of Life) (more golden with red flames), ultimately becoming a radiating golden Chalice. Chalice bending to the right. First one red drop coming out, then two, three, four.....a whole stream. It then slowly disappeared. I was deeply moved, tears....



Kundalini

1981 Kundalini, almost every day for one and a half years. It mostly ignites when in meditation. In particular at the moment the breathing-out disappears (consciously!) into the pelvis. An energy flow - quite powerful - starts in the sacrum (lower back) rising like a snake along the spine towards the head. Ones should not do anything, just letting it happen. It bursts like a "tsunami" into the head, indeed a "cosmic

orgasm". Accompanied by flashes of light, hissing like a dragon, and uplifting of my entire body. It is quite a "violent" event. The painting above comes quite near to reality. The result is a total transparent, radiant awareness of utter joy and peace. Sometimes a second surge follows. P.S. Kundalini is an energy event, it is NOT Enlightenment.



### Threefold Cosmic Realization

Absolute Nothingness \* Full Enlightenment \* The Great Death  
("Underworld")

1977 Threefold Cosmic Realization: No any effort, ambition or goal made it happen. It came totally unexpected, sudden and within a split second: Absolute Nothingness (black), Full Enlightenment (yellow) and the Great Death (the "Underworld, grey). It is a Great Breakthrough. For 2500 years religious, mystical, spiritual and esoteric traditions have focused on the Light as the Ultimate. To them "God" was the Ultimate Goal. The Turning-Point is that the Ultimate consists of a Cosmic Womb, together with Her Two Cosmic Forces

(Dimensions): Creation (Eternal Light, God) and Destruction (“Underworld”). No mortal (immortal!) human being has ever experienced the Threefold Cosmos before. It is the Ultimate Grace granted by the Cosmic Mother. It has changed our complete Self and World View. In these most critical of times our “Redemption” may depend on it. Joy, joy, gratefulness.

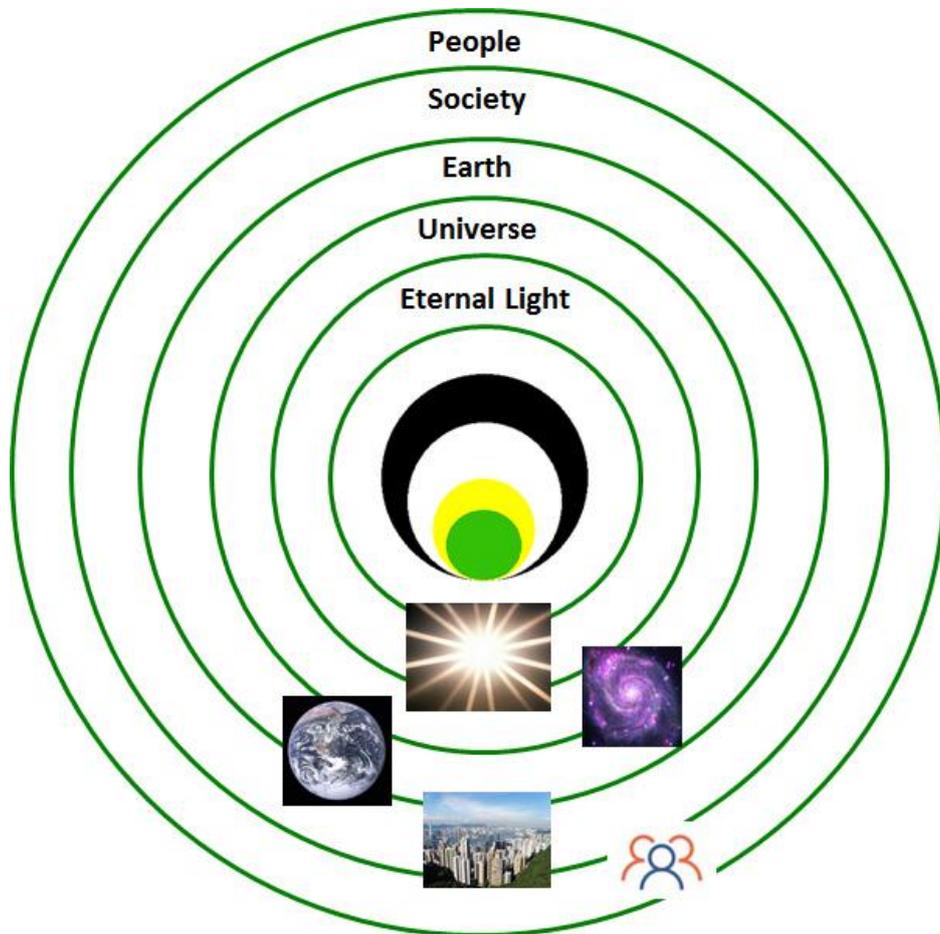


SermeS as Green Monk

For a long time I didn't know “how to call myself”. Nobody would understand my True Identity. “Being Nothing I am Everything” is not exactly building bridges to my fellow human beings. I rejected the idea of becoming a guru with followers. Instead, I felt myself to be part of the Tradition of the Archaic Mother with Her dying & resurrecting Son/Lovers (“Vegetation Gods”). Hence, I felt quite comfortable with the title of “Green Monk”. Subsequently I initiated myself in “The Original Tradition”.

# Chapter 3

## We are Cosmos!

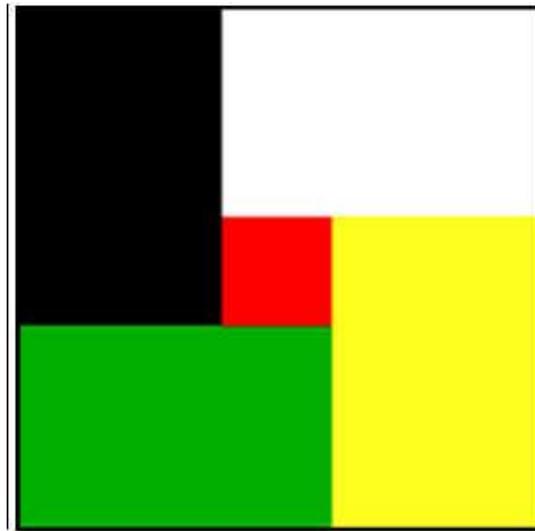


The Cosmic Design

MacroCosm is MicroCosm ("As Above, so Below"). It is the Core of Cosmic Experience and insight. We are part of Society; Society is part of the Earth; the Earth is part of the Universe; the Universe is part of the Eternal Light; the Eternal Light is part of Absolute Nothingness (Cosmic Womb). In the diagram the Cosmic Mother Mandala is put in the center. The circles around Her are Her emanations. It can be read from the periphery to the Center ("death") and the other way around (birth): the Mother giving birth to the Eternal Light, the Eternal Light to the Universe, the Universe to the Earth, the Earth to Society, Society to people. The Essence (of the Cosmos) is a Dynamic Whole of Eternal Return.



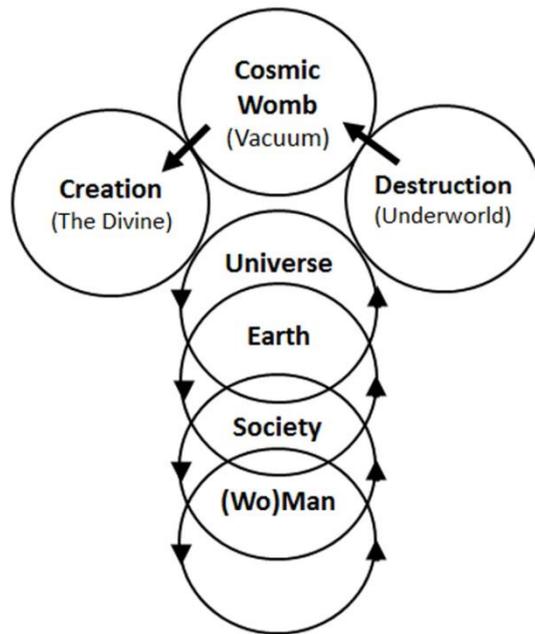
Wheel of Life



Wheel of Life

The Wheel of Life, symbol of Eternal Return. The second image is reflecting the Cosmic Mandala: the Womb (black) giving birth to the Divine (white, yellow) and the universe (green) the latter continuously returning to Her. To prove that this is common wisdom of many cultures I put in an image of the Dazu Temple, late Tang, China. The Original Mother (degraded by patriarchy as a "Demon Face") giving birth + devouring the Wheel of Life. The Buddha in the center is not an authority in his own right, but a Servant/Messenger of the Primordial Mother.

## Chapter 4 Creation & Destruction



A different diagram, the same topic. One can clearly see that the universe is ruled by the two Cosmic Forces of “Creation and Destruction”, in their turn relating to the Cosmic Womb.

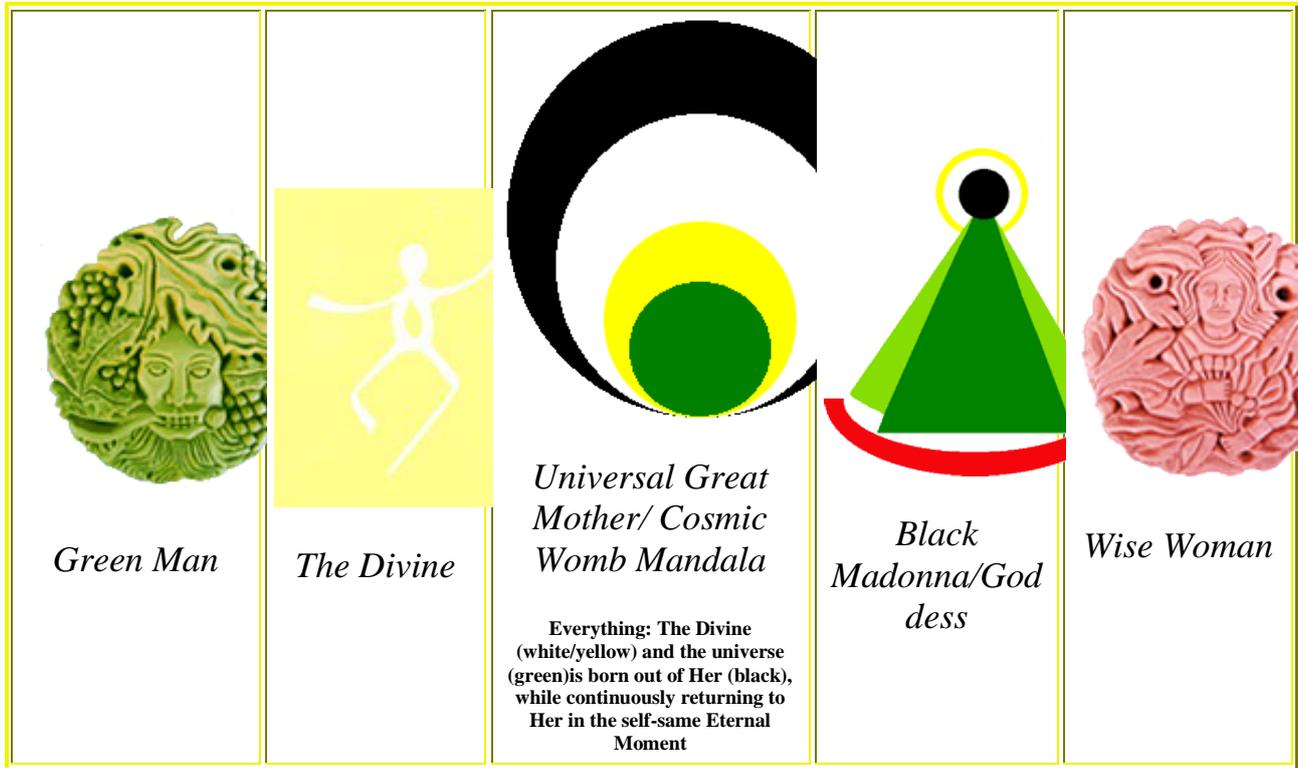


Black Hole

Cosmic “Death & Rebirth” manifested by the Black Holes. A paper [published in \*Nature Astronomy\*](#) describes how magnetic fields around the black holes govern both actions. They drive turbulent winds that blows gas and stellar particles away as well as creating a vortex that both pulls matter into the black hole. “A good fraction of the mass actually gets kicked out of the black hole,” says astrophysicist Keigo Fukumura, who led the study.

Chapter 5  
 Twelve Mother Traditions

**UNIVERSAL MOTHER MANDALA**  
 Together with Her "Daughters" and "Sons"



Chapter 5

This Ur-Archetypal design is the primordial structure of religion, as it was revealed to me through Ultimate Spiritual Realization. The Cosmic Womb stands central. She is giving birth to The Divine/The Eternal Light/"God" (left) and the universe. The latter is called the "Web of Life", the sumtotal of everything interconnected. This is symbolized by the Goddess (right). The Divine incarnates itself, thus becoming the Immanence, embodied by the Green Man (left). While the Goddess is the soul of every woman. Wise Women (right) are those who realize this their innate nature. The surprise is, that this "model" appears to be the foundation of all major religions.



Once the Cosmic Mother - who is often hidden in (pre)herstory - is reclaimed, religions are transformed. The latter become Her local Traditions. It means that every believer still keeps his/her own cultural background. You worship your own deities. The only difference is the hierarchy. Gods/Goddesses are Sons/Daughters of the Mother! They spontaneously find their place in the pantheon. It gives one a feeling of naturalness: "Yes, this is how it was, is and should be". It gives religions a new foundation from which new dynamics are evolving. Based on a new understanding e.g. recognition of common values, for the first time in history, (wo)- mankind has found a base upon which interreligious tolerance and reconciliation, nay, brother and sisterhood may start flowering. It could become the foundation of academic "religious studies" worldwide



Characteristic of every scheme is its simplification. Obviously, that is the case here too. Some reflect reality (Taoism, Buddhism, Islam) quite accurate, others are much more complex (Hinduism, Greek Religion). So the main traits are meant to give orientation, the rest is left to your own intuition, knowledge and ingenuity. In fact, the whole project is meant to stimulate the creativity of the reader. It is an invitation to link your own inner process to the categories of the Universal Mother Tradition as it appears in the various religions. Additionally, you may always come to the Teaching! It helps you in gaining more depth



PS: "ENTER" under every religion connects to an extensive elaboration of the material - a new book - in the near future. Please, have a little patience!

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ENTER

## 1. NEOLITHIC TRADITION

**The Mother together with Her "Daughters" and "Sons"**

Shamans	Beast Gods	Primordial Mother	MotherGoddesses	Sky, earth and waters
---------	------------	-------------------	-----------------	-----------------------

Green Men Midas	Vegetation Gods Attis	(Hohle Fels, Willendorf, Laussel)  Mother of Çatal Höyük  Kubaba  Cybele		Goddesses  Snake etc. Goddesses  Lady of the Beasts
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Everything, both the Light and the universe were embedded in the Universal Mother. The Cosmic Womb gave birth while at the same time takes everything back. She was the Unity of death, life and rebirth. In later times MotherGoddesses were separating themselves from the Original Mother. The former representing aspects of the latter. The Earth Mothers symbolized the sacredness of nature. The Gods identified themselves with the animals and the vegetation. They were "Son/Lovers" of the Mother. Which means: born out of Her, while continuously returning. Emphasizing a cyclic universe

ENTER

## 2. SUMERIAN/BABYLONIC/CANAANITE TRADITION

**The Mother together with Her "Daughters" and "Sons"**

Heros Gilgamesh	Enki Tammuz El Baal	Primordial Mother  Inanna Asherah	Ishtar Tiamat Astarte Anath	Priestesses Enheduanna
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This is the classical time for the Mother and Her Son/Lover. The primordial couple is Inanna and Tammuz (Dumuzi). Inanna is said to be the daughter of Enlil, the male upper God. But this already reflects "patriarchalization", where everything became reversed. With Inanna and Tammuz the old concept remained still alive. Especially, Inanna's

descent into the Underworld is unsurpassable and stands for spiritual death and resurrection, as I myself was granted in 1977. It had a great influence throughout the centuries (Babylon, Canaan, Hellenism, Christianity). Enheduanna was a priestess of Inanna, who wrote moving hymns to her Lady.

ENTER

### 3. EGYPTIAN TRADITION

#### The Mother together with Her "Daughters" and "Sons"

Pharao	Osiris Horus	Primordial Mother Nut Hathor	Isis	Hashepsut (Female pharao)  Black Queens of Nubia
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Egypt very much runs parallel to Sumeria. Here it is Nut, the Mother of Heaven and Earth, Who is the Origin of all. She is often portrayed with Her body as the Sky covering the universe. Her most famous child is Her Daughter Isis. Isis can be compared with Inanna. She is the Mother/wife of Osiris "The Green One" Osiris - the God of fertility - was killed by Seth - the God of draught. Isis went all the way to Biblos (Canaan!) to save him. Together they created Horus, symbol of a new season., while Osiris became the God of the Underworld

ENTER

### 4. OLD INDIAN/HINDU/SIKH TRADITION

#### The Mother together with Her "Daughters" and "Sons"

Krishna Jain Green Man Krishna Skanda/Murugan Sri Ramakrishna	(Proto)Shiva  Brahma Vishnu	Indus Culture pre-Vedic Great Mother Kirtimukha/Kala Aditi Kali	Goddesses ("Shakti")  Durga Lakshmi Saraswati	Sita  Deities of the Village  Radha  Female Guru's
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			Parvati	
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Even Hinduism with its 300 million Gods....ultimately takes its origins in a pre-Vedic Mother: Aditi. Aditi stands for the Ultimate Void, embracing both Gods and the universe alike. In later times She split into three ("Trimurti"). Still later these three aspects became Gods: Brahma, Shiva and Visnnu, respectively the God of Creation, Death and Permanence. This is also called "The Law of the Universe". In Hinduism "patriarchalization" is very obvious. Instead of the Gods being born out of the Original Mother, the Goddesses are portrayed as the "energy-aspect" ("shakti") of the Gods. The same reverse-process that can be observed with the biblical Sophia.

PS. "Kala" is the patriarchal "God of Time", a function stolen from the Mother. I bring Her back to power, maintaining the name Kala (which acc. to language should be "Kali").

ENTER

## 5. CHINESE/TAOIST TRADITION

### The Mother together with Her "Daughters" and "Sons"

Dragon	Taoist Gods			Female Kingdom
Sages	Archaic Emperors/Sons of the Mother	Tao	Xi Wang Mu (Queen Mother of the West)	Female Emperors
Lao Tze	Jade Emperor	Cosmic Womb		Wise Women
Emperors	Shennong Emperor	Ding		

It is almost certain that Taoism originally links to the Old Religion of Sumeria, Anatolia and Iran. Xi Wang Mu as "Queen of the West" is often portrayed the same way as the Mothers of Anatolia: sitting on a throne with two tigers/lions on both sides. She is the Mother of mountains and caves, just like Kybele was. Her symbol: a Black Stone! The spiritualized version of Taoism as written down by Lao Tze "Tao Te King" talks of the Tao as a Cosmic Womb, giving birth to "Heaven and Earth". This unique book expresses the longing to return to the "original happiness" of the time of the Mother.

ENTER

## 6. SHINTO TRADITION

### The Mother together with Her "Daughters" and "Sons"

Japan	Mythological Gods	Primordial Mother	Amaterasu	Mama-san
Kami		"Cosmic Egg"	Ama-no- uzume	Geisha
Emperor		Izanagi/Izanami	Kagura ritual	Tokudashi girl
	Susanoo	Oya		

Just as the Tao splits into the "dualistic" world Yin and Yang, so have the prime Japanese couple - Izanami and Izanagi - certainly originated in a Primordial Mother. However, the name of this Mother has been lost in Forgetfulness. She may have "re-incarnated" in Her Granddaughter Amaterasu, the Sun Goddess. On the male side, there are a couple of Gods - all mythological and transcendental, origin of Japan and the imperial dynasty - who are also the origin of the incarnated Divine Spirits or Kami. Kami stands for sacred nature, in which every creature is penetrated by the Divine. Our European Green Men are coming the Kami very close. In contrast to the Kami the former have given Divine Immanence a face.

ENTER

## 7. HEBREW TRADITION

### The Mother together with Her "Daughters" and "Sons"

Abraham	El	Asherah	Lilith	Canaanite priestesses
Moses	Yahweh	Queen of Heaven	Shekinah	Biblical heroines
			Matronit	

Countless are the publications nowadays about "Yahweh and his Asherah". The excitement is about the possibility that Yahweh might not have been "single", but had a woman as a mate. As so often, this

beats about the bush. The true issue here is: did Yahweh originate out of himself or....yes, you guess it, or did he originate from the Great Mother? Only later he became Her husband. "In the beginning he was Her Son/Lover - as successor of El and Baal - though. The Hebrew/Jewish pantheon has his roots in Canaan.....Its tribe "fathers" Abraham and Moses were matriarchal men.....

ENTER

## 8. GREEK/HELLENISTIC/ROMAN TRADITION

**The Mother together with Her "Daughters" and "Sons"**

Pan		Primordial Mother of Old Europe	Artemis	
Satyr	Cronos		Aphrodite	Nymphen
Silvanus	Zeus	Kybele	Kore	Maenads
Dionysos	Apollo (Light God)	Hera	Europa	(Bacchantes)
Herakles		Rhea	Medusa	
		Demeter		

Just like in Hinduism Greek/Hellenistic/Roman religion is characterized by an apparent chaos of innumerable Goddesses, Gods, spirits and other beings. Once you bring the Primordial Mother in - and She isn't just a handy theoretical construct - then everything falls into place. The core myth is that of the Mother, Her celestial Daughters and Her Son/Lovers! The latter being the "dying and resurrecting Gods" of Hellenism. In the Mysteries everybody could be initiated in order to become renewed. The GodMan Dionysos ("twice mothered and thrice born") played a major role. He would become a "role-model" to Christ.

ENTER

## 9. BUDDHIST TRADITION

**The Mother together with Her "Daughters" and "Sons"**

Bodhisattva's		Nirvana		
Living Buddha's	BuddhaNature (Full Enlightenment)	Emptiness beyond Emptiness	Womb of all Buddha's (Prajnaparamita)	Buddhist female saints
Maitreya		Wusheng Laomu (Eternal Mother)	Tara	
Amogha-Siddha		Mahakala(i)	Guanyin	Nangsa Obum
		Bhavacakra/ Kirtimukha ("Face of Glory")	Lotus	

Buddhism was meant as a simplification of Hinduism. Its rationalizations included its concept about the Ultimate. It defined the Cosmic Womb in an abstract way: "Nirvana", or "Emptiness beyond Emptiness". When your Ego dissolves into Oneness (Enlightenment) it disappears into "Emptiness". In its turn this "Emptiness" dissolves into the "Absolute Emptiness" beyond. Only very few people on this earth have experienced this fully. The female side of the Buddhist spectrum has always been underdeveloped. The Buddha wasn't exactly women-friendly and until these days Tibetan Buddhism uses femininity (and women!) to realize its male dream of omnipotence. See also: [GREAT MOTHER BUDDHISM](#)

ENTER

## 10. GNOSTIC/CHRISTIAN TRADITION

### The Mother together with Her "Daughters" and "Sons"

Mystics	Eternal Light	Gnostic Cosmic Mother	Sophia	Mary Magdalene
Jesus Christ	"God the Father"	Mother of God	Black Madonna	Saints
		Vièrge	Mary	

		Ouvrante Bogoroditsa The Grail		
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Gnosis is the search for God-Realization; Christianity is the blunt denial of it. The former sought to have their Ego's dissolve into the Divine; the latter is filling up its fear for the Living God with empty images, words, concepts and rituals. It is nothing less than an attempt to avoid contact with the Divine at all costs: indeed, a dance macabre. So there is constant fight about interpretations, theologies and principles, all living a life on their own. No relationship with the "object" of their endeavors, at all. In fact, Christianity has introduced the "virtual world" long before it got its meaning in recent times. Juggling the words has finally finished Christianity off. People are now longing for the Real Mother, the Real God and their Presence in their own souls.....Didn't Jesus say "The Light is within you? "See also: [WOMB WORSHIP in Index](#) ("Return of the Cosmic Mother).

ENTER

## 11. ISLAMIC TRADITION

### The Mother together with Her "Daughters" and "Sons"

Mohammed		Ka'aba	Fatima	
Al Khidr		"House of God"	Al Sayyida Zaynab	All Islamic women
Al Mahdi	Allah	The Great Night		
Sufi's				
Rumi				

It is obvious that Islam does NOT acknowledge the link between the Ka'aba and the Great Mother. In pre-islamic times the "House of God" was identified with the MotherGoddess, though. It is still called "House of Allah" while having a Black Stone inside (both originally symbols for the Mother). The priests taking care of the shrine were (are) called "the sons of the Old Woman" ("Beni Shaybah")!!!. Furthermore,

pilgrims to the Ka'aba (Hajj) encircle the shrine seven times, like in former days. The lunar calendar and even the symbol of Islam - the crescent moon (Womb) and the star as the Light being born out of it (Her) (the latter could be planet Venus) are all memories from pre-islamic times. Fatima, the daughter of Mohammed isn't a Goddess, obviously, but is increasingly gaining a semi-divine status in Islam. Al Sayyida Zaynab, the Granddaughter of Mohammed is considered a "saint of women".

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## 12. INDIGENOUS/AZTEK/MAYA TRADITION

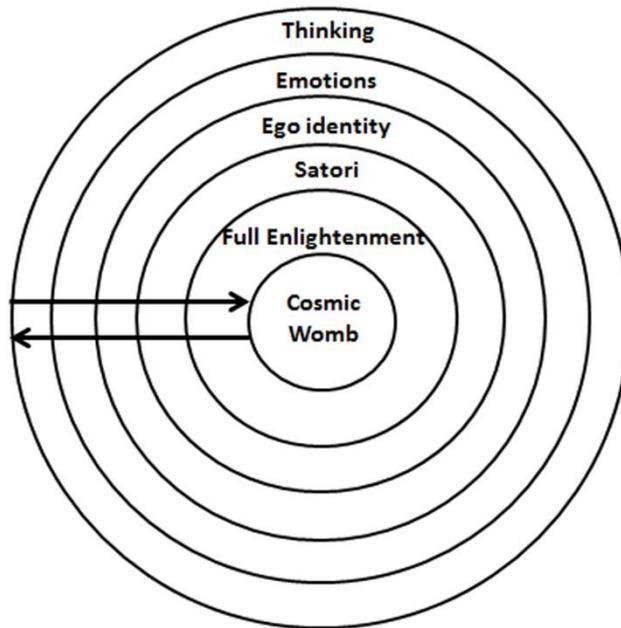
**The Mother together with Her "Daughters" and "Sons"**

Pakal	The Gods	Great Mother of Teotihuacan	Goddess Tonantzin	Red Queen
	The First Father		(Later: Virgin of Guadalupe)	
	Quetzalcoatl (Feathered God)		Pachamama	
	Tlaloc			
	Xibalba			
	Cosmic Mother			

When I first saw a Maya temple with my own eyes (Mexico, 2008) tears trickled down my cheeks. Intuitively I knew: these people represented the Truth. Now I know that their religions and practices were not perfect. Atrocities all over the place. But as far as their insight in the Ultimate is concerned, it is indeed a wonderland. Nobody has given us better insight about it but Mr. John Major Jenkins. In his book "Cosmogenesis 2012" the Cosmic World of the Maya is made transparent in an unsurpassable way. In my website I have given account of all this. Open "Sourcebook Origin" and you will see the various pages about my Maya Quest. Obviously, the Maya's are only one example of many indigenous traditions worldwide.

Chapter 6

THE INCLUSIVE MIND



The various layers of our personalities. "Normally" we are identified with the three superficial layers only: Ego-identity, Emotions and Thinking (simplified). While we (these three layers) think we are "autonomous", the reality is dramatically different. The diagram shows it. We are cut off from the three most important layers: Satori, Full Enlightenment and the Cosmic Womb. We are alienated from the Source!!! It is the main cause why we, together with our civilization, are degenerating. What we desperately need is Cosmic Healing: to Restore the Unity with the Whole.

## Chapter 7

# STEPS TOWARDS WHOLENESS



(Green, Yellow, White and Black Belt)

I had a playful idea. Everybody without exception is part of the Cosmos, right? Through (unconscious) identification with our self-image (“ego”) we are “thrown upon ourselves”. We live the life of fragmented, atomized, dissociated, isolated, alienated, one-dimensional entities. Its direct consequence is existential ANGST, followed by “secondary suffering”: vulnerability, instability, confusion, addiction, narcissism, powerlessness, meaninglessness, anger, hatred, depression, stress, burn-out and illnesses. Healing is possible, once you acknowledge the dire situation you are in. The first step is realizing (simply by the mind) that you are NOT an isolated entity. Instead, you are part of the Cosmos. At this level you deserve the “green belt” (outer circle). Once you are deeply convinced that your identity is false, together with the longing to be part of the Whole, once again, you make a Vow: “I am Cosmos”. You deserve the yellow belt. Once this leads to going into practice (the 2 steps: giving up your ego; becoming part of the Whole – “Heaven, Earth and the (New) Community” - once again) you deserve the white belt. The black belt is reserved for the Truly Reborn.

## Chapter 8

# BASIC EXERCISES

## We are part of a Dynamic Cosmos

“Normally” we live in our “front”. It is because we (you don’t know who that is!) are constantly taken in tow by our thoughts. Thoughts are more powerful than us. They pull us out of our center (we don’t know what that is, either). Look into the sky when a plane passes. You go “out of your mind”. Objects are stronger than us. It is not easy to break through the addiction. To regain sovereignty most of us need exercise. Its purpose is to restore our True Identity (inner observer, True Self). The True Self is part of Greater Consciousness, in its turn Greater Consciousness is part of...right, the Cosmic Womb. To restore our True Identity is to become part of the various layers of the Cosmos. Look at the images below. The Essence is situated at our back (that’s why saints have their halo’s on their backside). In order to make contact with it we have to “step back”. We do this by 24/7 feeling our back in contact with our clothes, subsequently consciously imagining, “feeling”, sensing the two dimensions of the Cosmic Mandala (Eternal Light and the blackness of the Womb). Do this while sitting, walking, lying down. This is completed by conscious breathing and the inner whispering of a mantra.



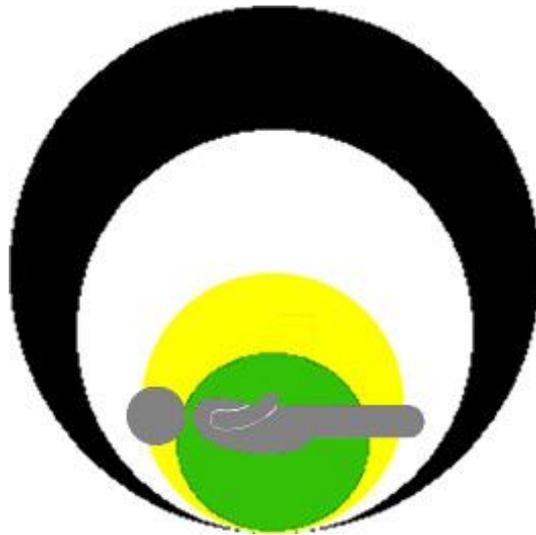
Our Essence: The Cosmic Mandala  
Sitting\*Walking\*Lying down\*Breathing\*Mantra\*Heaven & Earth Exercises



Cosmic Walking



Cosmic Working



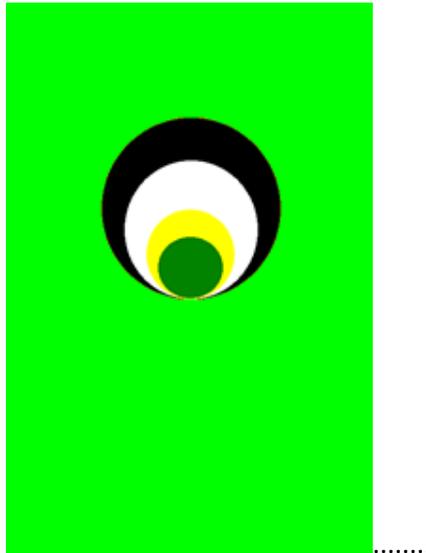
Cosmic Sleeping



Walking\*Heaven & Earth Exercises\*Tiendi Qigong

“This is the Ur-Qigong” my Chinese students exclaimed. I did exercises with them in the Beihai Park of Beijing, China. Before I taught Dutch students for five months every morning in the Amsterdam Vondelpark. What is its secret? “Normally” you imitate a teacher. After a long period of strenuous efforts the movements become “internalized”. From that moment on your exercise is “natural”, “spontaneous”. What you (probably) don’t realize is, that this way of practicing is artificial. There is a pre-programmed set of movements, complete with an (intriguing) philosophy, coming from some tradition. (In China there are as many traditions as there are teachers!). The point is: they come from without, not from within, not out of your own soul! My “Heaven & Earth Exercises” come out of your own inner Source, right from the beginning. You are already in “Heaven”, instead of trying to reach it! You may try it.

## Chapter 9 Celebration



Celebration

A new Step in Evolution is reason for Celebration. It is an initiation into A New Culture. The majority says: Aren't we standing with our backs against the wall? The prospect for the coming years is chaos, purposely engineered by a criminal elite. Instead of becoming depressed Cosmic People share their New Consciousness against all odds.



Black Madonna of Montserrat  
(Spain)



## Chapter 10

# “GENDER”

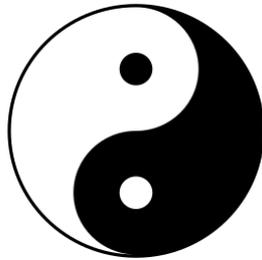
## Rooted or Uprooted

We are all part of the Cosmos. What does that really mean? I'll give you a detailed overview. It starts with the Origin: the Cosmic Womb. She subsequently gives birth to Her two Cosmic Dimensions: Creation (the Eternal Light, God) and Destruction (“Underworld”). These two Forces are dynamic, opposite and complementary to each other. Together they constitute the universe (“Web of Life”), the Earth, Society and Humans. It is a hierarchical Whole in which each “level” is emerging from the previous. For humans it means that we are Cosmic (the Mother), spiritual (the Divine), universal (“World Soul”, the quantum world), natural (bio-psychological), social (member of community) and individual (ego/True Self). WE ARE THIS! This Whole is our True Identity. So, when I ask you “who are you?” the answer is “I am Cosmos, Divine, Universe, the Earth, Society and Individual, everything at the SAME TIME”. This is your Heritage, whether you are a man or a woman.



Tao/Womb  
Chinese symbol of Unity

Reading this one would exclaim: “the globalists are right!”. Tricked you! What the globalists are trying to do is bringing the gender roles into line. There isn't any difference between girls and boys. Their roles are so flexible, that they can identify with either of them any time. What they do is reducing humans to their individual roles. They don't act according to Reality, but carry out an ideological program. This program (neo-liberalism) aims at fragmenting humanity, reducing it to a bunch of zombies. A human isn't just a social role, though. As always in such cases there is a spark of truth in it. There are feminine men and masculine women. They are part of a spectrum. Theoretically, a human has something of the opposite sex within (“animus and anima”). The point is that one cannot force it upon them. You cannot force a feminine woman to become a masculine man. Hence the globalist approach is social engineering, brainwashing. Distorting souls is criminal. What you want to be every human decides him/herself, it is a choice from within.



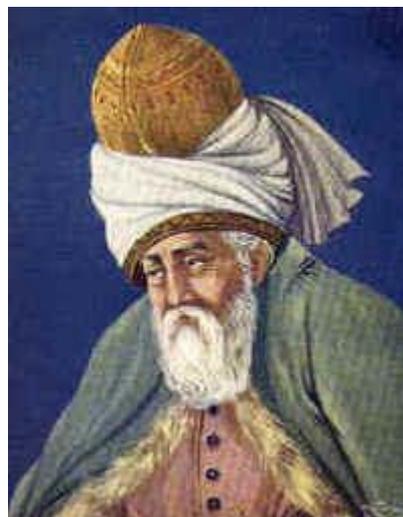
Yin-Yang  
Chinese symbol of Polarity

The Reality is that we all share the Mother, the Divine and the Universe the same way. In those Dimensions we are IDENTICAL. We originate from the same Mother, our Spirit is part of the “Same Great Spirit”, while we all consist of the same subatomic particles (quanten). From that moment on a diversification sets in. The Cosmic Vacuum giving birth to a polarized world, starting with matter and anti-matter. This happens through the two Cosmic Forces (see earlier). It means that the structure of our universe is a bi-polarity (uni-dualistic). Thus if we say “We are Cosmos!” it means that in Essence we are One, while our bio-psychological identities are divided into the two (opposite and complementary) sexes. Would that exclude homosexuality? Not at all. The Cosmic Vision includes social and individual aspects. On these levels choices are made according to cultural/social/individual circumstances. We are a culture in decay. One of the characteristics is that polarities lose their vigor. “Thrown upon itself” society is dominated by ego. Ego is the identification with one's self-image. It is so narrow that it hasn't any space left for the opposite. This is not only with regard to gender-roles. The entire society moves into the direction of a collective, narcissistic, one-dimensional mode. No space left for otherness! History proves it: in a vital society polarities are restored.



We are (also) part of Nature  
Biologically determined, not just social roles

The Globalists not only deny the Cosmos, the Divine and the Universe as determining factors, they also bluntly reject bio-psychological differences between the genders. Even obvious facts like bodily differences (linking us to the animal world. As embryo we pass stages of fishes, amphibians. We share 96,4 % of our chromosomes with chimpanzees), but also cognitive and emotional differences are all flatly denied. This is where ideological fanaticism leads to. It is simply hilarious. They even go further than the "Gleichschaltung" of the Third Reich. (Equal developments are occurring these days). Denying bio-psychological facts (all confirmed by neuro-science) traumatizes the child to a great extent. Here the difference between equality (Gleichheit) and equivalence (Gleichwertigkeit) has to be emphasized. Men and women are equivalent but not equal. They differ in their bio-psychological, social and individual characteristics. It depends on which values you cherish. We are not in favor of a society that forces its members into roles that go against their nature. We reject policies that deliberately try to breed zombies. And yes, the genders are also equal. But for that you need Cosmic Consciousness.....

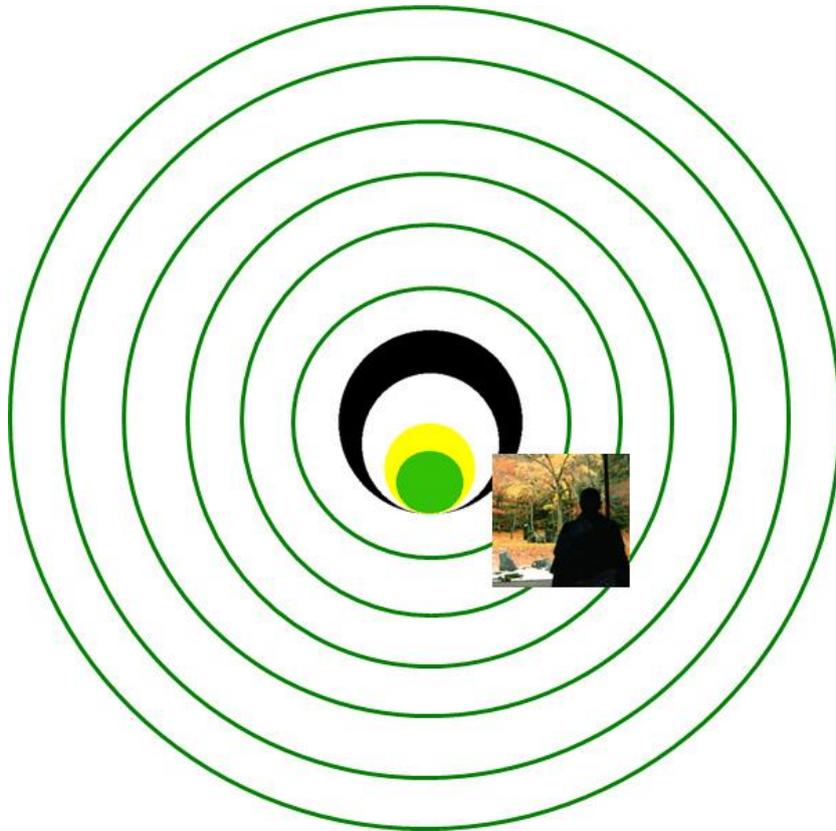


“I died as mineral and became a plant,  
I died as plant and rose to animal,  
I died as animal and I was human,  
Why should I fear? When was I less by dying?  
Yet once more I shall die human,  
To soar with angels blessed above.  
And when I sacrifice my angel soul  
I shall become what no mind ever conceived.  
As a human, I will die once more,  
Reborn, I will with the angels soar.  
And when I let my angel body go,  
I shall be more than mortal mind can know.”

**Jalal Al-Din Rumi (Mevlana)**  
**(1207-1273)**

## Chapter 11

# MOTHER HEALING



SermeS praying for the World

It started with the SermeS starting his “Beten für die Welt” (Praying for the World) project somewhere in Germany. Through it he discovered the power of Mother Healing. Ever since Mother Healing (or Cosmic Healing) remained one of his main priorities. A Pilgrim Site is one of his returning dreams. In the diagram you can see SermeS in a 24/7 prayer session, begging and praying the Mother to Save the Planet.



Cosmic Mother Healing Shrine

The big surprise: Mother’s Healing Power originates from Her Void. Through it everything old, sick, rotten, degenerating, evil, accumulating is destroyed, while the young, fresh, healthy, good is born out of it. This is an uninterrupted process. It serves the Regeneration/Renewal of the entire Cosmos. Everybody benefits from it. However, if identified with your ego (and thus cut off from the Whole) you only enjoy a small fraction of it. Just enough to survive e.g. function on a “normal” level. This changes dramatically when you

discover your True Nature. By re-connecting to the Whole, all its benefits will start overflowing to you: wisdom, a clear mind, a compassionate Heart, love, joy, inner peace, healing of body, mind and Spirit, justice, commitment, strength and courage.

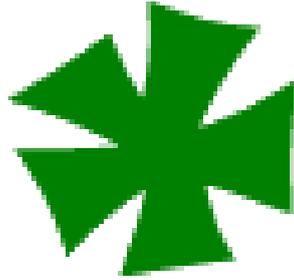
Info & contact: [info@healingtheplanet.info](mailto:info@healingtheplanet.info)

Through deep insight into global urgencies the idea of a planetary (online) Pilgrim Site came to his mind. The world needs a Healing Site that is there for everybody 24/7. The SermeS has taken the initiative. He will resume his practice of "Praying for the World". People only have to tune in, to begin with healing themselves. Crucial is to give up your ego as the current identity. You simply whisper "Please Mother, take my ego from me", followed by all your additional sufferings: spiritually, psychologically and physically. The more open, sincere and motivated you are, the greater the chance that the Mother "will hear your plea".

The Mother as the Ultimate Healer cares about all your disorders and illnesses. Imagine! She is constantly regenerating the universe. That is gigantic. If She can renew entire galaxies, She certainly can heal our personal disorders. Trust in Her healing power is decisive. Two things are there to do. First, put your hands on the diseased spot of your body. Feel contact. Then, imagine that the Mother is healing you through YOUR hands. The optimal way is to simultaneously watch/feel your breathing-out, feeling your hand-contact with your body, while whispering "The Mother Heals". "Normally" your hands feel very much alive. Secondly, while having our Cosmic Mother Healing Shrine in your mind, imagine sacrificing your illness on Her altar 24/7, repeating the same mantra. This can go on for weeks/months, depending on your situation. Believe in miracles. The SermeS will support your begging. If you send your request for healing, he will then make an invocation in his prayers on your behalf. It helps when you send your photo to him. He believes strongly in "healing on a distance". To the Mother everything takes place in Her Divine Space. Everything is equally close to Her. Ask all your questions to Her, She will answer them through your clear mind, intuitions, feelings, visions or dreams.

Available from our Treasure "Shop": Cosmic Mother Healing Shrine banners for your home-altar, small calabashes (symbolizing the Healing Womb) to always carrying with you, Black Stones (high healing power), cards with text "Ode to the Mother", and the three "belts" (green, yellow, white) as bracelets. All objects have been consigned to the Mother.

THE MOTHER HEALS!



Our “Green Reborn Cross” symbolizes The Original Tradition as the Successor to patriarchal religions, in particular Christianity. It is a symbol of commitment, perseverance, love, selflessness and strength.

## Chapter 11

# SHE IS EVERYWHERE



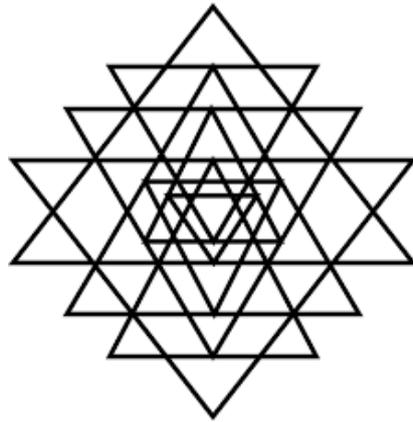
African Ur-Mother



Vulva Cave



Barnenez  
Megalithic Tomb/Womb  
(France)



Yantra Cosmos



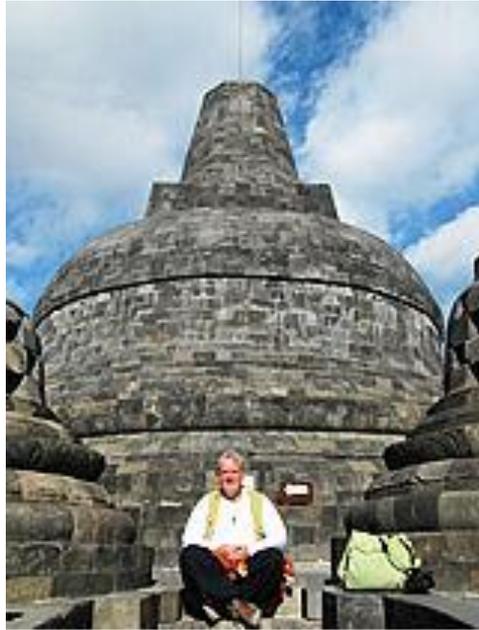
Avatar in the Womb  
(India)



Visit to the Mosuo  
("Matriarchal" tribe, China)



Mandorla  
(Christ in the Womb)



Borobudur  
Great Stupa Womb



Mahakala  
Cosmic Mother as "Demon"



Ka'aba  
House (Mother) of Allah



Buddha born out of the Cosmic Womb  
(Japan)



Womb/Shell/Goddess  
(Botticelli)



The universal Shell/Womb

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